



CHRONICLE

No. 1 This newsletter is supported by the Sala Kryszek Memorial Publication Fund



From the Pulpit



Get Your Kids Involved! Neveh Shalom Youth

One of my favorite parts of the Rosh Hashanah service is hearing the sound of the shofar. The great Jewish thinker Maimonides reminds us that the shofar is to act like an alarm clock, waking us up from a slumber of apathy. There are those that say that the blast of the shofar is the sound of all those voices that go unheard, voices calling out to be listened to. The tradition however is not to blow the shofar on Shabbat, so this year on the first day of Rosh Hashanah we missed the clarion call. Instead, we were honored to hear the excitement and energy about Neveh Shalom's new youth program for teenagers from four of our many new youth leaders. For a teenager, being involved and connected to the synagogue and other Jewish friends can mean the world, even if one is already part of BBYO or another youth group. Since I received so many requests asking for a transcript of their speeches, I thought I would let them tell you again in their own words:

Hello and welcome ladies and gentlemen, my name is Alex Milbert and I am here on behalf of NSY. NSY stands for Neveh Shalom Youth. Our youth group is from 8th to 12th grade and takes place in Neveh and other parts around the community. I am here for us, I am here for all. Why you might ask? Well it takes a story. A few months ago at a square table inside Round Table Pizza Rabbi Brad and Mr. Jonathan Emanuel talked to me and a group of kids about starting a youth group. Now this sounded a little lame to be honest because starting a whole new group is really hard so I thought that there wouldn't be a lot of fun to it.

Continued on page 3.

If Not Now, When? Today & Tomorrow אם לא עכשו, אימתי? היום ומחר

The third in the "Jewish Giving" study series...Print or copy this "instant lesson" and start a discussion around your Shabbat dinner table – appropriate for ALL ages!

The great scholar Maimonides wrote about the Laws of Gifts to the Poor (10.7-15) in his book the Mishnah Torah. He took Jewish ideas about charity from the Bible, the Talmud and from other rabbinical books of wisdom to create an eight step code called the **Ladder of Tzedakah**. It tells of the *eight degrees of tzedakah* in order of increasing importance. During the coming months, we will briefly examine these steps.

This month we focus on Maimonides seventh rung of giving. Read the following story and see if you can put yourself into the shoes of our characters. What choice would you make?

John and Jane's crisis:

John and Jane are a successful couple who have always given at least 10% of their comfortable income to charitable organizations. Every month they donate to: The American Cancer Society, The Sierra Club, Save the Children, and the Jewish Federation. Jane's father died at a young age of lung cancer; both John and Jane are outdoor enthusiasts and ardent environmentalists; John sits on the board of directors of the Federation; both care deeply about the fate of children in impoverished countries and here in the US. In other words they believe strongly in the mission statement of each of these organizations they help support!

Unfortunately, John and Jane's finances have been hit by the current economic crisis. John was laid off from his job as a marketing director for a large company. His prospects are slim. They are currently living on Jane's salary as a social worker, but she recently found out her position is in jeopardy. With bills to pay and less income to pay them with, they have begun to resent the hole their charitable donations make in their monthly budget. They would like to continue to give, but only to the one organization that they can donate to happily.

What should John and Jane do?

Although John and Jane are making the decision to give less than they have in the past, we can admire their commitment to giving, even when times are tough. According to Maimonides the seventh rung of giving is: giving happily, but inadequately. Sometimes we can't give as much as we'd like to, but when we are able to give a little, and give it happily, we are climbing the ladder towards higher forms of giving. If you were John or Jane what would you do?

Continued on page 3.

Drash

"This past year, I had the strange experience of convincing my child that he loves me." These were the first words of the drash that **Mel Berwin**, a congregant and mother of three children, including seven-year-old Lev, who has Asperger's Syndrome, gave at a Shabbat morning service last month. Children with Asperger's Syndrome love just as deeply as other people, but their brains lack the "instruction manual" of how to express this love. Reading parashat Nitzavim, **Mel** realized that the Jewish people is often in a similar situation before God, who has given us Torah as an "instruction manual" of how to express this love, even when we may feel confused about how to do so. Read her whole drash online at: <http://nevehshalom.org/files/nitzavim.pdf>

High Holy Day Services

SUKKOT AND SIMCHAT TORAH OBSERVANCES	Friday, October 2	6:15 pm	Erev Sukkot Service
	Saturday, October 3	9:00 am	First Day Sukkot Services
	Sunday, October 4	9:00 am	Second Day Sukkot Services All-school Sukkot Program
	Friday, October 9	7:00 am 6:15 pm	Hoshana Rabah Erev Simchat Torah Shabbat & Holiday service led by Men's Club followed by Dinner in the Sukkah
	Saturday, October 10	9:00 am 6:15 pm	Shmini Atzeret/Yizkor Erev Simchat Torah Service
	Sunday, October 11	9:00 am	Simchat Torah All-school Simchat Torah Program & Hakafot for the Cure

Dina Zaslavsky

October 23rd & 24th



Mazel Tov to **Dina Zaslavsky** who is becoming Bat Mitzvah on 10.23.09 & 10.24.09. She is the daughter of **Tanya and Michael**

Zaslavsky, born in Haifa, Israel, sister to **Ben**, and granddaughter to Lina and Boris Fishman and Irina Geselev and Peter Zaslavsky.

Dina is an 8th grader at Catlin Gable School and enjoys Rhythmic Gymnastics, playing basketball and volleyball, playing the piano, reading, writing stories, drama, acting and hanging out with friends.

