CONGREGATION NEVEH SHALOM October 2008 Tishrei/Hesh-Van 5769



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From the Pulpit

Rewards of Faithful Praying Come at Unpredictable Times

Perhaps for saints and truly holy persons, fully conscious prayer is really an everyday thing. For the ordinary worshiper, the rewards of a lifetime of faithful praying come at unpredictable times, scattered through the years, when all at once the liturgy glows as with fire. Such an hour may come after a death, or after a birth; it may flood the soul at no marked time, for

no marked reason. It comes; and one knows why one has prayed all of one's life."

These words adapted from the writings of renowned novelist Herman Wouk are included as a remarkable introductory reading in our Mahzor. These words incorporated into the book of prayers for the High Holy Day serve to warn each and every worshipper not to expect immediate success. They function as testimony to the enormous difficulty of prayer, even for the most devout. Notice the introductory word "perhaps", for even for saints and truly holy persons, it may only be experienced occasionally, rather than on demand.

I am often asked whether my own prayer is always meaningful and uplifting. The answer is that it is rarely so. On such occasions it might simply be a word that catches my attention, a word with meaning I had not previously appreciated. It just as well might be a melody that transports me momentarily to a special place of memory. The feel of the embrace of the congregation might be another source of spiritual rejoicing, or the emotional return to the community of someone who has been through difficult times, or the celebration of some special life cycle event in my own inner circle. And such experiences assert themselves at unpredictable times and are invariably fleeting.

With that understanding, then why make the effort? For exactly the reason Mr. Wouk writes in his closing sentence, "It comes; and one knows why one has prayed all of one's life." Such times make the rest of the effort worthwhile.

Often people depart from a synagogue prayer experience disappointed. They ask why attendance didn't do anything for them. That is the reason Mr. Wouk speaks of "a lifetime of faithful praying". Prayer has its similarities to working out. Occasional visits to the gym will not bring healthful benefits (and may even do harm if engaged in too vigorously). Prayer requires routine and a knowledge base to appreciate the whys and the wherefores. That is why it is so encouraging to see our 13-year-old Bnai Mitzvah, who can lead the congregation in prayer. They possess the basics upon which they can hopefully pile on meaning as they get older and mature.

And finally and perhaps most significantly, meaningful prayer cannot be engaged in as a spectator sport. One must be actively and personally engaged in the activity in order to hope to derive any benefit. The cantor or prayer leader functions in the role of conductor, setting the pace and mood, but it is in the hands of the individual and indeed the overall spirit of those gathered to make the time of community prayer memorable.

Over these Days of Awe we spend many hours engaged in prayer. We need to be reminded that prayer is not simple and easy. However the more we are engaged and the more we all actively participate the greater the benefit for all.

G'mar Hatimah Tovah, May we unite our energies in the year ahead in the cause of creating a kinder and more peaceful world.

Daniel Isaak

Capital Campaign

Open Doors Festiva October 26, 2008

"Opening our Doors with Song and Music!"

On Sunday, Oct. 26, 2008, Neveh Shalom will open its doors for the dedication of our building expansion! From the moment you enter into our beautiful new space, there will be music welcoming you around every turn. Reflecting our rich heritage and diverse congregation, the music will be a variety of both traditional and modern sounds. The songs and music will highlight the talent of our local artists, some of which are our very own congregants. These performers have graciously donated their time to bring color and light to our festive community celebration.

In the main sanctuary, we are honored and excited to feature our very own musical treasure, Ilene Safyan, along with Justin Jude, who was named Oregon's Best Singer/Songwriter 2007 at the Bite of Oregon. These two amazing performers deliver an eclectic blend of timehonored and contemporary music.

For Jazz lovers, our great and talented George Fendel will be performing on the piano and our Foundation school director, Jan Skolnik's son **Steven**'s jazz trio will be taking the stage as well. Throughout the new space, we will also feature various other performers, such as the Percy Bernstein Orchestra, Reina Abolofia on the Clarinet, our Religious School Kids and the Neveh Shalom Choir. And as a special treat for our young congregants and their parents: Kim Palumbis from Oy Baby! and Jordan Epstein on accordion will be putting on a fun-filled performance. This amazing compilation of music is only a part of our Open Doors Festival. In upcoming e-mails, we will be highlighting the wonderful programs and guided tours that will also be an important component of our celebration.

For a preview of some of the best musical talent in Portland check out some of the Open Door Festival performers websites:

Justin Jude's website: http://justinjude.com/ Ilene Safyan's website: http://sheeramusic.com/ Oy Baby! website: http://oybaby.com/

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Zack Sherman

October 17th & 18th



Mazel Tov to Zack Sherman who is becoming Bar Mitzvah on 10.17.08 and 10.18.08. He is the son of Mike & Allison Sherman, grandson to David & Carole Aiken,

Ed Sherman and Martha Rich and brother to **Talia Sherman.** Zack is a 7th grader at Riverdale School and his hobbies include computers, guitar, reading, track and Boy Scouts

Yossi's Closet

Recycle!

Reduce – Reuse

Yossi's Closet is now

stocked and ready

for sharing. Bring in your rapidly growing boy to borrow a suit for

any synagogue occasion. We have a number of shirts, pants, shoes, and

suits to loan out. We only ask that you

This suit closet benefits those in need

AND lets us recycle through re-use.

If you have something to contribute,

or if you would like to check out our

collection, please call **Stephanie**

Arnheim at 503-690-7768 or stephanie@equityhs.com

dry-clean any borrowed suit before

returning it.

Janet Gitil Zaltsman

October 24th & 25th



Mazel Tov to Janet Gitil Zaltsman who is becoming Bat Mitzvah on 10.24.08 and 10.25.08. She is the daughter of David and Liliya Zaltsman, granddaughter to

Sima Vilenskaya, and the sister to **Rimma Zaltsman**. Janet is a 8th grader at Whitford Middle School and her hobbies include piano, gymnastics, tennis, traveling, hanging out with friends.

Tzedakah Box



We can't "bear" to wait any longer! Turn in your Tzedakah Box savings from 5768 to support our Social Action programs.

Erev Shabbat Services

All Erev Shabbat services will now be held at 6:15pm. **We will no longer be holding our 8:15pm service.**

Each 6:15 service has an distinct flavor of it's own. We invite you to sample:

1st Friday-Kabbalat Shabbat Singing Service with Ilene Safyan (monthly all members dinner will follow starting in November- reservations required).

3rd Friday-Chik Chok- A lay-led "Carlebach-style" service (followed by dinner with reservations required).

2nd, 4th and 5th Friday- Kabbalat Service

(Creative Touches still in the making, stay tuned.)

