



CHRONICLE

No. 5 This newsletter is supported by the Sala Kryszek Memorial Publication Fund



From the Pulpit

If I Am Not For Myself Who Will Be For Me; If I Am Only For Myself What Am I; And If Not Now When?

A Letter of Appreciation to Steve Sirkin and Our Neveh Shalom Tikkun Olam Committee

Each day's headlines bemoan the latest aspect of the ongoing economic downturn. One emergency follows upon another with such rapidity that it is difficult to keep up. Millions of families are losing their homes due to foreclosures; others their jobs, their life's savings.

Continued on page 3

From the President

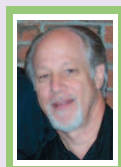
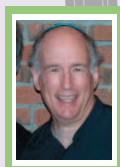
Every year, our Board of Directors and the many committees that do the work of the Congregation, make plans for the upcoming year. We estimate membership in the Congregation and student enrollment in our schools; plan for membership services and events and then make contingency plans in the event our estimates are off. We go through an excruciatingly thorough budget process and midyear review revising our budget as necessary. Staff, Clergy, the Board and individual members all participate in this open and detailed, ongoing process. This process has served us well. Our planning process is a proactive attempt to influence our future. However, it is our ability to deftly react to the reality that meets us through the year, that determines our success. It looks like times are tough, and probably going to get tougher. Someone smarter than myself said, "A bend in the road is not the end of the road... unless you fail to make the turn." We are making the turn.

In the weeks and months ahead you will hear of, or notice, changes in staffing and/or programming. There are some changes that will occur without your notice, some will really bother you. None are being made in haste; all have been given serious and thoughtful consideration. And those involved in making these decisions have done so with the Congregation's best interests in mind.

Given the many challenges we are likely to face in the coming months or longer, our ability to come together as a congregation is more important than ever. One of our strengths as a Conservative Congregation has been our ability to recognize and provide space, both religiously and literally, to meet the needs of a large and diverse membership. That will not change. Let us remember however, that it is the strength of the core organization that provides us that opportunity. I'm asking you as a member of Congregation to stay in touch, stay in tune, and be sensitive to our Congregation's needs as we make the necessary turns. I am confident that in a relatively short period of time we will emerge a stronger and better Congregation.

Doug Lenhoff, President

Safam is back!



Saturday, February 7th
7:30pm
Come Help Us Celebrate
our 140th Anniversary!

Main Sanctuary of Congregation Neveh Shalom
America's favorite Jewish rock band has performed at Neveh Shalom twice before and was a huge success. Their "Jewish American sound" has dominated Jewish music since 1974. Their music entertains and inspires audiences of all ages and denominations.
All ticket sales benefit Youth Education and Choir.

Ticket Prices

IN ADVANCE: Students & Seniors \$12
Groups of 10 or more \$10 per person
Adults \$20, Families \$48 (2 adults & 2 children)
children under 3 are free
AT DOOR: Adults \$25, Students and Seniors \$18

To buy tickets online go to www.nevehshalom.org/happenings/safam by January 30th



Congregation Neveh Shalom 2900 SW Peaceful Lane Portland, Or 97239 503.246.8831 www.nevehshalom.org

Carolyn Dickerson

February 6th & 7th



Mazel Tov to **Carolyn Dickerson** who is becoming Bat Mitzvah on 02.06.09 and 02.07.09. She is the daughter of **JoAnn & Chris Bezodis** and sister to **Michelle, Faith, Stephen, Amanda, Joseph** and

Susannah. Carolyn is a 9th grader at Wilson High School and her hobbies/interests are SMYRC, drawing & cartooning, reading graphic novels, and piano.

Rachel Katz

February 13th & 14th



Mazel Tov to **Rachel Katz** who is becoming Bat Mitzvah on 02.13.09 and 02.14.09. She is the daughter of **Sheri Katz & Joel Mullin**, grand daughter to Carole & Bob Katz, Maia & Jerry Mullin and

sister to **Noah Mullin, Simon Mullin, and Arlo Mullin**. Rachel is an 8th grader at West Sylvan Middle School where she has won three different student-of-the-month awards. Rachel is a voracious reader. She also likes winter sports and soccer. Rachel plays piano and studies music theory. She adores her summers at Camp Ramah.

Ariella S. Emlen

February 21st & 22nd



Mazel Tov to **Ariella S. Emlen** who is becoming Bat Mitzvah on 02.21.09 and 02.22.09. She is the daughter of **Matt & Elana Emlen**, grand daughter to **Rabbi Joshua & Goldie Stampfer**, Art

and Bitsy Emlen, and sister to **Estee and Tali Emlen**. Ariella is a 7th grader at Jackson Middle School. Ariella loves books, and she enjoys volunteering at the Library. She also loves Camp Solomon Schechter. For her Bat Mitzvah, she is asking people to bring good used books for the Camp library. Ariella also enjoys spending time with her grandparents, family, and friends.



Taste & Travel Thursday, February 19, 7pm

Join us for an evening of adventure, presented by our own well traveled congregants:

Dale Oller on "Egypt"

Trudi Stone & Mel Hoffman on "The Galapagos"

Taste & Travel is a time of "Show-and-Tell" for grown-ups. Enjoy a virtual tour through sharing experiences via slides, PowerPoint, artifacts, souvenirs, and best of all, food! We will have treats, snacks, or finger foods so you may sample the region and culture.

We still have a few openings on this year's schedule of presenters. If you'd like to share your own experience, or for more information, contact **JoAnn** at 503-293-7309.

Did You Know...



The Ner Tamid in the Stampfer Chapel was designed and crafted by Ian Gilula and Aaron Frankel, two young Jewish glass artisans who grew up in the Jewish community of St. Louis, and have opened Elements Glass here in Portland.



Jewish Film Club

Sunday, February 5th,
2:30pm

An alternative to Super Bowl!

Sunday,
March 22nd, 3:00pm

Each 4-6 weeks we gather to enjoy a film of Jewish interest, schmooze and nosh. If you are interested in receiving more information, please contact **Joan & Paul Sher** at joanzsher@aol.com; paulpsher@gmail.com; or sherpohsu@aol.com to be placed on the email list.

Erev Shabbat Services

All Erev Shabbat services are at 6:15pm. *Each 6:15 service has a distinct flavor of it's own. We invite you to sample:*

1st Friday-Kabbalat Shabbat
Singing Service with Ilene Safyan

(monthly all member dinners will follow reservations required).

3rd Friday-Chik Chok- A lay-led
"Carlebach-style" service

(followed by dinner with reservations required).

2nd, 4th and 5th Friday-
Kabbalat Shabbat Service

Refuah Shlema

Refuah Shlema, a speedy recovery to

Jonas Blaut, Dick Brownstein, Sheri Cordova,

Martha Decherd, Sharlene Harvey, Eleanor

Horenstein, June Kabaker, Simon (Sy) Newman,

Jan Rosenthal, Caron Rothstein,

Alan Sherman, Joyce Singer, Jack Wolinsky,

Paul Woloshin and Jack Zidell

Vaults Now Available at the New Mausoleum



To purchase a vault or for more information please contact **Michelle Caplan**

at 503.293.7305 or
mcaplan@nevehshalom.org

CLERGY VISITS

To assure that clergy make visits to congregants in the hospital, extended care facilities and hospices, please contact the office at Congregation Neveh Shalom: 503.246.8831. In an effort to comply with the new patient privacy laws, health-care facilities may not release the names of their patients; so it is imperative that you provide the name of the member, the facility name, patient's room number, length of anticipated stay, your relationship to the patient and a number where you can be reached if further information is needed.

DAILY MINYAN

Zidell Chapel

Monday - Friday 7:15 am

Rosh Chodesh 7am

Sundays and Holidays 9:00 am

SHABBAT FEBRUARY SERVICES

Friday, 6:15pm ONLY

Saturday Shabbat Services 9 am

TOT SHABBAT

1st & 3rd Shabbat morning,

10:15 am in the Zidell Chapel

SHABBAT SCHOOL

for 6th Graders

Every Shabbat

9:30am-12:15pm

KEHILAT NOAR

1st -5th Graders

Youth Congregation

Every Shabbat

10:15 am Room 102

DOWNSTAIRS MINYAN

2nd and 4th Shabbat, in the

Zidell Chapel

3rd Shabbat at the Robison Home

If you would like to lead the
davening for Shaharit, Torah, or
Mussaf please call **Mark Sherman**,
503.245.0571

Continued from page 1

Food banks report sharp increases in the numbers of people requesting food. Increased unemployment means larger numbers of people without healthcare coverage. Even those employed naturally feel increasingly insecure. Everyone is cutting back, a cycle which can only presage more layoffs and a deeper crisis.

Certainly the personal stress on families creates rippling repercussions within the organized Jewish community as well. Every synagogue and Jewish organization is coming to terms with the need to cut back, eliminate staff, mandate pay reductions, cancel programs, tighten belts. However necessary, the effect of such measures will inevitably add to the overall downward spiral.