Shaina Zarkin-Scott

October 30th & 31st



Mazel Tov to **Shaina Zarkin-Scott** who is becoming Bat Mitzvah on 10.30.09 & 10.31.09. **Shaina** lives in Southeast Portland with her

parents **Marianne Zarkin and Brian Scott**, and her brother **Moses**. Her grandparents are Sam and Shirley Zarkin of Seattle and Georgene Scott of Bainbridge Island. An 8th grade student at Winterhaven School, Shaina enjoys playing soccer and tennis, gardening, cooking and watching the Food Network.

Chronicle, No 1 5770 Page 2

Neveh Shalom's "Back to Shul BBQ"

on Sunday, September 13th, not only brought together over 350 new and old members, friends, and family, but also represented a significant step in Neveh Shalom's move toward sustainability. Shomrei Teva, the congregation's environmental team, managed an event waste reduction program by providing special composting bins beside the regular garbage cans. All food waste and paper plates and napkins were collected for composting while plastic or coated items went into the garbage. Attendees appeared interested and pleased that they could do more than just throw things into the garbage. All told, Shomrei Teva estimates that over 100 pounds of material will be turned into healthy, reusable compost rather than sent to a landfill. This event was greatly aided by teens from Neveh Shalom's youth program, Heilberg Garbage and Recycling, who donated the bins for this event, Metro, who will take the material to a composting facility, and the City of Portland's Bureau of Planning and Sustainability, who provided guidance and signage. Of course it all happened because of the great volunteers from Shomrei Teva, who take the Jewish teaching of Bal Tashchit, "do not waste", to heart.

- **Jordan (Yaakov) Epstein**



Continued from page 1

Nonetheless I came back next week to Neveh to see what it was gonna be like and if a Rabbi and youth director could actually make a youth group fun. They didn't. They gave it to us. There were about six of us there and we became the Board of what is now NSY and we started to grow. I was intrigued when the Rabbi and Jonathan let the kids plan everything and start everything. We knew we were going to have fun events, dances, fundraisers and charities and I was really excited. But then something occurred to me. A huge epiphany. We were helping all of you. By the handful of kids that help create NSY we are helping those kids after their bar or bat mitzvah still keep up with their Judaism, we are putting more youth into the congregation so they can come to services like today, we are babysitting your son or daughter that Saturday night so that you can finally get four hours of a very much needed break, and finally this results in a better community. Look at all that has happened in the past couple years with all these changes and renovations. We need to create a change and we need to do something with what we have. The NSY has started that change. I encourage you to send your son or daughter to one of our events or meetings so that they can help carry out this group for years to come after I have left. My goal is that when I am forty I can look back and that NSY will still be booming. I also hope that all the new members that we will get today can look back when they are forty and remember the life long friendship that they made in the NSY. We want to make Neveh a stronger and better community. And you can help too. Whether it be coming to an event to see what we can offer or telling your synagogue friends about this new program, anything is great. It is time for our synagogue to go beyond our expectations and become the best possible Jewish community that Portland has ever seen through a few high schoolers and...All of you. Once again I am Alex Milbert representing the Neveh Shalom Youth, Shana Tova, happy Rosh Hashanah and thank you very much. We CAN make a difference.

--Alex Milbert, age 17 Neveh Shalom Youth (NSY) Board Member

We want to reach out to your teenager! To get connected contact Youth Director **Jonathan Emanuel** at jmanuel@nevehshalom.org and 503-293-7314. Sarah, Talia, Adirah, and I wish you and your family a sweet and meaningful year of new beginnings and adventure.

Shana Tova umetuka,

Rabbi Bradley Greenstein

Continued from page 1.

Thank You...Kol Ha Kavod - **Jay Abramovitz** and Ron Appelbaum for bringing the **first** of our "**Congregant Reflections**" to life!

Come experience the first stories in our series visit the CNS website

log on to www.nevehshalom.org/giving/annual and click on video room.

Jay Abramovitz can be contacted at Creative Solutions Photography, call 503-880-0568; and, Ron Appelbaum at Ron Appelbaum Productions www.abaumproductions.com, 503-936-3147.

You can donate online now!

Or, call **Wendy Kahn, Development Coordinator** at 503-452-4614 or rifkashira@comcast.net to submit your Congregant Reflection or for questions about donating.

Kvell with Us

Mazel Tov to **Jason and Tanya Morrow** on the birth of their daughter, **Olivia Rachel**, born on May 26th. **Olivia** joins big sister **Jordyn Lily**. Proud grandparents are Dr. Alan and Agneta Cohen of Cypress, CA; Addy Cohen of Henderson, NV; and Lowell and Judy Morrow of Long Beach, CA.

Mazel Tov to Dan Fields and Ami Shukla on the birth of their daughter Lila Devi Rose Fields born on September 5th, 2009, Lila's proud grandparents are; **Del and Sandey Fields** and proud aunt and uncle are Shawn and Tom Fields-Meyer.



Mazel Tov to **Josh & Sarah Mitnick** on the birth of their daughter; **Tamar Shoshana Mitnick** born on August 24th, 2009. **Tamar** joins big brother **Noah**.

Mazel Tov to **Rob and Mara Shlacter** on the marriage of their son David to Orlee Rabin.

Mazel Tob to **Kathy Wolfson and Marvin Wolfson** in the marriage of their daughter Natalie to Adi Naker in Israel in August.