Refuah Shlema

Refuah Shlema, a speedy recovery to

Mark Abolafia, Gene Abrams, Liza Bloom, Stephen Blake, Gussie Cooper, Martha Decherd, Sharlene Harvey, Miriam Hecht, Eleanor Horenstein, Joyce Singer Ari Rothstein, Allan Sherman, Jack Wolinsky, Paul Woloshin.

Feldstein Library

Re-opening soon in our new space!
Any questions please contact CNS
office at 503.246.8831
See more info on page 6 of this issue

Yahrzeit Plaques: Lasting Memorials

A Yahrzeit plaque is a lasting tribute that ensures the memory of a loved one will be honored for all time. The purchase of a Yahrzeit plaque guarantees a permanent fixture in the Sanctuary plus a duplicate one that will be displayed on the Yahrzeit. Please contact **Michelle Caplan**, 503.293.7305, or mcaplan@nevehshalom.org. If you would like more information about this tradition and or about purchasing a plaque.

CLERGY VISITS

To assure that clergy make visits to congregants in the hospital, extended care facilities and hospices, please contact the office at Congregation Neveh Shalom: 503.246.8831. In an effort to comply with the new patient privacy laws, health-care facilities may not release the names of their patients; so it is imperative that you provide the name of the member, the facility name, patient's room number, length of anticipated stay, your relationship to the patient and a number where you can be reached if further information is needed.

DAILY MINYAN

Zidell Chapel Monday - Friday 7:15 am Rosh Chodesh 7am Sundays and Holidays 9:00 am

SHABBAT OCTOBER SERVICES

Friday, 6:15pm ONLY Saturday Shabbat Services 9 am

TOT SHABBAT

1st & 3rd Shabbat morning, 10:15 am in the Zidell Chapel

SHABBAT SCHOOL

for 6th Graders Every Shabbat 9:30am-12:15pm

KEHILAT NOAR

Youth Congregation Every Shabbat 10:15am-11:30pm

DOWNSTAIRS MINYAN

2nd and 4th Shabbat, in the Zidell Chapel 3rd Shabbat at the Robison Home

If you would like to lead the davening for Shaharit, Torah, or Mussaf please call **Mark Sherman**, 503.245.0571

Erev Shabbat Services please see previous page for our new Fall Schedule.

Eleanor Fischer Dial-In Service

If you are unable to attend Shabbat services, dial in to hear them. Call 503.246.8832

Cantors Notes



I am often asked how parents can help their children be prepared for their bar or bat mitzvah. The number one thing is to come with your student to services – especially Shabbat morning services (Saturdays at 9am). Coming to services serves several purposes:

- 1. The student and parents become familiar with the melodies in an organic way.
- 2, The student and parents get a good idea of what will be expected.
- 3. The student sees where to stand and what to do at all the various points of the service.
- 4. The family becomes connected to the congregation that attends on Sat. morning and the regulars get to know the family.

5. Often there are opportunities for the student to lead parts that he/she already knows.

If you are not used to coming to services, the regulars and ushers are happy to help you. We can connect you with a regular who can become your Shabbat morning mentor. It is much better to become accustomed to our services now than to feel confused and disoriented at your child's big day.

The second way you can help your student is to make sure that s/he attends Hebrew School and/or Religious School and their tutoring sessions regularly. Not only does it aid in their learning but it also makes your child an integral part of the class. Those who are seldom in attendance often get overlooked when the invitations are sent. Several times a year I hear "I didn't invite X because I didn't know who s/he was."

At Neveh Shalom we are committed to making the Bar/Bat Mitzvah process meaningful to every student regardless of their background or abilities. Every student has an opportunity to become Bar/Bat Mitzvah at Neveh Shalom, either when s/he is 13 or anytime later. We have reasonable standards for those who want their ceremony as traditionally celebrated on Erev Shabbat (Friday evening) and Shabbat (Saturday) morning. In addition we have flexible requirements for those who for whatever reason prefer to celebrate at other times when the Torah is publically read... While no student is ever held back from doing whatever s/he is capable of, we also try hard not to overstress anyone. My worst nightmare is for anyone to look back at the Bar/Bat Mitzvah has a horrible period in their life. My goal for a Bar or Bat Mitzvah is that it should be an exciting, wonderful, spiritual time that the student will forever remember fondly.

The Bar/Bat Mitzvah year is a time of tremendous growth in a lot of areas. Parents often see a transformation of their children in this year. This transformation happens no matter how much or how little each student learns. Just getting up on the bima and leading the congregation gives our children confidence that they can do difficult things and that their family will be proud of them for their achievement as they take their rightful place in the adult Jewish community.

Upcoming events:

The Neveh Shalom Choir will sing at services on Yom Kippur morning in the Sanctuary. We welcome new basses Adam Schechter and Stuart Yudman.

We welcome new orchestra members David Keyes on cello and Paula Chernoff on flute. Gabbai training on Thursdays, October 23 & 30. Please come join this dedicated team of volunteers who make our Torah services run smoothly.

Kindle the Sabbath Candles

Ba-rukh atah A-do-nay, e-lo-hay-nu me-lekh ha-olam a-sher kid-sha-nu be-mitz-votav ve-tzivan-nu li-hadlik ner shel Shabbat.

Blessed art Thou, O Lord our God, King of the Universe, Who has sanctified us by Thy commandments, and has commanded us to kindle the Sabbath lights.

OCTOBER CANDLE LIGHTING TIMES				
Friday, October 5th	7:22pm			
Friday, October 12th	7:09pm			
Friday, October 19th	6:55pm			
Friday, October 26th	6:41pm			

Kol-ha-kavod

Every simcha is special. Congratulations to our many members who are celebrating in October In particular, Mazel Tov to the following members who are celebrating special milestones!

Milestone Birthdays

Susan Abravanel Floyd Geller Rose Alford Inna Gitlin Rachael Goldenberg Asa Altmark Judith Berdichevsky Howard Goldsmith Andrea Binus Perry Hendin Susan Honigstock Jeff Blauer Anne Johnston Carol Capper William Diebold **Judith Kahn** Leslie Dudley Ilene Klang Delman Fields Boris Kogan

Anne O'Donnell
Dale Oller
David Raskin
Arden Shenker
Nancy Sherman
Emily Shields
Nancy Stone
Jeff Weprin
Richard Zwetchkenbaum

Milestone Anniversaries

Eugene & Marlene Abrams Mitchell & Arlene Cogen Benjamin & Kristen Ertischek Robert & Carol Ginsberg Charles & Barbara Hammer David & Aviva Nash Steven & Lisa Resnikoff Jeffrey & Julie Zola

All-Member First Friday Dinner November 7, Approx. 7:15pm Following Erev Shabbat Service

Join us after services for a kosher, family-style Shabbat dinner. Reservations required. \$14 per person, \$7 per child age 10 and under, \$42 limit per family. RSVP by noon on the preceding Wednesday. Call Rebecca at 503-246-8831x100, rmoeri@nevehshalom.org

Women's League Potluck & Planning

Board Meeting dates below:

Wednesday, October 15, 6:30 pm Wednesday, November 12, 6:30 pm Wednesday, December 8, 6:30 pm

For more information please contact **Susan Sutherlin** at 503.626.6611.

