CONGREGATION NEVEH SHALOM November 2008 Tishrei/Hesh-Van 5769



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From the Pulpit

Unlocking New Doors

I don't know about you, but I always notice when a television or movie portrays a mezuzah on the doorpost of a home. It is as if we, modern Jews, have specially trained eyes for noticing mezuzot. It is amazing that an immediate sense

of shared destiny can be activated simply by setting our eyes upon a small metal or clay mezuzah case. For centuries this small ritual object has been central to Jewish life. Besides serving as a reminder that God is One, for ages the mezuzah has also carried with it a sense of divine protection from harm. While this sentiment is understandable, many have mistakenly placed this idea of divine protection to be the foremost purpose of a mezuzah. There are those who will go to extraordinary means to "check" their mezuzot after a great tragedy has occurred, as if the limits of God's protection could be reduced to typographical errors. Moses Maimonides, perhaps the most celebrated Jewish thinker of all time, commented upon the confusion occurring during his time on the streets of twelfth century Morocco. Concerning those who believed the mezuzah had any sort of magical powers, the Rambam (Rabbi Moses Ben Maimon) exclaims, "they make from a great mitzvah which reflects the unity of the Holy One, blessed be He, the love of Him, and the service of Him, a talisman for their own benefit. They, in their foolish conception, think that this will help them regarding the vanities of the world." For the Rambam, the main purpose of a mezuzah was not all that different than the reason we blow the shofar – to wake us up! To wake us up from our slumber, apathy, and the hustle bustle of our day. To be reminded that everything in life is interconnected and God is one with all. To see the mezuzah as you pass through every door of your life and be reminded of new possibilities. To recognize, as the Hasidic movement would later teach that "all beginnings require you to unlock new doors." Within the mezuzah rests not the power of magic, but the power of meaning. When we see a mezuzah we touch its surface and kiss our hand because within it is written our most fundamental creed. It is no coincidence that the first word in our mezuzot is Shema...to listen. As we enter new spaces we are reminded to listen to each other, to hear the needs of our loved ones, the laughter of our friends, the yearnings of all humanity. On October 26th our community continued our people's long standing tradition amidst song and celebration as we affixed a number of mezuzot upon our community's new building. We together voiced our hopes and blessings that our new spiritual home be a place to unlock new opportunities - a space to come together to hear each others longing and laughter.

Sarah, Adirah, and I wish you and your loved ones a sweet year of new beginnings. I would love to help you hang up a mezuzah in your home anytime.

Shana tova umetukah,

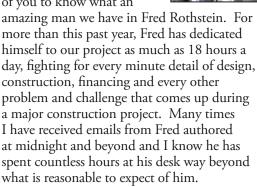
Rabbi Bradley Greenstein

Capital Campaign

OUR CROWN JEWEL

I was privileged to assist Fred Rothstein and Jeff Weitz as one of the owner's reps on our addition and renovation, this past year.

For the record, I want all of you to know what an



S. D. Deacon Construction Company has been a pleasure to work with; Rodger, Rob and their team. Our weekly 2 - 3 hour progress meetings were always run in a very orderly fashion and Fred was always there battling for every last penny of cost as if it was from his own pocket.

It was my pleasure to work with Fred and Jeff; another dedicated congregant who gives of himself, way beyond what is reasonable.

Howard Freedman

Todah Rabah to the MANY hands who helped make the High Holy Days run so smoothly.

Steve Landsberg and Bob Ginsberg for keeping the parking lot running seamlessly. Joe Goodman and Ron Morris as the head ushers; and the many ushers who volunteered their time. Men's Club for the beautiful Sukkah. Ann Waldman for the gorgeous flowers at Rosh Hashanah, the Women's League for their sponsorship and hosting of the Break Fast, Gabbai'im Mark Sherman, Eddy Shuldman, Anne Davis, Rich Meyer and Ilene Shenker and to the students who participated during services as well as our torah and half torah readers.

Zack Sherman

October 17th & 18th



Mazel Tov to Zack Sherman who is becoming Bar Mitzvah on 10.17.08 and 10.18.08. He is the son of Mike & Allison Sherman, grandson to David & Carole Aiken,

Ed Sherman and Martha Rich and brother to **Talia Sherman.** Zack is a 7th grader at Riverdale School and his hobbies include computers, guitar, reading, track and Boy Scouts

Chelsey Policar

November 21st & 22nd

Yonah Barany

November 28th & 29th

Mazel Tov to **Yonah Barany** who is becoming Bar Mitzvah on 11.28.08 and 11.29.08. He is the son of **Micah and Deborah Barany**, grandson to Jack and Adrienne Kirschenbaum, Bella and Ron Barany and brother to **Yael Barany**. Zack is a 7th grader at Odyssey Middle School and his hobbies include computers, lego robotics, ancient history, fencing.

Joshua Michael Cook

November 7th & 8th



Mazel Tov to **Joshua**Michael Cook who is
becoming Bar Mitzvah on
11.07.08 and 11.08.08.
He is the son of **David &**Sherri Cook, grandson
to Martin & Evelyn
Eisenberg of Delray

Beach, Florida and Ida Mae Girten of Paducah, Kentucky, and brother to **Jacob**, **Jesse, and Jenna**. Joshua is a 7th grade honor roll student at Highland Park Middle School and his hobbies include camping, kayaking, football, video games, and spending time with friends.

Chag Sameach Neveh Shalom

I hope you all had a meaningful and positive Yom Kippur.

I am proud to let you all know that we collected approximately 1,575 lbs. of food for Neighborhood house over the High Holidays!

The organization is so happy with the volume of food that we collected this year! Our community has helped to feed many people this season. That is definitely something to be proud of. One "heavy" mitzvah!

Neveh Shalom Youth Activities would like to thank all of the kids, families and staff that helped make the process smooth and easy!

Kol Ha'Kavod (great job)!

Jonathan Emanuel

Feldstein Library

Now open soon in our new space! Any questions please contact CNS office at 503.246.8831 See more info on page 6 of this issue



Vaults Now Available at the New Mausoleum



To purchase a vault or for more information please contact **Michelle Caplan** at 503.293.7305 or mcaplan@nevehshalom.org

Erev Shabbat Services

All Erev Shabbat services will now be held at 6:15pm. **We will no longer be holding our 8:15pm service.**

Each 6:15 service has a distinct flavor of it's own. We invite you to sample:

1st Friday-Kabbalat Shabbat
Singing Service with Ilene Safyan
(monthly all members dinner will follow starting in November- reservations required).

3rd Friday-Chik Chok- A lay-led "Carlebach-style" service (followed by dinner with reservations required).

2nd, 4th and 5th Friday-Kabbalat Shabbat Service

(Creative Touches still in the making, stay tuned.)

Refuah Shlema

Refuah Shlema, a speedy recovery to
Mark Abolofia,
Liza Milliner, Aviva Brandt,
Gussie Cooper, Martha Deckerd,
Sharlene Harvey, Miriam Hecht,
Eleanor Horenstein,
June Kabaker,

Caron Rothstein, Alan Sherman,
Joyce Singer, Elisa Weger,
Jack Wolinsky,
Paul Woloshin and Jack Zidell

CLERGY VISITS

To assure that clergy make visits to congregants in the hospital, extended care facilities and hospices, please contact the office at Congregation Neveh Shalom: 503.246.8831. In an effort to comply with the new patient privacy laws, health-care facilities may not release the names of their patients; so it is imperative that you provide the name of the member, the facility name, patient's room number, length of anticipated stay, your relationship to the patient and a number where you can be reached if further information is needed.

DAILY MINYAN

Zidell Chapel Monday - Friday 7:15 am Rosh Chodesh 7am Sundays and Holidays 9:00 am

SHABBAT November SERVICES

Friday, 6:15pm ONLY Saturday Shabbat Services 9 am

TOT SHABBAT

1st & 3rd Shabbat morning, 10:15 am in the Zidell Chapel

SHABBAT SCHOOL

for 6th Graders Every Shabbat 9:30am-12:15pm

KEHILAT NOAR

1st -5th Graders Youth Congregation Every Shabbat

10:15am-11:30pm DOWNSTAIRS MINYAN

2nd and 4th Shabbat, in the
Zidell Chapel
3rd Shabbat at the Robison Home
If you would like to lead the
davening for Shaharit, Torah, or
Mussaf please call **Mark Sherman**,
503.245.0571

Erev Shabbat Services please see previous page for our new Fall Schedule.

Yahrzeit Plaques: Lasting Memorials

A Yahrzeit plaque is a lasting tribute that ensures the memory of a loved one will be honored for all time. The purchase of a Yahrzeit plaque guarantees a permanent fixture in the Sanctuary plus a duplicate one that will be displayed on the Yahrzeit. Please contact **Michelle Caplan**, 503.293.7305, or mcaplan@nevehshalom.org. If you would like more information about this tradition and or about purchasing a plaque.