*Many Thanks to All our
Post B'nai Mitzvah Students who
learned new prayers and melodies and
participated as leaders during our
High Holyday services.*

Veterans Day Program Sunday, November 8, 10:00am



Mark your calendar and plan to join us for Neveh Shalom's Bi-Annual Veterans Day Program. This year we will have Col. Mel Garten, USA (Ret) as our special guest and speaker. Col. Garten is a veteran of WWII, Korea and Vietnam and was nominated for the Medal of Honor during his service in Korea.

Col. Garten represents the finest example of a Jewish soldier serving his country. Please join us for this special event.

Harold & Jackie Lesch, Program Chairs

DAILY MINYAN

Zidell Chapel

Monday - Friday 7:15 am

Rosh Chodesh 7am

Sundays and Holidays 9:00 am

SHABBAT SEPTEMBER SERVICES

Friday, 6:15pm

Saturday Shabbat Services 9 am

TOT SHABBAT

1st & 3rd Shabbat morning,

SHABBAT SCHOOL

for 6th Graders

Every Shabbat

KEHILAT NOAR

1st -5th Graders

Youth Congregation

1st and 3rd Shabbat

DOWNSTAIRS MINYAN

2nd and 4th Shabbat, in the

Zidell Chapel 9:30am

3rd Shabbat at the Robison

Home

If you would like to lead the davening for Shaharit, Torah, or Mussaf please call **Mark**

Sherman, 503.245.0571

Taste & Travel

Thursday, Nov. 12, 7:00pm



Join us for an evening of adventure, presented by our own well traveled congregants:

Steve Sirkin and **David Honigstock** on "Cruising the Mediterranean" followed

by **Paul Cohen** on "Cruising North America" (Panama Canal, Mexico, and the Caribbean). Taste & Travel is a time of "Show-and-Tell" for grown-ups. Enjoy a virtual tour through sharing experiences via slides, PowerPoint, artifacts, souvenirs, and best

of all, food! We will have treats, snacks, or finger foods so you may sample the region and culture.

If you would like to share your travel experience with us, we have openings Jan. 14, March 11, and May 13. For more information, contact **JoAnn** at 503-293-7309 or jbezodis@nevehshalom.org.

Welcome to New Members:

Hadas & Robert Aguilar

David Axel

Russell Braman

Gennady & Kira Govshtein

Davis & Maxine Hart

Alan & Augusta Kantor

Matt & Margo Litwin

David Meisels

Ruby Miller

Tom & Lisa Mitchell

Ralph & Simone Shaw

Geoffrey & Marsha Strongin

Bethany Schaer & Justin Higa

Aaron Schoenkerman & Michelle Fliman

Cheryl Viale

Arnold & Marlene Weiner

Ross Weinstein & Darcy Hoyt

Jonathan & Traci Yudman

Robert & Arleen Zucker

Children's Shabbat Services Resume This Month!

What: *Tot Shabbat* for families with children ages 0-5 years in the Zidell Chapel

Led by **Jordan Epstein** (1st Sat) & **Levia Friedman** (3rd Sat)

Kehillat Noar for families with children in 1st-5th grades in room 102

Led by **Amy Katz & Gershon Liberman** (alternating)

When: Saturday October 3, 10:15 am

Regularly, 1st and 3rd Saturdays/month (check weekly e-blast for updates)

Celebrate Shabbat together with family and friends in these warm, inviting family friendly services.

***Tot Shabbat & Kehillat Noar will conclude with a NEW JOINT KIDDUSH in the Zidell Chapel

Think Green

Our Chronicle is available as a downloadable PDF for viewing on the screen of your computer. Sign up for the online version by sending an email to mcaplan@nevehshalom.org. (let us know if you would like to forego your paper version to save trees)



Kindle the Sabbath Candles

Ba-ruk'h atah A-do-nay, e-lo-hay-nu me-lekh ha-olam a-sheer kid-sha-nu be-mitz-votav ve-tzi-van-nu li-hadlik ner shel Shabbat.

Blessed art Thou, O Lord our God, King of the Universe, Who has sanctified us by Thy commandments, and has commanded us to kindle the Sabbath lights.

Refuah Shlema

Refuah Shelema, a speedy recovery to:

Arthur Rott, Barbara Barde, Steve Kaufman, Phil Kane, Steven Blake, William Diebold, Vicki Rotstein

AUGUST CANDLE LIGHTING TIMES

Friday, October 2nd 6:32 pm

Friday, October 9th 6:19 pm

Friday, October 16th 6:07 pm

Friday, October 23rd 5:55 pm

Friday, October 30th 5:44 pm

Kol-ha-kavod

Every simcha is special. Congratulations to our many members who are celebrating in October. In particular, Mazel Tov to the following members who are celebrating special milestones!

Milestone Birthdays

Elyse Berkovitch	Phillip Singer	Jason Posner
Gary Fiske	Kathleen Krall	Amy Brem
Joeen Rodinsky	Tom Mitchell	Michael Hasson
Howard Freedman	Frances Sarna	George Sidline
Cyndy Kagan	Anna Kodesch	Michael King
Fred Rothstein	Tamera Katz	Paul Sher
Carol Biederman	Geraldine Roth	Kyle McLenithan
Michael Gurfinkel	Esther Menashe	Karen Douek
Gerald Cogan		

Milestone Anniversaries

Jim and Elizabeth Poplack	Robert and Emily Ail
Mark and Jennifer Kalenscher	Mitchell and Nicole Elovitz
Itai and Rachel Pines	Hilliard and Elaine Golden
Ira and Julie Gottlieb	Elliot and Diana Lubarsky
Thomas and Barbara Kramer	Michael and Susanne Wendro

Panim el Panim

Getting to Know Neveh & Neveh Getting to Know YOU!