But we can wring our hands only so long. Who will begin the process of addressing the very real needs of individuals within our community?

Spearheading a coordinated and collaborative effort for the Portland Jewish community is the Tikkun Olam Committee of Neveh Shalom under the able leadership of **Steve Sirkin**, with administrative support from **JoAnn Bezodis**. They have taken it upon themselves to awaken our local Jewish community to the fact that the economic crisis is not just out there. For many it is right in here, within our community with people struggling to put a roof over their heads, to feed, clothe and care for their families. Though several organizations were initiating their own efforts, our Tikkun Olam committee invited representatives from synagogues, Jewish agencies and organizations to work in concert to create a coordinating committee to share information and determine what we can all do together. Jewish Family and Child Service is at the table with the Community Relations Council, the Community Warehouse and the Jewish Review.

Together they are creating community events whose purpose is to inform us all of the extent of the need, ease the impact upon those currently experiencing difficulties and to direct the rest of us as to how we might be engaged to provide the necessary assistance. They have identified jobs as priority number one and the key to relieving much stress. However they see other possibilities from exploring the creation of a Hebrew Free Loan in Portland to impacting local and state-wide relief legislation.

I am enormously proud of the leadership role Steve and our Tikkun Olam committee has taken. We want to support their efforts and in weeks to come we will learn how each of us has a role to play.

P.S. I also want to commend highly the work of Neveh Shalom member **Susan Goldstein**, who has volunteered her time and her expertise each Wednesday morning after Minyan in the Zidell Chapel from 7:45-9am to meet with anyone engaged in career transition. She is a wealth of information and very knowledgeable about all aspects of job search. How thankful we should be for all these efforts.

-Rabbi Daniel Isaak

Yahrzeit Plaques: Lasting Memorials

A Yahrzeit plaque is a lasting tribute that ensures the memory of a loved one will be honored for all time. The purchase of a Yahrzeit plaque guarantees a permanent fixture in the Sanctuary plus a duplicate one that will be displayed on the Yahrzeit. Please contact **Michelle Caplan**, 503.293.7305, or mcaplan@nevehshalom.org. If you would like more information about this tradition and or about purchasing a plaque.

Kindle the Sabbath Candles

Ba-rukha atah A-do-nay, e-lo-hay-nu me-lekh ha-olam a-sheer kid-sha-nu be-mitz-votav ve-tzi-
van-nu li-hadlik ner shel Shabbat.

Blessed art Thou, O Lord our God, King of the Universe, Who has sanctified us by Thy commandments, and has commanded us to kindle the Sabbath lights.



**Eleanor Fischer
Dial-In Service**

If you are unable to attend
Shabbat services, dial in to hear
them. Call 503.246.8832

FEBRUARY CANDLE LIGHTING TIMES

Friday, February 6th 5:06pm

Friday, February 13th 5:16pm

Friday, February 20th 5:26pm

Friday, February 27th 5:36pm

Kol-ha-kavod

Every simcha is special. Congratulations to our many members who are celebrating in November
In particular, Mazel Tov to the following members who are celebrating special milestones!

Milestone Birthdays

Jay Abramovitz	Chris Feves	Riki McLenithan
Ilene Aginsky	Rosalie Goodman	Anna Rashkovskaya
Richard Bader	Seymour Haber	Liliya Rashkovskaya
Mark Barnett	Wayne Harvey	Cari Rubin
Joshua Binus	Steven Kaufman	Shannon Sanford
Helen Black	Steve Klein	Carolyn Shain
Stephen Blake	Stephen Laveson	Ethel Shulman
Paul Cahn	Jonathan Levy	Jodie Teitelbaum
Joaquin Cigarroa	Gail Mandel	

Milestone Anniversaries

Mark and Mira Altotsky	Linn and Marsha Goldberg
Jeffrey and Marianne Braunstein	Joshua and Goldie Stampfer
Jonathan and Michelle Caplan	Fruim and Nina Yurevich



All-Member First Friday Dinner

All Member First Friday Dinner
Friday, February 6th, 7:15pm
(includes Mother's Circle
& Havurot)

Join us after services for a kosher, family-style Shabbat dinner. Reservations required. \$14 per person, \$7 per child age 10 and under, \$42 limit per immediate household. RSVP by noon on the preceding Wednesday (Feb. 4; March 4). For reservations after 12pm on Wednesday, a \$5 per person convenience fee will be charged. Family maximum applies to on-time reservations only. Call Rebecca at 503.246.8831x100, or rmoeri@nevehshalom.org

A very big thank you
to the Women's League for
the Hanukkah candles
and gelt given to the
Religious School.

Neveh Shalom Annual All Member Pancake Breakfast

On **Sunday, February 8th** from 8:30-10:30am we will have our all-member pancake breakfast. This event is free to members and \$7 for non-members (children 10 and under are free). Please RSVP to Rebecca at 503.246.8831, or rmoeri@nevehshalom.org.

Donate Your Car

You can receive a tax write-off by donating your unused or unwanted vehicle, running or not. Call the JoAnn in the Neveh Shalom Office for more info: 503-293-7309, or jbezodis@nevehshalom.org.

Chronicle Submissions

Share your life-cycles events and accomplishments with your congregation.
Please e-mail submissions to mcaplan@nevehshalom.org

Deadlines

March Chronicle- February 6th

April Chronicle-March 6th

May Chronicle- April 3rd

ECONOMY @ CNS

The lay and professional leadership of CNS takes its stewardship responsibilities of your dues, fees and support for the Congregation very seriously. In order to better ensure our continuing record of balanced budgets, the Finance Committee and Board of Directors have approved significant expense reductions in the current budget that include staff retrenchment and reductions in program resources. Please help us to meet our continuing obligations.....

..... bring your accounts with the synagogue current (check, credit card, cash, etc.)

..... if you need financial assistance or other help, please let us know - it is so important to be part of a community during difficult times

..... if you are in a position to make an additional contribution and/or join our Enhanced Dues program (Olive Tree Society), please do so now

We remain committed to serving your religious, educational, cultural and social needs during the coming year. Thank you for your continuing support.

Fred Rothstein, Executive Director

Israel Affairs Committee

On Dec. 27, Israel began defensive operations to dismantle Iran-backed Hamas's terrorist infrastructure in Gaza and stop the terrorist group from its 8 year long campaign of attacking Israeli civilians with 10,000 rockets, missiles and mortars. There has been a lot of information about this campaign, entitled, "Operation Cast Lead," in the media and on web sites. Here are some ways to get some information, statistics, and talking points, so that you all feel well informed.

www.theisraelproject.org

www.masorti.org

www.uscj.org

www.jewishagency.org

There are many ways to offer help to the Israeli soldiers. One good way is to donate to the "Package From Home" organization (www.packagefromhome.org), where through volunteers and donations, packages of deodorant, ski hats, socks, neck warmers, energy bars, chocolate, and letters of support and encouragement are being delivered to soldiers.

continued on page 5

Kvell with Us

...**Mazel tov** to **Rabbi & Carol Isaak** on the engagement of their daughter Marissa. At the highest point on the muddiest hike in the middle of nowhere, Panama, Daniel Wald formally proposed marriage to Marissa Isaak. She accepted. No further plans at the moment. We'll let you know.

...**Mazel Tov** to **Marvin Wolfson & Kathy Wolfson** on the engagement of their daughter, Natalie Wolfson to Adi Nakar. Natalie and Adi plan to marry sometime this year in Israel.

...**Mazel Tov** to **Rachel Cohen**, daughter of **Debbie & Bruce Cohen** and sister to **Sarah**, is engaged to Sam Rubens. Sam is the son of Suzanne and Alan Rubens and the brother of Rachel and Molly, of Spokane, Washington. Rachel and Sam met several years ago as campers at Camp Solomon Schechter.

...**Mazel Tov** to **Mindy & Mark Zeitzer** on the birth of their son **Ari Joshua** born on December 25th 2008, Ari joins big brother **Noah**.

...**Mazel Tov** Dr. Dana Kostiner for having been listed among *The Top Docs for 2009*, published in the January issue of Portland Monthly Magazine. Dr. Kostiner is Chief of the Department of Genetic Medicine at Kaiser Permanente. She is the daughter of **Dr. Tony and Priscilla Kostiner**.

Welcome to New Members:

Andrew and Jean Goldstein

Havurot Want You & Havurot Shabbat

2009 is now well underway, and with it we hope the resumption of existing Havurot activities and inquiries into new Havurot. All that inclement weather in December no doubt affected many of your get togethers but we hope that January was busier for all of you.

Several groups in particular are looking for members to create a havurah: a multi-generational, politically based havurah; empty nesters; and young families. Let us know if you have another idea for a havurah, and we'd be glad to put it out there.

If you are already in a havurah—newly formed or longer-standing, we invite you to hold the date for Neveh's first Friday Shabbat service & dinner on **February 6th**, which will be dedicated to our Havurot. Please add this to your havurah's calendar today!

