

Teen Involvement: High Holy Days and Beyond

Story by Jenn Director Knudsen

Congregation Neveh Shalom prides itself on many traditions. Like enjoying a community Kiddush lunch after Shabbat services. Making myriad cookies for our B'nei Mitzvah kids. And sending large and enthusiastic contingents of teens to United Synagogue Youth (USY) conventions year after year.

Speaking of teens, there is one Neveh tradition of which we're very proud and is particular to our shul: Teens' participation in the Shaharit service – and reading Torah – on both days of Rosh Hashanah.

"I don't know anywhere that uses teens to the extent CNS does," says *Cantor Linda Shivers*, who served as Neveh's cantor for 23 years.

Cantor Shivers says when she first arrived at Neveh Shalom, teens were part of the High Holy Day services, but there were very few. "When I first came to CNS in 1986, two kids (Jemi Mansfield [née Kostiner] and Sarah Glass [née Kahn]) did nearly all of it," Cantor Shivers says.

"I imagine (the initial reason) was to give the cantor a break," she says, but she wanted more than just a couple teens involved in High Holy Days' services. To entice them, she broke the preliminary service into smaller pieces.

Her idea worked, and, she recalls, "Once more kids started to be involved, parents started asking me to contact their kid as well. So I started to put the idea in the kids as they were learning for their Bar and Bat Mitzvah so it wouldn't come as a surprise."

The kids pushed back, right?

"Your assumption is wrong," Cantor Shivers says. Doh!

In fact, "We get a lot more people for Shaharit because of the teens," she says.

Eddy Shuldman, who helps some of the teens prepare their parts, notes that while teen involvement does "fill seats in the morning," hopefully, she adds, "it helps the students

and their families appreciate the value of helping to form a minyan and that early prayers set the 'stage' and warm up the davening space."

Shuldman continues, "The sanctuaries – both up and down – experience a qualitative shift after those early morning warmups and hopefully the kids and their families also experience an internal shift."

Cantor Deborah Bletstein agrees with Shuldman and adds: "We have a great deal of talent among our teens and we know that most are up for the task. We place our trust in them to learn their parts and take on a greater responsibility to themselves and the congregation. Most importantly, the teens begin to have an understanding that learning and participation in the community does not end after B'nai Mitzvah."

One such teen is my own daughter, *Alyssa*. I was unsure she'd say yes when asked to participate for the first time last year, only a few months after her bat mitzvah. I was surprised she agreed to be on the teen roster and – in an effort to not jinx her participation in future years, including this one – I never asked her why she stepped up. Until this story assignment.

"It's meaningful to ask teens to participate since teens aren't usually asked to do this kind of stuff," Alyssa, 14, says, admitting, "To me, the community means more than the religious aspect."

And she says, frankly, "I didn't want to let Cantor Bletstein down."

Both *Josh and Sol Nudelman*, young adults and sons of *Jeffrey and Anne Nudelman*, participated for years post-B'nei Mitzvah in Shaharit on Rosh Hashanah. They did so due to their family's long history of being active at shul and, they say, "wanting to make our parents and grandparents proud! It meant a great deal to have a visible role in the service."

"As a parent," says *Gary Rubin*, father of twins *Abby and Sarah Rubin* who had their B'not Mitzvah in spring 2014,
"having a child participate in the service in some way makes it that much more special. I get to see the holidays through their lens and remember back to when I participated (under Cantor Marc Dinkin)."

Rubin believes that young people participating now makes for a stronger synagogue long-term.

"Having young people step up and be Jewish adults provides optimism for the community," he says. "For me, the holidays are about the year gone by but also about the future. It's comforting to see teens get involved."

For his own daughters, Rubin says, "They were no longer just kids attending; they were adults participating."

Mel Berwin, Director of Congregational Learning, points out that High Holiday services are just one of the many ways teens are involved at Neveh Shalom.

She says, "What I love is that we treat teens with the same respect for their connection to Judaism as we do adults—we

simply don't expect a 'one-size-fits-all' program for teen involvement. Just as we understand that adults join our community for a multitude of reasons and find their niche in many areas of synagogue life, we also have multiple options for teen involvement. "

"Our youth return after B'nai Mitzvah to take on a number of responsibilities," Berwin continues, "such as reading Torah for each other or help lead services, acting as teaching assistants and positive role models in our ALIYAH program as Madrichim, leading each other in fun and meaningful activities in congregational youth group, USY, engaging in community service activities with their families, continuing their own learning in our Tichon Wednesday night program."

Cantor Shivers remembers that "Some kids are eager to (participate), and some need 'convincing.' Some kids are happy only to do a part that they already know, and some are willing to learn something new." She adds, "Some kids actually put in requests a year in advance!"

While Alyssa did no such thing, she does find being part of the Rosh Hashanah service to be special. It took her a moment to arrive at that conclusion.

"I don't think it's a privilege, 'cuz some (teens) are asked but decline," she says. "But it's always nice to know that you're wanted, to do something important. So, basically, it is a privilege."

Food Drive to Aid Two PDX Organizations By Gary Rubin

You grab your empty food drive bag at Rosh Hashana and bring it back filled on Yom Kippur. But do you know what happens to all that food afterwards?

After a brief stop in the Youth Lounge (last year's total filled the entire room), the hundreds of pounds of food donated by Neveh Shalom members during the annual High Holiday food drive is inventoried by congregants who volunteer to cook for Outside In. They take out what they might need for the year and organize the rest for this year's beneficiary, Neighborhood House, which will come and pick up the food for distribution to needy families in the Portland area.



"The food drive is such a great way to kick off the New Year," said Rabbi Eve Posen, who works with the Neveh Shalom teen group to organize the food drive. "It's also a moment for the teenagers to see the greatest good that comes from a community. We are helping those who need it the most. That's why that food drive bag is so important."

Be sure to pick up your food drive bag on Erev Rosh Hashana, or use any grocery bag to participate in this year's food drive.

Shana tova!

This summer, Neveh Shalom was abuzz with sense of energy, enthusiasm and anticipation. That happens every summer, but especially this year, as we have made changes to our building and prepared for the arrival of Rabbi David Kosak.

The most visible upgrade to the building is Phase One of a remodeled kitchen. We replaced many of the decades-old appliances, created a new venting system and made improvements that will make the kitchen a more efficient workspace. In the Foundation School, we remodeled a classroom to accommodate the newly-created infant room. At Neveh Zedek Cemetery, we replaced a storage shed. Kol hakavod -- all the honor -- to our Buildings & Grounds Committee, and especially to longtime chair Jeffrey Weitz and Roy Carmen who led this summer's efforts.



Our clergy, staff and lay leadership have also been hard at work to get ready for Rabbi Kosak. We are so fortunate to have had constant, devoted spiritual leaders at Neveh Shalom for so many years, and we want to continue that tradition with Rabbi Kosak. A Rabbinic Transition Committee, led by Bridget Cross and Karen Twain, has developed plans many events --from small to large -- to welcome Rabbi Kosak and his family to our community. And it is no surprise that our staff has put together another year of stellar programing that includes something to pique the interest of every one of our members.

I'll try to move from the concrete to the metaphorical. We have all worked hard this summer to improve both our physical space and our relational space. During the High Holy Days, we have the opportunity to ponder what we will do to improve ourselves as individuals, as family members and as members of our community. Not only should we look at areas of our lives that we want to "remodel," but we can also look for ways to welcome new people and new experiences. I hope the holidays will be meaningful and full of growth for all of us.

I am excited by all that lies ahead at Neveh Shalom and am glad to experience with all of you. Shana tova.

-Rich Meyer, President

<u>Rabbi Posen's POV</u>

The Gift of Rosh HaShannah

As a Jew we have the gift of more than one New Year celebration; the secular New Year and Rosh Hashanah, the new year of the trees, the new year of the agriculture, and more. This year, Rosh HaShanah is the beginning of the year in so many ways, literally, academically, religiously, but for me, it is the beginning of a year of change. Each year I arrive at Rosh Hashanah feeling like this is the year of change.

We are so blessed to have a time of self reflection and inventory of our souls and our deeds built into our yearly cycle. We have the gift of the opportunity to evaluate ourselves and really try to make a difference in our own state of being. As I begin to review the holiday liturgy, I notice that unlike the new years resolutions that are made on the secular New Year as an individual for the betterment of self, the resolutions that we make this year at our Rosh HaShanah celebration are different, they are not only focused on what we can do as individuals, but how we can act as a cohesive community.

As we begin to repent and change ourselves, each of us is bound to the same code of conduct. If we take an active role in remembering what we are repenting for this year throughout the coming year, we have the amazing ability to change the world by changing our actions. If we each take care on our own not to lie, not to embitter, not to falsify, then as an individual we can make a change in our relations with others. If we take the time



not to speak gossip, not to betray, not to commit any of the acts mentions in the vidui, then we can change our world and affect those around us positively.

We have the opportunity here to truly create a community of strength, support and positive energies. The blue prints for this plan are laid before us in the liturgy of the *yamim noraim*, but it is up to us to actively live this life and bring these blue prints to life after the season of repentance, introspection and evaluation ends.

Continued on page 4

Say It Out Loud

By Mel Berwin, Director of Congregational Learning

About two months ago on a Friday evening, as we had two families over and were finishing our Shabbat dinner, Lev, age 13, asked me why we keep Shabbat the way we do. His tone, while challenging, was also earnest. He really wanted to know how I had come up with the rules for our household about what we do and don't do on Shabbat.