Donate Your Car

We would like to thank our recent donor:

Anna Berger, Joel & Hilary Wasserman, & Paul Cahn

You can receive a tax write-off by donating your unused or unwanted vehicle, running or not. Call **JoAnn Bezodis** in the Neveh Shalom Office for more info:

503-293-7309, or **jbezodis@nevehshalom.org**

Chronicle Submissions

Share your life-cycles events and accomplishments with your congregation.

Please e-mail submissions to lkitchen@nevehshalom.org

Deadlines

November Chronicle-October 3rd December Chronicle-November 7th January Chronicle-December 5th

From the President



Rosh Hashanah is the Jewish New Year. As such, it is a time for Jews to review the mistakes they made

in the past year and to resolve to make improvements in the upcoming year. And as a Congregation this is a good time to take stock in our accomplishments, review the mistakes we have made and resolve to make improvements. Certainly we have made mistakes, but as we look at our campus and the improvements from last Rosh Hashanah it may be hard to remember them. The vision, the planning, and then our actions have all created a place we will be proud of for generations to come. So now with the exteriors nearly completed its time to look on the inside, and I don't mean the physical inside. I don't mean the furniture or chairs, I mean the people who fill the buildings and sit in the chairs. Let us use some of our reflective time to identify where we fit in our congregation, what our role is. Are there mistakes we've made on which we can improve leading to as strong a Congregation as the building foundations just constructed? If there is room for you to participate more, what would that look like? We need your increased participation and leadership in committees and elsewhere so that our congregation will continue to grow, and make improvements from the inside.

L'shanah Tovah **Doug Lenhoff**, President

Blood Drive November Date TBD 9:00am-1:00pm Give Blood, Save Lives!



The Red Cross Bloodmobile will be on site at Neveh Shalom from 9am to 1pm. All blood types are needed. To sign up, please call **JoAnn** at 503-293-7309 or reply to ibezodis@nevehshalom.org and we will schedule you to the nearest half-hour you indicate. Don't wait for someone else to be the hero. We're counting on YOU!

Kvell with us!

... Mazel Tov to Jack & Annette Lakefish on the marriage of their grandaughter Lyla J. Bashan to Michael R. Andrews which took place in Puerto Vallarta, Mexico. The happy couple both work and live in Washington, D.C.



Yoken baby

...Mazel Tov to Jennifer & Jon Yoken on the birth of their little girl Eliana Rose born on July 27, 2008. Eliana joins proud big sisters, Hannah and Rachel.

...Mazel Tov to Shane Rogosin & Elizabeth Super on the birth of their son, Steven River Rogosin born on September. 11th. Proud grandmother is Catherine Rogosin.

...Mazel Tov to Tory (Victor) Levi who has graduated from the Univ. of Arizona with a Psychology major and a Business minor. Parents are Al and Rosanne Levi, sister is Juliana Levi and grandparents are Si and Inga Newman.

Annual All Member BBQ



Over 400 people showed up on an incredibly hot September day for our annual All Member BBQ. The food was delicious, the energy was amazing and the laughter and smiles throughout the building were wonderful. Thank you to all who came. This BBQ is possible every year due to the generous donations that come through the *Sylvia Pearlman Membership Enhancement fund*. While there is no charge for this event, the annual Hanukkah dinner and the annual Pancake breakfast in February, donations are always welcome to help fund these wonderful events for you



our members! This is just the beginning of what is to come from Neveh Shalom as we get closer to our grand opening of this magnificent building. Shana Tova, **Michelle Caplan**, Member Services Director

Membership Committee



Before my children were born, my mother and I had the opportunity to visit the Skirball Cultural Center, a Jewish Museum in Los Angeles. Growing up, I had always known that my heritage was Jewish, but since I was not raised with any religion, the information didn't hold any significance for me. That trip to the Skirball

Center turned out to be an eye opener for my mother and me. The museum had a special exhibit on Sukkot, and there was a variety of different sukkahs in the room.

Soon after the trip, my mother enrolled in the Introduction to Judaism class at Neveh Shalom, and I became pregnant with my son, **Joshua**. During Joshua's early years, my mother and I would attend Tot Shabbat together with him. At the beginning of each Jewish New Year, my mother and I would recall those beautiful sukkahs and would talk about building one for ourselves. But, as we all know, time has a habit of slipping through our fingers like water. Before I knew it, my mother was diagnosed with ovarian cancer and passed away on April 21st, 2006. We had no more time to build ourselves a beautiful sukkah. So that fall, with a determined heart, I built my first sukkah, for my children and to honor my mother. We even slept in it that first year! This fall my children and I will build our third sukkah. I hope that they will carry these memories with them into adulthood, and for them being Jewish will hold a special place in their hearts.

Teresa Drew Coughlin, Membership Committee
If you have a membership story you would like to submit, please contct **Debbie Zwetchkenbaum** at plumtree29@aol.com

Career Transition Group Wednesdays, 7:45-8:45am October 29–December 17, 2008 Cost: Free

Over 80% of new positions are filled through networking. Susan Goldstein, an experienced career transition consultant and coach, will facilitate this nocost networking group for individuals seeking to expand their network in specific industries, organizations, communities, or jobs. The group will meet every Wednesday, beginning October 29. This is not a lecture, workshop, seminar, or placement service. It is about you networking with others who may know just the right person to provide you with the information or contact you need. There is no long-term commitment—attend when you can.

If you were caught in a recent layoff, are returning to the workforce, are a trailing spouse, recent graduate, or just ready to start looking for your next position—maybe a volunteer assignment for a rewarding retirement—your network is the best path to that next position.

For details contact **JoAnn Bezodis** at 503.293.7309 or Susan Goldstein at 503.880.1473.