Cantors Notes



November 2008

We now have confirmed that the band SAFAM will be with us on Saturday night, February 7, 2009. It will be Shabbat Shira – the Sabbath of Song – a perfect time to have the best and longest lasting Jewish band in the world. Cantor Robbie Solomon who is a key member of the band Safam wrote a Friday night service dedicated to our congregation almost exactly 20 years ago. The Neveh Shalom

choir will be reprising the entire service the Friday night, the day before the concert, February 6 at 6:15 pm. The concert on Saturday will be at 8 pm.

This is Safam's third visit to Congregation Neveh Shalom. If you would like to hear their music ahead of time, you can check out their recordings from the Neveh Shalom library or go to their website www.safam.com One of Safam's most famous songs is "Leaving Mother Russia". If you listen closely to the song you can hear the name Naum Chernabelsky. Naum is the bother of our member Raisa Premlyser. Raisa worked tirelessly for several years to get her brother and his family out of the Soviet Union.

Safam has written many wonderful songs about every aspect of modern Jewish life. One of their most beloved songs, "Adon Olam" to the tune of "Blue Moon" has never been recorded but they play it at most of their concerts. Of course, Safam can't play all of their songs at our concert so we are going to have a contest to find out Neveh Shalom's favorite Safam song. Whatever song wins, they have promised to be sure and play it at the concert. I'll be highlighting different songs each month to help remind you of your favorites. You can vote by emailing me at cantor@nevehshalom.org I'll give you updates on how the vote is going.

On Thursday, Nov. 13, I am starting my new class, Spiritual Journaling. We will be doing a lot of writing in this class based on the poetry and writings of Merle Feld. If you are interested in this class, it would be helpful if you read her book, A Spiritual Life.

On Friday, Nov. 21, the Percy Bernstein Orchestra will play while we celebrate the bat mitzvah of Chelsey Policar. Come join us for this very upbeat, joyous service – especially if you enjoy Klezmer music and dancing!

Cantor Linda Shivers

Kindle the Sabbath Candles

Ba-rukh atah A-do-nay, e-lo-hay-nu me-lekh ha-olam a-sher kid-sha-nu be-mitz-votav ve-tzivan-nu li-hadlik ner shel Shabbat.

Blessed art Thou, O Lord our God, King of the Universe, Who has sanctified us by Thy commandments, and has commanded us to kindle the Sabbath lights.



Eleanor Fischer Dial-In Service

If you are unable to attend Shabbat services, dial in to hear them. Call 503.246.8832

November CANDLE LIGHTING TIMES											
Friday,	November	5th	4:22pm								
Friday,	November	12th	4:13pm								
Friday,	November	19th	4:06pm								
Friday,	November	26th	4:01pm								

Kol-ha-kavod

Every simcha is special. Congratulations to our many members who are celebrating in November In particular, Mazel Tov to the following members who are celebrating special milestones!

Milestone Birthdays

Carole Aiken Rochelle Atlas Todd Bedrick Ricardo Berdichevsky Julie Diamond Michael Hayward Stephen Jazdzewski Jason Kaufman Anthony Klang Martha Klein Loren Koplan Marlene Lazarus Diana Lindemann Debra Matulef Arlene Potter
Jeffrey Reingold
Susan Rosenzweig
Stephen Saltzman
Jean Shirkoff
Isabel Sturman
Andrew Zigman

Milestone Anniversaries

Harvey & Arlyn Becker Jerome & Amy Brem Merridawn & Bryan Duckler Lawrence & Sandra Huppin Mark & Marcia Meyer Michael & Daniela Rappaport Scott & AnnaWeinrobe Paul & Sandi Zimmerman



All-Member First Friday Dinner November 7, Approx. 7:15pm Following Erev Shabbat Service

Join us after services for a kosher, family-style Shabbat dinner. Reservations required. \$14 per person, \$7 per child age 10 and under, \$42 limit per family. RSVP by noon on the preceding Wednesday. Call Rebecca at 503-246-8831x100, rmoeri@nevehshalom.org

Women's League Potluck & Planning Board Meeting dates below:

Wednesday, November 12, 6:30 pm Wednesday, December 8, 6:30 pm

For more information please contact **Susan Sutherlin** at 503.626.6611.

Donate Your Car We would like to thank our recent donors: Anna Berger, Robert Cohn, and Joel & Hilary Wasserman.

You can receive a tax write-off by donating your unused or unwanted vehicle, running or not.
Call **JoAnn Bezodis** in the Neveh Shalom Office for more info:

503-293-7309, or **jbezodis@nevehshalom.org**

Chronicle Submissions

Share your life-cycles events and accomplishments with your congregation.

Please e-mail submissions to

Please e-mail submissions to lkitchen@nevehshalom.org

Deadlines

December Chronicle-November 7th January Chronicle-December 5th February Chronicle-January 2nd March Chronicle-February 6th

From the President



One of the priorities I've discussed with you previously is to improve and reinvigorate our youth programming. I have

high expectations for success with the hiring of Jonathan Emanuel as the Youth Activities Director. Jonathan brings experience, energy and a great passion for this position. We are very proud of our youth programs and are quick to point to them as successes. I see the work that Susan Bernstein is doing with the Religious School and feel very good about the direction she is taking. And while we run many successful youth programs, I do have concerns about others. Our USY program isn't strong, despite the strong youth leadership available. We need your help to make this a reality. Soon you will see an announcement from our Chair of Youth Activities Committee, Jennifer Kalenscher, asking for input and volunteers for her committee. Please consider participating on this committee if you have children in the congregation or if you have experience with successful youth programming. They deserve a top quality program, and it is only with your help that we can deliver one to them. My goal is to have the best overall youth "Program" in the nation. We already have the professional talent here to do this. Let's set participation and satisfaction goals, let's fund it and get it done.

Doug Lenhoff, President

Blood Drive November 16 9:00am-1:00pm Give Blood, Save Lives!



The Red Cross Bloodmobile will be on site at Neveh Shalom from 9am to 1pm. All blood types are needed. To sign up, please call **JoAnn** at 503-293-7309 or reply to jbezodis@nevehshalom.org and we will schedule you to the nearest half-hour you indicate. Don't wait for someone else to be the hero. We're counting on YOU!

Kvell with us!

- ...Mazel Tov to Shannon & David Sanford on the birth of their daughter, she joins big brother Eli.
- ...Mazel Tov to Ric & Kelli Jackson and proud Grandma Donna Jackson on the birth of their daughter and granddaughter, Sophia Victoria Jackson, on Oct. 8, she joins big brother Elijah.
- ...Mazel Tov to Scott Weinrobe & Anna Davis on the birth of a son, born on October 8, 2008, he joins big brother Joshua.
- ...Mazel Tov to Jake Raiton who was inducted into the Wilson High School Athletic Hall of Fame in February of this year and he will be inducted into the Portland Interscholastic League (PIL) Athletic Hall of Fame in October at a Banquet sponsored by the Portland Tribune newspaper. Proud parents are Jack & Joanne Raiton.
- ...Mazel Tov to Joshua & Andrea Binus on the birth of their duaghter, Eliana Rosa Binus, born on Oct 14th, she joins her big sister Alia.

NEW TORAH READERS' LIST

ANYONE who is interested in receiving notices regarding
Torah Readings available for sign up, and who hasn't read in the last year,
please contact me at
wendyhetzler@verizon.net or 503-520-0408

Havurot Take Off at Neveh!

This past spring and summer saw the formation of several new Havurot at Neveh Shalom. This is a wonderful way for Neveh members to meet one another and create an extended family within our larger Neveh community. Over fifty families are enjoying the company of each other as they meet periodically, enjoying meals, services and celebrations with one another. New groups include Empty Nesters, Young Couples, Couples, Preschool Families, Women, and two Elementary School Families' Havurot.

Formation of Havurot is ongoing throughout the year as both new and existing Neveh members express an interest in forming a Havurah.

Specific groups looking to form:

40s & 50s singles, 20s & 30s singles, Empty Nester Couples, Senior Singles & Couples.

All interested members are invited to submit an Interest Form available on our website or by contacting

Caron Blau Rothstein at 503-246-8831 x139 or crothstein@nevehshalom.org.



Career Transition Group

Wednesdays, 7:45-8:45am October 29–December 17, 2008 Cost: Free

Over 80% of new positions are filled through networking. Susan Goldstein, an experienced career transition consultant and coach, will facilitate this no-cost networking group for individuals seeking to expand their network in specific industries, organizations, communities, or jobs. The group will meet every Wednesday, beginning October 29. This is not a lecture, workshop, seminar, or placement service. It is about you networking with others who may know just the right person to provide you with the information or contact you need. There is no long-term commitment—attend when you can.

If you were caught in a recent layoff, are returning to the workforce, are a trailing spouse, recent graduate, or just ready to start looking for your next position—maybe a volunteer assignment for a rewarding retirement—your network is the best path to that next position.

For details contact **JoAnn Bezodis** at 503.293.7309 or **Susan Goldstein** at 503.880.1473.

Women's League Calendar 2008-2009

- November 2ndTorah Fund Event
- Robison Home ShabbatTBA
- ●December 14th Mixed Marriages Joint Program With Brotherhood
 - January 22nd Book Review/Discussion
- January 23rd Women's League Friday Night Services
 - February 8th• The Sandwich Generation

Anti-Semitism TBA

The Art I Used To Love
 TBA

Vaad Shel Chesed Group Calling All

Volunteers!!