A Havurot Information form is available online at our website as well for your convenience. If you are interested in joining a havurah, please contact **Caron Blau Rothstein** at crothstein@nevehshalom.org or 503-246-8831 x139.

Weekend In Quest 2009

February 27 - March 1 in Astoria, Oregon
"The Lives of Our Mothers and Fathers in Eastern Europe"

Our scholar is Natan Meir

We are now taking registrations.

For further information and to receive a registration brochure, please contact Mary Goldhammer
503 293-0521 or mgoldham@comcast.net

continued from page 4

We hope you enjoyed our January showings of the Israeli TV Series *A Touch Away*, and the Israeli Movie *Besame Mucho*. We hope to bring to Neveh more Israeli-themed events later this winter and spring. For more information on the Israel Affair Committee contact chair **Dana Sacks**, danae.sacks@comcast.net.

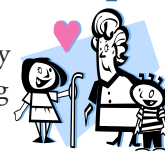
Vaad Shel Chesed Group

Gail Sherman, a Neveh Shalom member, is, like many of us, extremely busy teaching and taking care of her family; so her involvement with the Neveh Shalom Chesed Caring Community started slowly. First, Gail added her name to the Chesed mailing list, and when a meal or ride was needed, Gail received the call for help. Eventually, there was a match! Gail brought the Shabbat meal for one of the families she helped out. She just made extra of what she was already making for her family, and added a Challah & bottle of wine.

Many people are reluctant to ask for help when there's need, but it allows those who are able to help, the chance to do a mitzvah. Gail says: "We can't get the opportunity to provide that mitzvah unless those that need help can overcome the hesitancy to ask for help. We all can benefit both from giving and receiving support."

Gail also comes to regular Chesed committee meetings. She likes how **Rabbi Greenstein's** teachings connect the group's activities with the texts of Jewish traditions. "I'd love to see everyone in the congregation volunteer to provide support or accept care from Neveh Shalom Chesed as needed—that's what really makes us a caring community."

To be added to the Chesed Caring Community email list, to ask for help, or for information about how you can participate, contact **Barbara Barde** at: 503-293-1222 or barb@bardepdx.com



Career Transition Group

Wednesdays, 7:45am

Over 80% of new positions are filled through networking. Susan Goldstein, an experienced career transition consultant and coach, will facilitate this no-cost networking group for individuals seeking to expand their network in specific industries, organizations, communities, or jobs. There is no long-term commitment—attend when you can.

If you were caught in a recent layoff, are returning to the workforce, are a trailing spouse, recent graduate, or just ready to start looking for your next position—maybe a volunteer assignment for a rewarding retirement—your network is the best path to that next position.

For details contact **JoAnn Bezodis** at 503.293.7309 or **Susan Goldstein** at 503.880.1473.



Women's League Calendar 2008-2009

February 8th
The Sandwich Generation
Anti-Semitism
April
The Art I Used To Love
TBA

Women's League Potluck & Planning Board Meeting dates below:

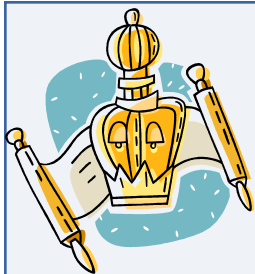
Wednesday, February 11, 2009, 6:30pm
Wednesday, March 11, 2009, 6:30pm
For more information please contact
Susan Sutherlin at 503.626.6611.

Feldstein Library

SOS from the Feldstein Library:

The Library is in dire need of 4 – 6 foot book shelves. We are working to shelve the remainder of the books in the 'Beit Midrash', the room adjacent to the Library. We are hoping to have the room in order very soon so it can be used for adult study classes, research and more. Your help will be greatly appreciated.

Contact **Hilde** at 503.293.7311 or hjacob@nevehshalom.org.



**Torah Fund
greeting
cards can
be sent
by calling**

**Jackie Constantine at
503-520-1222, and they
can also be purchased at the
Judaica Gift Shop.**

THE GLORIA BACHARACH JUDAICA SHOP AT CONGREGATION NEVEH SHALOM

Passover is coming! It is not too early to think about Seder plates, matzo plates, salt and horseradish dishes, matzo covers, etc. Are your Passover items in good condition or do they need replacing? Or are you beginning to collect those items? We can help you. We also have Seder plates appropriate for children's tables. So come in to browse and shop!

SPECIAL ORDERS WELCOME IF PLACED NOW

TORAH CARDS AVAILABLE FOR ALL EVENTS

Please volunteer to work Wednesdays from 10AM to noon. If you can volunteer weekly please let me know which day you are available, and/or if you can work evenings during special events.

To volunteer, for special orders or for special appointments call **Sue Axel** at (503) 297-9140 or e-mail at e.axel@comcast.net

Winter Hours

Monday-Friday 10 AM to noon. Wednesday evenings from 6 PM to 8:30 PM & Sunday 9:30 AM to 12 noon when religious school is in session.

We look forward to seeing you. For more information please contact **Sue Axel** at 503.297.9140 or **Ann Yudman** at 503.352.4074.



Notes from Shomrei Teva

Sunday evening, February 8th, begins Tu B'shvat, our New Year of the Trees. This holiday, often considered a Jewish Earth Day, has become a time to celebrate with its own special seder (including one at Neveh Shalom), to plant trees (especially in Israel), and to consider the current state of the earth. How can we perform tikkun olam? There are so many problems: air, water, loss of species, climate change. What can we do?

We are fortunate in that Neveh Shalom lies along a large section of wooded area with a creek (tributary of Fanno Creek) to the south. This land has become overgrown with non-native species like Himalayan blackberry, English ivy, clematis, and laurel. These invasives have choked out the natives reducing the overall health of the land and the creek. Now we have a project to clear out the invasives and replant the area with trees, shrubs, and ground cover appropriate to our region.

For months we cleared our first large section. On February 1st, we are doing our first planting. Now we can see tikkun olam every time we come to our synagogue. Just as we recently constructed and remodeled much of our building, we're also repairing our natural areas. Every third Sunday of the month we come out from 9-12 to do maintenance: to remove regrowth of invasives and debris, and to tend our new plants. Come out and dig around in the dirt and help restore nature and protect creation. It's a mitzvah.

Contact **Jordan Epstein** at 503.245.6580 or yaakovm@comcast.net for further information.

Women's League



Join us on Sunday, February 8th in room 102 at 10:00 am, for our program with speaker David Molko, of JFCS. He will speak on the "Sandwich Generation", a subject important to every family.

On Thursday, March 12th at 7:00 pm, Rabbi Isaak will lead a book review/discussion of the book *The Faith Club*, by Ranya Idliby. This book is available at our Gift Shop. This is a thought provoking book that will bring about a great discussion. Join Us.

Did you get your new Torah Fund Pin? Please contact **Sandi Fulcher** at 503.430.8375 about your pin. Do you need a card for a Bar Mitzvah, wedding, or a sympathy card? Please contact **Jackie Constantine** at 503.520.1222 for Torah Fund Card information. These cards are also available at our Gift Shop.

Do you need a gift for a Jewish home? Come to our Gloria Bacharach Judaica Shop for your purchase. Volunteer with us be a part of the wonderful new shop. Contact **Sue Axel**, 503.297.9140 or **Ann Yudman**, 503.352.4074 for more information.

Join Women's league for our monthly Potluck and Planning Board Meeting. Our meeting is Wednesday, February 11th, 6:30 pm at **Susan Sutherlin's** home. Be a part of all that we can do for you, the synagogue and our community. Bring us your voice, your questions, and we will listen, this is YOUR opportunity to reach us. Contact me (Susan) 503.626.6611 for more information. Join Us.

Our calendar is full with many events, there is something for everyone to come and enjoy.

Susan Sutherlin, Neveh Shalom Women's League President.

Men's Club

We would like to thank Tom Beverly for talking to us about the residential Energy Trust programs in January. This presentation was an opportunity for all of us to learn how to reduce our energy footprint.



Our next program will be Sunday, February 8th and our speaker will be **Rabbi Greenstein**. We will meet in the Zidell Chapel for brunch after the morning minyan around 9:40am with the program starting at 10am. Men AND Women are welcome at our programs.

Don't forget our second annual Texas Hold 'Em Tournament on Sunday, March 1.

Proceeds are donated to youth scholarships and the capital campaign. If you are interested in being a sponsor or donating prizes, please contact **Bruce Stern** at bruce@thesternfamily.net. If you know someone else who might be willing to contribute a prize or a sponsorship, Bruce can let you know what information we need.

Additionally, a group of Men's Club members volunteers at the Oregon Food Bank on the fourth Thursday of each month. Please contact **David Sibell** at sibelld@ohsu.edu if you are interested in helping.

If you would like to join Men's Club, please contact our membership chairmen, **Larry Skolnik** lsskolnik@hotmail.com and **Jeremy Kelter** timberlineadvisors@comcast.net. We also have membership forms available on the table across from the synagogue office. You may also contact either of us at bruce@thesternfamily.net or j3ngoodman@comcast.net.