Women's League Calendar 2008-2009

- October 12th Women's Health Program
 - November 2nd Torah Fund Event
- Robison Home ShabbatTBA
- December 14th
 Mixed Marriages Joint Program
 With Brotherhood
 - January 22nd Book Review/Discussion
- January 23rd Women's League Friday Night Services
 - February 8th• The Sandwich Generation

Anti-Semitism TBA

 The Art I Used To Love ● TBA

Vaad Shel Chesed Group

Vaad Shel Chesed - A Caring Community

The Chesed Committee is comprised of a dedicated group of people who are committed to supporting our Neveh Shalom community by reaching out and supporting people in need. We visit people, cook meals, and provide rides for those in need of care and healing. Our Committee meets the second Sunday of every month. We incorporate what our tradition has to teach us through text, learn practical tips about how to comfort people, and process our experiences. We are actively growing our committee and are here to help and encourage you to keep our committee in mind if you need our caring support. Please contact Barbara Barde, Chesed Group Chair: 503-293-1222 or Barb@bardepdx.com. Also, if you are interested in joining the Chesed Committee, please contact Barbara or come to our next group meeting, October 19th. We would love to have you join us and be a part of our growing team!

THE GLORIA BACHARACH JUDAICA SHOP AT CONGREGATION NEVEH SHALOM

Our glorious new shop is now open with extended hours for your convenience. New products keep arriving, many from Israel. We have candles, mezuzah cases, candlesticks, pointers, kiddush cups, tallitot, etc. It is truly worth a look see as a description really does not capture the shop, both the space and products. You have to see it.

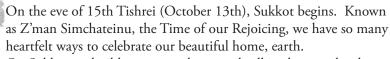
We are a part of Women's League and we want to be the place "to go to" for Judaica. Our sales return to the congregation on a continuing basis. Women's League not only staffs the shop with volunteers, but gives a yearly scholarship fund to the religious school, along with Hanukah candles and chocolate coins etc. We provided a stove for the kitchen. Women's League has given a generous contribution to the capital campaign. Along with Men's Club we give a kiddush cup to our young people on the occasion of their bar or bat mitzvah. We answer the call for additional needed items. Women's League could not do these things without your continued business. We are an integral part of the service the congregation provides.

Along with our move we have upgraded our inventory and purchasing systems. We continue to accept Visa, Master Card, and Discover credit cards. We have a point of sale system with bar coding and automation so you know exactly what you bought, when you bought it and the cost. We are in a wonderful space with exciting products and we look forward to seeing you in the shop.

For more information or to volunteer please contact **Sue Axel** @503.297.9140 or **Ann Yudman** @ 503.352.4074.

NOTES FROM SHOMREI TEVA

Sukkot – Z'man Simchateinu



On Sukkot we build temporary huts, to dwell in them under the stars, with fragile roofs decorated with plants. This year build your

own sukkah (or visit one) and eat within. Even better, sleep under it one night! Listen to nature and reconnect to the world we often don't hear. It can be deeply moving, and the kids will love it.

When you decorate your or a friend's sukkah, bring organic produce and reflect on the food you typically purchase. Is it grown in a healthy way, without pesticides and herbicides that are harmful to your children, the land, and farm workers? Is it grown locally, minimizing transportation costs, energy consumption, and impacts on global warming? Join us in Shomrei Teva in our project to connect Neveh Shalom with a local, organic farmer who will deliver healthy produce to us next summer.

The sukkah is also where we wave the lulav and etrog in an ancient prayer ceremony. Kabbalah provides guidance for this ritual. To the east we ask for strength and balance, to the west, sound thinking and self-clarity. To the south, we seek healing of body and emotional wounds, to the north, illumination and personal vision. Looking up we acknowledge God's transcendence, and looking down, God's immanence. Chag Sameach.

L'shana tovah

Jordan Epstein

Women's League



Are you a part of Women's League? We make your voice heard as part of the largest synagogue based women's organization in the world. We support the synagogue and community. We look forward to working WITH you in the year ahead.

Your membership dues enable us to support our efforts and programs. Be sure to pay your \$36 annual dues. We thank those who have paid and appreciate your membership.

Join us in the Zidell Chapel on October 12 for a program on Women's Breast Health. Our speaker is Dr. Elizabeth Steiner Hayward. This is a program ALL women should attend. This subject is important for all women, come and listen, ask your questions, and learn something that MAY just save your life. Don't let fear or the idea that this "won't happen to me" keep you from this IMPORTANT program.

Did you order your new Torah Fund Pin? On Sunday, November 2, join us for a Torah Fund Tea. Celebrate the success of the Torah Fund program; find out what it's all about and how you can help its continued success.

Our Gloria Bacharach Judaica Gift Shop is open. Do you need to order kippot for a wedding or Bar Mitzvah? Call our shop. For more information, contact **Sue Axel**, 503.297.9140 or **Ann Yudman**, 503.352.4074. Volunteer with us, be a part of the new Gift Shop.

We annually sponsor the Break the Fast meal after Yom Kippur services. The synagogue does not pay for this, and we appreciate and thank you for past donations. We must ask again for your assistance to enable us to continue this wonderful and endearing tradition at Neveh Shalom.

Tell us what YOU need. Our monthly Potluck & Planning Board meeting is Wednesday, October 15 at 6:30 pm at the home of **Barbara Titelbaum**. This is your opportunity to reach out to us. These meetings are open to everyone to attend and participate WITH US. Contact me for more information.

Susan Sutherlin, Neveh Shalom Women's League President,

Men's Club



On behalf of the Men's Club, Bruce and I would like to wish everyone a Happy and Healthy New Year. We also look forward to enjoying our newly remodeled facilities with everyone. We are excited about our meetings returning to the newly remodeled Zidell Chapel.

Our next meeting is Sunday, October 19 in the new Zidell Chapel. Jeremy Kelter will be speaking to us about financial planning. We

start after the morning minyan with breakfast around 9:40am, followed by the program. Our meetings are open to men and women.

For those of you who think you know when to hold 'em, but really don't know when to fold 'em, mark March 1, 2009 on your calendars for the second annual Texas Hold 'Em Tournament. We will be in the newly remodeled Birnbach Hall. More information will be available as we get closer to the event. If I could finish in the top 10 last year, just imagine what you could do this year.

Additionally, a group of Men's Club members volunteers at the Oregon Food Bank on the fourth Thursday of each month. Please contact **David Sibell** at sibelld@ ohsu.edu if you are interested in helping.

If you would like to join Men's Club, please contact our membership chairmen, **Larry Skolnik** (lsskolnik@hotmail.com) and **Jeremy Kelter** (timberlineadvisors@comcast.net). We also have membership forms available on our bulletin board in the synagogue. You may also contact either of us at bruce@thesternfamily.net or j3ngoodman@comcast.net.