I asked him first what was driving this question. He answered honestly: on the one hand, he'd really like to use his computer and phone on Shabbat (which I've never allowed in our house); he feels like I get to hang out with my friends on Shabbat but he doesn't get to hang out with his school friends in the same way. He misses his communication with them for this day every week. But another reason is that he's grown up seeing all different kinds of observances. My parents get together with friends for holidays but are otherwise not observant, my sister and her family are Orthodox. We have friends whose observance ranges from totally secular to very frum, from utterly consistent to changing weekly. He knows that we all make choices about our practice and how consistently we keep those practices.

So I told him about how I made decisions when I was starting a family. How valuable I believe ritual and consistency are. How important I think it is to take a weekly break from our busy, productive lives, to put our "tools of trade" (phones, computers, credit cards) out of sight and to focus on our families and our community. How I love cooking and hosting and wanted these dinners to be a highlight of our weekly ritual. And how I knew that the kids would miss out on certain things (the school carnival, birthday parties, or sports games) but hoped that the cumulative effect of our Friday night dinners would be something that they would always value.

And on the one hand, these were easy questions to answer—but on the other I realized I rarely talk to my kids about these rituals that have become just that—the way we live our lives. And as they grow up, of course I expect them to push and pull on these observances, and to figure out for themselves as adults what they want to prioritize for their families. But I realized how important it is for them to ask, and for me to tell



Mel Berwin

them, out loud, why we do what we do. Around our table, our friends also spoke about the choices they'd made as Jewish families. One of my friends pointed out: If you were on your computer right now, we wouldn't be having this conversation. You wouldn't have had the opportunity to ask, and to engage in the conversation.

We all have our reasons for the practices we keep, and every ritual has a special and different meaning to each of us— the associations we have as we set a beautiful table for Rosh Hashanah dinner, the memories we keep in our hearts as we light the candles on a Friday night, the reasons we invented a new kind of Seder so our kids wouldn't have to endure what we grew up with, or why we keep more strictly kosher at home than we do when we go to friends' houses. If you're like me, you talked through reasons when the kids were little. We tell our preschoolers why we eat apples and honey, why we build the sukkah, why we blow the shofar. But our big kids and teens need this too—on their own level, with their own questions and challenges and struggles—perhaps they need it even more.

What is meaningful to you about Rosh HaShanah, and why do you engage in the rituals you do? This year, say it out loud.

Continued from page 3 (Rabbi Posen)

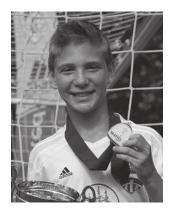
My Rosh HaShanah Prayer:

May it be your will God that I return to this date a year from now a stronger person. Help me to continue growing and becoming a better person. Keep me in your protection so that I may grow and become the person I am trying to be. Help me to know who I am and how I can be more like the person that I want to be. Shield me with your love! Help me to study and learn to my hearts content. Please continue to bless me with love, peace of mind, body and world. Please help my family be blessed in peace, health, happiness and prosperity. Bless us with the ability to change and act in accordance with our yetzer haTov (inclination for good), and give us the strength to overcome our yetzer haRah (inclination to do evil). May we be blessed with your presence in our lives throughout the year, and may the gift of life be bestowed upon us and all our family and friends.



JILLIAN TENNER, SEPTEMBER 5

Jillian Tenner, daughter of Gary and Maizy Tenner, will be called to the Torah as a Bat Mitzvah on September 5th in Portland, Oregon. Jillian is an 8th grader at Three Rivers Charter School where she enjoys participating in lively classroom discussions and extracurricular activities. Jillian loves reading, is active on Voices Singing Team, Swim Team, and is a devoted sister to Rebecca. She has also volunteered at PAWS Animal Shelter in West Linn and is a true animal lover. Jillian followed in her mother's footsteps this year and had a wonderful experience at B'nai Brith Summer Camp.



KAYIM LEVY, OCTOBER 10

Mazal Tov to Kayim Levy on becoming a Bar Mitzvah October 10, 2015. Kayim is the son of Ariel and Deborah Levy and big brother to Val and Kali. He is the grandson of Celina Jacobson Levinton, Paul Jacobson, Shoshana Antonovic, and Shab Levy. Kayim is a 7th grader in the SUMMA program at Cedar Park Middle School. He also plays Premier soccer with the Westside Timbers. Kayim has enjoyed melding his passion for soccer with his Mitzvah Project. He is a volunteer with the TOPSoccer program (soccer for children with special needs). What began as a Mitzvah Project has become a part of him and his soul. He plans to continue playing soccer with his new TOPSoccer friends for years to come! In addition, he plays clarinet and plans to take up the saxophone this year too. While his rigorous academic and soccer schedule keep him very busy, he always finds time for friends and family. He is a well loved and admired young man who is known for his kindness, intelligence, and sense of humor. Mazal Tov!!



ELLA SILVERBERG, OCTOBER 17

Mazel tov to Ella Silverberg, daughter of Anne and Sam Johnston-Silverberg and sister to Benny, Ava, and Miles, as she is called to Torah on October 17th as a bat mitzvah. Ella is a vibrant 8th grader at Robert Gray active in sports and drama, loves to hike and swim in the great outdoors, and is passionate about her Judaism. She is very engaged in her community whether that be volunteering at Hebrew School, various charities through the National Charity League, or simply hanging out with friends.



ISABELLA LEVY, OCTOBER 24

Mazel tov to Izzy Levy who will celebrate her bat mitzvah on October 24th. Izzy is the daughter of Jo and Charles Levy and sister to Carolyn, Ben, Isaac and Raphael. She is the granddaughter of Norma and Louis Kerlinsky of Longmeadow, Massachusetts and Simy and Meyer (z"l) Levy of Hedera, Israel and Casablanca, Morocco. Izzy is an eighth grade student at Northwest Academy. She enjoys spending her summers at Camp Solomon Schechter, where she has been a camper for the last five years.

Fasting for Reasons More than Forgiveness By Jenn Director Knudsen

When I lived abroad in Toulouse, France, I was still completely green in *la ville rose* (Toulouse) when Yom Kippur arrived from out of the blue.

The American students' "stage" ("ulpan" is the Hebrew equivalent) in the tiny town of Pau had only recently concluded; in fall 1992, I had barely moved to and settled in near Toulouse's Université le Mirail.

I did my best to make homey my single room in a secondstory apartment, owned by a middle-aged bourgeois couple whose adult children had moved out years prior. I rented one available room; another university student (a Frenchie) rented the other. I didn't divulge my Judaism to the couple or to Guy until spring 1993. This is France, after all, whose anti-Semitism is legendary.

Needless to say, I didn't feel comfortable asking my apartmentmates where I might attend Yom Kippur services. Recall, this was well before the advent of frequent email use, let alone cell phones, Google, and Siri. I didn't have handy a city map indicating a very well-hidden shul.

Oct. 7 came in very gray, drizzly, and uncomfortably cold. I began the day intending to attend Day of Atonement services and to fast. I approached a shul I'd found, but its deeply inset door seemed barred to outsiders by tall, young, kippotwearing men who clearly were Sephardim. In other words, I knew I likely didn't belong there. I had no idea how to begin to inquire if I could attend the day's services. And so I walked away.

Desperate to make something of that day, I went to catch a bus to an outing organized for my fellow Americans also studying abroad. Just as I arrived, the bus was pulling away. Feeling entirely untethered from my home, my family, my faith, and the tradition of observing Yom Kippur by fasting while worshipping, I sunk dejectedly onto the concrete curb, slick with rain, knowing in my cold bones it would be a horrid Day of Atonement.

It was. And I learned something very important that day: I need to observe Yom Kippur in a traditional way; for me, that includes fasting.

Why?

It is written in Vayikra (Leviticus) 23:27, "Howbeit on the tenth day of this seventh month is the day of atonement; there shall be a holy convocation unto you, and ye shall afflict your souls;..."

Rabbi Eve Posen explains, "Afflict your soul" is thought of as fasting."

(Traditionally, the fast means no physical sustenance for 25 hours, from before Kol Nidre until after Nehilah.)

There are many acts the Torah compels – requires – us to fulfill, but let's be honest: Our records on many missives are pretty poor. But for lots of us – such as those included in this piece – fasting in some fashion is not to be sidestepped, except for medical reasons.

Rabbi Posen last year drew stunned gasps when she said from the bimah, "For many, apples and honey on Rosh HaShannah is the highlight of the holiday season. For me, Yom Kippur is, and I know that's weird."

She recently explains that "self-sacrifice" isn't the sole goal of fasting on Yom Kippur.

"The dedication to the cause, the complete exhaustion, the emphasis that more than Shabbat, Yom Kippur is a holiday of introspection. ... Fasting is simply a time to just forget about normal activity and turn to a changed world so I can think about all the other ways I could use my time or use my resources other than food."

Amy Katz says she fasts "until the shofar sounds" at the conclusion of Nehilah. "To me, there is just something about the feeling of fasting that says Yom Kippur."

She continues, "I don't do it for any other reason than it would feel wrong not to fast on that day. ... I think the nagging hunger goes hand-in-hand with the prayers. For me, I can't internalize those prayers unless I'm lightheaded and hungry. So maybe it is more than it would be wrong not to."