Our Chesed Group Needs You! Start this New Year off by performing a MITZVAH – join our Chesed Group! Our Chesed group is comprised of dedicated volunteers who support our Neveh Shalom community people in need. We visit people, cook meals and provide rides for those in need of care and healing.

Concerned about a big time commitment? Don't be... an hour or less of your time can make a BIG difference for a member in need. Help our Chesed group support our members in need – offer a ride, help make a meal or reach out to someone by phone – whatever you can do, we would appreciate your volunteer help and support! Thank you. For additional volunteer and group information please contact **Barbara Barde**, Chesed Chair at, 503-293-1222 or barb@bardpdx.com.

Join our Chesed Group – A caring community – And make a difference!
WE NEED YOU!

THE GLORIA BACHARACH JUDAICA SHOP AT CONGREGATION NEVEH SHALOM

Women's League was the recipient of an extremely generous tribute by the late **Max Birnbach z"I** in honor of **Gloria Bacharach**. Gloria managed the shop for over twenty successful years allowing Women's League to contribute to the synagogue family. She continues to provide guidance to the shop and unwavering support.

Many people helped in packing up, unpacking and setting up our beautiful new space. Ann and I especially thank our husbands, **Stu Yudman** and **Elliot Axel**, for investigating, purchasing and implementing our new automated system as well as a huge amount of bar coding into our inventory system and schlepping boxes, etc.. The Yudmans also donated our new printer. Todah rabah to **Marla & Bob Weiner**, **Chris & Sam Gottlieb**, **Linda & Sid Alpert**, **Barbara Titelbaum**, **Ruby Sachter**, **Sandy Axel and Sheryl Robert**. They along with our volunteers all make it work. Special thanks to **Fred Rothstein** for his ongoing support to make it all happen.

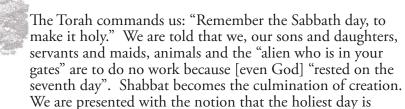
New products continue to arrive so do come and see. We have colorful table runners and Shabbat and holiday tablecloths. We are also looking forward to Hanukah and a huge preHanukah sale this month featuring candles. Watch for further announcement of the date.

We have a special need for a Monday afternoon volunteer. If you can join us, please call either **Sue** at 503.297.9140 or **Ann** at 503.352.4074.

We look forward to seeing you in the shop and joining our volunteers.

NOTES FROM SHOMREI TEVA

Shabbat and Tikkun Olam



the one on which we do nothing; yet many of us live as if we can never do enough. And that makes Shabbat hard to observe.

Constant work, constant "doing" can lead to the overuse of the earth and its resources. We see and read about this all the time. As Jews we have been given Shabbat to cease work and to rest, to sanctify time (from A. J. Heschel), and to celebrate our joys. In that sacred time and in that rest, we can find a deep ecological principle.

Do no work --- and you will use fewer resources. Use fewer resources -- and the earth will rest, and heal. The observance of Shabbat then can be
considered, in part, as a positive action for the earth. Each Shabbat gives us
the opportunity to reduce our activity, even a little, and to use fewer resources.
The beauty is that in doing so we can both observe the mitzvah of Shabbat
and perform a true act of tikkun olam, repair of the world. Shabbat Shalom
from all in Shomrei Teva, Neveh Shalom's environmental team.

Jordan Epstein

Women's League



Be a part of Women's League. We make your voice heard as part of the largest synagogue based women's organization in the world. Together, we support the synagogue and the community. We look forward to working WITH you in the year ahead.

We thank those who have paid their annual dues. Your membership dues enable us to support our efforts and programs.

Join us on Sunday, November 2 for our Torah Fund success Dessert and Tea. Celebrate the success of Torah Fund with us, and show off

your new Torah Fund pin.

Join us Friday, November 21 for the Women's League annual Shabbat service at the Robison Home. We will celebrate the Shabbat service for the residents, this is an important event we do for our community's honored citizens. Be a part of the service, there are prayers in English and Hebrew, let us know where you can join in. Contact me to be a part of this.

Our Gloria Bacharach Judaica Shop is now open. Come to us to order kippot for a Bar Mitzvah or a wedding. Volunteer with us, be a part of the new Gift Shop. For more information, contact **Sue Axel**, 503.297.9140 or **Ann Yudman**, 503.352.4074.

We thank you for your donations to the Break the Fast meal after Yom Kippur services. We annually sponsor this; the synagogue does not pay for this. Your assistance enables us to continue this wonderful and endearing tradition at Neveh Shalom.

Tell us what YOU need. Our monthly Potluck & Planning meeting is Wednesday, November 12 at 6:30 pm at the home of Sandi Fulcher. This is your opportunity to reach out to us. These meetings are open to everyone to attend and participate WITH US. Contact me (503.626.6611) for more information.

Susan Sutherlin, Neveh Shalom Women's League President

Men's Club



5769 is now off and running and our Men's Club programming is in full swing. Our next meeting is Sunday, November 16 in the Zidell Chapel. Tyson Campbell of Kennedy Restoration and **Rick Vagy** will be talking about protection from the perils of home ownership. Among other things, you might learn how to detect that you have a surprise

Mikvah in your crawl space before you become really surprised. There will also be a lot of other useful home ownership tips as our speakers have a lot of experience with a variety of problems. We start after the morning minyan with breakfast around 9:40am, followed by the program. Our meetings are open to men and women. After the program on November 16th, we will be putting care packages together for troops overseas for the holidays in the back of Birnbach Hall. Please contact **David Sibell** (sibelld@ohsu.edu) for more information. Also, stay tuned for our December program on Sunday, December 14, which will be a joint program with Women's League.

If you haven't marked your calendars for our second annual Texas Hold 'Em Tournament on Sunday, March 1, please do so. Proceeds are donated to youth scholarships and the capital campaign. If you are interested in being a sponsor or donating prizes, please contact **Bruce Stern** at bruce@thesternfamily.net. If you know someone else who might be willing to contribute a prize or a sponsorship, Bruce can let you know what information we need.

Additionally, a group of Men's Club members volunteers at the Oregon Food Bank on the fourth Thursday of each month. Please contact **David Sibell** at sibelld@ohsu.edu if you are interested in helping.

If you would like to join Men's Club, please contact our membership chairmen, Larry Skolnik lsskolnik@hotmail.com and Jeremy Kelter

timberlineadvisors@comcast.net. We also have membership forms available on our bulletin board in the synagogue. You may also contact either of us at bruce@thesternfamily.net or j3ngoodman@comcast.net.

Joe Goodman and Bruce Stern Men's Club Co-Presidents

Tikkun Olam and Darfur

Neveh Shalom says Never Again: Our response to Darfur Neveh Shalom's Tikkun Olam committee is organizing a group dedicated to raising awareness about the current genocide in Darfur. We will join other efforts in the Portland Jewish community to educate ourselves, advocate, and connect ourselves to the people of Darfur. Our first meeting will be Wednesday, November 19th at 7pm. If you want to be part of the Jewish peoples' promise of 'Never Again," please contact Sarah Greenstein at greenstein_sarah@yahoo.com.



Israel Affairs



The Israel Affairs Committee met recently to plan our upcoming programs. We hope you stopped by our table at the Open Doors Festival to see what kinds of events we are planning. This committee is committed to bringing a person-toperson relationship to Israel, including creating some shared programming with a synagogue in Jerusalem, Ramot Zion; hosting a Yom Ha'atzmaut dinner; and cosponsoring community speakers or events. We are in the planning stages, so keep an eye out for new programs.

This month's Hebrew includes phrases that may help you while ordering a restaurant: I am hungry: Anee ra'ev/ra'eiva; I am thirsty: Anee tzamah/tz'mei'a; Bon Appetit!: be'tei'avon!; What do you suggest?: ma ata mamleetz?

We are always looking for new members to join our committee. If you are interested in joining us, please contact **Caron Blau Rothstein** at crothstein@nevehshalom.org.

Youth @ CNS

THANK YOU

A thank you to all those who contributed cakes for the "Apples and Honey Cake" gathering following Family Services on Rosh Hashanah, and a special thank you to **Jenn Knudsen**, **Abby**Menashe and Lisa Resnikoff for recruiting the bakers.

Shalom Neveh Shalom Families,

Happy 5769! It's been quite a wonderful New Year so far for Neveh's youth activities! The month of Tishrei has been loaded with fun, from New Year's parties and Sukkah chilling, to Laser Tag and corn mazes, we have had a blast so far! Also, our brand new youth lounge is also up and running, with new decorations and activities happening all the time. Come by and visit! If you have not joined our amazing youth activities yet, come see what all the buzz is about! We have huge plans for this year, and it won't be the same without you and your family there!

Shanah Tovah, Jonathan Emanuel, Youth Director jemanuel@nevehshalom.org

USY (9-12th grade)

It's the event you all have been waiting for...PARENTS' NIGHT OUT 2008. Satuday, November 15th from 6.30 - 10.30 pm. USYers will be entertaining ages 3-13 at Neveh Shalom while the parents have a night to party! We will have great programming..like Jewpardy (jewish jewpardy), candy sushi, origami and more!