Joe Goodman and **Bruce Stern** Men's Club Co-Presidents

Tikkun Olam and Darfur

Neveh Shalom's Tikkun Olam committee is organizing a group dedicated to raising awareness about the current genocide in Darfur. We will join other efforts in the Portland

Jewish community to educate, advocate, and connect ourselves to the people of Darfur. If you want to be part of the Jewish peoples' promise of 'Never Again' please contact

'Never Again," please contact

Sarah Greenstein at

greenstein_sarah@yahoo.com.

▼ Israel Affairs



Israel Affairs Plans Underway

The Israel Affairs committee is energized and excited for its first full year. We met in early September to begin planning some wonderful programs. Our goal is always to create a personal relationship for our congregants with Israel. To that end, we are working with a Masorti (Israeli Conservative) synagogue in Jerusalem, Ramot Zion, to create a relationship between our religious schools, our youth groups, and even our adults. Learn more about Ramot Zion at www.ramot-zion. org/english.php. We are committed to sharing our experiences and thoughts with our friends in Israel. We will also continue to co-sponsor events in the community that bring Israel closer to our congregants.

The early bird deadline is this month for the USCJ Pacific Northwest Region's first Mission to Israel. Log onto www.uscj. org/pacnw for more information on how you can join this landmark mission to our Homeland.

We are always looking for new committee members. If you are interested in getting more involved, please let me know by emailing danae.sacks@comcast.net.

Thanks so much.

Dana Sacks.

Israeli Affairs Committee Chair

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Youth @ CNS

Shalom Neveh!



Well, the school year has begun, and we are bringing the fun back!
That's right, Neveh Shalom Youth Activities have kicked-off to an amazing start!
All three of our youth programs, Jr. Kadima, Kadima and USY Rishonim have had successful first events, and have generated a loud buzz in the community, and it's not just the buzzing of the construction crews here at the Synagogue!

We are extremely proud of our Jr. Kadima kick-off, which brought over 40 kids to explore the corners and grounds of our new and improved campus, and munched on BBQ! The Kadima crew, 6-8th graders, began designing and plotting out decorative panels for our new Youth

Lounge and plotted out plans for the year. USY Rishonim brought in a dozen High Schoolers to eat, hang out and plot a vision for our Youth Group this year. The USYers also had a "secret" pre fall planning meeting to chart out a "wish list" for the youth lounge space. Some of the items include a stereo, a video camera and comfy furniture. As a whole we have a strong vision of what we would like our new youth space to be. We have extremely enthusiastic kids and are motivated to get the year rolling! Kol Ha'Kavod to our youth advisors Becca, Cara and Rachelle, and all of our young leaders for all of their motivation and hard work. It's going to be a great year!

Shanah Tovah, Jonathan Emanuel, Youth Director jemanuel@nevehshalom.org

USY (9-12th grade)



Thanks to all of the 9th - 12th graders that participated in the brainstorming social last month. We



are all thrilled to move into our new and improved youth lounge. Wait until you see what USY has planned for the year. It will knock your socks off!

Rachelle Vagy, USY Advisor advisorusy@portlandrishonim.org



Jr. Kadima (3-5th grade)

L'Shannah Tovah! In October we've got some great stuff on the rise for Jr. Kadimaniks! "SUKKOT SUPERHEROES!!!!" will take place after Sunday School on October 19th at 12:30pm. OH YEAH...are you ready to save the world? Learn about super-hero powers from Rabbi Greenstein while noshing on bagels with your friends! As there is urgency in all good deeds, afterwards we will venture speedily to the park nearby and play some fun outdoor games! Are you a team player? Are you a super-hero when no one is watching? Then YOU can't miss this event!

Also, during the "Open Doors" event on Sunday October 26th, Jr.



Kadima will be building an indoor FORT: our very own "Abraham's Tent." All are welcome! Please come in! Make yourself comfortable! We'll exercise our creative sides building and making things as we get to know each other. Together we will design "Welcome Wreaths" to bring home and remind us of our very own special community! Come in and play!

As we begin our new year, let's take a lesson from the kids and use our imaginations and creativity to work with all members of our community, large and small, to build a better future!

Contact me at any time with questions! I check email often.

B'Shalom, **Becca Cigan,** Jr. Kadima Advisor jrkadima@portlandrishonim.org

Kadima (6-8th grade)

On Sunday, September 14, Kadima had its first event where we began to design panels to be painted and placed in our lovely new youth lounge. We sanded the boards and came up with images we felt symbolic of the Kadima/USY experience.

In addition, we brainstormed ideas for programs for the rest of the year so that everyone has a part in planning Kadima this year. The afternoon was topped off with an ice cream sandwich social.

Kadima was very excited for their event, that was held on Sunday, September 28 at the Avalon Theatre, Portland's own nickel arcade. Kadimanicks joined us for the latest games from Japan, as well as skeeball and carnival games.

On October 18 we will have a Sukkot overnight at 7:30 pm in our new Sukkah to be followed by Sunday school the next morning. Sleep in the sukkah for an overnight with all your Kadima friends for an outside pajama party. We'll also be putting the final touches on the Youth Lounge mural. Don't worry, you can snooze in Birnbach if it rains!

We hope that all CNS 6th-8th graders will join us for Kadima this year. Please call Jonathan Emanuel for further information on how to join.

Cara Buchalter Emanuel, Kadima Adivsor kadima@portlandrishonim.org



School @ CNS

Shoreshim

Shoreshim

This October begins and ends with LOTS of fun for our tots! If you haven't been to Tot Shabbat services in a while, come check out Shabbos Mouse's new digs in the new Zidell Chapel! Enjoy a morning of singing, dancing with colorful torahs, storytime and a Kiddush featuring every child's favorite Shabbat foods—grape juice and Challah! Services start at 10:15am. Services on October 4 will be led by **Jordan Epstein**, and on October 18 by **Levia Friedman**.

Then on the evening of October 18, join us under the stars for a vegetarian feast in Neveh Shalom's sukkah. Shoreshim's Sukkah Dinner sells out quickly, so RSVP soon. Dinner will cost \$12 for adults, \$6 for children (family not to exceed \$36). Call 503-246-8831 to reserve space.

Finally, on October 26, Shoreshim tots will join in the fun at the Open Doors Festival. This all-congregation event celebrates the dedication of Neveh Shalom's recent expansion! From 9am-12:30pm, you and your children are invited to join us for storytime, mezuzah making arts and craft project, music led by **Kim Palumbis** and putting up a mezuzah with the Rabbi.