Linda Cohen says she's been fasting every year since she became involved in teen Jewish life.

"I began to feel like I needed to fast. ... Most years I was happy when it was a good fast (no headache, no feeling ill). I also observe other the rules, such as no wearing leather, but I do brush my teeth with toothpaste. I always figured I wasn't 'eating' the toothpaste, and I just couldn't bear a day without brushing," she explains.

For her, fasting is part of the process of becoming spiritually cleansed. "Both the fasting and the familiar prayers make me feel happy to have been sealed (I hope) into the book of life for another year."

Reality is the effort can be quite difficult; some creative measures can make the fast slightly easier.

Cohen says a strategy she learned years ago does wonders: She'll sink her nails into a lemon; the scent puts her rumbling tummy slightly at ease. And sniffing fresh mint is reviving; she brings a small bag of it to shul and dips her nose into it throughout the day. "I believe this has been a wonderful trick to getting through a long fast day."

Available tricks mean nothing to folks who are barred from fasting for medical reasons.

"I am pregnant this year," says Jessica Fenton, who used to fast on Yom Kippur before having two very young sons to care for. She adds, "I understand that we are not to do anything that would jeopardize our health."

Vicki Weiss, who must take certain medications throughout the day to control a chronic condition, still does what she can to respect the sanctity of Yom Kippur. She'll skip breakfast and eat only once lunchtime comes around, as her regimen requires a belly full of both food and water.

As I learned more than two decades ago, sticking to the regimen that works for me isn't just what gets me through the day; it's what makes the day so meaningful.

And this is the case for many of us, like Judith Kahn.

"There is a sense of community, a oneness with fellow Jews," the family matriarch says. "When I stand in a full synagogue, tired and hungry and think about my people and our collective history, when I vow to be a better person, there is a sense of peace and calmness. Even the repetition of many of the prayers adds to the mesmerizing tone of the day. Yom Kippur is a powerful day in the Jewish calendar."

Bridget Cross, wife Karen Twain, and their daughter, Marian Twain, 16, each follow different fasting strictures. Bridget and Marian allow a little sustenance; Karen resists both food and water.

Bridget explains the point isn't who eats what, when; rather, what rules the day is any level of participation in the context of family and community.

"For our family, participation in our different levels of sacrifice through fasting represents honor and respect for the holy day," Bridget says. "This is amplified by all of us doing it, supporting each other in our sacrifices, as well as the larger community that is participating."

In 1992, at the beginning of my school year in Southern France, I didn't yet have a community, let alone a Jewish one. And I didn't know how to create any sacred space for myself or even find one I could temporarily join to fulfill to the best of my ability the words in Vayikra.

So why fast? For me, it's a key part of properly observing the Day of Atonement. Indeed, the most difficult and unfulfilling Yom Kippur was not the one on which I kept my belly full. It was the one on which I felt empty in every other way.

The Men's Club and the Tradition of the **Temporary** by Toby Shulruff

Bring to mind the days before smartphones. When a man's role in the family was both clearer, and more limited. When Jewish men were not welcome in most social clubs.

In those days, the Neveh Shalom sukkah was so massive that it took 20-30 guys from the Men's Club hours to assemble each year, down in the courtyard by the atrium, before the building grew.

Today, men have much broader roles within the family, with greater shared responsibilities (organized by smartphone). And, thankfully, Jews are welcome in almost all parts of American society, from Dragonboat teams to Golf Clubs.

The Neveh Shalom sukkah has changed over the decades, too. The current structure pops together more quickly, with fewer hands, in the upper courtyard between the older part of the building and the new.

The essence of Sukkot, the Festival of Booths, is both temporary and enduring. The mitzvah is I'shev b'Sukkah. We are commanded to dwell in a structure that is open to the elements, to be assembled and then taken down each year. Yet we are to perform this mitzvah every year. To live in our sukkot as we would live in our houses, to remember when we were wandering in the wilderness.



Likewise, there is an enduring call to the men of Neveh Shalom to join together, to connect, to take care of the community, to build shelters both temporary (a sukkah) and permanent (Habitat for Humanity).

In these days of busy schedules and additional responsibilities, there is still a need for meaningful connection, for a Jewish take on what it means to be a man, a mensch, a good father, a brother, a son. Young men, all men, at Neveh Shalom are invited to join in one of the many opportunities that your Men's Club offers this Sukkot, and throughout the year.

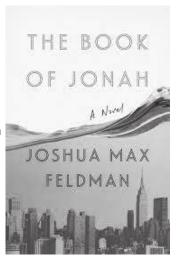
Thanks to Peter Wigmore, Steve Sirkin and Ron Morris for contributing in the research of this article.

Book Review: The Book of Jonah by Joshua Max Feldman

By our Librarian, Kaiya Goldhammer

What would a modern day Jonah look like? How can you tell whether you are being "called," succumbing to stress, or suffering the onset of mental illness?

Jonah Daniel Jacobstein lives in post 9/11 New York. A 32-year-old corporate lawyer on track to become partner, a man with a weak moral compass, a character no one would describe as a good man. All is going according to plan in Jonah's life until he experiences a shattering vision at a party. New York is decimated, reduced to an island crisscrossed by rivers. The vision closes with two Hebrew words, (which Jonah cannot, of course, read), "Yonah Hineni," "Jonah, here I am." As did his namesake, Jonah flees. More visions follow, and Jonah must come to terms with his own morality and beliefs. There are no clear answers as to what Jonah should do to fulfill God's calling. Fittingly, Jonah is as lost in his role as the reader. He asks, "'And if there weren't [more visions] would that mean success or failure? That he had fulfilled God's plan or not? And how could you ever be certain God had a plan? When did it stop? And how did you know?'"



In a parallel story we meet Judith, another young American Jew who is On The Track. It is obvious that Jonah and Judith's fates are intertwined, how and when they intersect is artful and I was kept guessing for most of the book. Feldman writes tenderly about Judith's own transformational event, in contrast to Jonah's visions, she is shaken by a profound absence of God in her own life. She becomes a "martyr to the injustice of her own life." Unfortunately, Judith's supporting cast is the weak point of the book. A ridiculous, over the top, Las Vegas real estate developer lessens the impact of the later part of her story.

I found The Book of Jonah a wonderful exploration of good, evil, and truth within a very current and approachable narrative. A strange, humorous, and smart satire sure to raise many questions and bring about lots of discussion. I read The Book of Jonah in one day, a high recommendation. Come check it out!

<u>Join In</u>



From a congregation so blessed with wonderful voices and music, comes a NEW OPPORTUNITY!

The choir has a rich history in synagogue life at Neveh Shalom, and we have changed with the times. We participate in several services and special events with excellent music selected by Cantor Bletstein. Some of us are experienced singers, and some haven't sung since elementary school. But, all of us are moved spiritually by the power of music.

Join our group of singers to enhance services and programs at Neveh Shalom. We meet on Monday evenings from 7:30PM to 9:00 PM in Stampfer Chapel, and we are directed by professional accompanist, Karl Rohde. You are welcome to visit a rehearsal or simply join us. For more information please contact: Joni Cady, Coordinator for Koleinu, at 503.635.8834 or joni.cady@comcast.net, or Cantor Bletstein at dbletstein@nevehshalom.org,

We are participating in:

Rabbi Kosak's Installation Weekend (November 6-8) with rehearsals on Sept. 21, Oct. 12, 19, and 26, and Nov. 2

Interfaith Thanksgiving Morning Event (November 26 at 9 AM) with rehearsals on Nov. 2, 9, 16, and 23.

Come join Koleinu and help to make our voices stronger. You are welcome to take part in specific events as your time allows - or stay with us throughout the 5776 (2015-16) season.

The congregation gratefully acknowledges the following contributions:

Adult Education

Eva Aigner: in memory of Moritz Spiegel Leslie Aigner: in memory of Anna Aigner in memory of Marika Aigner Jay & Michele Gilbert: in memory of David Sachter Jennifer & Andrew Greenberg: in memory of Eileen Gannon Sylvia Goldeen: in memory of Rose Olds in memory of Lena Weinstein

Aliyah Fund

Alan & Vicki Rotstein: in memory of Eleanor Fischer

Cantor Morris Ail Music Fund

Bethany Shabbat Group: in memory of Alan (Buddy) Goodman

Brownstein Language Arts Fund

Michele Brenner & Robert Greene: in memory of Marvin Brenner

Building Fund

Jack & Barbara Cordova: in honor of Lee & Sheri Cordova's 50th wedding anniversary

Becky Menashe Fund

Lee Funes: in memory of Sam Schauffer Donna Jackson: in memory of Sam Schauffer Jeffrey Menashe & Wendy Gutmann: in memory of Sam Schauffer Mary & Richard Peizner: in memory of Sam Schauffer

Cantor's Discretionary Fund

Harold & Jackie Lesch: in memory of Al Goodman Jerry & Judy Lesch: in appreciation of Cantor Bletstein Claire Stampfer: in honor of Cantor Bletstein Idelle Weinstein & Family: in appreciation of Cantor Bletstein