Rachelle Vagy, USY Advisor advisorusy@portlandrishonim.org



USYer's hanging out in their new youth lounge

Kadima (6-8th grade)

Kadima is beginning the year with a bang. Our second event, a trip to Southeast's Avalon Nickel Arcade brought smiles, laughter and many, many tickets and prizes. The turnout was amazing as Kadimaniks carpooled from CNS (thank you parents!) to the Avalon for our first outing outside the synagogue.

For Sukkot, Kadima planned an overnight in our new Youth Lounge. Watching movies, painting our panels to be presented for the CNS Open House for dedication in the new Youth Lounge, eating many treats and playing games made for a wonderful evening of friendship and bonding. Followed by Sunday school the next morning, everyone had a

bit of sleep in their eyes as they told of their amazing evening together.

We have so many amazing ideas for Kadima this year, we need your input as to how to make them all happen.

In addition, Kadima, in coordination with USY, will begin a leadership program designed especially for eighth graders. Please stay tuned for further information.

B'Shalom, **Becca Cigan,** Jr. Kadima Advisor jrkadima@portlandrishonim.org

Jr. Kadima (3-5th grade)

Jr. Kadima's off to a good start this year with the events we've had: The Scavenger Hunt, The New Year's Party, Laser Tag, and celebrating "Open Doors" Jr. Kadima-style by building a fort! We've had such a great time together. Parents and kids--thanks for all of your input! We really value your insight and want to serve you with the best program we can possibly build...and continue to sculpt! We're planning out the rest of the year as we speak! We're hoping to come together with awesome events like Shabbatons, Winterhawks/Blazers games, and more! Mix it in with a little pizza and RUACH sessions and voila: Jr. Kadima! Extreeeemely exciting, yummy, and active! Look forward to hearing about more of these awesome events! I'd like to personally thank all the Jr. Kadima families for your support, interest, and friendliness! I appreciated meeting so many of you over this busy Fall!

Cara Buchalter Emanuel, Kadima Adivsor kadima@portlandrishonim.org



Neveh Shalom Babies

Neveh Shalom Babies Year Off to a Great Start!

Playgroup

Everyone had a wonderful time celebrating Sukkot at our first Neveh Shalom Babies playgroup on October 16th! Join us for our free weekly drop in playgroup, Friday mornings at Neveh Shalom from 9-10 am. Sarah Greenstein's Hebrew immersion music class, Notz'tzim, follows from 10-10:45 am every other week. Come and join the fun. Babies also got together to play and sing together in our beautifully expanded and renovated synagogue space at Neveh Shalom's Open Doors Festival on October 26th. It was so much fun watching the babies and their parents explore all that the new facility has to offer. The play facilities are fantastic!

First Babies Events

Don't miss the next First Babies event, for families with one child under 2 years. The First Babies Group will be meeting at 3pm on November 16th, location and activity TBA. Contact Sarah Mitnick to be added to the First Babies Listserve for the latest event news and other pertinent information.

Parent Workshops

Save the date - December 4th - for the next NS Babies Workshop open to all young families. The topic will be the "December Dilemma" with Rabbi Bradley Greenstein and a social worker from Jewish Family & Children's Services. We will discuss the inevitable parental struggles with "holiday season" commercialism as well as wrestle with the age old Hanukkah vs. Christmas debate.

For more information on any of the NS Babies events please contact **Sarah Mitnick** at mitnick.sarah@gmail.com or **Hilary Barthold** at hiltim@aol.com.

Hope to see you soon!

School @ CNS

Shoreshim



Shoreshim Celebrates the Holidays

What fun we had during the holiday season! Hay rides on the apple farm for Rosh Hashanah and a lovely dinner in the Sukkah with **Kim Palumbis** leading us in song and **Rabbi Bradley Greenstein** leading Havdalah. Then at the Open Doors Festival, Shoreshim kids made mezuzot, joined in story and song, and dedicated their own part of the building! Thank

you to **Leslie Solomon, Michelle Katz, Maxine Bernstein, Debbie Plawner** and **Cyndy Kagan** for putting together these great events and also to those who volunteered at them.

We hope to see you at Tot Shabbat Services this month! On Saturday, November 1, the parasha we read from the Torah is the story of Noah! Please bring a stuffed animal to join us for story time! Services start at 10:15am. Services on November 1 will be led by **Jordan Epstein**, and on November 15 by **Levia Friedman**

For questions about Shoreshim or information on how you can get involved, please contact **Cyndy Kagan** at 503-927-4326, ckagan@gmail.com, **Debbie Plawner** at 503-830-3833 debbieplawner@yahoo.com, or **Leslie Solomon** at 503-350-0993, leslie@solomonster.org.

Religious School



I grew up in a three generation household. My Bubby and Zady had much influence on my moral upbringing, as did my parents and extended family that lived close enough to have an effect on me. Along with their valuable lessons on how to be an upright individual came many "bubbe meisahs" (grandmother's tales)... some to be believed and some that seemed farfetched. What are

some misconceptions that we heard about from parents, grandparents, or teachers?

Are the poor exempt from giving charity? Even a person who is supported by community tzedakah must, in turn, give charity. The giving of charity is a mitzvah and there is no reason why this should apply only to select individuals. Obviously, if by giving tzedakah, the poor are deprived of the food necessary for survival, then the giving of charity is set aside. But this is a suspension based on extreme circumstances, and no one should see personal poverty as automatic release from the obligation to be concerned about others.

Are we obliged to love our parents? The biblical command concerning parents are twofold. One is the obligation to honor one's parents. The other is the obligation to be in awe of one's parents. Honor of parents involves feeding the parent, clothing the parent, taking the parent out, bringing the parent in. Being in awe of the parent involves specific expressions of respect, such as not sitting in the parent's chair, not contradicting the parent, or doing anything that would diminish the esteem in which a parent should be held. Nowhere does the bible dictate an obligation for children to love their parents. Love is an emotion, a feeling that is impossible to legislate. One can dictate behavioral norms such as respect and honor, but one can hardly legislate feelings.

I still have not come up with a good reason why I cannot walk over someone lying on the floor. My Bubby told me I would stunt that person's growth if I walked over them and to this day, I steer clear of those lying prone or supine. I also must chew on a string or piece of bread if I am sewing on a button while wearing the garment. Crazy? I don't think so. It makes much sense – you could prick yourself with the needle and bite your tongue. Right?

Susan Bernstein

Foundation School



October at Foundation School found the children celebrating the fall holidays. We talked about how to say "I am sorry" and to

try to be the best we can be for Yom Kippur. All classes created decorations for our congregation's sukkah in the new upper plaza, we shook the lulav and etrog with the rabbi, and thanked God for the bounty of the earth. Simchat Torah found the children joining the congregation in services waving our flags and marching seven times around with the Torah.

The children enjoyed learning the story of Creation and the story of Noah and all the animals. This is always a month with lot's of activity.

Our Pre-K class took a field trip to Fir Point Farms Pumpkin Patch to celebrate the harvest, which is an annual tradition, bringing back pumpkins for everyone.

Thanks to all the families who joined us for our first All-School Shabbat this year. We also appreciate the wonderful Creation Story performance by our children in room 14.

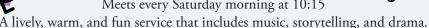
November finds us immersed in the season of fall with all the beautiful leaves and changes in the weather. Children are waddling, wobbling and gobbling like fat turkeys through the hallways in preparation for Thanksgiving. All classrooms are cooking special foods that will be eaten at the classroom Thanksgiving feasts.

Fall at Foundation School offers us many opportunities to share wonderful holiday traditions together. Shalom,

Jan Skolnik & Kathy Wolfson

Kehilat Noar (Ken:Youth Congregation)

Meets every Saturday morning at 10:15



Geared towards 1st-5th graders. All who love them are welcome to attend as well! Led by **Gary Liberman** and **Amy Katz** Followed by kiddush.



High Holy Day University a Success!

During the month of Elul, from September 2-25, twenty-two of Neveh Shalom's finest instructors taught twenty courses, over 37 hours of classroom instruction, to



help us prepare our hearts and minds for the Days of Awe. Here is what one of our students said, "Thank you to all of the teachers of the High Holiday University. I attended 4 classes. Each teacher was outstanding; with fresh ideas, thoughtful discussions and new paradigms to consider. We have an abundance of talent and knowledge at Neveh Shalom. I encourage everyone to participate in the future." - Laurie Fendel

Taste & Travel Thursday, November 6, 7pm

Join us on November 6 to share travel experiences presented by our own well traveled congregants:

Lorraine Widman on "Europe: Italy, England, Austria, and France" Elliott & Sue Axel on "Iceland and Greenland"

Taste & Travel is a time of "Show-and-Tell" for grown-ups. Enjoy a virtual tour through sharing experiences via slides, PowerPoint, artifacts, souvenirs, and best of all, food! We will have treats, snacks, or finger foods so you may sample the region and culture.

Also, save the date for our next presentation on January 22 when Peter Wigmore & Randy Katz share their adventure on "The Trans-Siberian--Beijing to St. Petersburg."

We still have a few openings on this year's schedule of presenters. If you'd like to share your own experience, or for more information, contact JoAnn at 503-293-7309.