Joe Goodman and **Bruce Stern** Men's Club Co-Presidents

Darfur Awareness

Neveh Shalom Says Never Again: Darfur Awareness Committee Update

We invite you to join us for a kick-off event planned for **Sunday, February 22nd, at 12:15pm** at Neveh Shalom. The event's goal is to raise awareness of the genocide as well as how we can take action as a community. We will showcase a short video and have speakers including Holocaust Survivors and Portland area Darfur activists. Come learn about concrete ways to get involved including sending post cards to important elected officials, creative ways to send resources to Darfur and help educate your friends, as well as a congregational book discussion (see more below). Middle and High School aged students and their families will also discover how to get involved in our community efforts, particularly planning a community wide event which will hopefully take place in early April (more details to come). Join us as we help realize our promise to Never Again allow the world to ignore the silent cries of those suffering from genocide.

Contact **Sarah Greenstein** at greenstein_sarah@yahoo.com with questions or to get involved.

Neveh Shalom Reads Another Book

In CNS tradition, the Darfur Awareness Committee invites all members to read a book and discuss as a group. Entitled, *Not On Our Watch*, it is a book about the issues in Darfur. Authors Don Cheadle (actor in *Hotel Rwanda*) and John Prendergast (nationally known activist) published this volume in 2007 with the mission to end genocide in Darfur. As we begin 2009 and the genocide continues, our congregation may want to learn more about this horrible situation and act upon this increased awareness. **Rabbi Bradley & Sarah Greenstein** will lead us in a gripping discussion, the date TBA.

Shalom Neveh Families,

Happy February! It's been a great 2009 so far! We have had a blast together, playing, cheering and building community together. And let's not forget that great Jewish pastime, bowling! And then there's "Into the Night" in Seattle. I'm still recovering!

February promises to be even more eventful for our growing youth programs. This month brings Tu b'Shvat, one of my favorite holidays. As it is the New Year of the Trees, it is particularly important for us Oregonians who have a special relationship to trees, nature and the seasons. Many of the activities we have lined up for the kids reflect this deep connection, and we are excited to participate in the rich traditions Tu b'Shvat, and perhaps make some of our own. Jr. Kadima will be getting our hands (and maybe other stuff) dirty by planting trees and giving back to our community and environment, followed by a big pool party later in the month. Kadima will be having our big Tu b'Shvat event: "Kadima Goes Green", then later in the month joining up with the 13 Mitzvot program to focus on Hidur Mitzvot, learning how to truly make an impact on the world. Our USY crew will also be exploring the wonders of the world through art and nature at the Portland Art Museum, and experiencing Tikkun Olam first hand by volunteering their time to help those in need.

Tu b'Shvat is a time regenerate ourselves, branching out in new directions while rooting ourselves firmly in one of Judaism's most central traditions, making the world a better place. I am thrilled that Neveh's youth programs will be leading the way.

B'shalom,

Jonathan Emanuel, Youth Director jmanuel@nevehshalom.org

USY (9th-12th grade)

USY kicked off the new year with style. The "Bow'l'n in the Tropics" event at Valley Lanes was a hit. There were some fantastic Hawaiian costumes that brightened up the lanes. USY also got creative at Wednesday Night Religious School with the first annual 8th grade kidnap. USYers paraded the halls of the synagogue and kidnapped all of the 8th graders from their classrooms for a USY pump up.

Rachelle Vagy, USY Advisor
usy@portlandrishonim.org

Kadima (6-8th grade)

Kadima began February with a bang. Learning about ecological concerns during "Kadima Goes Green" and combining with the 13 Mitzvot program for social action projects meant hands on learning, fun, helping others and our planet. Kadima will continue social action programs with the 13 Mitzvot program for monthly workshops involving art, tikkun olam and tzedakah. In addition, Kadima also began an 8th grade program in conjunction with USY. Now all eighth graders are welcome to USY events and regional functions. If you would like further information on the eighth grade USY program please contact Jonathan Emanuel, Rachelle Vagy or me.

Cara Buchalter Emanuel, Kadima Advisor at kadima@portlandrishonim.org

Jr. Kadima (3-5th grade)

Hi folks! Thanks so much for rallying together for our Jr. Kadima and Kadima Winterhawks event! A long-time tradition, 40 kids came together to celebrate Winterhawks in all their local-to-Portland glory! I'm so excited that more of you are joining us at Jr. Kadima events and bringing your friends and family too.

But don't worry, we have some events coming up that are no grown-ups allowed! (Unless you count Alison and Ziv and I as grown-ups!) On February 22nd, we'll have a swim party. Boys and girls will have separate bonding time in the water and in a game room. Just because! Don't miss an exciting time to bond with your girls, your bros, and kids your age. I can't wait to see you there!

Stay tuned to hear about the Jr. Kadima Shabbaton. A few of us Portlanders went to Schechter for Kadima Kinnus in December and we had so much fun! We saw old friends, danced at parties complete with glow-sticks and techno beats, and learned about water conservation in Israel. Imagine yourself there next year, breathing in the piney misty air over the waterfront, walking arm in arm with your friends, doing exciting programs where you get to watch movies, build your own cake, and go craazaayyy with goofball counselors you haven't seen in years! Trust me, it happens! To quote a Portland Kadimanik, "**we make your dreams come true!**"

Loving greetings,

Becca Cigan, Jr. Kadima Advisor
jrkadima@portlandrishonim.org



Religious School

How did the rabbis conclude that God created women with greater intuition and understanding than men? The answer is revealed in the knowledge that the Hebrew language contains the essence of the word's meaning by the construction of its three- consonant root. For example, man was "formed" (yitzer, Genesis 2:7) while woman was "built" (yiben, Genesis 2:22). The root of "built" Bet-Nun-Hay, is very similar to the word "binah" (Bet-Yud-Nun-Hay), meaning understanding, insight or intuition.

Hebrew words are formed from roots by changing vowels and by adding a variety of prefixes and suffixes to that root. Prefixes can be prepositions (in, on, of, to) articles (the), etc. Suffixes can be pronouns (he, you, our) possessives or can indicate gender and number. Because of the way these prefixes and suffixes are added to the root, a single word in Hebrew might be translated into English as several words.

Does this seem too confusing? A simple and more enjoyable way to unwind this tangle of grammatical information is to enroll in our adult Hebrew classes. The ability to read and understand Hebrew opens many avenues to liturgical, biblical and modern language comprehension and appreciation.

The children enrolled in our Hebrew School are acquiring skills to unravel the mysteries of our ancient language, becoming proficient in reading and understanding that which is read. As parents, you can show your child that learning is a life-long pursuit and have a vehicle for sharing common goals by studying along with them. Are your children grown and out of the house? Learn for your own pleasure. For more information regarding our adult classes, contact me at 503-293-7306.

Susan Bernstein, Director of Education



Neveh Shalom Babies

On January 10th, all new babies were honored and celebrated at the New Babies Shabbat. It was a beautiful celebration of the newest little members of our community. If you have a baby 0-2, please join us and the Foundation School for a FREE drop-in playgroup that meets Fridays from 9-10 am in the large motor room at Neveh Shalom. First Fridays NS Babies hosts a special guest from the Neveh Staff.

Our First Babies Group will be meeting on Feb. 8th at the Neveh Shalom pancake breakfast and on March 8th, there will be a FBG Purim party, details TBA.

Neveh Babies is also sponsoring a parent workshop on *Raising a Financially Fit Jewish Child*. Kim Rosenberg, Financial Planner at Rosenbaum Financial, LLC and mother of three will present her recent research on answering the questions "Why raise a financially fit Jewish child" and "How can you successfully raise a financially fit Jewish child." Kim will offer hands on tools to help you transmit Jewish values and your own personal values to your children.

When: Sunday, March 1, 9:15-11 am

Where: Congregation Neveh Shalom

For: Parents of children of ALL ages

Cost: FREE!

How: Pre-registration encouraged as space is limited.

For more information on the parent workshop or to RSVP contact **Caron Blau Rothstein**, 503-246-8831 x139 or crothstein@nevehshalom.org. For more information on any of our upcoming baby events, please contact **Sarah Mitnick** at mitnick.sarah@gmail.com or **Hilary Barthold** at hiltim@aol.com. Thanks!



Shoreshim

It was so much fun to see all the children in their jammies at the Goodnight Shabbat Havdalah Pajama Party this past month! Special thanks to our visiting scholar, Rachel Brodie, for leading an interesting discussion with parents about the rituals of Havdalah and Debbie Plawner for coordinating the event.

It's cold outside, but Spring is on the way! Join us for a special event to help our children learn how the seeds of life are beginning to grow. At this year's Tu B'Shvat event, **Sunday, February 8th**, our children will be led on a hike by our very own Jordan Epstein through Tryon Creek State Park where they can appreciate all the different types of trees and plants that are beginning to show signs of life. Then, they will plant their own seeds and participate in a Tu B'Shvat seder. In addition to leading Tot Shabbat services, Jordan is one of the founders of Shomrei Teva, Neveh Shalom's environmental committee. This active group is at the forefront of an exciting new movement—Tuv Ha'aretz—Portland's new Jewish CSA (community supported agriculture cooperative). Leaders of this initiative will be on hand to introduce us to this exciting new opportunity to get involved in sustainable agriculture. This is an event not to be missed—we look forward to seeing you there!