Cemetery Fund

Dana Benson-Melnick: in memory of Ben Benson George Bodner: in memory of Jacob Bodner Delphine Davis: in memory of Benjamin Sherman Rosalie Goodman: in memory of Sam Schauffer Herbert Hochfeld: in memory of Fanny Lazarus in memory of Grace Gilbert Rebecca Israel: in memory of Ezra Menashe in memory of Joya Menashe in memory of Sam Schauffer Max Liebreich: in memory of Paula Liebreich Melvin Swire: in memory of Marcia Weinsoft Melvin & Janet Swire: in memory of Joyce Levenstein in memory of Earl Rosenthal Gennady & Irina Talal: in memory of losif Talal Idelle Weinstein & Family:

in honor of Cantor Linda Shivers

Vicki Zidell:

in memory of Sam Schauffer in memory of Robert Weinstein

Muriel & Joseph Unkeles Choir Joni Cady

in memory of Ethel Stubbs

Charity Food Fund

Renée Holzman: in memory of Louis Rosenberg

Camp Solomon Schechter

Wendy & Steven Shain: get well wishes for Earl Oller in honor of Riley Atkins' retirement in memory of Bob Weinstein Frieda Tobin: in memory of Philip Tobin

Elaine & Gloria Schiller Fund

Thelma Geffen: in memory of Ben Lowenthal

Elevator Fund

Kathy & Norman Chusid & Scott Kamin: in memory of Bernard Nicolaisen Dale & Earl Oller: in memory of Bernard Nicolaisen Robert Ginsberg: in memory of Ida Louise Miller

Shuldman Kiddush Fund

Ricardo Berdichevsky: in memory of Bertha Stern Lee Cordova: in memory of Joseph Cordova Sheri Cordova: in memory of Anna Reiser Sheri & Lee Cordova: in memory of Robert Avram Golden Lois & Arden Shenker: in memory of Joseph Safyan in memory of Lillian & Gilbert Sussman Barb & Jack Schwartz: in honor of Lee & Sheri Cordova's anniversary

Jacob Freedman School Fund

Evelyn Freedman: in memory of David Horenstein Howard Freedman: in memory of Howard Bockman

Foundation School Fund

Rob & Emily Ail: in memory of Barbara Whiteley Lidia and Raul Krivoy: in memory of Helen Goldhammer Rhoda Leopold: in memory of Harry Rodinsky Irv & Arlene Potter: in memory of Bob Weinstein Joy Rabin: in memory of Sam Schauffer Joeen Rodinsky: in memory of Harry Rodinsky Bruce & Sheila Stern: in memory of Bernard Nicolaisen in memory of Adela Goodkin in memory of Roger Wasserman Norman & Suzan Wapnick: in memory of Bernard Nicolaisen in memory of Samuel Schauffer

in memory of Eva Wapnick General Synagogue Fund

Jeff & Sandy Axel: in memory of Alan Goodman Gloria Bacharach:

in memory of Julius Stern Barbara Bernstein Fant: in memory of Fran Petersen in memory of Lou Fant Mark Braverman: in memory of Minnie Brandow in memory of Lillian Rosen in memory of Albert Rosen Sarah Coblens: in memory of Alvin Konick Arlene Cogen: in memory of David Gewisgold in memory of Pearl Gewisgold in memory of Herman Gewisgold Édith Deutsch: in memory of Lotte Hasson in memory of Fred Adams Maria Esformes: in memory of Bertha Esformes Joan Fraser: in memory of Anny Mandrow Bela Friedman: in memory of Jean Greenberg Stanley Geffen: in memory of Arnold Geffen Elaine Golden: in memory of Alfred Stein Doug Goodman: in memory of Rose Davis Margaret Gotesman:

in memory of Bob Weinstein Susan Katz:

in memory of Michael Katz in memory of Solomon Smith Julian Kaufman: in memory of Leonard Stevens

in memory of Carole S. Kaufman Galina Kogan:

in memory of Manya Morgulis Jean Konick: in memory of Alvin Konick Susan Korey:

in memory of Florence Korey Clement Merritt Linn & Susan Korey: in memory of Bob Weinstein in memory of Sam Schauffer Roza Markus:

in memory of Menasha Shkolnik Simon Moraru:

in memory of Revka Rosenbaum Michael Olds & Gloria Borg-Olds: in memory of Bob Weinstein Robert Perkel:

in memory of Joyce Perkel Winkler Sulamif Rozenfeld:

in memory of Israel Rozenfeld Maurice Schwarz:

in memory of Ernst Schwarz Bob & Mimi Sorkin:

in memory of Roger Wasserman Moisey & Faina Talal: in memory of losif Talal

Linda Veltman: in memory of Samuel Honeo

Mary Weinsoft: in memory of Goldie Barde

Larry Wieder: in memory of Irving Wieder Peter Wollstein:

in memory of Werner Wollstein Sharlota Aginsky:

in memory of Abraam Resman in memory of Genya Dobkina-Aginsky Seth Alford:

in memory of Muriel Alford in memory of Saul Alford Ruth Blum: in memory of Louis Rosenberg

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in memory of Anna Rosenberg Molly Bodner:

in memory of Robert Bodner Mark Brenner:

in memory of Marvin Brenner William Brenner: in memory of Marvin Brenner

Nancy Brown: in memory of Bob Weinstein Naum Chernobelsky:

in memory of Michail Chernobelsky Susan Chess:

> in memory of Gloria Chess Gerald Cogan:

in memory of Isidore Arik Parvin Shenassa:

in memory of Solomon Sassoon Margarete Collier: in memory of Ellen Bursztyn

Howard David:

in memory of Lois David Wendy David:

in memory of Natalie Leher

Rimma Diner: in memory of Boris Diner

Barbara Dreyfus: in memory of Jack Berman Bernice Gevurtz:

in memory of Anna Rosenfield Robert Ginsberg:

in memory of Bob Weinstein Robert & Lesley Glasgow:

in memory of Kurt Schiff Vera Goldman:

in memory of Miriam Minkin Ira Gottlieb:

in memory of Jaye Gottlieb Inge Hamburger:

in memory of Martin Henner Stan & Shirley Hodes: in memory of Michael Hodes

Carol Kane: in memory of David Allen

in memory of Ruth S. Allen Susan Katz: in memory of Elvera Smith

Richard Krepel:

in memory of Caren Reese-Krepel Jacob & Rose Lewin: in memory of AI Lewin

Helene Lichtman:

in memory of Deborah Kanter Mia Mandel: in memory of Gerald Kandel

Gayle Marger: in memory of Max Breslow

Jerry & Geri Matin: in memory of Harry Lomsky

Richard Matza:

in memory of Aaron Matza Alan Melzer:

in memory of Ruth Melzer Albert & Bette Lynn Menashe: in memory of Sam Schauffer

Jim & Lora Meyer: in memory of Laurence Meyer Grigoriy Milman:

in memory of Roza Milman

Thelma Newson: in memory of Harvey Kelinson in memory of Robert Weinstein

in memory of Robert Weinstein in memory of Robert Weinstein

Joshua & Melanie Olds: in memory of Robert Weinstein

Dale & Earl Oller: in memory of Bob Weinstein Dan & Janice Pitman:

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in memory of Bob Weinstein Cary Pollack: in memory of Robert Pollack Lusia Polonsky: in memory of Hana German Abram & Rimma Press: in memory of Berka Press Joy Rabin: in memory of Bernard Nicolaisen Joanne Raiton: in memory of Henry Raiton Betty Raskin: in memory of David Raskin Sulamif Rozenfeld: in memory of Sabina Rozenfeld Jerry Schaeffer: in memory of Muriel Alford Harvey & Marilyn Schneider: in honor of Steven & Wendy Kahn's anniversary Leonard & Elayne Shapiro: in memory of Helen Goldhammer Mira Shoykhet: in memory of Mikhail Shoykhet Diana &Stephen Sirkin: in memory of Helen Goldhammer Susan Sisisky: in memory of Ben Benson Yakov Smetana: in memory of Elizaveta Smetana Martin Soll: in memory of Carroll Soll Howard Sussman: in memory of Maurice D. Sussman in memory of Sally Sussman Moisey & Faina Talal: in memory of Ida Miroshnik Nicolay Veytsman: in memory of Polya Veytsman Gary Wasserman: in memory of Charlotte Wasserman Elisa Weger: in memory of Augusta Raskin Allan & Judy Weingard: in memory of Robert Weingard in memory of Betty Hecker Sheryl Weissman: in memory of Roger Wasserman Larry Wieder: in memory of Pauline Wieder Karen & Mark Wilkins: in memory of Bernard Nicolaisen

in memory of Reveka Gutnik **Gevurtz Chapel Fund**

Charles & Phyllis Wittenberg:

in appreciation of Neveh Shalom

Fenya Zamakhover:

Mel & Cathy Berlant: in memory of Robert Weinstein in memory of Robert Weinstein Karen Berman: in memory of Bob Weinstein Marcy & Ron Morris: in memory of Bob Weinstein

Hunger Relief Fund

Marlene Abrams: in memory of Eugene Abrams Sylvia & Gary Pearlman: in honor of Sheri and Lee Cordova Happy Anniversary Marvin Wolfson & Katherine Snook: in appreciation of Rabbi Daniel Isaak

Gladys & Joseph Fendel Camp

Albert & Bette Lynn Menashe: in memory of Trudy Lesch in memory of Valerie West in memory of Joseph Fendel Brauna Ritchie: in memory of Barbara Mehrwein

Judith & Garry Kahn Camp Fund

Judith & Garry Kahn: in honor of Steven & Wendy Kahn's anniversary in honor of Wendy Kahn's birthday