Wanted

Neveh Shalom Burial Society Chevra Kvod Hamet **Training Provided**

Payment in Mitzvot

Volunteers from the Neveh Shalom Burial Society, the Chevra Kadisha, offer the services of Tahara, the ritual washing, prayer, and purification of the deceased according to Jewish law and tradition.

In addition, where practical, the Chevra Kadisha may provide Shmira on request, the respectful "guarding" of the coffin until the funeral takes place.

Training is on-the-job, as part of a team of three experienced Chevra members, or as

The reward of membership is in being part of a group that does a good deed without hope or expectation of reward, as the dead cannot offer pay, recompense or recognition. The mitzvah is therefore considered especially meritorious. Both men and women are needed- young, old and intermediate.

Contact Ron Saroff (503)249.8234 or ronsaroff@yahoo.com



The Mothers Circle Course is finally here! Mothers Circle supports women of other faiths who are in interfaith relationships and raising Jewish children by sponsoring a national Listserve, community events and a local course.

We kicked off our inaugural year in late September with a sample session on the Jewish High Holidays, cosponsored with Neveh Shalom Babies. Parents of young children enjoyed hearing from MC Facilitator Lois Shenker on innovative and simple ways to infuse their households with Judaism every day and on the holidays. In October we held two sample sessions for prospective MC participants.

The FREE 8-month course begins this month and will run the 1st and 3rd Sunday mornings, 9:30-11:30 am from November 2008-June 2009 with FREE childcare available for children 18 months-5 years. We will accept late registrants through November only. If you are at all interested, please contact MC Coordinator Caron Blau Rothstein at crothstein@nevehshalom.org or 503-246-8831 x139. Log onto www.themotherscircle.org for more information.

Jewish Film Club

Sunday, November 2, 3:00pm Each 4-6 weeks we gather to enjoy a film of Jewish interest, schmooze & nosh. If you are interested in receiving more information, please contact Joan and Paul Sher at joanzsher@aol.com; paulpsher@gmail.com; or sherpohsu@aol.com to be placed on the email list.



Senior Lunch
Bunch
Tuesday,
Nov. 11,
12noon

The Senior Lunch Bunch invites you

to join us Tuesday, November 11. In honor of Jewish Book Month, we will feature Gloria Olds, owner of Broadway Books. Gloria will review the latest new releases in adult and children's books for your own reading pleasure or as Hanukkah gifts. Enjoy a spectacular KOSHER lunch for only \$5 per person – reservations required. Save the date and plan to join us. RSVP by noon on Monday, November 10 to Rebecca Moeri in the office at 503-246-8831 ext. 100 or rmoeri@nevehshalom.org

Support Neveh Shalom while shopping at Albertsons!



Got an Albertson's

Card? Name Neveh Shalom as your Community Partner and a portion of all your purchases will support the synagogue. This does NOT cost you any money, so it's WIN-WIN! No computer skills necessary. Send **JoAnn Bezodis** the following information:

Name

Albertsons Card Number Phone number associated with this card.

She will do the rest! Contact **JoAnn Bezodis** at jbezodis@nevehshalom.org or call 503-293-7309.



Food Barrels

Neveh Shalom has 2 food barrels benefiting Neighborhood House

and the Sunshine Pantry. Bring in your non-perishable food items to the barrels located in the foyer outside the Zidell Chapel.

Thank you for your generosity!

College Outreach Parent's "Whine & Cheesecake" Event

Saturday, November 8, 7:00pm

As you can see from the list of activities below, one aspect of our College Outreach program is to connect parents with each other. All parents of college students or those in the military (even if your son or daughter is not enrolled in the College Outreach program) are invited to participate in a "Whine and Cheesecake" dessert event on Saturday, November 8 at 7 pm at the synagogue. Please RSVP no later than Monday, November 3 to JoAnn Bezodis, jbezodis@nevehshalom.org.

The College Outreach Committee keeps our college students (and military) connected to our Neveh Shalom family through:

- * Care Packages 2008-09 Schedule includes: October/Sukkot, February/ Tu b'Shebat, March/Purim, April/Pesach
- * Student email directory so can stay in touch with each other
- * A subscription to the Neveh Shalom Chronicle by e-mail
- * Rabbi Isaak's weekly email on the Parashat Hashuva
- * Periodic messages from our clergy directed specifically to our college students.
- * Events for Students (during vacation) and Events for Parents
- * Greeting cards for birthdays and graduation

To sign up your young adult for this important outreach program, contact **JoAnn Bezodis** at jbezodis@nevehshalom.org or 503-293-7309. Donations of support should include the words "College Outreach" on the memo line. Thank you so much!

Membership Committee



My membership at Neveh Shalom has inspired me to embark on a path toward reconnection with Judaism. Growing up in a conservative synagogue, I developed a strong foundation in what I would call cultural Judaism, but my sense of spiritual connection with Jewish prayer and practices remained weak. I came to Neveh Shalom with

only a rickety bridge connecting me spiritually with Judaism. Each time I struggle through the inner and outer obstacles and make it to Neveh, for a service or a workshop, to volunteer or for a social event, I am blessed with a greater sense of spiritual connection. When I attend children's services with my son, I learn and grow at least as much as he does. I heard the word "kavanah" for the first time two years ago, at a Shabbat Kids service. Kavanah, as I understand it, means "focus" or "intent." We talked about how singing or davening or breathing deeply can help us to focus, to bring our inner feelings into alignment with the words we speak when we pray in shul. After attending the Women's tallit workshop offered at Neveh last winter, I went out and bought a tallis that was made using colors and fabrics that I find pleasing. When I wrap myself in my tallis, it helps me to feel that sense of kavanah – a stronger sense of connection with the words in the prayer book, with myself and God and my community.

Deborah Zwetchkenbaum, Membership Committee Chair

If you have a membership story you would like to submit, please contact Debbie at plumtree29@aol.com

The congregation gratefully acknowledges the following contributions:

Renee and Irwin Holzman's special anniversary

David and Deborah Menashe Jake and Chella Kryszek's special birthdays

Dick and Donna Brownstein

in memory of Earl Ostroff

Ella Ostroff Louis Tobin

Earl and Dale Oller

ADULT EDUCATION 2009

in memory of

Augusta Raskin

Elisa Weger

BANASKY FUND 2009

in memory of

Louis Tobin Frieda Tobin

BECKY MENASHE FUND 2009

in memory of

Rebecca Menashe

Sanford and Wendi Menashe and

family

CAMP SOLOMON SCHECHTER FUND

in honor of

Rosalie Goodman's grandson's

marriage

Rosalie Goodman

in memory of

Sam Hasson

Milton Hasson

Marvin Lippoff

Bari Isaacson

Harold Schwartz and mother Barry and Barbara Caplan

Rosalie Goodman Rosalie Goodman

Louis Tobin

Wendy Tobin Shain

CANTOR'S DISCRETIONARY FUND

in appreciation of

Cantor Shivers

Rosalie Goodman

Barbara Pollack

Ellen and Eamon Singer and Molloy

CEMETERY FUND

in memory of

Esther Bloomenthol

Flovd Black

Morris Bloomenthol

Flovd Black

Elaine Bodner

Joanne Suter

Jacob Bodner

George and Harriet Bodner

Joseph J. Glickman Nettie Maizels

Bella Hoffman

Marvin and Barbara Wolf

Harry Hoffman

Marvin and Barbara Wolf Diana Glickman Horowitz

Nettie Maizels

Khaya Talal

Gennady and Irina Talal

Lottie Waxman

Ernest Waxman

CHARACK KITCHEN FUND 2009

in memory of

Leo Meyer

Marjorie Sherman

David Sherman

Allan and Marjorie Sherman

COOKIE YOELIN FLORAL FUND

in honor of

Steve Blake's speedy recovery

Merritt Yoelin

ELEANOR FISCHER DIAL IN

FUND

in honor of

Ben Felstein's bar mitzvah

Fred, Nora, Rachel, Danit & Jeremy

Rothstein

ELEVATOR FUND

in honor of

Milton and Jean Hasson's 65th

wedding anniversary

Gloria Bacharach

FELDSTEIN LIBRARY FUND

in honor of

Perry Hendin's birthday

Rosalie Goodman

in memory of

Etta Borg

Gloria Bora Olds

Leona Goldberg

Elliot and Suzanne Axel

Joseph Lewis

Irma Keller

Clara Paige

Joann Ruden

FOUNDATION SCHOOL FUND

in honor of

Michelle Caplan's birthday

Stuart and Nikki Director Chella and Jake Kryszek's birthdays

Norman and Suzan Wapnick

Annette Lakefish's special birthday Richard and Marilyne Lakefish

Norman Wapnick's speedy recovery

Rosalie Goodman in memory of

Ruth Lutzker

James Fox

Edward and Katherine Richman's

Mylen and Rosalyn Shenker

Ike Roth

Jerome and Geraldine Roth

GLADYS & JOSEPH FENDEL

CAMP FUND

in memory of

Joseph Fendel

Joseph Menashe

GUMBERT FUND 2009

in memory of

Lillian Wexler

Vivienne Bonnin

JACOB FREEDMAN SCHOOL

FUND 2009

in memory of

Alice Rosenfeld

Alan and Lynn Rosenfeld and

Ferber

JEWS OF CHOICE FUND

in memory of

Estelle Golden

Sheri Cordova

LEONARD BARDE CEMETERY **ENHANCE FUND**

in honor of

Bernadine Brenner's new home

Debbie Cannon's speedy recovery Larry and Carolyn Gorin

anniversary

Leonard and Goldie Barde

Joyce Singer's speedy recovery Larry and Carolyn Gorin

Mary Weinsoft's special birthday Leonard and Goldie Barde

Esther Wayne

Mary Greenberg Weinsoft's special birthday

Larry and Carolyn Gorin

in memory of

Gaby Barde

Jone and Gus Catechi and family

Larry and Carolyn Gorin

Hymie Barde

Jerome Barde

Keith Lebenzon

Larry and Carolyn Gorin

Vivian Strauss Frye

Larry and Carolyn Gorin

LESCH CAMP FUND in appreciation of

Alan Bacharach

Rosalie Lesch

in memory of

Samuel Wolf Rosalie Lesch

MARK AIL CAMPERSHIP FUND

in appreciation of

Bob Ginsberg Rosalie Goodman

Steve Landsberg

Rosalie Goodman in memory of

Mark Ail

Building Industry Association

MICHAEL HARROWITZ FUND

2009

in memory of

Lillian Subotnick

Melvin and Cathy Berlant MILT HORENSTEIN MINYAN

FUND in appreciation of

Morning Minyan

Marlene Lazarus

in memory of Marvin Lippoff

Rosalie Goodman

Bethalee Shapiro Howard Shapiro

David Sharff

Rosalie Goodman PA-AM B'DOR-L'DOROT HA-BA'IM

Joyce Singer's special birthday

Paul and Beverly Contorer

Robert and Mimi Sorkin Rick Vagy's speedy recovery

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PRAYERBOOK FUND in honor of

James and Lora Meyer's wedding

Ellen and Eamon Singer and Molloy

anniversary Mark and Leah Rubin RABBI GREENSTEIN

DISCRETIONARY FUND

in appreciation of Rabbi Greenstein

in memory of Delphine Davis

Nettie Sherman

RABBI ISAAK DISCRETIONARY **FUND**

in appreciation of

Rabbi Isaak

Barbara Pollack

Ellen and Eamon Singer and Molloy

ROBBIE BALL MEMORIAL FUND

in honor of

Dr. Howard Feldman's academic

achievements

Melvyn and Elaine Ball

Doris Laskin's 90th Birthday Malca Muskin

Martha Soltesz's special birthday

Lee and Sheri Cordova

SAPERSTEIN CHAPEL FUND in appreciation of

Donna Jackson

Rochelle Leisner

Louise Rosen Rochelle Leisner

Corrine Spiegel

Rochelle Leisner in honor of

Carol Capper's special birthday

Ronald and Taya Meyer in memory of

Gaby Barde Jay. Rochelle and Joshua Leisner

Jay, Rochelle, and Joshua Leisner Leo Meyer

Ronald Meyer STAMPFER BOOKSHELF FUND

in honor of

Hanoch Livneh's special birthday Lee and Sheri Cordova

in memory of

M.A. Rabin **Dudley Harrington**

Dudley Harrington STAMPFER LECTURE FUND 2009

in honor of

Joyce Singer's speedy recovery Lee and Sheri Cordova

SYLVIA PEARLMAN

in honor of

MEMBERSHIP FUND Michelle Caplan's special birthday

Gary and Sylvia Pearlman

SYNAGOGUE FUND

in honor of

Joyce Singer's speedy recovery

Lawrence and Sandra Huppin in memory of

Rose Adashek Jo Ellen Miller

Erna Bacharach

Gloria Bacharach Esther Bloomenthol

Lawrence and Evelyn Hirschman Morris Bloomenthol

Lawrence and Evelyn Hirschman Esmond Braun

Eden Braun Jerri Cohen

Marsha Gilbert

Morris Eastern Stanley Eastern

William Feinstein

Judith Feinstein Tabel Feldman

Mira Shoykhet Naomi Finkel

Barry Finkel

The congregation gratefully acknowledges the following contributions:

Vevel Gendler Dina Bogopolskaya Joseph Glickman Nettie Maizels Chaya Gnasina Sharlota Aginsky Khaya Golberg

Michael and Rimma Golberg Roman and Valentina Golberg

Joe Gold Elizabeth Gold Khaya Goldberg

Peter and Alla Tolchinsky

Mike Gotesman Margaret Gotesman Margaret Gotesman Robert Graetz Leo Greenstein

Victor Gregory Chris Feves Joseph Hirschman

Lawrence and Evelyn Hirschman

Esther Hoffman Mel Hoffman Jeanie Hoffman Mel Hoffman

Julius and Ida Hopfer

Arnold Hopfer Liya Isris

Moisey Shtrom Moysha Isris Moisey Shtrom Mordecai Kessler

Fav Kessler

Emma Klayman Semen Taycher

Ruby Klugman Ellen Singer

Jerome Kornberg

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Ann Miller

Ralph Miller

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Samuel Miller

Sophie Nepom

Marvin Nepom

Charolette and David Ostomel Jeff Ostomel

Samuel Pearlman Gary and Sylvia Pearlman

Briana Pereplyotchik

Leonid Pereplyotchik

Udl Polonsky

Lusia Polonsky

Marion Redmond

Jeffrey Reingold

Lena Schiff

Robert and Lesley Glasgow

Nathan Schwartz Charlotte Schwartz

Ernst Schwarz Gerald Schwarz

Peter Segal

Galina Kogan

Anne Seltzer

Martin Rogovoy

Issik Shtrom Moisey Shtrom

Layba Shtrom

2 Moisey Shtrom

Mila Shtrom

Moisey Shtrom Doris Sutnik Hilda Moravick Khaya Talal

Moisey Talal Hershel Tanzer

Barak Tanzer

Shirley Tanzer Barak Tanzer

Nicha Usher and children Pincus and Alan Gotlieb

Yefim Veytsman Elizabeth Daniels

Lillian Weingard

Allan and Judy Weingard

Iosif Zaltsman Liliva Zaltsman

USY TRAVEL FUND

in honor of

Michelle Caplan's special birthday

Jerry and Bunny Sadis

in memory of

Bess Rosenthal

Charles and Harriet Saxe Lena Weiner

Robert Weiner

WOMEN'S LEAGUE SCHOLARSHIP FUND

in honor of

Sid Alpert's special birthday Elliot and Suzanne Axel

Yossi's Closet Reduce – Reuse – Recycle!

Yossi's Closet is now stocked and ready for sharing. Bring in your rapidly growing boy to borrow a suit for any synagogue occasion. We have a number of shirts, pants, shoes, and suits to loan out. We only ask that you dry-clean any borrowed suit before returning it.

This suit closet benefits those in need AND lets us recycle through re-use. If you have something to contribute, or if you would like to check out our collection, please call **Stephanie Arnheim** at 503-690-7768 or stephanie@equityhs.com

USCJ Pacific Northwest Region Biennial Mission to Israel Feb. 17 – Feb. 26, 2009

- *Explore Israel from historical, modern, religious, political and military perspectives.
- *Celebrate Conservative Judaism's strong and increasing presence.
- *Learn about the growth and vibrancy of the Masorti movement in Israel.
- *Enjoy the company of old friends and new!
- *Explore major Masorti institutions and affiliates including:

Fuchsberg Jerusalem Center, Machon Schechter, Tali School, Congregation, Moreshet Avraham, Nefesh B'Nefesh, V'Ahavta – Masorti Kehilla of Zichron Ya'akov

Land Rates:

1,825.00 USD per person, double occupancy. Single supplement: \$257.00.

Accommodations:

Fuchsberg Jerusalem Center (Youth Hostel Guest House).

Airfare:

El Al (from Los Angeles) \$1,387.00 USD, plus taxes and fuel charges of approximately \$560.00 USD (subject to change).

Final Registration Deadline: November 21, 2008

For further details and registration forms, please visit http://www.uscj.org/pacnw or contact Alexandra Cyngiser at cyng-a@telus.net or 403.238.4282.

Adult Education Classes

Adult Bar & Bat Mitzvah Instructor: Cantor Linda Shivers Dates: TBA

Anyone wishing to prepare for an adult Bar or Bat Mitzvah, please contact **Cantor Shivers** by phone, 503.293.7301, or email cantor@nevehshalom.org. Once two or more contact the Cantor, she will arrange a mutually convenient time to start. All students must have basic Hebrew reading ability.

Spiritual Journaling (date change) Thursdays, 7:30 pm November 13, 20, & Dec. 4, 11 Instructor: Cantor Linda Shivers

This class will explore each person's spiritual journey using modern Jewish poetry as prompts. You will be free to share or not with the rest of the class. Every Jewish journey is different. Through writing you will learn more about your own journey. This class will be based loosely on the book, A Spiritual Life by Merle Feld. For more information, contact Cantor Shivers at cantor@nevehshalom.org.