Panim el Panim, Hebrew for "face to face" is a new program designed to give all congregants the opportunity for a face to face gathering with our clergy and lay and professional leadership. Intimate

gatherings of congregants will take place in the coming year so that we can all get to know one another better, strengthening our community. We are in the planning phase of this program and need YOUR help! If you are interested in hosting a gathering at your home, please contact Outreach & Engagement Director **Caron Rothstein** at crothstein@nevehshalom.org or 503-246-8831 x139. Gatherings will generally be Sunday evenings, but weekdays are an option, too.

Career Transition Workshop Series

Four sessions: Tue/Fri, October 13, 16, 20, 23
9am-12noon

Tuition: \$60/session or \$200 for all four

Are you ready to change jobs? Has your company decided it's time for you to move on? Did you recently graduate?



Or, do you just want to be ready to move on if the right opportunity shows itself? Susan Goldstein, an experienced Career Coach and business consultant is providing a 4-workshop series to facilitate your job search. You will develop job search skills, walk away with a wealth of available resources, understand the role of technology in today's job search market, and develop some new

networking opportunities. Register by contacting the Neveh Shalom office at 503.246.8831x100, CNSreceptionist@nevehshalom.org. Make checks payable to CNS with "Career Workshops" on the memo line, mail to: CNS, 2900 SW Peaceful Ln, Portland, 97239.

The workshops:

- Focusing: Decide what you want to do, or look at a few options...even entrepreneurship. Create a job search strategy to help you meet your goals.
 - » Develop tools to help find positions similar to those you've held, or understand how to go in a completely new direction.
 - » Become clear about what you want and need in your next position.
- Presenting: Work on your resume. Bring your most recent resume and some job postings for which you feel qualified – regardless of the stated requirements.
 - » Take away new formats, language, and ideas to set your resume apart.
 - » Develop a new appreciation for what you do and what you have accomplished even if you think you were "just doing your job."
 - » Learn how to use technology to professionalize your job search.
- Targeting: Understand how to market yourself in a tough job market.
 - » Integrate the tools needed to master the art of networking
 - » Create a strong strategy for informational interviews
- Closing: Make the interviews work for you.
 - » Get comfortable answering tough interview questions
 - » Turn the interview into a two-way exploration

Membership Committee



Congregation Neveh Shalom is my spiritual home. It has been nearly my entire life. I was a Bar Mitzvah here some 33 years ago, my sister was among the first babies named in our sanctuary, my children attended Foundation School here and my father was laid to rest in the Ahavai Shalom cemetery alongside my grandmother and grandfather.

I have come to count on CNS as more than just my synagogue. It offers strength and comfort; knowledge and understanding; and congregants that share a vast spectrum of opinions and diverse points of view.

When my father died, **Rabbis Isaak and Stampfer** were a source of strength for me during a very difficult time. My family and I spent a significant amount of time going over the story of my father's life with both Rabbis and I found it to be tremendously healing.

CNS is a place of inclusion, faith and values. It's our spiritual home and we in Portland are fortunate that it continues to grow and become more vibrant with each passing year.

B'Shalom, **Brad Pearlman** Membership Committee Member

THE GLORIA BACHARACH JUDAICA SHOP AT CONGREGATION NEVEH SHALOM

Judaica Shop News: Come Meet our tireless volunteers and peruse beautiful judaica. Are you interested in giving back to the synagogue? Volunteering at the gift shop is a fun way to do your part and have fun at the same time. Volunteers needed. Shifts from 1.5 hours to 3 hours. Want to learn more? Call **Stefani Cozine** at 503-296-8622 or stop by the sale. See you then!

High Holy Days A Success Because of...



Behind and in front of every great synagogue is a large corps of passionate, dedicated and committed volunteers and staff. CNS is no exception and takes this opportunity to say Todah Rabah to our strong team.

A hearty thanks and a kol hakavod to all of our dedicated volunteers:

- HHD Honors Coordinators
- Torah & Haftarah Readers
- Youth Service Leaders
- Post B'nai Mitzvah Students
- Gabbaim
- Ushers
- Greeters
- Parking Lot Attendants

It goes almost without saying—but not quite—that we have an extremely hardworking administrative staff here at Neveh that keep things running smoothly behind the scenes year round and especially during the “high season” of these High Holy Days. Whether it is coordinating childcare or arranging tickets or printing materials or doing just about anything to enhance the synagogue experience for our congregants, these men and women do it all! Please let our office & maintenance staffs know that you appreciate their extra holiday efforts when you next see them.

Darfur Awareness

Neveh Shalom Says Never Again: Darfur Awareness Committee Update

With the New Year 5770 comes new hope to bring an end to the genocide in Darfur. The Neveh Shalom Says Never Again Darfur Awareness Committee asks that you make your voice heard. We invite you to participate in these upcoming events and activities:

- Join the Postcard Brigade. Receive monthly updates on the situation in Darfur and stamped and addressed postcards for you to sign and mail. Join the Brigade by emailing postcardbrigade@gmail.com.
- Mark your calendar for the evening of Saturday, December 5th as our committee will host a special Havdalah service and book discussion. We'll be discussing the book *Not on Our Watch* by Don Cheadle and John Prendergast so move it to the top of your Must Read list now.
- Host a Darfur Action House Party. Raise awareness about Darfur among your family and friends. We have all the information and resources you need. Email greenstein_sarah@yahoo.com to find out more.
- Visit The Never Again Coalition website at <http://nwneveragain.weebly.com/>. Get details on Portland-area events and activities as well as resources on Darfur and genocide.
- Bring your ideas, energy and voice to our next Darfur Awareness Committee meeting on Wednesday, October 14th, 7:30pm at CNS Rm 118.
- Call 1-800-GENOCIDE once a day or once a week for the opportunity to tell your elected officials to give aid to the people of Darfur.