Judy Isaac Bookshelf Fund

Victor Levy: in memory of Milton Isaacs in memory of Gertrude Isaacs

Leonard Barde Cemetery Enhancement Fund

Larry & Carolyn Gorin: in memory of Goldie Barde

Feldstein Library Fund

Elliot & Suzanne Axel: in memory of Leona Goldberg Manny & Karen Berman: in memory of Helen Goldhammer Martha & Glenn Decherd: in memory of Dorris Decherd in memory of Helen Goldhammer Marcy & Ron Morris: in memory of Helen Goldhammer Ella Ostroff: in memory of Bernard Nicolaisen in memory of Helen Goldhammer Sylvia & Gary Pearlman: in memory of Helen Goldhammer Robert & Honey Perkel: in memory of Helen Goldhammer Corinne & Larry Spiegel: in memory of Trudy Lesch in memory of Helen Goldhammer Lillian Weiner: in memory of Nellie Levenson

Louis Rosenberg Bookshelf Fund

Toinette Menashe: in memory of Louis Rosenberg Toinette & Victor Menashe: in memory of Helen Goldhammer

Lesch Camp Fund

Harold & Jackie Lesch: in memory of Albrecht Bacharach Neveh Men's Club: in honor of The David & Rosalie Lesch Campership Fund

Mark Ail Campership Fund Mona Ail:

in memory of Mark Ail

Men's Club

Paul & Doreen Gilliam: in memory of Alan Goodman Robert Ginsberg: in memory of Alan Goodman

Milt Horenstein Minyan Fund

Marlene Brenner: in memory of Marvin Brenner Jen & Howard Feldman: in honor of Sheri & Lee Cordova's in honor of Mel Ball's 75th birthday in memory of Carole Katz in memory of Helen Goldhammer Sam Gottlieb: in memory of Bernard Nicolaisen

Priscilla & Tony Kostiner: in memory of Eleanor Fischer

Priscilla & Tony Kostiner: in memory of Bernard Nicolaisen Marlene Lazarus:

in memory of Julius Rovech Howard & Petra Shapiro: in memory of Carole Katz in memory of Philip Shapiro

Joan Sher: in memory of Jerome Zeffren

Moskowitz Fund

Al Shemarya & Louise Green: in honor of Riley Atkins' retirement

Montrose Video Fund

Sarah & Ross Coblens: in memory of Alan Goodman Sharyl & Rick Vagy: in honor of Deb Montrose 's birthday

Sonia Nudelman Floral Fund

Phil & Sandra Nudelman: in honor of Julie Donin's 90th Birthday

Principals Fund

Elisa Weger: in memory of Louis Weger

Robbie Ball Memorial Fund for Darfur

Mel & Elaine Ball: in honor of Sheri & Lee Cordova's 50th wedding anniversary Earl & Dale Oller: in memory of Anne Tobin in memory of Sol Solomon

Honigstock Educational Scholarship Fund

Susan Honigstock: in memory of David Honigstock in memory of Helen Goldhammer in memory of Alan "Buddy" Goodman in memory of Roger Wasserman Ha'Morah Vicki Rotstein: in memory of Sheri Katz & Joel Mullin's mother & father Neveh Men's Club: in honor of The David Honigstock Scholarship Fund Vicki & Alan Rotstein: in memory of Helen Goldhammer

Rabbi Isaak Discretionary Fund Rosalyn Andronescu:

in memory of Mark Raphael Bev & Ian Getreu: in honor of Rabbi Isaak's Retirement Phillip Reiter: in memory of Sarah Reiter Bruce & Phyllis Ritchie: in memory of Barbara Ritchie Mehrwein Idelle Weinstein & Family: in honor of Rabbi Isaak

Rabbi Posen Discretionary Fund

Devin Getreu & Jennifer Salzberg: in appreciation of Rabbi Eve Posen

Saperstein Chapel Fund

Irving & Rhoda Leopold: in honor of Taya Meyer's 80th birthday Taya Meyer: in memory of Sylvan Saperstein

Shomrei Teva

Lidia & Raul Krivoy: in memory of Bernard Henry (Nic) Nicolaisen

Shabbat Kiddush Support

Marvin Wolfson: in memory of Rita Wolfson

Stampfer Lecture Fund

Jeannie Rosenthal: in memory of Nellie Levenson Elayne & Leonard Shapiro: in honor of Sheri and Lee Cordova's 50th anniversary

Sylvia Pearlman Membership

Rosalie Goodman: get well wishes for Jack Schwartz Sandie & Larry Huppin: get well wishes for Jack Schwartz Sylvia & Gary Pearlman: in memory of Don Pearlman in memory of Sam Schwartz

Stampfer Discretionary Fund

Leah Nepom: in appreciation of Rabbi Stampfer

Women's League Scholarship Fund

Linda & Sid Alpert: in memory of Alan Goodman Mel & Cathy Berlant: in memory of Alan Goodman in memory of Lillian Subotnick in memory of Roger Wasserman

Toinette Menashe Bookshelf Fund

Rosalyn & Solomon Menashe: in memory of Sam Schauffer

Torah Repair Fund

Susie & Larry Gouz: in appreciation of Gary Fiske in appreciation of Gary Liberman in appreciation of Rabbi Isaak

USY Travel Fund

Sondra Pearlman: in memory of Irving Mills

USY Events

by Rabbi Eve Posen: in appreciation for hosting USYers: Fred & Nora Rothstein Mark & Mindy Zeitzer Priscilla & Tony Kostiner Rachel Rothstein Deborah Reynolds Gary & Debra Wasserman Harriet & Charles Saxe Leslie & Charles Elder Jaimie & Jacob Harper JoAnn & Chris Bezodis Susan Brenner & Ed Kraus

Weinstein Chapel Fund

Delphine Davis: in memory of Milton Davis in memory of Nettie Sherman Geraldine Roth: in memory of Barney Liebreich Carolyn & Gary Weinstein: in memory of Jacob Rapoport in memory of Sam Schauffer

Voices Raised Together: Building Community with Young Family Activities by Toby Shulruff

"As a teenager, I sought out community intuitively, thinking more about my own practice and identity," says *Callie Barish*, cochair of Neveh Shalom's group for young families, Shoreshim. "After having kids," Callie says the search, "became even more intentional: 'What do I want for them to feel surrounded with before they can create it for themselves?'"

Callie grew up in Portland, at Beth Israel, with Sunday School, high school youth group and camps. In college, she taught Sunday School and was a camp counselor. She has been active in Jewish community throughout her life.

And while the meaning of "community" has changed from her childhood, through adolescence, to parenthood, the power of community has not.

"When you sing alone, as with the prayer of your heart, that can be beautiful," she says. "But when you sing in a choir, it lifts the prayer up to a higher level."

So she is very excited about Shoreshim setting an intention to explore the meaning and power of community from many different angles. To go deeper, over the year, with upcoming programs like Little Ripples, connecting young kids from Neveh Shalom with young refugees from Darfur living in Chad, "Kids and families can do a good thing, and also explore how we see ourselves in a bigger context."



"We don't always see the effects of our good deeds, and so we will try to create opportunities for kids to grow as citizens of the world beyond our doorsteps."

To join the young family e-mail list and be alerted to the many ongoing happenings, contact news@nevehshalom.org Look for more information on Little Ripples and other programs for young families in an upcoming issue of the Chronicle.

Young Families Activities for Sept-Oct 2015:

PDX Live! Jr. - A spirited Kabbalat Shabbat service for young families with children 0-9 led by Cantor Bletstein and friends, followed by a delicious Shabbat dinner and play time. \$20/per family. Friday, 5:00pm, October 23.

Awakening your Senses for a New Year, a Rosh Hashanah workshop for parents - Enrich your own experience while bringing greater meaning to your family traditions. A thought-provoking and fun experiential evening for all, regardless of level of Jewish knowledge or know-how. RSVP to jgreenberg@nevehshalom.org Wednesday, Sept. 9, 7:00-9:00pm

Simchat Torah Blow Out Neveh Shalom's yearly Simchat Torah celebration - everyone in the community is invited! There will be dancing, singing and treats for both adults and children! Free and open to everyone! Monday, October 5, 7:00pm

Tot Shabbat - A fun and engaging service for families with babies, toddlers, and children up to age 5. Join our skilled early childhood educators: Levia, Amy and their good friend Shabbos Mouse for Neveh Shalom's liveliest Shabbat service. Bagel lunch follows the service. Every 1st & 3rd Saturdays 10:15am

Fifth Shabbat - Participatory service geared towards families with children 0-9 lead by Rabbi Eve Posen. Service begins in the sanctuary with a Torah parade at 10am and then join the entire community for a luncheon. Saturdays, 10:00am, Aug. 29 and Oct .31

Fourth Friday - Rabbi Eve Posen leads this interactive service that welcomes Shabbat through song, stories and a little Torah learning. Co-Sponsored by PJ Library. Fridays, 5:15pm Sept. 25.

Boker Tov Bunch - Wake up and get some wiggles out during Boker Tov Bunch at the Feldstein Library with Kaiya, our librarian. We will tell stories, sing songs, and enjoy a snack! Sundays, 9:00-9:50am, Sept. 20, 27, Oct. 4, 11, 18, 25

Foundation Fridays - Join us in our Foundation School's indoor playroom for open play, singing, Shabbat stories, age-appropriate service and Shabbat snack. Fridays, 9:30am, Sept. 11,18,25, Oct 2,16

When you roll up your sleeves, dive in and do good with a Neveh Shalom project you make friends while making our community a better place.