For questions about Shoreshim or information on how you can get involved, please contact **Cyndy Kagan** at 503-927-4326, ckagan@gmail.com, **Debbie Plawner** at 503-830-3833 debbieplawner@yahoo.com, or **Leslie Solomon** at 503-350-0993, leslie@solomonster.org.

Religious School



In last month's issue of the Chronicle, I spoke about experiential education and how it enhances a child's learning experience both within the classroom walls and beyond. I am excited to present an All School Program centered around the holiday of Sukkot on Sunday, October 12th. Sukkot is also known as Z'man Simchateinu (the season of our joy). Sukkot is the Fall harvest holiday and surely a joyous time of year.

Why would this holiday have the special additional name of Z'man Simchateinu? During the time when the Temple in Jerusalem was the religious center for the Jews in Israel, a unique and quite exciting ceremony took place during the intermediate days of Sukkot. This celebration was known as Simchat Beit HaShoeva – the water libation ceremony. The Cohen Gadol (High Priest) would walk down to the spring of Shiloach (which was located just outside the walls of Jerusalem) and bring up to the Temple altar a flask of water that was then poured onto the mizbeach (altar). A joyous celebration followed which included singing, dancing, juggling, and joke-telling that lasted for the duration of the holiday. It is said that if you never witnessed this occasion, you truly did not know what joy was.

Our Religious School celebration will be twofold. Part one will include 3 stations presented by educators from OMSI who will teach experientially about the importance of water and how to better conserve this precious resource. The second part will speak to the harvest aspect of Sukkot with a presentation in the sukkah on organic farming and the way we can help the environment by purchasing produce from our local farmers.

This promises to be an exciting program which I hope parents will join in on. See you on October 12th.

Susan Bernstein, Director of Education

Foundation School



Foundation School is in full swing. Children and teachers have been settling in to their new classrooms and building bonds of trust and friendship. Everyone has enjoyed the taste of apples and honey, marching with

our busy bee hats, and hearing the beckoning of the Shofar in preparation for a sweet New Year. Coming up during this month of October please remember that Congregation Neveh Shalom is having an "Open Door" event to celebrate our beautiful new building. Foundation School will be represented with an information table and demo class room. Look for information in this edition of the Chronicle. L'Shona Tova – Happy New Year! Jan Skolnik, Director Kathy Wolfson, Assistant Director

Neveh Shalom Babies

Following a fun and delicious annual First Babies Group potluck picnic at Washington Park on September 7th, we enjoyed the first event of our newly expanded Neveh Shalom Babies program on September 21 as Jewish educator and life coach Lois Shenker led us in a discussion of our family preparations for the High Holy Days. We thank Lois and the Mothers Circle for this insightful and inspiring evening. Hold the date for our next NS Babies workshop on the evening of December 4th when we will discuss the "December Dilemma" with Rabbi Greenstein and a Jewish Family & Child Services Social Worker.

Next up is the start of our FREE weekly dropin playgroup for parents/caregivers and babies 0-2 years. Come and play!!! Bring your baby to CNS from 9-10 am Friday mornings for our new NS Babies playgroup beginning on Friday, October 17th in celebration of Sukkot. Twice a month after playgroup, Sarah Greenstein will be leading a Notz"tzim class from 10-10:45 am if you would like to stay for some fun music and informal Hebrew instruction for your tot. We hope you can join us for coffee and some baby playtime! For more information about NS Babies please contact Sarah Mitnick, Mitnick.sarah@gmail.org. For info on Notz'tzim, please contact Mel Berwin at michaelvmel@gmail.com. See you there! Questions about Neveh Babies? Please contact

Sarah Mitnick at

mitnick.sarah@yahoo.com or

Hilary Barthold at hiltim@aol.com. Thanks!

Notz'tzim

Notz'tzim, Neveh Shalom's unique Hebrew music and exploration program for children ages 0-4 and their parents or caregivers, is beginning next week! Join other young families for new and familiar Hebrew songs, instruments, dancing, and play! Neveh Shalom membership not

We now have three options for the fall session:

Tuesdays 12:00-12:45 with Julie Lipson

Wednesdays 4:15-5:00 with Levia Friedman

Fridays 10:00-10:45 with Sarah Greenstein, in coordination with NSB playgroup Registration forms and information can be downloaded from the bottom of this page: http:// www.nevehshalom.org/learning/early_childhood_education/notz, or contact Mel Berwin, 503-452-6890 or michaelvmel@gmail.coml for more information.

L'hitra'ot! See you soon!

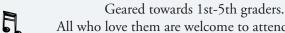
The early bird deadline is this month for the USCJ Pacific Northwest Region's first Mission to Israel. Log onto www.uscj.org/pacnw for more information on how you can join this landmark mission to our Homeland.





Meets every Saturday morning at 10:15

A lively, warm, and fun service that includes music, storytelling, and drama.



All who love them are welcome to attend as well!

Led by Gary Liberman and Amy Katz Followed by kiddush.



Torah Fund



Torah fund's 2008-2009 pin represents Lev va Nefesh, meaning Heart and Soul. This pin is our gift to you in recognition of your generous contribution of \$180.00 as a Benefactor or \$300.00 as a Guardian.

Join us at Neveh Shalom on Sunday, November 2 at 2:00 for the Torah Fund Dessert Tea honoring our Benefactors and Guardians. Learn more about Torah Fund from Cantor Shivers and enjoy a musical presentation by Sheera Shivers. Cost of this event is \$8.00.

For further information please contact

Jackie Constantine

503-520-1222 or Sandi Fulcher 503-430-8375.

Outside In

Outside In cooking will continue this year starting Oct 6 at 4:30-5:30pm. Meet in the kitchen. All ages welcome, kids less than 8 should have adult supervision. Our group of volunteers cook a delicious vegetarian meal for at risk youth and young adults that participate in dowtown Portland's Outside In services. Contact **Aviva Zigman** classes each week; parents and their 0-4 at ajzigman@hotmail.com if you would like year olds can now find us on Tuesdays to be notified of upcoming cooking dates.