Notes from Shomrei Teva



Sukkot – HaChag

On the eve of 15th Tishrei (October 2nd), Sukkot begins. One of the holiday's names is HaChag, The Festival, because it was so important and central to the world of the ancient Israelites.

Sukkot is profoundly connected to the natural world: we build a sukkah out of natural materials, eat the produce and harvest of the land while inside, and even sleep in it amidst the sounds and smells of nature. How can we preserve and strengthen the deep connection between Sukkot and our precious environment?

First, build or help build a sukkah. Decorate it with homemade items and save them from year to year as part of your family's “Sukkot collection”. Purchase as much locally grown and organic food as you can. Pledge to reduce or eliminate the use of pesticides and herbicides in your yard, where the sukkah is located. Reduce your use of water by putting low-flow aerators on your faucets at home. (On the last day of Sukkot, a prayer for rain is added to the Amidah.) Sleep in a sukkah and watch the stars overhead. Finally, pray in the sukkah.

Wave the lulav and etrog, recite the traditional prayers, and from Kabbalah consider this meditation: *From the east we ask for strength and balance, the west, sound thinking and self-clarity. To the south, we seek healing of body and emotional wounds, the north, illumination and personal vision. Looking up we acknowledge God's transcendence, looking down, God's immanence.* Chag Sameach.

Jordan (Yaakov) Epstein

Israel Affairs Committee



We hope you enjoyed Cafe V'Ivrit last month! We had numerous Hebrew speakers together to enjoy practicing their Hebrew. Thank you to Mel Berwin for heading up this program! Todah Rabah. Mark your calendars for October 19th at 7:30 for our next Cafe V'Ivrit. Remember--there are two groups Lomdim (Learners with at least a year of learning under their belt) and Dovrim (speakers) which are facilitated by Hebrew speakers. We'll also welcome David Ehrlich, Schusterman Visiting Writer in Residence, as a special guest. There is a suggested donation of \$5-\$10.

We'll also gather together on October 26th to view Yossi & Jagger, an Israeli movie about an illieit romance in the military. The event is co-sponsored by the The Harold Schnitzer Family Program in Judaic Studies at PSU. A discussion will follow lead by PSU writer-in-residence David Ehrlich. Check E-Blast for more details.

This month's Hebrew uses the word Zeh, which means "it is." Zeh chashuv (it's important), Zeh Hakol (That's it), Zeh Klum (It's nothing), Zeh Lo Meshane (It doesn't matter), Zeh Me'anyen (It's interesting).

Have a great month!

Feldstein Library



Fall Library Hours

Monday, Tuesday, Thursday
8:30 am to 1:30 pm

Wednesday evening 5 pm to 8:30 pm when
Religious School is in session

Sunday 8am to noon when Religious School
is in session

Looking forward to seeing YOU!

SHANAH TOVAH!

Hilde Jacob, Librarian

Lunch Bunch for 65+

Tuesday, October 13, 12noon

The Lunch Bunch invites you to join us for a spectacular KOSHER lunch for only \$5 per person (65 and up) – reservations required. RSVP by noon on Monday, Oct. 12 to the office at 503-246-8831 ext. 100 or CNSreceptionist@nevehshalom.org. Next month's lunch will be on Tuesday, Nov. 10 at 12 noon.



First Friday Shabbat Dinner

Resumes November 6! Watch your Chronicle or email for updates!



Make Your Mark!

Once in a Generation
— For Generations to Come

Every brick represents
an unique opportunity

to perpetuate your name or the name of a
loved one.

There are 1000's of opportunities. There is
a paver for you!

\$180 for an Individual Paver

\$1800 for 6 Patron Pavers

Order today by downloading an order form
(2 pages). For questions contact **Wendy
Kahn**, Development Coordinator at 503-
452-4614.



HEBREW IMMERSION AT NEVEH SHALOM

Kochavim and Notz'tzim are off to a great start this year, and we welcome new families to join us!

Kochavim is Neveh Shalom's fun and unique Hebrew immersion program for pre-K through 2nd graders. Kochavim (Stars) meets Monday & Wednesday afternoons throughout the year, with kids engaging in art, music, drama, stories, active play and games-- all while immersed in modern, conversational Hebrew. Check out a SLIDESHOW from our exciting summer program, find more INFO, and download a registration form at: http://www.nevehshalom.org/learning/youth_education/kochavim or contact **Mel Berwin** 503-452-6890 or michaelvmel@gmail.com. Kochavim is open to the entire community. Financial aid is available.

For younger children aged 0-4 and their parents or caregivers, Notz'tzim (Sparkles) provides an opportunity to sing, play, and connect with other young families. Seasonal and child-oriented themes and holidays are explored through music, instruments, dance, and play--all in Hebrew! We are pleased to be offering Notz'tzim classes this year on Sunday mornings, Wednesday afternoons, and Thursday mornings, with **Morah Levia Friedman** and **Morah Sarah Greenstein**. All classes are drop-in and cost \$12/child (baby siblings under age 1 free). See our website for details, dates, & times: http://www.nevehshalom.org/learning/early_childhood_education/notz

Jewish Childbirth Ed Arrives at Neveh Shalom!