Helping CNS

High Holiday Volunteers Needed - Create a warm and welcoming experience by greeting at a High Holiday service. Go online and sign up here. If you are new to greeting let us know, we will pair you with someone who has greeted before. www.mysignup.com/cnsushers2015

Volunteer to be a Shabbat Greeter! It's a wonderful way to welcome in Shabbat and greet everyone who enters CNS! Try it once or become a regular. Sign up at: tinyurl.com/ShabbatSchmoozer or contact Wendy Kahn cnsmembership@nevehshalom.org



Steve Sirkin handing a key to a new house through the Habitat for Humanity Interfaith Build that Neveh Shalom has been involved with.

Drives

High Holiday Food Drive - USY strives to fill the youth lounge! Bring your donations on Yom Kippur to benefit Outside In and Neighborhood House. Kosher items, as well as nutritious pantry staples, are in demand.

Hygiene Supplies for the Homeless - Transition Projects provides showers for homeless people who are unable to find a shelter bed. Bring new, unopened TRAVEL SIZE items to the boxes in the Administration and Stampfer Chapel Foyers. deodorant, dental care, razor, soap, shampoo, conditioner, feminine care products are needed most.

Work Parties

Sunday September 6 and Sunday October 18, 12:00-2:00pm

Help Cook for Outside In, transitional youth shelter. Neveh Shalom Kitchen. Contact Cathy Blair, cathyblair55@yahoo.com

Tuesday, September 8 at 7pm at Kol Shalom, Monday, October 5 at 7pm at Neveh Shalom

Neveh Shalom is proud to be a central part of the Never Again Coalition, dedicated to raising awareness about the genocide in Darfur and ongoing violence in Sudan and the Democratic Republic of Congo. Everyone is welcome to join us at our meetings, learn more and find meaningful involvement. Currently we are planning a biking fundraiser, Tour de Goz Amer and an October Walk-run. Contact Lauren Fortgang at neveragaincoalition@gmail.com

Thursday, September 24, 9:00am - Help Men's Club raise the sukkah! Everyone is welcome and needed.

Friday, September 25, Sukkah Decorating with Sisterhood. 9:00am - 12:00am

Calling all women of Neveh Shalom! Join others in beautifying the sukkah during this social, enjoyable and essential activity. Drop the kids at school and come on over! Snacks and coffee served. RSVP to Dana, otrbanana@frontier.com.

Sunday September 27 11:30am - Volunteers needed to help sort and box food items for Outside In. Contact Cathy Blair for more information.

Sunday, September 20 and October 18 Come join Shomrei Teva as we gather for our monthly maintenance at the creekside restoration site along the lower Neveh Shalom parking lot. We'll clear out invasive plants, bring a small digging/weeding tool. Dress for the weather and wear shoes or boots with good traction. We like to schmooze and have a good time while we work. Questions? Contact Jordan Epstein at 503.245.6580 or yaakovm@comcast.net

Wednesday, October 7, 9:00am - Men's Club requests all available to come help take down and store the sukkah. Can you carve out an hour or two to come help? Start your year with a mitzvah!

For service times and Shabbat candle lighting please refer to Calendar Insert. For young Families event, see page 11.

Fridays with Ilene Safyan, Sept. 11 & Oct. 30 - Accompanied by Ilene Safyan on guitar, this service is one of beautiful music, filled with much singing and participation. New melodies are intermixed with congregational favorites. Sept-Oct dates have changed due to the High Holy Days.

Thursday, Sept. 3, 7:00pm - The Institute for Judaic Studies in co-sponsorship with Cong. Neveh Shalom is hosting Mattathias Schwartz, staff writer for The New Yorker. His talk will address: "Strangers in the Land: Security, hospitality and Immigration" Are we living up to our obligations as outlined in the Torah and as dictated by our ethical and moral principles? This lecture is open and free to the public.

Sunday, Sept 20 - Neveh Shalom's Annual Tashlich Bike Ride - Celebrate Tashlich Portland Style! We will bike down the Willamette River and end up at Sellwood Riverfront Park, where we will "cast off" (Tashlich) our previous year's sins. 1:15pm Meet at OMSI to Bike the Springwater Corridor Trail (3.3mil.) Look for the balloons by the east parking lot sidewalk If you don't plan to bike, join us at the park at 2pm for tashlich and fun times!

Please wear a bike helmet and bring a water bottle. In case of rain meet at Sellwood park for Tashlich, ride will be canceled. Questions? Marianne Zarkin mzarkin@gmail.com or Jennifer Greenberg jgreenberg@nevehshalom.org

Sunday, Sept. 27 - Sunday Parkways - Ride by our tent during Sunday Parkways! Look for the Neveh Shalom banner and blue CNS t-shirts - stop in you'll be glad you did!

Monday, Sept. 28 5:30pm 30's -40's Happy Hour - Stop by the sukkah to meet other professionals for an after-work beverage. Schmooze with Rabbi Posen

Wedsday, Sept. 30 ALIYAH K-6 Sukkot Family Dinner - Join us for a warm and friendly dinner in Neveh Shalom's beautiful sukkah to kick off our harvest holiday! *Info will be e-mailed.

Thursday, Oct. 1, 7pm Back to School Night for Foundation School parents

Sunday, Oct. 4, 7pm Women's Night in the sukkah - How do we create a shelter of peace? Gather with Rabbi Eve Posen and women of all ages for a inspirational time in the sukkah. Sponsored by CNS Sisterhood

Sunday, Oct. 25, 9:40am Men's Club presents: Natan Meier talk on "Jewish Life in Russia and the Ukraine Today." Professor Meir is the Lorry I. Lokey Chair in Judaic Studies at Portland State University. Catered brunch, free for members \$5 for others.

Get Ready for the Holidays and get a FREE "Taste of" our Adult Education Line-up!

Tuesday, Sept. 1, 7:00-8:00pm, FREE - "Taste of" Hebrew for Prayer

Wednesday, Sept. 2, 7:00-8:00pm, FREE - "Taste of" Siddur Basics and Hope & Healing- to focus on Resources for the High Holy Days

Wednesday, Sept. 2, 8:00-9:00pm, FREE "Taste of" Hope & Healing- to focus on Resources for the High Holy Days



Tuesday, Sept. 8, 7:00-8:00pm, FREE "Taste of" Machon Ivrit. Meet the teachers of Machon Ivrit, our Adult Hebrew Learning Program. Check out the curriculum and get a taste of what our three levels have to offer!

Wednesday, Sept. 9, 7:00-9:00, FREE - Rosh Hashanah Workshop for Parents- awakening your senses for a New Year. The Jewish New Year is a time to awaken our senses and revitalize our outlook for the year ahead. Find out how to enrich your own experience while bringing greater meaning to your family traditions. A thought-provoking and fun experiential evening for all, regardless of level of Jewish knowledge or know-how. Taught by Leah Conley and Rabbi Eve Posen. RSVP or questions to jgreenberg@nevehshalom.org

We would like to introduce you to new members of our congregational family. Say hi and introduce yourself to these fresh faces around our congregation. We have many new faces at CNS and would like everyone to know each other and connect!



Kuperstein-Fish Family - *Daniel, Becky, Sasha and Ezra* reside on the east side. Becky is an orthodontist (Parkside Orthodontics), Daniel is an IT consultant, and the kids attend Laurelhurst School. Their interests include hiking, traveling, and music.

Welcome our new members:

David & Tricia Bourne
Sarah Chenven
Craig & Emiko Coughlin
Tammy Dvir
Simon & Janine Gottheiner
Jason & Eadie Kaltenbacher
Michael Khavul & Gina Westhoff
Howard & Lee Lazarus
Jerami Shecter & Nir Peled
Jonathan & Elisa Spano
Sabra Weintraub

We are happy to have you as part of our congregational family!

Contact Us!

www.nevehshalom.org Office 503.246.8831 Fax 503.246.7553 info@nevehshalom.org

Clergy

Senior Rabbi Rabbi David Kosak dkosak@nevehshalom.org

Cantor
Deborah Bletstein
dbletstein@nevehshalom.org

Rabbinic Educator and Youth Director Rabbi Eve Posen eposen@nevehshalom.org

Rabbi Emeritus Rabbi Daniel Isaak disaak@nevehshalom.org

Rabbi Emeritus Rabbi Joshua Stampfer jstampfer@nevehshalom.org

Member Services

Executive Director
Fred Rothstein
frothstein@nevehshalom.org

Membership & Development Director Wendy Kahn cnsmembership@nevehshalom.org

Program Director
Jennifer Greenberg
jgreenberg@nevehshalom.org

Clergy Assistant & Events Coordinator Marci Atkins matkins@nevehshalom.org

Education

Director, Congregational Learning Mel Berwin mberwin@nevehshalom.org

Director of Early Childhood Education Leah Conley lconley@nevehshalom.org

Education Administrator
JoAnn Bezodis
jbezodis@nevehshalom.org

Foundation School Assistant Kathy Wolfson kwolfon@nevehshalom.org

Administration

Administrative Director Debbi Villani-Allen dvillani@nevehshalom.org

Administrative Assistant
Darlene Arntson
darntson@nevehshalom.org

Administrative Assistant & Cemetery Marg Everett meverett@nevehshalom.org

Administrative Assistant Karen Wilkins kwilkins@nevehshalom.org

Librarian Kaiya Goldhammer kgoldhammer@nevehshalom.org

Communications Coordinator Noa Rubin nrubin@nevehshalom.org

Other

President
Rich Meyer
president@nevehshalom.org

Men's Club President Steve Sirkin stevejew18@frontier.com

Sisterhood President
Dana Sirkin
otrbanana@frontier.com

Cemetery Maintenance & visitation James Monaghan 971.207.6974, mlm51@aol.com

Gift Shop Administrator
Marsha Strongin
512.422.1649, marsha@strongin.net

Mazel tov to *Carmiel Banasky*, daughter of *Addie and Bruce Banasky*, sister of *Jonathan*, on the publication of her debut novel "*The Suicide of Claire Bishop*." Please join the family on *Tuesday*, *Oct. 6*, *7pm*, at Powell's downtown to celebrate the launching of her book with a reading and reception.