Shomrei Teva Creek Side Restoration

Sunday, October 19, 9:00am Neveh Shalom, through Shomrei Teva, has joined with SOLV to restore the area along the tributary of Fanno Creek that borders the Neveh Shalom parking lot. Come join us the third Sunday of every month at 9AM to do maintenance at our site. We work for an hour or two clearing away new or existing growth of weeds and non-native plants. Bring a shovel (best) or other garden tools. We'll supply the gloves. It's a mitzvah! Contact Jordan Epstein at 503-245-6580 or

yyakovm@comcast.net

Kochavim & Notz'tzim

Kochavim and Notz'tzim Neveh Shalom's Unique Hebrew Immersion Programs for 0-8 year olds

We're off to a great start this year with a fabulous bunch of children in our Kochavim and Notz'tzim programs. New to teaching Kochavim's 1st/2nd grade group is Bat-Ami Frankel, a native Oregonian who taught for three years in Neveh Shalom's religious school and continues to teach in the Wednesday night high school program. She lived in Israel for two years, studying at Hebrew University and the Pardes Institute, and working on Kibbutz Sa'ad. Bat-Ami is very excited to be joining the Kochavim staff this year, and to have her sons Gavi (6) and Ezra (3) continue their participation in Kochavim and Notz'tzim. Our beloved pre-K/K teacher Rachel Stern is returning this year as well. Kochavim is for 4-8 year olds and meets on Mondays and Wednesdays, 4:15-5:45.

Joining Levia Friedman on the Notz'tzim teaching staff is Sarah Greenstein and Julie Lipson. Sarah has been a participant of Notz'tzim with 1year-old **Adirah** since she was an infant, and Julie has an extensive background in music and rhythm, adding her guitar to the list of instruments we hear and play in our parent-tot Hebrew music group. We have increased the number of Notz'tzim 12:00-12:45, Wednesdays 4:15-5:00 and Fridays 10:00-10:45.

With the renovated building, we are delighted to have dedicated classrooms for Kochavim and Notz'tzim! In our 1st/2nd grade classroom we are setting up a computer station so that our children can benefit from the fabulous resources for reinforcing Hebrew vocabulary online. If you have a wireless-capable computer you would like to donate to Kochavim, please let us know! Todah Rabah!

For more information about either of these programs, contact Mel Berwin, 503-452-6890 or michaelvmel@gmail.com

Senior Lunch Bunch Thursday, Oct. 16, 12noon

The Senior Lunch Bunch invites you to join us in the Sukkah (weather permitting) on Thursday, October 16 (NOTE: this is not on the 2nd Tuesday as our custom, due to the chagim). Rabbi Isaak will speak and open the floor for a Q & A session. Enjoy a spectacular KOSHER lunch for only \$5 per person – reservations required. Save the date and plan to join us. RSVP by noon on Monday, October 13 to Rebecca Moeri in the office at 503-246-8831 ext. 100 or rmoeri@nevehshalom.org

Support Neveh Shalom while shopping at Albertsons!

Got an Albertson's Card? Name Neveh Shalom as your Community Partner and a portion of all your purchases will support the synagogue. This does NOT cost you any money, so it's WIN-WIN! No computer skills necessary. Send **JoAnn Bezodis** the following information:

Your Name
Albertsons Card Number
Phone number associated with this card
She will do the rest! Contact JoAnn
Bezodis at jbezodis@nevehshalom.org or
call 503-293-7309.

Simchat Torah

Erev Simchat Torah Service Tuesday, October 21, 6:30pm

This family-friendly service is a joyous celebration of Torah. After a brief ma'ariv service, we sing & dance with the Torah in seven Hakafot around the sanctuary in what might be regarded as organized chaos. We then gather in the back of the sanctuary to unroll the entire Torah scroll as Rabbi Isaak gives us a tour of highlights through the 5 books of Moses. Two couples from our congregation are honored as symbolic brides & grooms, one couple to represent the completion of the Torah reading cycle, the other to usher in the new. Bring the whole family and join us for this time of celebration!

Simchat Torah Morning Service Wednesday, October 22, 9:00am

High Holy Day Etiquette

In order to make our High Holy Day services meaningful and pleasant for everyone, please remember these guidelines:

Parking: Cooperate with parking attendants and restricted zones. A limited number of parking spots in the Neveh Shalom lot are available by RESERVATION ONLY: Disabled (free with DMV permit) and Reserved (\$100 per space). Reservation deadline: September 27. Contact JoAnn Bezodis for more information at 503-293-7309 or ibezodis@nevehshalom.org

Silence your cell phone/pager. The synagogue office line (503-246-8831) will be staffed throughout the holiday services for emergencies.

Tickets will be checked, please have them with you.

Service Decorum: Kindly do not enter or exit the services while the ark is open or during the Rabbi's sermon. Our ushers will assist in upholding this decorum by closing doors during these solemn times. Please do your part to minimize disturbance to services by exiting at appropriate times.

Casual conversation during services and in the entry is distracting to fellow worshipers. Please whisper and keep talking to a minimum. Appropriate places to visit with friends include the plaza, courtyard, parking lot, near the elevator, in the Foundation School hallway, and in the chapel or classrooms when children's services are not in session. Behavior guidelines should be discussed with your children before arriving at synagogue: Use "indoor" voices, no running, no rough-housing, stay with parents or in areas designated for children (childcare, game rooms, youth services). Ushers will escort unsupervised children back to their parents.

An Interfaith Journey of Peace to Israel and Palestine December 28-January 8

Departure is scheduled for this coming December 28 for the 10-day Muslim, Christian, Jewish Interfaith journey with a return date of January 8, 2009. This is unlike any of my previous trips to Israel. We have reservations for three nights at the King's Hotel in Bethlehem, four nights at the Jerusalem Hotel and the final two nights at the St. Margaret Hotel in Nazareth. These hotels were chosen for convenience and to keep costs to a minimum. We will meet with Israeli Jews and Arabs and with Palestinians, each with a different story to tell and with various organizations that are involved in the challenges involved in the conflict. There will undoubtedly be lively discussion and disagreement on interpreting the information we receive. Through it all, we will share each others Sabbath and love for the land.

Our hope is to gather 8 participants from each of the three faith groups to make up the traveling group.

Cost will be \$3,165/person double occupancy. The tour will include round trip economy airfare from Portland to Tel Aviv on Lufthansa Airlines, nine nights accommodation with breakfast and dinner, all ground transportation, entrance fees and portage.

A brochure with further details is currently being prepared. We will soon solicit deposits from those interested in going. Registration deadline: October 14, 2008 Contact Jan Elfers at the Ecumenical Ministries of Oregon at 503-221-1054 or jelfers@emoregon.org

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Adirah Greenstein's first birthday Jeffrey and Amy Katz

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Barbara Mehrwein Bruce Ritchie

VAAD SHEL HESED FUND

in honor of

Daniel Owen Singer-Malloy's bar mitzvah

Paul and Joan Sher

in memory of Deana Popowcer Roberta Ruimy **WOMEN'S LEAGUE**

SCHOLARSHIP FUND in honor of Adirah Greenstein's first birthday

Elliot and Suzanne Axel

Stuart and Ann Linda Yudman Sam Sadis's speedy recovery

in memory of

Jane Shulkin Shellie Shulkin

Adult Education Classes

Adult Hebrew class for beginners Instructor: Vered Tzur Tuition: \$120 CNS Members/ \$160-Non Members Thursdays from 6:45-7:45

> October 2, 16, 23, 30 November 6, 13 In Hebrew for the first time of

Learn Hebrew for the first time or refresh your childhood knowledge.
Learn to decode Hebrew text, gain basic vocabulary, use of verb constructs, nouns, pronouns and prepositions.