Tot Shabbat Services are on the first and third Saturdays of the month. Services start at 10:15am. Services on February 7th will be led by **Jordan Epstein**, and on February 21 by **Levia Friedman**.

For questions about Shoreshim or information on how you can get involved, please contact **Cyndy Kagan** at 503-927-4326, ckagan@gmail.com, **Debbie Plawner** at 503-830-3833 debbieplawner@yahoo.com, or **Leslie Solomon** at 503-350-0993, leslie@solomonster.org



Foundation School

During the month of February Foundation School children will continue learning about the beautiful gifts that birds and trees bring to

our world leading up to the celebration of Shabbat Shira (birthday of the birds) and Tu b'Shvat (birthday of the trees). Parents and special guests are invited to join us for our All-School Shabbat/Tu b'Shvat Program on Friday February 6th in Birnbach Hall. Our music specialist Kim Palumbis will lead us in songs and our 3 yr. old classes will perform with a bird and tree theme.

The month of February is the time our Pre-K classes embark on their "I Am Special" unit. Children will share things about themselves and their families that make them unique and special. At the end of the unit children prepare food and entertainment for their parents to be enjoyed at the annual "I Am Special" brunch. This is one of the highlights of our Pre-K year.

February is always a turning point in the year when we feel like spring is just around the corner. At the end of the month we begin preparing the children for the joyous spring holiday of Purim – so dust off those crowns and get ready to make lots of noise! Shalom,

Jan Skolnik & Kathy Wolfson



Kehilat Noar (KeN: Youth Congregation)

Kehilat Noar, Neveh Shalom's Junior Congregation, is going strong. We meet every week in room 102 for a spirited service which includes lots of opportunities for kids to lead. Our regular attendees have become quite proficient daveners, and enjoy celebrating Shabbat together each week. Come join us!

Led by **Gary Liberman** and **Amy Katz** followed by kiddush.



Notz'tzim is Growing!

Tots ages 0-4 yrs. and their parents are welcome to come for a drop-in session of our fun and active Hebrew music and play class on Sunday mornings at 9:30am, Wednesday afternoons at 4:30pm or Friday mornings at 10:00am. Drop-in cost: \$12 per child (siblings under 1 year are free).

Contact Mel Berwin for more information: 503/452/6890 or michaelymel@gmail.com

“Wellness Talks” Series

Instructors: Drs. Gil & Christie Winkelman, ND, MA practice at Insights to Health (www.insightstohealth.net), the new Jewish-friendly holistic family medical clinic in Multnomah Village. The classes are free and open to the entire community--bring a friend! RSVP to help us plan for materials: call Rebecca at 503-246-8831x100.

“Stress! What Do I Do About It?”

Wednesday, Feb. 11, 7-8:30 pm

Learn the effect stress has on various aspects of your physical health. Dr. Winkelman will explain how to take charge of your stress response and use it to your advantage. He will also discuss stress management options and highlight lifestyle factors that can keep our stress response from creating imbalance in our minds and bodies.

“Optimizing Women’s Potential— ..from the Inside Out”

Wednesday, Feb. 18, 7-8:30pm

How do our health concerns and life cycle changes as women affect the way we strive toward that which is in our hopes for the future --whether it be career goals, personal goals, or just feeling happier? Learn how maximizing your health and optimizing your life go hand-in-hand in this insightful presentation by Naturopathic physician and psychotherapist Dr. Christie Winkelman. This is a women-only event. Bring a friend!

“Proactive Treatment for Allergies”

Wednesday, Feb. 25, 7-8:30 pm

Allergies are more than an inconvenience; they’re your body’s way of telling you that your immune system is out of balance. Start now to improve your health before allergy season begins. In a lively presentation, Dr. Winkelman will teach you the foundation of a healthy immune system and ways to promote your natural immunity.

“Feeling tired of feeling tired?”

Wednesday, March 18, 7-8:30 pm

Fatigue has become an almost- universal health complaint. Join Dr. Winkelman for an insightful discussion about the many causes of fatigue, and learn simple self-care practices that will nourish your energy stores and improve your overall health so that you can increase both your enjoyment and productivity!



**Shomrei Teva
of Neveh Shalom Invites You To
Tu B'shvat with Teva -
Planting Our Garden**

Sunday, February 1st, 9am-12pm

Lifelong Learning Winter/Spring 2009

Or Chadash: A New Light

Thursday nights 7-8:30, Feb 26-April 2

Instructor: Rabbi Bradley Greenstein

For information contact Marci Atkins at matkins@nevehshalom.org.

Or Chadash is a program designed for those seeking conversion to Judaism. As a follow-up program to the Oregon Board of Rabbis course, “Introduction to Judaism,” students will attend adult education classes and become involved in synagogue life at Neveh Shalom. Through a series of support groups, classes, and one-on-one meetings with Rabbi Greenstein, participants will continue their intellectual, emotional, and spiritual engagement with Judaism.

Shabbat Morning Torah Study

Resumes in February, 2009

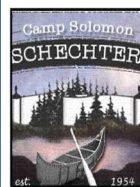
9:00-9:45am in the Neveh Shalom Library

Join us every Shabbat morning in the library for a time of study and discussion on the parasha of the week. Led by Rabbi Daniel Isaak or Rabbi Bradley Greenstein. For more information, contact Rabbi Greenstein at bgreenstein@nevehshalom.org.

Neveh Shalom READS!

Fugitive Pieces by Anne Michaels, March, 2009

On the model of “Portland Reads,” “Neveh Shalom Reads” began in spring of 2008 to encourage a broad readership within our Neveh Shalom community. After selecting a featured novel, we schedule a number of opportunities in the spring to share our reactions in group settings at Neveh Shalom and in the homes of our members. We hope you will join us for this intellectually stimulating annual event. For more information, contact JoAnn Bezodis at jbezodis@nevehshalom.org.



Camp Solomon Schechter Scholarships

Applications for scholarships for the 2009 summer sessions of Camp Solomon Schechter are available in the synagogue office. The synagogue has a number of tribute funds from which

scholarship monies come. These funds can be contributed to in honor of happy occasions or in memory of a loved one. Check the tribute pages of the Chronicle for names of the funds. Because of the limited nature of the funds available, full scholarships cannot be given. Scholarships are given on the basis of need only, not merit and an explanation of need is necessary for funds to be allocated. Please contact **Michelle Caplan**, 503.293.7305 or mcaplan@nevehshalom.org to obtain a scholarship application or for further information. Applications must be submitted by February 20th in order to be considered.



Membership Committee

Like many people, I was marooned at my house for a few weeks during all of the snow. I was disappointed when the Hanukkah Hoedown was cancelled and we weren't able to celebrate the holiday with the Neveh community. A sense of disconnection slowly crept in, gathering its own momentum. Luckily, two months ago at a membership committee meeting, I had signed up to be a Shabbat Greeter at the Saturday morning service on January 3rd. My son **Jordan** and I, along with our friends, **Teresa, Joshua and Brianna Coughlin**, greeted congregants attending the service, handing out siddurim, kipot and program booklets for the Bar Mitzvah of **Dante Stone**. This volunteer commitment forced me to break my isolation and reconnect. Why is it that I would choose to remain isolated when the joy and peace of honoring Shabbat with my community is so easily within reach? I don't know if I would have made it to the Shabbat service that morning if I had not made that volunteer commitment.

I asked Jordan how he felt about being a Shabbat Greeter. He said, "It was fun! I liked passing out the books and seeing Joshua." I liked seeing my friends, too, and meeting some new people, and sharing the Stone family's pride and happiness at their son's Bar Mitzvah. Hopefully, I have broken the momentum of my isolation and now it will be easier to make the decision to attend services without the extra impetus of a volunteer responsibility.

I urge you to contact **Sandy Axel** (SandyAxel@msn.com) and sign up to be a Shabbat Greeter one Saturday this year. Do it with a friend like we did. As Jordan said, "It was fun!"

Deborah Zwetchkenbaum
plumtree29@aol.com
Membership Committee Chair

Lunch Bunch for 65+

Tuesday, Feb. 10th, 12:00 noon

The Lunch Bunch invites you to join us for lunch, followed by a discussion, "Speaking of Art" with Jonas Blaut. Enjoy a spectacular KOSHER lunch for only \$5 per person (65 and up) – reservations required. Save the date and plan to join us. RSVP by noon on Monday, February 9 to Rebecca Moeri in the office at 503-246-8831 ext. 100 or rmoei@nevehshalom.org.

Mark your calendar for next month's lunch on Tuesday, March 10 at 12 noon.