Mazel Tov to Rachel and David Stein on the birth of their son, Daniel Solomon Stein, brother to big sister Julia.

Mazel Tov to Fanny & Barry Horowitz on the birth of their grandson, Solomon, who arrived July 22.



Mazel Tov to *Scott Foster* and 10-year-old *Ellianna Foster* (husband and daughter of *Aviva Brandt*) for competed in the USA Roller Sports Figure National Championships. Scott won two silver medals. This was Ellie first year competing in solo events and qualifying for Nationals. (Elianna pictured)

Mazel Tov to *Eadie and Jason Kaltenbacher* on the birth of their boy, *Mitchell Joseph*, Aug. 8th, brother to *Zachary*.

Mazel Tov - Milestones

September Milestone Birthdays

Stanley Blauer Richard Botney Lisa Eckstein Jeff Edmundson Inge Hamburger Lori Hedrick Francine Kaufman Susan Kuznitsky Gail Maron **Daniel Oxman** Jennifer Rogson Warren Rosenfeld Marsha Sherman Betva Tentser Gary Weinstein Sandi Zimmerman

October Milestone Birthdays

Micah Barany Keren Barbash Deborah Brown Roy Carmen Ran Freundlich Raya Gladstein Michelle Jacobs Hoonjoo Lee Aaron Levinson Susan Levitte Mark Meyer Neil Nathanson Ruth Roth Vera Rubanovich Melissa Rubin Daniel Ruimv Susan Schwartz Arnette Springer Svetlana Taycher Julie Welch

September Milestone Anniversaries

Ron & Marcy Morris

October Milestone Anniversaries

Emily & Jonathan Weiss

We mourn the recent loss of these cherished Neveh Shalom members:



Eleanor Fischer (z'l) *November 27, 1912 - July 18, 2015.* At the age of 102, Eleanor was a beloved member of our community, as testified by the dedication of the "Eleanor Fischer Foyer" adjacent to the Stampfer Chapel. According to our database, she became a member of Neveh Shalom in 1965, around the time when our building on Peaceful Lane first opened its doors. After her husband, Morris Fischer (z"l) passed away in 1989, Eleanor was a regular attendee at our daily morning minyan and Shabbat services, so long

Helen Goldhammer (z"I) August 22, 1915 - July 30, 2015. Helen Goldhammer of Portland. Mother of Elizabeth Kuhn, Carol Levy and Harry Goldhammer; Grandmother of seven; and great-grandmother of eight.



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Bonnie Naftalin (z"I), January 10, 1921 - June 26, 2015. Born Bonnie Bee Barlow January 10, 1921 in Springfield Ohio, she was one of five children. She met Bud Naftalin, her husband of almost 60 years, when he was working in a factory as an engineer for the War effort. One of her passions was jewelry. She worked in the jewelry department at Meir and Frank for many years. She and her husband were avid bridge players and bowlers, readers and movie goers. They lived on a 46 foot sailboat for 8 years, sailing around Vancouver Island and the Inland Pass to Alaska and traveled to Spain, and Israel, Mexico, France, Italy during the winters. She is survived by her two daughters and three grandchildren: Andrew, Maya, and Jake and 2 great grandchildren: Jack and Zoey. She had an adventurous life filled with excitement and beautiful memories.

Samuel Schauffer (z"I), July 22, 1923 - June 26, 2015. Samuel Schauffer was born in New York City in 1923 and passed away peacefully at his home on June 26, 2015 at the age of 91, surrounded by family and loved ones. He is survived by his wife of 62 years, Beulah, and his four children, Julie, Bill, Gordon and Susan, their spouses, and nine grandchildren. Sam was a loving husband, father and grandfather and friend to many. He was proud to have served in the US Navy during World War II. He will be missed by all who had the pleasure to know him.



Ernest Waxman (z"I), September 24, 1924 - July 2, 2015. Ernest Waxman of Portland passed away on July 2, 2015. He was 90 years old. Ernest is survived by his children Ruth (Tom) Hooper and Peter Waxman; his grandchildren Jennifer (Paul), Jessica, and Jackie (Jason); and his great grandchildren Abby, Zachary, and Logan.

Robert Weinstein(z"I), July 16, 1948 - June 23, 2015. Bob

owned Bob's Metals, Inc. a scrap metal recycling business, was on the Oregon Ostomy Assoc. Board, had a passion for gardening, racquetball, & making stained glass windows. A generous man, he will be remembered for dedication to family, friends, employees & his passion for everything he loved. Our condolences to The Weinstein, Kelinson, Weider, King,



Barnes families on the passing of Robert (Bob) Weinstein beloved husband of Idelle, father of Michael (Lily) and David (Shaina), brother of Richard Weinstein and Leslie Kelinson.

Our condolences to the families of beloved members:

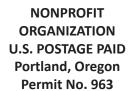
Semyon Gringauz(z"I) - Father of Lidya Stelmakh and Arkady Gringauz, grandfather to Alina Itkis.

Yihi Zichram Baruch - May their memories be blessed Our condolences to CNS members who have recently lost loved ones:

Joel (Hilarie) Wasserman on the passing of his brother, Roger Wasserman (z"l) in Hawaii.

Sandy (Jeff) Axel on the passing of her father, **Bernard Nicolaisen (z"I)**, beloved husband of Mary, and father Karen (Rick) Atwood, Marcia (Dan) Contreras.

The family of *Trudy Lesch* (z"I), dear sister of Jerry Lesch and cousin of CNS congregants *Harold* (Jackie) Lesch, Jeanette (Ben) Philan, Linda Bourne and Nathan (Linda) Sherman and niece of Nancy Sherman.



No.1



THE CHRONICLE IS A PUBLICATION OF CONGREGATION NEVEH SHALOM

2900 SW PEACEFUL LANE, PORTLAND, OREGON 97239

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CHRONICLE

Congregation Neveh Shalom

September/October Elul, Tishri, Cheshvan 2015 5775-6

Supported by the Sala Kryszek Memorial Publication Fund







"Empty Nesters Havurah" on stern wheeler cruise, August 9th

(Top) Gary Pearlman working on the installation of the new art work in the Isaak Foyer (to be dedicated soon.)

(bottom) The design of the stunning new Tree of Life was created by Gary Pearlman. Metalsmiths were Richard Cawley and Gustav Sculptor, and the colorful fused glass leaves custom made by Eddy Shuldman.