The History of Israel Through Music Instructor: Susan Bernstein Tuition: No Charge for CNS Members Tuesdays from 7:00-8:00

October 7, 28 November 4, 11, 18, 25 December 2

Review Israel's colorful history from pre-1948 through current times. Milestone events will be explored through the ways they were reflected in the folk tunes of the day. The ability to read and translate Hebrew will enhance your experience in this class.

What is Conservative Judaism? Instructor: Gary Fiske DATES TBD 7:30pm

For most of its existence, Conservative Judaism has been defined by what it is not: not Reform, not Orthodox. But what is it and how does it differ from other Judaisms? The course will begin with a brief history of the American Conservative movement starting with its origins in 19th-century Germany. The bulk of course will be devoted to discussions of different sections of *Emet ve-Emunah*, the Conservative movement's Statement of Principles published in

Free information sessions on the



To be held in October

A free information session explaining The Mothers' Circle program coming to Portland this Fall will be offered on two different dates at the Mittleman Jewish Community Center: Sunday, October 5, 2008 from 9:30-10:30, or Thursday, October 16, 2008 from 7:30-8:30.

This nationally successful program, being given in 35 cities this Fall, offers free classes and childcare to non-Jewish women who are raising Jewish children. Classes will be held at the MJCC from November 2008 through June 2009, meeting on the first and third Sunday mornings of the month, from 9:30-11:00. The course is open to the entire community, NS members and non members alike.

The Mothers' Circle course provides free education, support, and a peer group through which students are empowered to raise their children in Judaism with greater comfort and ease. We encourage all those interested to join us.

For more information, or to register, please contact MC Coordinator **Caron Blau Rothstein** at Portland@ TheMothersCircle.org or 503-246-8831.

Tzedakah is a central mitzvah of Judaism. Use it often and in good health! Tzedakah honors the giver and the recipient. You can make a Tzedakah contribution to honor, remember or thank someone who is important to you. It is also the custom in many communities to give Tzedakah in appreciation of an honor or aliyah during any service.

Please Be Sure To Include The Names And Addresses Of Both The Donor And The Recipient, As Well As The Name Of The Fund.

We gratefully acknowledge donations to the above mentioned Synagogue Funds.

In Memoriam

We mourn the loss of synagogue members:

Magda Bonyhadi

May their souls be bound in the bonds of eternal life.

Condolences

Our condolences to our members and their families,

Alan Rothstein on the death of his mother.

Elizabeth Samuels on the death of her father, Everett Hyde, fatherin-law of **Richard**, grandfather of **Kevin, Ethan** and **Aviva Samuels**.

May their memory be a blessing.

WHEN A DEATH OCCURS
Call the synagogue office 503.246.883 I so that we may inform Rabbi Isaak and/or Rabbi Greenstein and be of assistance. During business hours, ask for Michelle Caplan, ext 114.
After business hours, on weekends & holidays, contact Michelle Caplan at 503.481.0164, Rabbi Isaak 503.228.8819 or the funeral home of your choice for assistance. Most Jewish funerals in Portland are arranged by Holman Funeral Service,

If you wish Tahara for your loved one—respectful preparation for burial according to ancient Jewish tradition—you may request it from Holman's Funeral Home or the funeral home of your choice. The funeral home will then notify The Chevra.

503.232.5131.

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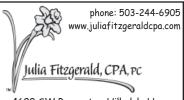
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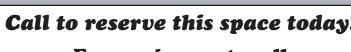
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> When a death occurs Call the synagogue office 503.246.8831 so that we may inform Rabbi Isaak and or Rabbi Greenstein and be of assistance. After business hours, on weekends holidays, contact Michelle Caplan at 503.481.0164 or Rabbi Isaak 503.228.8819 See page 14 for more information

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bruce@thesternfamilv.net

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Women's League Co-Presidents & Judaica Shop,

ext 127

Debbi Villani-Allen, Administrative Director

ext 125, dvillani@nevehshalom.org

Kathy Wolfson, Foundation School Asst.

503.293.7307, kwolfson@nevehshalom.org

CONGREGATION NEVEH SHALOM OCTOBER 2008/5769 TISHREI-HESHVAN

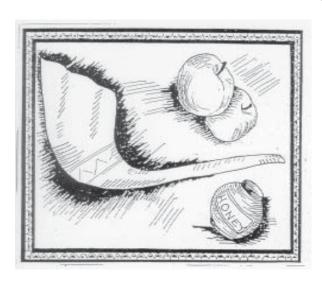
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NEVEH SHALOM WOMEN'S LEAGUE

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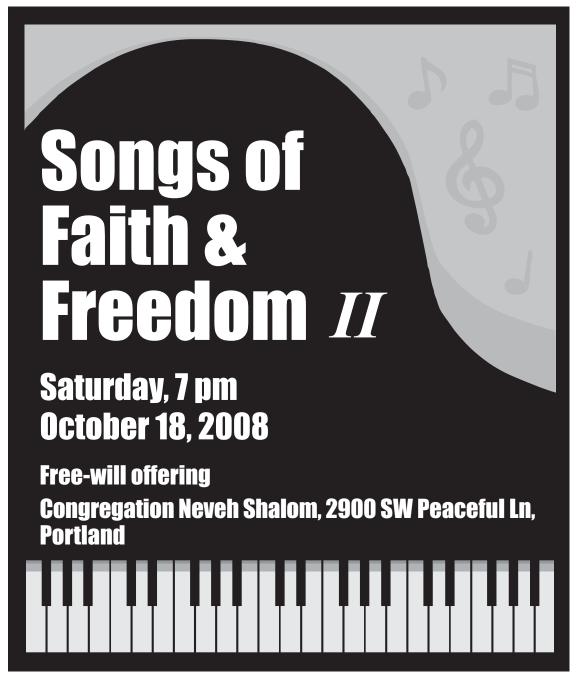


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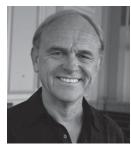
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David York

Music Director,
New Thought
Center for Spiritual
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Mark
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Mark Slegers Director, First Unitarian Church of Portland



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