Purim Collection of Kitchen Items for Community Warehouse Megillah Reading: Monday, March 9

On Purim we use noisemakers to blot out the villain's name in the Megillah. We challenge you to support a good cause when you attend the Megillah reading by bringing creative noisemakers. Bring a pot or pan and a cooking utensil that can bang or scrape or grind: wooden spoons, shredders, peelers, bowls, can-openers, let your imagination run wild!

Afterwards, these items will be donated to the Community Warehouse, helping the needy, homeless, and new immigrants set up new housing with these kitchen items (used or new). A collection barrel will be available in the coat closet outside the sanctuary from March 2 – 16 for your convenience. For more information, contact

Roz Babener at 503-227-3644, Roz755@aol.com

Dead Sea Spa Day - A Success!

Massage, Yoga, Hot tub soak, and gourmet Middle Eastern refreshments-- sixty-five people enjoyed these spa treatments on Sunday, January 11th as part of the Dead Sea Spa Day to raise funds for Neveh Shalom's Kochavim and Notz'tzim Hebrew Immersion programs--to great success! We raised nearly \$5,000 towards financial aid for families to participate in our fun and unique Hebrew programs for 0-8 year olds. TODAH RABAH to organizers **Carol Biederman, Michelle Caplan, Lucie Flood, Sarah Greenstein, Amy Katz, Jenn Director Knudsen**, and Marsha Lipets-Maser and to our teachers, Bat-Ami Frankel and Rachel Stern, for their many volunteer hours, to **Sandy Axel** and to the Neveh Shalom staff, for their general helpfulness and generosity, and to all who came, enjoyed, and supported our programs.

Mel Berwin, Director, Notz'tzim & Kochavim

Winter Family Fun Fest

The Winter Family Fun Fest is the perfect excuse to get out of your pajamas and out of the house on a rainy winter Sunday afternoon. Keep the kids happy with an indoor playground, art projects, stories, singing and more. Bring your friends. Let the kids have a great time and make some new friends of their own!

Open to everyone, this will be held at the JCC for children ages 0-5 yrs on **Sunday, February 22nd** from 1:00-2:00pm for \$5.00 per family. RSVP is requested to 503.244.0111, however, walk-ins are welcome. Email **Caron Rothstein** at crothstein@nevehshalom.org with questions.

This event is sponsored by MJCC, PJA, The PJ Library, The Mothers Circle, JFCS and Kochavim and Notz'tzim.

Tu b'Shvat Seder

Sunday, Feb. 8, 5pm

Shomrei Teva (Protectors of Nature), Congregation Neveh Shalom's Environment Committee, invites you to the Third Annual Neveh Shalom Tu b'shvat Seder in Neveh Shalom's Birnbach Hall. This year our seder will be oriented toward an adult Jewish audience (13 and over). Come join us on Tu b'Shvat as we eat ritual foods, sing, dance, pray, and learn from the mystics about Jewish concerns for the earth. Any questions please contact **Jordan Epstein** at 503.245.6580 or yaakovm@comcast.net. Cost is \$6 per participant. Childcare can be provided. Please RSVP by February 3 to Rebecca in the Neveh Shalom office, 503.246.8831 or rmoeri@nevehshalom.org

Shomrei Teva Creek Side Restoration

3rd Sunday each month

February 15, 9:00am

Neveh Shalom, through Shomrei Teva, has joined with SOLV to restore the area along the tributary of Fanno Creek that borders the Neveh Shalom parking lot. Come join us the third Sunday of every month at 9:00am to do maintenance at our site. We work for an hour or two clearing away new or existing growth of weeds and non-native plants. Bring a shovel (best) or other garden tools. We'll supply the gloves. It's a mitzvah! Contact **Jordan Epstein** at 503.245.6580 or yaakovm@comcast.net

Southwest Community Health Center -- SW Walks for Health

February 8, 2:00pm (monthly)

Get in shape and support a great cause. Neveh Shalom is one of the many sponsors in support of the SW Community Health Center. Join these monthly walks and select a one, three, or five mile route. We begin at the Multnomah Arts Center on Sundays at 2pm. Our last regular monthly walk will be on Mar. 8, and this project culminates in our Fundraising Walk-a-Thon on April 19th, supporting the Health Center.

Tu B'shvat With Teva: Planting Our Garden

Sunday, February 1, 9-12

Shomrei Teva, Neveh Shalom's environmental team, has joined with SOLV to repair the natural area along the tributary of Fanno Creek bordering the Neveh Shalom parking

lot. We're going to plant beautiful native trees, shrubs, and ground cover as we restore this riparian habitat. Our planting is the reward for months of hard work as we removed non-native plants and debris from the site. Now we can plant and celebrate. As part of the morning's activities we'll provide refreshments and a short ceremony to honor our work, the earth, and connections to Tu b'Shvat. We will provide shovels (supply limited) and other tools as well as gloves. But please bring your own tools and gloves if you have them and DRESS FOR THE WEATHER. Come celebrate Tu b'Shvat the "earthy" way. Questions? Contact **Jordan Epstein** at 503-245-6580 or yaakovm@comcast.net. (2900 SW Peaceful Lane Ptd, 97239, 503.246.8831)

Darfur Awareness Committee, Neveh Shalom Says Never Again

Sunday, February 22, 12:15pm

Description here.

Tuv ha'Aretz Project

The Tuv Ha'aretz project, initiated by the national Jewish environmental group Hazon, enables the Jewish community to support local, sustainable agriculture. Would you like weekly deliveries of fresh, locally and organically grown produce? Would you like to learn more about Community Supported Agriculture (CSA) and how it connects to Jewish teachings and traditions? For more information, contact **Jordan Epstein** at yaakovm@comcast.net

Bar Mitzvah Suit Closet Reduce – Reuse – Recycle!

Yossi's Closet is now stocked and ready for sharing. Bring in your rapidly growing boy to borrow a suit for any synagogue occasion. We have a number of shirts, pants, shoes, and suits that are ready to be loaned out. We only ask that you dry-clean any borrowed suit before returning it.

This suit closet benefits those in need AND lets us recycle through re-use. We accept donations of suits in "like-new" condition, including shirts and shoes as well. If you have something to contribute, or if you would like to check out our collection for your own son's use, please call **Stephanie Arnheim** at 503-539-2602 or stephanie@equityhs.com

Support Neveh Shalom while shopping!



Got an Albertson's Card or Safeway Card? Name Neveh Shalom as your Community Partner and a portion of all your purchases will support the synagogue. This does NOT cost you any money, so it's WIN-WIN! No computer skills necessary. Send **JoAnn Bezodis** the following information:

Name

Albertsons or Safeway Card Number
Phone # associated with this card.

If you can't find your Club Card number call toll free

Safeway: 1-877-723-3929

Albertsons: 1-877-932- 7948

**RED ALERT -
AS OF JANUARY 1,
ALBERSTONS IS CLEARING
ALL THEIR DATA!**

You must re-register your Albertsons Card in order to name Neveh Shalom as your community partner. You need to do this even if you recently gave us your card info!!!

Please go to www.albertsonscp.com right NOW and re-register your card. Neveh Shalom's ID is 49000102811.

You may also send your Albertsons card number to **JoAnn** at jbezodis@nevehshalom.org and she will do it for you. Thank you for your continued support of Neveh Shalom.



Food Barrels

Neveh Shalom has two food barrels benefiting Neighborhood House and the Sunshine Pantry. Bring in your non-perishable food items to the barrels located outside the Zidell Chapel and in the Religious School hallway. Most needed items include: rice, pasta, juice, baking products, dry milk, ramen, and macaroni & cheese. Thank you for your generosity!

The congregation gratefully acknowledges the following contributions:

13 MITZVOT

in memory of

Samuel Garber

Rosana Berdichevsky

ADULT EDUCATION 2009

in memory of

Dorothy Spiro

Rena Ziegler

BECKY MENASHE FUND 2009

in honor of

Sam and Beulah Schaffer's wedding anniversary

Paul Parter and Susan Schaffer

Parter & family

BERG CAMP FUND

in honor of

Annette and Jack Lakefish's anniversary

Eva Levy

in memory of

Bea Hochfeld

Eva Levy

BUILDING FUND 2009

in memory of

Bea Hochfeld

Samuel and Janice Weiner

CANTOR'S DISCRETIONARY FUND

in appreciation of

Cantor Shivers

Chinitz and Lewine families

CAPITAL CAMPAIGN DONATIONS

in honor of

Howard and Evelyn Freedman

Jeffrey and Deborah Freedman

Rabbi Isaak

Jon and Michelle Jackson

in memory of

Lee and Sheri Cordova's sister

Jon and Michelle Jackson

Patty Lenhoff's aunt

Jon and Michelle Jackson

Rita Pearlmuter

Stanley Constantine

CEMETERY FUND

in honor of

Leonard and Goldie Barde

Earl and Dale Oller

Min Zidell's special birthday

Earl and Dale Oller

Vicki Zidell

in memory of

Hannah Bodner

George and Harriet Bodner

Ben Phillip Grayson

Nancy Fruchtengarten

Philip Greenberg

Sondra Greenberg

Gloria Gurian

Kenneth Gurian

George Rosencrantz

Arne Rosencrantz

Philip Shapiro

Murielle Oxman

Preva Swire

Melvin and Janet Swire

COOKIE YOELIN FLORAL FUND

in memory of

Bea Hochfeld

Merritt Yoelin

ELAINE & GLORIA SCHILLER

BOOKSHELF

in memory of

Joanie Hanson

Thelma Geffen and Harry Wilson

FELDSTEIN LIBRARY FUND

in memory of

Larry Deneault

Joyce Deneault

Beatrice Loeb

Lynn Ferber

FOUNDATION SCHOOL FUND

in honor of

Michael Axel's college graduation

Don and Barbara Stephens

Sophie Blauer's bat mitzvah

Mylen and Rosalyn Shenker

Arlene Potter's speedy recovery

Ron and Marcy Morris

in memory of

Jack Resnikoff

Bernice Resnikoff

Sol Sax

Judith Blauer

GUMBERT FUND 2009

in memory of

Esther Feldstein

Gerald and Kay Gumbert

Miriam Wilenzick

Morrie Gumbert

Gerald and Kay Gumbert

HANDICAP BIMA FUND

in memory of

Bea and Monte Chusid

Larry Chusid

HARRY & EVA GROSS CHAPEL FUND

in memory of

Harry Gross

Esther Wayne

Laddy Gross

Esther Wayne

Sol Leon

Esther Wayne

HUNGER RELIEF FUND

in honor of

Dick Brownstein

Gary and Sylvia Pearlman

Sheri Cordova's speedy recovery

Gary and Sylvia Pearlman

Jordon Pessin's engagement

Susan Katz

in memory of

Pat Rosen

Susan Katz

JACOB FREEDMAN SCHOOL FUND 2009

in memory of

Doris Bockman

Howard Bockman

Amy Freedman

Howard Freedman

Eva Freedman

Howard Freedman

LEONARD BARDE CEMETERY

ENHANCE FUND

in honor of

Leonard and Goldie Barde

Robert and Karen Greenberg

Goldie and Leonard Barde's Sussman

award

Larry and Allison Mudrick

Leonard Barde's special birthday

Steve and Heather Friedman

Larry, Carolyn, Aaron and Vanessa

Gorin

Leonard and Goldie Barde's

anniversary

Steve and Heather Friedman

Sanford and Wendi Menashe

Larry, Carolyn, Aaron & Vanessa Gorin

Min Zidell

Leonard and Goldie Barde

LESCH CAMP FUND

in honor of

Sophie Blauer's bat mitzvah

Rosalie Lesch

in memory of

Regina Philan

Benjiman and Jeanette Philan

LOUIS ROSENBERG

BOOKSHELF FUND 2009

in memory of

M'liss Gilbert

Toinette Menashe

MARK & LEAH RUBIN FS FUND

in memory of

Constance Bowser

Mark and Leah Rubin

Harry A. Meyer

Mark and Leah Rubin

Selma C. Meyer

Mark and Leah Rubin

MARK AIL CAMPERSHIP FUND

in honor of

David Ail

Ms. Morrison

MILT HORENSTEIN MINYAN FUND

in honor of

Marvin Lazarus's 80th birthday

Herbert Hochfeld and family

Milt Lazarus's special birthday

Dolly Burda

in memory of

Bea Hochfeld

Marvin and Marlene Lazarus

Frank Hochfeld

Herbert Hochfeld

Lorraine Lippoff

Bari Isaacson

Freda Rovech

Marvin and Marlene Lazarus

Elanor Wilber

Bonnie Berry

MOSLER CAMP FUND

in honor of

Trudi Stone's birthday

Sue and Darrell Overbeck

RABBI GREENSTEIN

DISCRETIONARY FUND

in honor of

Rabbi Greenstein

Mark and Mindy Zeitzer

RABBI ISAAK DISCRETIONARY FUND

in honor of

Our Wedding

Ariel and Jennifer Rogson

in memory of

Sylvie Carp's mother

Victoria Newman

Lillian Chinitz

Francine Chinitz

Rachel Chinitz Lewine

Geraldine Cowan

Robin Cowan

Renee Liebermann

Harvey and Sylvie Carp

RABBI STAMPFER

DISCRETIONARY FUND

in honor of

Jack and Annette Lakefish's

anniversary

Stanley and Jacqueline Constantine

Dina Linn's speedy recovery

Gary and Sylvia Pearlman

in memory of

Alfred Levinson

Nancy Sherman

ROBBIE BALL MEMORIAL FUND

in appreciation of

Ben Olds

Earl and Dale Oller

in memory of

John Barton's father

Harry and Mary Goldhammer

Bea Hochfeld

Traci, Fred and Erica Sultan

Lola Bianca Magun

Melvyn and Elaine Ball

Ruth Rotman

Gail Maron

SHULDMAN KIDDUSH FUND

in honor of

Sheri Cordova's speedy recovery

Ella Ostroff

Michael and Jan Sigell

in memory of

Zalie Lester

Michael and Jan Sigell

Anne Shuldman

Jeff Edmundson and Ethel

Shuldman

Linda Winchell

Sheri Cordova

Philip Wolfson

Marvin Wolfson

SOBLE RENOVATION FUND

in memory of

Morton Mendelsohn

Jeffrey and Anne Nudelman

Mildred Sax

Jeffrey and Anne Nudelman

SONIA NUDELMAN FLORAL FUND

in honor of

Our Aliyah Aliyah

Jeffrey and Anne Nudelman

in memory of

Sonia Nudelman

Phillip and Sandra Nudelman

STAMPFER BOOKSHELF FUND

in memory of

M.A. Rabin

Dudley Harrington

STAMPFER LECTURE FUND 2009

in memory of

Robert Mudrick

Frieda Tobin

SYLVIA PEARLMAN

MEMBERSHIP FUND

in memory of

Anne Pearlman

Gary and Sylvia Pearlman

SYNAGOGUE FUND

in honor of

Contributions continued:

Anthony and Priscilla Kostiner
Our Son's birth
Mark and Mindy Zeitzer
in memory of
Isaak Abramovitz
Blanche Abramovitz
Robert Adams
Stan Adams
Andrea Alter
Joan Sher
Petja Berkovich
Bores Polonskaya
Fanny Bernstein
Dennis Steinberg
Joseph Blauer
Henry Blauer
Mollie Blumenthal
Charlotte Schwartz
Robert Caplan
Steven Caplan
Andrew Cooper
Henry Blauer
Sarah Davis
Jean Lake
Ayzik Dinets
Anna Smetana
Victor Ferrera
Renee Ferrera
Al Feves
Michael Feves
Esther Fowler
Harold Fowler
Joseph Fowler
Harold Fowler
Sarah Fowler
Harold Fowler
Julius Froehlich
Walter Froehlich
Illiya Geller
Betya Tenster
Joseph Glasgow
Robert Glasgow
Yevsey Govshtein
Liliya Zaltsman
Max Grant
Cheryn Rosen
Estelle Hammer
Charles Hammer
William Harris
Gregory Harris
Bernard Kaufman
Steven Kaufman
Greta Kay
Shirley Jabon
Peter Klein
Barry Klein
Estelle Kobin
Trudi Kobin
Sholom Levenshtein
Ber Levenshtein
Martha Leveton
Allan and Judy Weingard
Al Levinson
Jaclyn Vidgoff
Bogdana Levitskaya
Faina Talal
Renee Liebermann
Jeff and Sandy Axel & family
Nettie London
Sharon London and Carol Ami
Bayla Mad
Isaak Mad
Harry Mandrow
Joan Fraser
Abram Mikhlin
Ida Mikhlin
Norman Mindell

Sherryll Mleynek
Charlotte Mitchell
Esther Menashe
Fances Myerson
Gerald Cogan
David Nepom
Marvin Nepom
Sam Olds
Pamela Ritchie
Burnetta Packouz
Raymond and Dorothy Packouz
Harriet Towne
William Perkel
Robert and Harriet Perkel
Klara Polonsky
Lusia Polonsky
Paula Pressburger
Arnold and Ruth Hopfer
David Rabinowitz
James and Lora Meyer
Minnie Rabinowitz
James and Lora Meyer
Danny Rosenfeld
Seth Rosenfeld
Morris Saltman
David Saltman
Sol Sax
Beverly Eastern
Harold Schwartz
Delman and Sandey Fields
David Shaman
Paul and Susan Shaman
Sima Shames
Reva Vaynberg
Harry Sher
Julie and Perry Welch
Anne Shuldman
Leo Greenstein
Nesya Snitvker
Anna Smetana
Nettie Springer
Leonard Springer
Gregoriy Tolchinsky
Peter and Alla Tolchinsky
Katie Wahba
Elliot Wahba
Dorothy Wiener
Erma Rykus
Larry Wiener
Leib Yablonkevitch
Sophia Yablonkevich
TIKKUN OLAM FUND
in honor of
Sheri Cordova's speedy recovery
Ron and Marcy Morris
Jerry Eckstein
Len Shapiro
Arden Shenker's special birthday
Delman and Sandey Fields
in memory of
Elizabeth Shenker
Arden and Lois Shenker
William Shenker
Arden and Lois Shenker
TOINETTE MENASHE
BOOKSHELF FUND
in honor of
Toinette Menashe's birthday
Raya Gladstein
in memory of
Sylvia Rosenberg
Ruth Blum
Leah Rosenstein
Nira Levine
USY TRAVEL FUND
in honor of