Jewish Baby University is a new program at Neveh Shalom that will ultimately offer the community an array of classes for expectant and newer parents. Last spring we held *The Joys and Oys of Childbirth and Parenting* workshop with Rabbi Greenstein &

Caron Blau Rothstein. This fall we add another course to our offerings, *Milk & Honey: Childbirth Education with a Jewish Twist*. This 6 week course will be team taught by 2 certified childbirth educators/ doulas and **Rabbi Greenstein** and **Caron Blau Rothstein**. Milk & Honey is designed to give first-time expectant parents the information they would receive in a prepared childbirth course at a hospital or birthing center along with the Jewish views on welcoming and raising a child. It's a wonderful way to meet other Jewish families entering parenthood. The course starts Wednesday, October 26. For more information or to register, contact **Caron** at 503-246-8831 x139 or crothstein@nevehshalom.org.



Women's League

Are you a Women's League member? Our dues are \$36; this enables us to provide our many programs throughout the year. We look forward to seeing you at one of our programs.

Join us on **Tuesday, October 6, 7:15 pm** for our Paid Up Membership/Torah Fund event. Enjoy elegant desserts, wonderful music by George Fendel and a trip down memory lane as we celebrate 50 years of volunteerism. Please call **Marla Weiner** 503-690-9233 or **Jackie Constantine** 503-520-1222 for more information. Also, the 2009-2010 Torah Fund pins are here. You will receive your pin with your Torah Fund contribution of \$180.00. This year's theme is Le'avdah ul-shamrah, To Plant and Preserve and the pin is a gold and silver leaf. Please call **Sandi Fulcher** 503-430-8375 for more information.

Our Gloria Bacharach Judaica Gift Shop is open, with much new merchandise. Volunteer with us, shop with us, and tell your friends about us. Contact our Gift shop Manager, **Stefani Cozine**, 503.296.8622 or Co Manager **Samantha Johnson**, 503.482.5142, for information. We'll see you at the Shop!

Women's League annually sponsors the Break the Fast meal after Yom Kippur services. We continue this wonderful and endearing tradition at Neveh Shalom; we thank you for your assistance, and appreciate your donations toward this evening.

Join us on Sunday, November 14 at 9:45 am for a joint program with our Men's Club. A speaker from the Ecumenical Ministries will discuss Torture Awareness in our World.

Also, join us Friday, November 20, at 6:00 pm; we will celebrate Shabbat services at the Robison Home.

Our next Potluck & Planning meeting is Wednesday, October 14 at 6:30 pm at **Jackie Lesch's** home. Do you have an idea for a program or event? This is your opportunity to reach us, everyone is welcome, contact me, 503.626.6611 for details.

Susan Sutherlin

President, Neveh Shalom Women's League

Men's Club



On behalf of Men's Club we'd like to wish all our congregants a happy and healthy new year.

We would like to thank **Dr. Gary Martel**, VP of Programming, for sharing our program and event schedule at our kickoff brunch on September 13. The variety of programs and events that have been developed ensures that we'll have something for everyone.

Our next program brunch will take place on **Sunday, October 18 at 10:00am**. The brunch will begin a little later than normal because of Rosh Chodesh. We'll meet in the Zidell Chapel. The topic for our program is common hearing disorders (i.e.: tinnitus) and the newest technologies available. Our speakers will be Dr. Alisa Weinzimer, AuD and Dr. Allison Bradley, AuD of the Pacific Audiology Clinic. So plan to attend and feel free to bring a guest. All congregants are always welcome to attend our programs.

On Monday, **October 26**, we'll meet at the home of **Bob and Mimi Sorkin** (8845 SW Oxbow Terrace, Beaverton) to socialize, eat pizza, and watch Super Bowl champ Philadelphia take on Washington on Monday Night Football. Please RSVP by October 23rd to tell **Bob** if you plan to attend (bob.sorkin@verizon.net or 503.524.3689). Men's Club members are free and non-members will be charged \$5 each.

Besides our monthly programs Men's Club does much to help the congregation and community. We purchased, build, and take down the congregational sukkah, lead a Shabbat service (this year on October 9), support Shabbat child care, provide kiddush cups (along with Women's League) to Bar and Bat Mitzvahs, assist with several mitzvah activities, and raise funds for children's educational scholarships and our capital campaign.

Your membership and support allows us to do what we do. So please join Men's Club. If you have any questions please contact our Membership VP **Jeremy Kelter** (timberlineadvisors@comcast.net or 503.908.0301).

Bruce Stern and Gabe Markiz, Co-Presidents
Chronicle, No 1 5770 Page 8

CHOIR

Please come check out the The Neveh Shalom choir! We have a new singing style, and begin practicing for our 2 Erev Shabbat performances later this fall. Our rehearsals begin Monday, October 5 at 7:30pm. Questions? Contact choir members **Julie Brophy** (cmjbrophy@aol.com) or **Esther Liberman** (estherbeads@comcast.net)



Cafe V'Ivrit 3rd Mondays, 7:30pm October 19

David Ehrlich will be our guest speaker October 19.

Our first Cafe V'Ivrit August 17 was a success! We had 27 participants sign in, everyone who came was appropriate for either the Lomdim or Dovrim group (beginners/advanced). Linda & Ayal did perfect jobs of facilitating games as well as conversation about music, poetry, and Israeli tv, people enjoyed a glass of wine or cup of coffee along with humus & labne or sufganiyot & halva. Many thanks to everyone who participated and/or helped make this kick-off a success! For more information contact **Mel Berwin** michaelvmel@gmail.com.