Susan Bernstein meets with Religious School Parents Sundays, 9:45-10:30am

Stampfer Chapel

What do you do when you ask your child on the way home from Religious School, "What did you learn in class today", and the only response is "Nuthin"? Jewish education, as we all know, is most effective when reinforced with discussion at home. But how is a parent to reinforce what goes on in the classroom unless s/he knows what material is being covered?

This year Susan Bernstein will meet monthly with parents of 3rd through 6th graders. We will review the subject matter, providing an opportunity for parents to learn and discuss, to share ideas and get to know each other better. For more information, contact *Susan Bernstein* at sbernstein@nevehshalom.org.

3rd Grade Parents:

4th Grade Parents:

Nov. 2, Dec. 7, Feb. 1, Apr. 5

5th Grade Parents:

Nov. 9, Jan. 4, Feb. 8, Apr. 19

6th Grade Parents:

Dec. 6, Jan. 25, Feb. 22

Wellness Talks

Drs. Gil and Christie Winkelman - Insights to Health (ITH), LLC

Wednesdays, 7:30pm, see schedule below Insights to Health is a new family medical clinic opening in Multnomah Village in October, 2008. Our mission is to provide exceptional primary health care for children and adults in an atmosphere of mutual trust and respect, and to provide this care with an appreciation that the innate wisdom and healing potential in each of us are the seeds from which physical, emotional, and mental balance can grow and flourish over a lifetime.

Admission is free. Please RSVP 2 days in advance to plan for materials and seating. Learn more about the instructors in our Program Guide for 5769.

Presenters/topics/dates:

Christie Winkelman, N.D.,

Nov. 5 The Child's Journey: Maximizing Health for a Lifetime of Wellness Sleep:

Nov. 19 The Link to Lifelong Health and Wellness Gil Winkelman, N.D., M.A.

Dec. 3 Finding (and Maintaining!) Your Optimal Weight

Dec. 10 Stress! What Do I Do About It?

Tzedakah is a central mitzvah of Judaism. Use it often and in good health! Tzedakah honors the giver and the recipient. You can make a Tzedakah contribution to honor, remember or thank someone who is important to you. It is also the custom in many communities to give Tzedakah in appreciation of an honor or aliyah during any service.

Please Be Sure To Include The Names And Addresses Of Both The Donor And The Recipient, As Well As The Name Of The Fund.

We gratefully acknowledge donations to the above mentioned Synagogue Funds.

In Memoriam

We mourn the loss of synagogue members:

Esther Stone

May their souls be bound in the bonds of eternal life.

Condolences

Our condolences to our members and their families,

Marsha Spellman, Adam Haas, Jacob and Leah Haas on the death of her father, his father-in-Law and their grandfather, Herbert Spellman.

Steven Stone, Sherry, Elana, Adam and Leah on the death of his mother, her mohter-inlaw and their grandmother.

May his memory be a blessing.

WHEN A DEATH OCCURS
Call the synagogue office 503.246.883 I so that we may inform Rabbi Isaak and/or Rabbi Greenstein and be of assistance. During business hours, ask for Michelle Caplan, ext 114.
After business hours, on weekends & holidays, contact Michelle Caplan at 503.481.0164, Rabbi Isaak 503.228.8819 or the funeral home of your choice for assistance.
Most Jewish funerals in Portland are arranged by Holman Funeral Service, 503.232.5131.

If you wish Tahara for your loved one—respectful preparation for burial according to ancient Jewish tradition—you may request it from Holman's Funeral Home or the funeral home of your choice. The funeral home will then notify The Chevra.

Oct. 19, Nov. 23, Jan. 11

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> When a death occurs Call the synagogue office 503.246.8831 so that we may inform Rabbi Isaak and or Rabbi Greenstein and be of assistance. After business hours, on weekends holidays, contact Michelle Caplan at 503.481.0164 or Rabbi Isaak 503.228.8819 See page 14 for more information

DIRECTORY

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CONGREGATION NEVEH SHALOM NOVEMBER 2008/5769 HESHVAN-KISLEV

CONGREGATION NEVEH SHALOM NOVEMBER 2008/5769 HESHVAN-KISLEV										
SUNDAY	MONDAY	TUESDAY	WEDNESDAY		FRIDAY	SATURDAY				
						9am Shabbat Services 9:30am Shabbat School 10:15am Tot Shabbat 10:15am Kehilat Noar Day light Savings Ends NOACH				
12pm PBO Rehearsal 2pm Torah Fund Tea 2:15pm Middle School Band 3pm Film Group	7:15am Minyan 5 HESHVAN 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 6:30pm USY Lounge Night 7:30pm Choir Practice	7:15am Minyan 6 HESHVAN 9am Melton 4:15pm Hebrew School 5pm Talmud 7pm Melton Election Day	7:15am Minyan 7 HESHVAN 7:45pm Career Transition Group 4:15pm Hebrew School 4:15pm Kochavim/Notz'tzim 6:00pm Religious School Dinner 7pm Health & Wellness Talk	7:15am Minyan 8 HESHVAN 9:30am OBR Mtg 4:15pm Hebrew School 5pm Bible Class 7pm Taste & Travel 7:30pm Executive Mtg.	7:15am Minyan 9 HESHVAN Joshua Cook Bar Mitzvah 9am CNS Playgroup 10am Notz'tzim 6:15pm Kabbalat Shabbat Service 7:30pm 1st Friday Dinner 4:22 pm	10 HESHVAN loshua Cook Bar Mitzvah 9am Shabbat Services 9:30am Shabbat School 9:30am Downstairs Minyan 10:15am Kehilat Noar 7pm College Outreach LECH-LECHA				
12pm Outside In Cooking 12:30pm PBO Rehearsal	7:15am Minyan 12 HESHVAN 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 7:30pm Choir Practice	7:15am Minyan 13 HESHVAN 9am Melton 12pm Senior Lunch 5pm Talmud 7pm Melton	7:45pm Career Transition Group 4:15pm Hebrew School 4:15pm Kochavim/Notz'tzim 6:00pm Religious School Dinner	7:15am Minyan 15 HESHVAN 4:15pm Hebrew School 4:30pm Bible Class 7pm Intro to Judaism 7:30pm Spiritual Journaling 7:30 Tikkun Olam Mtg.	7:15am Minyan 16 HESHVAN 9am CNS Playgroup 6:15pm Shabbat Service Men's Club Shabbat	9am Shabbat Services 9:30am Shabbat School 10:15am Tot Shabbat 10:15am Kehilat Noar				
9:30am Music 12:30pm PBO Rehearsal 2:15pm Middle School Klezmer Band 7pm Writers & Scholars- David Greenberg	7:15am Minyan 19 HESHVAN 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 7:30pm Teen Lounge Night 7:30pm Choir Practice	7:15am Minyan 20 HESHVAN 9am Melton 4:15pm Hebrew School 5pm Talmud 7pm Melton	7:15 am Minyan 21 HESHVAN 7:45pm Career Transition Group 4:15pm Hebrew School 4:15pm Kochavim/Notz'tzim 6:00pm Religious School Dinner 6pm Oregon Food Bank Volunteer Night 7pm Health and Wellness Talk 7pm Darfur Committee Mtg.	ľ)Λ	7:15am Minyan 23 HESHVAN CHELSEY POLICAR BAT MITZVAH 9 GM CNS Playaroup	24 HESHVAN CHELSEV POLICAR BAT MITZVAH 9am Shabbat Service 9:30am Downstairs Minyan 9:30am Shabbat School 10:15am Kehilat Noar CHAYE SARAH				
9am Minyan 25 HESHVAN 9am Religious School 12pm 13 Mitzvot 12:30pm PBO Rehearsal 2:15pm Middle School Klezmer Band 3 KISLEV	7:15am Minyan 26 HESHVAN 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 7:30 Choir	7:15am Minyan 27 HESHVAN 9am Melton 4:15pm Hebrew School 5pm Talmud 7pm Melton	7:15am Minyan 28 HESHVAN 7:45am Career Transitions Grp 3pm Unveiling for Jessie Overbeck 4:15pm Notztzim	79 Minyan 29 HESHVANI THANKSGIVING OFFICE CLOSED	7am Minyan 1 KISLEV YONAH BARANY BAR MITZVAH 6:15pm Kabbalat Shabbat Service ROSH HODESH	2 KISLEV YONAH BARANY BAR MITZVAH 9am Shabbat Service				
BOOK SALE	BOOK SALE	BOOK SALE	BOOK SALE	BOOK SALE	BOOK SALE 4:01 pm	BOOK SALE TOLDOT				

Tikkun Olam Committee "Repairing the world through righteous acts and Tzedakah"



Our Mission Statement:

"To support, encourage, and enhance synagogue involvement in activities that sustain the concept of "rebuilding of the world, through righteous acts and Tzedakah".

Our Goals:

- To provide logistic support for our existing sub-committees, including: funding, coordination, communication, public relations
- To generate additional committees to support one-time and ongoing specific activities.