5775-6 September Elul/Tishri



2015 SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		17 Elul 7:15am Morning Minyan 5:00pm Talmud Class 7:00pm "Taste of" Hebrew for Prayer	2 18 Elul 7:15am Morning Minyan 7:00pm "Taste of" Sidur Basics 8:00pm "Taste of" Hope and Healing	3 19 Elul 7:15am Morning Minyan 7:00pm Executive Meeting 7:00pm Fruit of the Vine: Mattathias Schwartz Talk	4 20 Elul 7:15am Morning Minyan Bat Mitzvah of Jillian Tenner 6:15pm Kabbalat Shabbat	7:15am Morning Minyan Bat Mitzvah of Jillian Tenner 9:00am Shabbat Services 10:15am Tot Shabbat 10:15am Kiddush Club
					\$\$ 7:24pm ∏Û	Ki Tavo - Selicho
6 23 Elul 9:00am Morning Minyan 12:00pm Cooking for Outside-In	7 9:00am Morning Minyan CNS OFFICES CLOSED LABOR DAY	8 24 Elul 7:15am Morning Minyan 5:00pm Talmud Class 7:00pm "Taste of" Machon Ivrit 7:00pm Never Again Coalition	9 25 Elul 7:15am Morning Minyan 7:00pm Rosh Hashanah Workshop for Parents	7:15am Morning Minyan	7:15am Morning Minyan 9:00am Foundation Fridays 6:15pm Kabbalat Shabbat with Ilene Safyan	12 28 Elu 7:15am Morning Minyan 9:00am Combined Shabbat Services
4.0		4 -	4.6	4 7	7:10pm 📆	Nitzavii
29 Elul 9:00am Morning Minyan 6:15pm Erev Rosh Hashanah Service 6:15pm All age Young Family Service	1 Tishri CNS Offices Closed 9:00am First Day Services 10:00am Family Services ages 0-5 9:30am Family Services, Grade K-2 9:30am Family Services, Grade 3-6 7:00pm Tashlich 7:45pm Ma'ariv	2 Tishri CNS Offices Closed 9:00am Second Day Services 10:00am Family Services with Rabbi Posen followed by Tashlich	7:15am Morning Minyan	4 Tishri 7:15am Morning Minyan 7:00pm Board Meeting	18 5 Tishri 7:15am Morning Minyan 9:00am Foundation Fridays 6:15pm Kabbalat Shabbat	9:00am Shabbat Services 10:15am Tot Shabbat 10:15am Kiddush Club Vayelech-Shabbat Shuva
20 7 Tishri 9:00am Morning Minyan 9:00am ALIYAH (Parent Meeting at 9:45am) 9:00am Boker Tov Bunch 9:45am Creekside Restoration 10:00am Kever Avot Neveh Zedek 10:30am Unveiling for Traci Sultan 10:30am Kever Avot Ahavai Shalom 1:00pm Annual Tashlich Bike Ride	21 8 Tishri 7:15am Morning Minyan 7:30pm Koleinu	9 Tishri 7:15am Morning Minyan 6:50pm Kol Nidre Service	23 CNS Offices Closed 10 Tishri 9:00am Yom Kippur Services 10:00am Family Services ages 0-5 9:30am Family Services Grade K-2 9:30am Family Services Grade 3-6 12:00pm Yizkor Memorial Service 2:30pm Learning Time Discussion 4:15pm Mincha 6:10pm Family Program 6:45pm Neilah 7:50pm Break the Fast	24 11 Tishri 7:15am Morning Minyan 9:00am Raise the Sukkah	25 12 Tishri 7:15am Morning Minyan 9:00am Sukkah Decorating 9:00am Foundation Fridays 5:15pm Fourth Friday with Rabb Posen 6:15pm Kabbalat Shabbat	Ha'azir
27 14 Tishri 9:00am Morning Minyan 9:00am ALIYAH 9:00am Boker Tov Bunch 11:00am Sunday Parkways Erev Sukkot - No Service 6:39pm	28 15 Tishri CNS Offices Closed 9:00am Sukkot Service - First Day 5:30PM 30-40s Happy Hour in the Sukkah 7:38pm					

October

Tishri/Cheshvan



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				18 Tishri 7:15am Morning Minyan 3:30pm Bible Class 7:00pm Foundation School Parents event in the Sukkah	2 19 Tishri 7:15am Morning Minyan 9:00am Foundation Fridays 6:15pm Kabbalat Shabbat	9:00am Shabbat Services 10:15am Tot Shabbat 10:15am Kiddush Club
					6:30pm 🗒 🕻	Chol Hamoed
21 Tishri 9:00am Hoshana Raba 9:00am Boker Tov Bunch 9:00am ALIYAH 9:15am Everyday Holiness 9:45am Hope and Healing 7:00pm Women's Night in the	CNS Offices Closed 9:00am Shemini Atzeret 6:30pm Simchat Torah Blowout	6 23 Tishri CNS Offices Closed 9:00am Simchat Torah Service	7 24 Tishri 7:15am Morning Minyan 4:15pm ALIYAH 6:30pm Tichon/ALIYAH 6:30pm Siddur Basics 7:30pm Learn Tropes	7:15am Morning Minyan 3:30pm Bible Class 7:00pm Executive Meeting	7:15am Morning Minyan Kayim Levy's Bar Mitzvah 6:15pm Kabbalat Shabbat	Kayim Levy's Bar Mitzvah 9:00am Shabbat Services 9:30pm Downstairs Minyan
11 28 Tishri 0:00am Morning Minyan 9:00am ALIYAH 9:00am Boker Tov Bunch	7:25pm III	ROSH CHODESH 30 Tishri 7:00am Morning Minyan 4:15pm ALIYAH 5:00pm Talmud Class 6:30pm Hebrew for Prayer 7:00pm Machon Ivrit 7:30pm Hebrew for Prayer 2	ROSH CHODESH 1 Cheshvan 7:00am Morning Minyan 4:15pm ALIYAH 6:30pm Tichon/ALIYAH 6:30pm Siddur Basics 7:30pm Learn Tropes	2 Cheshvan 7:15am Morning Minyan 3:30pm Bible Class 7:00pm Board Meeting	6:17pm (1) 16 3 Cheshvan 7:15am Morning Minyan Ella Silverberg's Bat Mitzvah 9:00am Foundation Fridays 6:15pm Kabbalat Shabbat	17 4 Cheshvar
9:00am Morning Minyan 9:00am ALIYAH 9:00am Boker Tov Bunch 9:30am Bnai Mitzvah Meeting 9:15am Everyday Holiness 9:45am Shomrei Teva Creekside Restoration 12:00pm Cooking for Outside-In	19 6 Cheshvan 7:15am Morning Minyan 7:30pm Koleinu	7 Cheshvan 7:15am Morning Minyan 4:15pm ALIYAH 5:00pm Talmud Class 6:30pm Hebrew for Prayer 7:00pm Machon Ivrit 7:30pm Hebrew for Prayer 2	21 8 Cheshvan 7:15am Morning Minyan 4:15pm ALIYAH 6:30pm Tichon/ALIYAH 6:30pm Siddur Basics 7:30pm Learn Tropes	3:30pm Bible Class	23 10 Cheshvan 7:15am Morning Minyan Isabelle Levy's Bat Mitzvah 5:15pm Fourth Friday with Rabbi Posen 6:15pm Kabbalat Shabbat	Isabelle Levy's Bat Mitzval 9:00am Shabbat Service 9:30am Downstairs Minyan 12:30pm Women's Torah Study
9:00am Morning Minyan 9:00am ALIYAH 9:00am Boker Tov Bunch 9:15am Everyday Holiness 9:40am Men's Club Talk 1:00pm Unveiling for Ruth Goodman(z"I)		7:15am Morning Minyan 4:15pm ALIYAH	28 14 Cheshvan 7:15am Morning Minyan 4:15pm ALIYAH 6:30pm Tichon/ALIYAH 6:30pm Siddur Basics 7:30pm Learn Tropes	29 16 Cheshvan 7:15am Morning Minyan 3:30pm Bible Class	30 17 Cheshvan 7:15am Morning Minyan	9:00am Combined Services 10:00am Fifth Shabbat with Rabbi Posen

Join Rabbi Kosak for Neveh Shalom's Annual Tashlich Bike Ride Sunday, September 20

Bike down Springwater Corridor Trail to Sellwood Riverfront Park.

In the tradition of Tashlich, cast off previous year's missteps for a fresh start.



2:00pm Tashlich

All are welcome, bikers and non-bikers alike! Sellwood Riverfront Park picnic tables

1:15pm Meet behind OMSI to Bike the Springwater Corridor Trail (3.3mi)

Or join a ride group! Meet at 12:45 at these locations to ride to OMSI: NE 53 and NE Alameda / SE 53 and SE Salmon

New- Meet at 12:15 to leave from CNS parking lot Adult ride, RSVP required to jgreenberg@nevehshalom.org

Please wear a bike helmet and bring a water bottle. In case of rain meet at Sellwood park for Tashlich, ride will be canceled.

Questions? Marianne Zarkin mzarkin@gmail.com or Jennifer Greenberg jgreenberg@nevehshalom.org



Mizrach: Neveh Shalom's Eastside Community





Wed, September 9 7:00-9:00pm



Free and open to all!

Congregation Neveh Shalom, Birnbach Hall 2900 SW Peaceful Ln. Portland, OR 972339

The Jewish New Year is a time to awaken our senses and revitalize our outlook for the year ahead. Find out how to bring greater meaning to your family traditions with activities that encourage exploration and creativity.

A thought-provoking and fun experiential evening for all!

Led by Rabbi Eve Posen and Leah Conley, Director of Early Childhood Education

Interfaith and new-to-Judaism welcome!
RSVP or questions to jgreenberg@nevehshalom.org







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M A R C H 6 – 15, 2016

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TRIP INCLUDES

- → 8 nights' accommodation at selected hotels
 - 8 days of touring in a luxury, air-conditioned bus with

licensed, English speaking tour educator

- 1 group transfer and assistance to and from the airport
- All site entrance fees and program fees as per itinerary
- Meals: breakfast daily, 1 lunch & 4 dinners
- Portage at the airport and hotels

Go to arzaworld.com and search under Beth Israel and Neveh Shalom for trip itinerary and highlights.

TOLL FREE









Raising Jewish Kids but Judaism is new to you?



The Mothers Circle is a FREE educational and welcoming program empowering mothers who are not Jewish or are new to Judaism to create Jewish homes. No prior knowledge needed.

16 week course starts in October.

Join us for an info session:

Sunday, September 20, 9:30am

Mittleman Jewish Community Center 6651 SW Capitol Hwy, Portland

www.facebook.com/MothersCirclePDX

For more information contact Jennifer at 503 293-7313 or jgreenberg@nevehshalom.org

The Mothers Circle is coordinated by Congregation Neveh Shalom and co-sponsored by the Mittleman Jewish Community Center, B'nai B'rith Camp, The Oregon Board of Rabbis and Congregations Beth Israel, Havurah Shalom, Kol Ami, Shaarie Torah and Shir Tikvah. Thank you to our generous funders: The Holzman Foundation, The Oregon Jewish Community Foundation, The JEZ Foundation, The Jewish Federation of Greater Portland, and The Oregon Jewish Community Youth Foundation. Mothers Circle is an affiliate program of Big Tent Judaism.