Shalom Neveh Families,

We're back!!!!

That's right; Neveh Youth Activities are back in full swing after a beautiful summer and a healing High Holidays. We are so thrilled to help to energize our fabulous congregation with fun-filled activities for our young folks.

Coming right out of the High Holidays and into Sukkot is one of my favorite times of year as an educator. You come from being in your head and concentrating on higher matters and then run right into one of the most active and physical holidays in the calendar! Building sukkahs, shaking lulavs and etrogs, and of course feasting...ah yes, the feasting.

We at Neveh Youth Activities are also ready for action, with amazing events and leadership opportunities for all of our youth in 3rd through 12th grades! Jr. Kadima is bursting at the seams with energy and ruach (spirit), with amazing activities planned here at the synagogue and all around town! Kadima is busy shaping what is perhaps the most spirited and funny groups of young Jews I have met! Hanging out with these middle-schoolers is like living in your own Saturday Night Live skit! And then there is our re-charged Neveh Shalom Youth Group of active teens and leaders who are working hard to shape our community in the years to come. Get used to hearing about this group of teens for a long time!

And of course there are our amazing youth advisors, **Ben Glauber**, **Cara Buchalter Emanuel** and **Yael Bridge**, all amazing youth educators and some of the coolest people I know!

Wow, so soon after Rosh Hashanah and already 5770 is shaping up to be the best year for our kids!

Don't miss out!

Jonathan Emanuel, Youth Director

jemanuel@nevehshalom.org

Kadima (6-8th grade)

Kadima was off to an amazing start this year with our "Back to Shul" kickoff. Playing games and having fun allowed returning Kadimaniks to see their friends and introduce new Kadimaniks to the mix. Our next event, Movie Madness, in our own youth lounge, proved an overwhelming success as Kadima got more of a chance to socialize with this year's crew. Our next event, Rock Climbing at the Portland Rock Gym, promises to be an incredible day of adventure. Registration forms, calendars and fliers can be found in the Youth Lounge. For further information please contact **Cara Buchalter Emanuel** at kadima@portlandrishonim.org.

Jr. Kadima

Hey there Jr Kadimaniks my name is Ben Glauber and I am your new advisor for the 2009-10 year! I can't wait to get the year rolling following our great Kick-off at the "Back to Shul" event last month. Jr. Kadima is known as one of the best programs for Jewish 3rd – 5th graders in all of Portland, and I am so excited to be a part of it! We have so much fun going skating, bumper-boating, over-nighting, and having a blast with our Jewish friends. I have worked in Jewish education and youth programming for five years as a Hebrew teacher, camp counselor, and youth group director, and assisted with Jr. Kadima events last spring and I am thrilled to take over programming and leading events this year. You don't want to miss any Jr. Kadima events this year because they are going to ROCK!!! For more information please contact **Ben Glauber** at benny@umd.edu

USY

Let's Keep the Wheels Spin-Spin-Spinning! Are you a Pinwheel USY Alum?

Do you ever think back to those wonderful days when you were a USYer? Do you treasure those memories of kinnusim and IC, of those magical USY ruach sessions, and of the friendships you made? Have you seen your teenagers and others transformed by their USY experience? Have you ever wondered what became of your fellow USYers from all those years ago?

If you answered 'yes' to any of the above, well then...isn't it time you reconnected with your Pinwheel family?

Pinwheel Region USY is generating an Alumni & Friends database for the purposes of planning reunions and other related initiatives. If you were once part of our special Pinwheel family (or would like to be), we would love to hear from you.

Please submit an email to our regional office at: swire@uscj.org and include your full name, chapter or synagogue name, year of graduation, email address, mailing address, phone number, and whether you are an Alum or Friend. (Please also feel free to forward this to other Pinwheelers you may know.)

Note: All information will be securely stored and used only by PNW regional staff.

Mothers Circle Starts Soon!



New students and Mothers Circle Alumni enjoyed our introductory session on the High Holy Days in September. Now we are ready

to start this year's course, with renowned Jewish educator and CNS congregant Lois Shenker as our facilitator once again.

Are you planning to raise Jewish children or already raising them but you are NOT Jewish? You are not alone. Join the Mothers Circle course and learn about the rituals, history and how-to's of Jewish life with your peers in a warm and supportive environment. The course starts Sunday, October 18 and meets the 1st and 3rd Sundays/month, 9:30-11:30 am at the MJCC. There is NO charge and FREE childcare is available. The program is funded by generous grants from JFGP's Innovation Impact Fund, OJCF and OJCYF.

To learn more contact MC Coordinator **Caron Blau Rothstein** at crothstein@nevehshalom.org or 503-246-8831 x139 or log onto www.themotherscircle.org.

Religious School



October continues to be a busy month in the Religious School while we prepare to celebrate Sukkot and Simchat Torah. Since these two holidays fall on Sundays this year, it enables us to actually participate in the holidays as they occur.

On October 4th, our kids will join the congregation in the Stampfer Chapel when the Hallel prayer is recited. This will offer them the opportunity to recite the blessings over the lulav and etrog and learn how to wave the Four Species. During their time in school this day, they will also perform the mitzvah of "sitting in the sukkah" while they help decorate it. Please be sure to send canned food items with your child to help in another mitzvah project to supply the Oregon Food Bank and the Sunshine Pantry with much needed food. This also reminds us that Sukkot is the Fall Harvest Festival.