Rebecca Kahn's birthday
Thomas and Julie Diamond
WEINSTEIN CHAPEL FUND
in honor of
Leonard and Goldie Barde's Maurice
Sussman Award
Gary and Carolyn Weinstein

in memory of
Thea Grunbaum
Ruth Ephraim
Max Weinstein
Gary Weinstein
Stuart Weinstein

WOMEN'S LEAGUE
SCHOLARSHIP FUND
in honor of
Michael Axel's graduation from Texas
A & M
Stuart and Ann Linda Yudman

in memory of
Arthur Gottlieb
Samuel and Christine Gottlieb
David Weinstein
Marla Weiner
Rhea Weinstein
Marla Weiner

Tzedakah is a central mitzvah of Judaism. Use it often and in good health!
Tzedakah honors the giver and the recipient. You can make a Tzedakah contribution to honor, remember or thank someone who is important to you. It is also the custom in many communities to give Tzedakah in appreciation of an honor or aliyah during any service.

Please Be Sure To Include The Names And Addresses Of Both The Donor And The Recipient, As Well As The Name Of The Fund.

We gratefully acknowledge donations to the mentioned Synagogue Funds.

In Memoriam

We mourn the loss of synagogue members:

Renee Liebermann

Mel Rosenbloom

Boris Telengator

May their souls be bound in the bonds of eternal life.

CONDOLENCES

Our condolences to our members and their families,
Susan, Randal and Bruce Sutherlin on the death of their father, father-in-law and grandfather.
Sylvie and Harvey Carp on the death of her mother and his mother in law.

Roy Carmen on the death of his mother, Rita Carmen.
Rick Rosenbloom on the death of his father, Mel Rosenbloom.

Amy Blauer on the death of her grandmother.

May their memories be a blessing.

WHEN A DEATH OCCURS

Call the synagogue office 503.246.8831 so that we may inform **Rabbi Isaak** and/or **Rabbi Greenstein** and be of assistance. During business hours, ask for **Michelle Caplan**, ext. 114. After business hours, on weekends & holidays, contact **Fred Rothstein** 503.475.2934, **Rabbi Isaak** 503.228.8819 or the funeral home of your choice for assistance. Most Jewish funerals in Portland are arranged by Holman Funeral Service, 503.232.5131.

If you wish Tahara for your loved one—respectful preparation for burial according to ancient Jewish tradition—you may request it from Holman's Funeral Home or the funeral home of your choice. The funeral home will then notify The Chevra.

Dr. Rebecca Kuperstein
Orthodontist

539 SE 39th Ave.

(503) 236-3800

Complimentary
Consultation

Parkside
Orthodontics

All Ages Welcome

www.parksideortho.com

Get Organized!

Organizational Coaching

- Home or Office
- Free Consultation

OregonizeMe

Kate Herschman & Wendy Rosenfield

(503) 244-0250

oregonize_me@yahoo.com

phone: 503-244-6905
www.juliafitzgeraldcpa.com



Julia Fitzgerald, CPA, PC

4620 SW Beaverton-Hillsdale Hwy,
Suite B-4 Portland, OR 97221

A professional resource for your
home business or small business.
QuickBooks® • Taxes • Business Development

HOLMAN'S FUNERAL SERVICE



SINCE 1854

(503) 232-5131
FAX: **(503) 232-5134**

2610 S.E. HAWTHORNE BLVD.
PORTLAND, OR 97214-2998

Tree of Life Photography



www.TreeOfLifePhotography.com

JUST SAY NO!

DRUGS

Custom Invitations for Your

- Weddings • Bar/Bat Mitzvah
- All Occasions

Occasionally Yours

By Marci Atkins

503-579-6719
oyours@juno.com

10% Discount
Mention this ad



Dr. Mojgan Rostamian
invites you to try her
Family Dental Practice
Emergency and new
patients are welcome.



2350 SW Multnomah Blvd.
Suite I
Portland, OR 97219

503-246-8011
www.rostamian.com

Support Our Advertisers

Check the ads on this page before you check the yellow pages.

TravelWise by Bruce

Book your travel online at

www.travelwisebybruce.com

Bruce Stern, Agent

503-380-0797

**Affordable
Family
Memorials**

"Please let our family serve yours"

503-515-7640

JASON & ANGIE POPE

www.affordablefamilymemorials.com

CCB #48109



Quality Interior
Painting

**Dick Cranston
Painting Co.**

(503) 287-1760

Interior & Exterior • Wallpapering
Free Estimates

12438 N.E. Russell • Portland, OR 97230

דור לדור

Realtors® for Every Generation



CAROLYN 503.802.6415 | **ROBIN** 503.802.6405

Email: weinsteinc@hasson.com

www.cweinsteinpdxhomes.com



25 NW 23rd Place
Portland, OR 97210

Portland Jewish Academy

PJA **Portland Jewish Academy**
Elementary and Middle School

Responsibility • Study • Respect • Appreciation • Jewish Identity • Community

After your children have a great Jewish foundation in preschool,
they'll flourish with PJA's strong academics and values.

Call for a personal tour • 503-535-3599 • www.portlandjewishacademy.org

Call to reserve this space today!

For a price quote call

John Cornish at 1-800-950-9952

Ext. 2609

Email: jcornish@4LPi.com

Congregation Neveh Shalom
2900 SW Peaceful Lane
Portland, Oregon 97239

Address Service Requested

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
Portland, Oregon
Permit No. 963

DATED MATERIAL

The Chronicle is a publication of Congregation Neveh Shalom 2900 SW Peaceful Lane, Portland, OR 97239
Provided free with membership.

When a death occurs
Call the synagogue office 503.246.8831 so that we
may inform Rabbi Isaak and or Rabbi Greenstein
and be of assistance. After business hours, on
weekends holidays, contact Fred Rothstein at
503.475.2934 or Rabbi Isaak 503.228.8819
See page 14 for more information

DIRECTORY

Congregation Neveh Shalom Affiliated with USCJ Office 503.246.8831, FAX 503.246.7553
<http://www.nevehshalom.org> email: info@nevehshalom.org

Rabbi Daniel Isaak

ext 115, disaak@nevehshalom.org

Rabbi Bradley Greenstein

ext 136, bgreenstein@nevehshalom.org

Rabbi Emeritus Joshua Stampfer

ext 119, jstampfer@nevehshalom.org

Cantor Linda Shivers

503.293.7301, cantor@nevehshalom.org

Fred Rothstein, Executive Director

ext 134, frothstein@nevehshalom.org

Darlene Arntson, Admin. Asst.

ext 135, darntson@nevehshalom.org

Marci Atkins, Clergy Asst. & Events Coordinator

503.293.7308, matkins@nevehshalom.org

Susan Bernstein, Director, Youth Education

503.293.7306, sbernstein@nevehshalom.org

JoAnn Bezodis, Program & Fundraising Director

503.293.7309, jbezodis@nevehshalom.org

Michelle Caplan, Member Services/Cemetery Director

503.293.7305, mcaplan@nevehshalom.org

Jonathan Emanuel, Youth Director

ext. 142, jemanuel@nevehshalom.org

Marg Everett, Admin. Asst.

ext 112, meverett@nevehshalom.org

Joe Goodman, Men's Club Co-President

j3ngoodman@comcast.net

Hilde Jacob, Librarian

503.293.7311, hjacob@nevehshalom.org

Doug Lenhoff, President

doug@dibroker.com

Dayle Maizels-Tyrrell, Religious School Asst.

503.293.7312, dayle@nevehshalom.org

Julie Marquis, Admin. Asst.

ext 111, jmarquis@nevehshalom.org

Rebecca Moeri, Reception/Admin. Asst.

ext 100, rmoeri@nevehshalom.org

Wendi Menashe, Capital Campaign Coordinator

wmenashe@nevehshalom.org

James Monaghan, Cemetery Maintnance

971.207.6974 mlm51@aol.com

Caron Blau Rothstein, Program Coordinator

ext 139, crothstein@nevehshalom.org

Jan Skolnik, Foundation School Director

503.293.7307, jskolnik@nevehshalom.org

Bruce Stern, Men's Club Co-President

bruce@thesternfamily.net

Susan Sutherlin, Women's League President

susanmsutherlin@hotmail.com

Debbi Villani-Allen, Administrative Director

ext 125, dvillani@nevehshalom.org

Kathy Wolfson, Foundation School Asst.

503.293.7307, kwolfson@nevehshalom.org