For more information on the Tikkun Olam Committee, please contact:

Tikkun Olam Committee Chair: Steve Sirkin; 503.454.0610; stevejew18@verizon.net CNS Staff Liaison: JoAnn Bezodis, 503.293.7309; jbezodis@nevehshalom.org

Did you know Neveh Shalom regularly participates in the following Tikkun Olam Projects and Sub-Committees? For more details, check out full descriptions of all these programs on our web site at www.nevehshalom.org or see our new Program Guide for 5769.

<u>Blood Drive</u> - held twice per year in the fall & spring. <u>Community Warehouse</u> - Collecting furniture and household items to distribute to people in need, at no cost to them. Contact: Roz Babener, 503.227.3644, Roz755@aol.com

<u>Food Barrels</u> – Ongoing collection of canned and other non-perishable food to support Neighborhood House and Sunshine Pantry.

<u>Foundation School Mitzvah Cradle</u> - Collecting gently used clothing and toys. Contact: Jan Skolnik 503.293.7307 or jskolnik@nevehshalom.org

<u>Hands On Greater Portland</u> - Connecting volunteers with projects of all types. Contact: David Sibell, 503.705.3753; sibelld@ohsu.edu

<u>Oregon Food Bank</u> - Assembling food packages on the fourth Thursday of most months from 6-8:30pm. Contact: David Sibell, 503.705.3753; <u>sibelld@ohsu.edu</u>

<u>Outside In</u> - Preparing prepackaged meals once a month to support low-income adults and homeless youth. Contact: Aviva Zigman, <u>ajzigman@hotmail.com</u>

<u>Shomrei Teva Committee</u> – Environmental social action projects, advocacy, and education. Contact: Jordan Epstein, <u>yaakovm@comcast.net</u>

Social Justice for Youth

Contacts:

- 13 Mitzvot (grades 6-7): Rosana Berdichevsky roseberd@comcast.net
- Youth Activities (grades 7-12): Jonathan Emanuel jemanuel@nevehshalom.org
- Religious/Hebrew School (grades K-6): Dayle Maizels-Tyrrell dayle@nevehshalom.org
- Wednesday Night High School (grades 7-12):
 Susan Bernstein 503.293.7306 or sbernstein@nevehshalom.org

<u>Volunteers of America</u> – Vehicle donation program. Proceeds are split between Neveh Shalom and VOA. Contact: JoAnn Bezodis, <u>jbezodis@nevehshalom.org</u>

<u>Yossi's Suit Closet</u> - Lending suit attire to growing boys for synagogue events. Contact: Stephanie Arnheim, 503.539.2602 Stephanie@equityhs.com

Yes! I want to get involved!		_							
☐ Please add me to the regular Til	kun Olam Email notification								
☐ Please contact me about joining the Tikkun Olam Committee									
□ Please contact me about these specific projects:									
□ Other:									
Name:									
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Home Phone:	Cell Phone:	—							
Return this form to: Congregation N	eveh Shalom • 2900 SW Peaceful Ln. • Portland, OR 97239 • ATTN: Tikkun Olar	n							

November is Tikkun Olam Month! Upcoming Tikkun Olam Events



Southwest Community Health Center -- SW Walks for Health November 9, 2:00pm (monthly) Get in shape and support a great cause. Neveh Shalom is one of the

many sponsors in support of the SW Community Health Center. Join these monthly walks and select a one, three, or five mile route. We begin at the Multnomah Arts Center on Sundays at 2pm. Monthly dates include: Nov. 9, Dec. 14, Jan. 11, Feb. 8, Mar. 8, and culminating in our Fundraising Walk-a-Thon on April 19th, supporting the Health Center.



Shomrei Teva Creek Side Restoration 3rd Sunday each month November 16, 9:00am

Neveh Shalom, through Shomrei Teva, has joined with SOLV to restore the area along

the tributary of Fanno Creek that borders the Neveh Shalom parking lot. Come join us the third Sunday of every month at 9:00am to do maintenance at our site. We work for an hour or two clearing away new or existing growth of weeds and non-native plants. Bring a shovel (best) or other garden tools. We'll supply the gloves. It's a mitzvah! Contact Jordan Epstein at 503.245.6580 or

yaakovm@comcast.net



Blood Drive November 16, 2008 9am-1pm

The Red Cross Bloodmobile will be on site at Neveh Shalom. All blood types are needed. To sign up, please call JoAnn at

503.293.7309 or reply to ibezodis@nevehshalom.org and we will schedule you to the nearest half-hour you indicate. Don't wait for someone else to be the hero. We're counting on YOU!



Men's Club & Hands On Portland "Support the Troops Overseas" Package Project Sunday, November 16, 10:00am

Men's Club invites all members of Neveh Shalom to join in this effort to show support to our young men and women serving in the US Military overseas. For more details contact David Sibell at sibelld@ohsu.edu.

Oregon Food Bank Project Tuesday, November 18 6:00-8:30pm

Join fellow congregants in assisting in our efforts to feed the hungry in the Portland area! Neveh Shalom is looking for volunteers to help at the Oregon Food Bank to package food boxes for distribution to needy families. We will meet at the Oregon Food Bank at 7900 NE 33rd Drive at 5:45pm for orientation. Wear comfortable clothing and sturdy close-toed shoes. Children 6 and up may accompany parents. To RSVP and for more information, contact Dave Sibell at sibelld@ohsu.edu.



Neveh Shalom says Never Again: Our response to Darfur Planning meeting Wednesday, Nov. 19, 7:00pm

Neveh Shalom's Tikkun Olam committee is organizing a group dedicated to raising awareness about the current genocide in Darfur. We will join other efforts in the Portland Jewish community to educate ourselves, advocate, and connect ourselves to the people of Darfur. Our first meeting will be Wednesday, November 19th at 7pm. If you want to be part of the Jewish peoples' promise of 'Never Again," please contact Sarah Greenstein at greenstein_sarah@yahoo.com.



The Tuv Ha'aretz Project November, 2008 Date/Time TBA

Neveh Shalom's Shomrei Teva in conjunction with Havurah Shalom is leading the effort to get Portland certified as a Tuv Ha'aretz site. The Tuv Ha'aretz project, initiated by the national

Jewish environmental group Hazon, enables the Jewish community to support local, sustainable agriculture. Would you like weekly deliveries of fresh, locally and organically grown produce? Would you like to learn more about Community Supported Agriculture (CSA) and how it connects to Jewish teachings and traditions? Shomrei Teva will be at the Open Doors Festival on October 26th with information and preliminary sign up sheets. In November, we will also present an entertaining and informative short workshop on the ins and outs of the Tuv Ha'aretz project.

Screening for Jewish Genetic Diseases Upcoming in 2009 <u>EVERYONE</u> needs to know about Tay-Sachs

Disease And Jewish Genetic Diseases!
Watch The Chronicle and the Jewish Review for programming in 2009 so you can:

- *Become better informed about your risks of having a child or grandchild with Tay-Sachs disease
- *Participate in upcoming fundraisers
- *Participate in upcoming community screenings
 To be placed on a mailing list for information on these
 programs, email JoAnn at ibezodis@nevehshalom.org. To
 learn more about Tay-Sachs and Jewish genetic diseases
 visit www.NTSAD.org





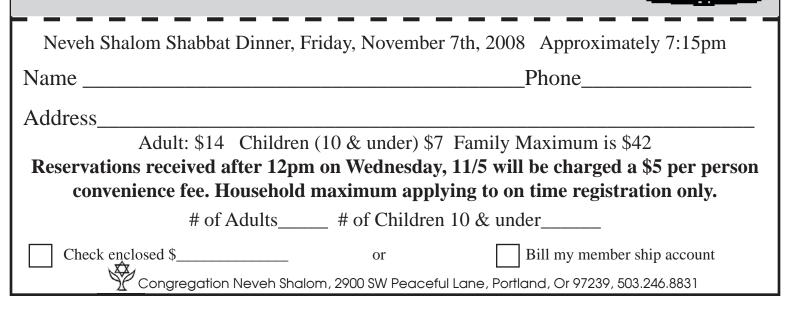
Please join us after our early 6:15pm service for family-style Shabbat Dinner.

Friday November 7th, 2008 Birnbach Hall

*Reservations MUST be made in advance RSVP by phone or email to Rebecca at rmoeri@nevehshalom.org or use the form below and return to Neveh Shalom by noon Wednesday, November 5th.

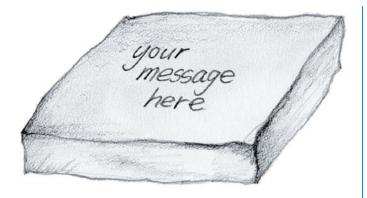
> *Adult: \$14 *Children (10 & under) \$7 *Family Maximum is \$42

Save the Date for our next dinner December 7th



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- Commemorate your part in re-shaping Neveh Shalom for generations to come.

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Send card to									
address									
Please use the reverse side of form to personalize each stone purchased.									
Payment Options:									
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Charge my Credit Card (Visa/MC)									
	Exp	_Security Code							
	Signature								
Add to my CNS Statement (Pavers will be ordered once paid in full.)									

Each paver stone can accommodate 3-4 lines of text, 16 characters per line, including spaces and punctuation. You may mix upper and lower case letters. Please print.

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