On October 11th we will celebrate Simchat Torah by dancing, singing and rejoicing with the Torah in the Stampfer Chapel as we help support breast cancer research. Each child should procure pledges from friends and family. Each time a child sings a song, dances with the Torah, says a prayer, or enhances the celebration, they will receive a sticker. Each sticker represents a monetary pledge. Some donors prefer to give a flat amount of money. Either way, we hope to raise an amount equal to or better than last year's effort – close to \$3000.00! Chag Sameach!!

Susan Bernstein
Education Director

Foundation School



Foundation School is in full swing as we enter the month of October. The children have settled into their new classrooms and created bonds of trust with their teachers. We have enjoyed celebrating the Jewish fall holidays of Rosh Hashana and Yom Kippur together and are now learning about Sukkot and Simchat Torah.

Our preschool children will create decorations for our beautiful Congregation Neveh Shalom Sukkah up in the main plaza. Weather permitting classes will have the chance to enjoy snack time in the sukkah and look up through the branches to see the sky peeking through. Classrooms will have end of summer fruits and vegetables for the children to see and touch and the smell. It is good to thank God for the food the earth provides us during this happy celebration of Sukkot.

The holiday of Simchat Torah will find us marching with flags and talking about the special book of the Jewish people – the Torah – which we read over and over again each year. This special holiday is to show our love for the Torah and the stories of our people that it contains. Simchat Torah means "Joy in Torah".

Our music enrichment specialist Kim Palumbis will join us in October for festive fall singing with all the classes. We also look forward to our first All-School Shabbat on October 16th in Birnbach Hall where Foundation School parents are invited to join us to practice Shabbat rituals and enjoy a special "Creation" performance by our Pre-K Flower Class.

Parents are also invited to a Foundation School Parent Coffee at the end of the month on October 28th from 9-10am in the atrium to get acquainted.

Shalom,
Jan Skolnik, Director and **Kathy Wolfson**, Assist. Director

Young Family Programs @ CNS

Shoreshim



Shoreshim is excited to have our programming year underway! We began the year with a craft table at the All Member BBQ. Children were able to make apple and honey dipping cups for a sweet new year. Fun was had by all.

October 3rd marks the first Tot Shabbat of the New Year. We will now share our

Kiddush with the older children and families of Kehillat Noar. Everyone will come together in the Zidell Chapel. Sponsor a Kiddush to celebrate a special occasion and support Shoreshim!

Also in October Shoreshim will be joining with the rest of the Neveh Shalom community to celebrate Simchat Torah on October 10th and will be hosting a hayride and harvest event on October 25th. Check your email for invitations and more information as the dates approach.

Shoreshim is privileged to have a great group of volunteers for the 2009-10 programming year, but are always welcoming additional help. If you are interested in creating programming that your family will love, join us! Contact **Rachel Pines** at rachelpines@gmail.com or **Sarah Zakreski** at sjbz_pdx@yahoo.com.

Neveh Shalom Babies



We hope everyone had a wonderful sweet new year and a meaningful fast. Be sure to enjoy Sukkot this month! It's such a wonderful excuse to eat outside with family and friends, and to get those babies the last bit of Vitamin D before the sun leaves us for the winter!

Playgroup: Starting the week of October 19th, we are introducing our new version of the playgroup. Instead of the drop-in playgroup, we will be offering an 8 week session on Mondays and Wednesdays. Mondays offer parents/caregivers of babies ages 0-12 months a more structured support/discussion group. Wednesdays offer 12-36 month olds and their parents/caregivers a less structured, more play forum. Groups will be held in the Notz'tzim room, Room 19. Cost: \$25 members/\$35 non-members. Please contact Mindy to sign up.

Parent ed: The first workshop will be this winter. They promise to be interesting and educational! Have an idea for a workshop you or someone you know can teach? Let us know!

First Babies: To be included on the listserv for First Babies, please contact Mindy to let her know you'd like to be included.

Want to get involved? Like planning? We'd love to have you join the CNS Babies planning committee! Please contact Mindy if you're interested!!

For more questions or more information, please contact the chairperson, **Mindy Zeitzer** at icedteagal@gmail.com. Thanks!

Vaad Shel Chesed Group

L'Shanah Tovah ~ From the Chesed Committee!



On behalf of the Chesed Committee, we would personally like to wish all of our Neveh Shalom Members a Happy and Health New Year!

The Chesed, (Caring) Committee, is comprised of a community of Neveh Shalom volunteers who care. We visit people, cook meals, make

birthday calls to seniors, and care for those in need of healing. We study what our tradition has to teach us, we learn practical tips about how to comfort people, and we talk/process our experiences. We would love for you to be part of our growing Chesed Volunteer Team!

WHAT DO VOLUNTEERS DO?

Our Chesed Volunteers play a vital and needed role in our NS Community. In order to provide quality caring support to our NS members in need, Chesed Volunteers are needed to provide rides to Shabbat services, prepare meals/deliver a meal to a family in need, visit a congregant in the hospital, and make birthday calls to seniors.

WHY DO WE NEED VOLUNTEERS?

Our committee believes that Chesed Volunteers bring enthusiasm, energy, and an enriching approach that supports the caring needs of our community. If you feel you are able to contribute to the Chesed approach, we would love to have you join our team! We need you!!

For more information regarding The Chesed Committee or how you can become a Chesed Volunteer, please contact **Barbara Barde**, 503.293.1222 or Barb@Bardepdx.com

Below are the Chesed Committee's meeting dates. Save the dates!! Come check us out and learn more about what we do – we know you'll be hooked instantly! (Location for all meetings: NS Board Room).

- General Chesed meetings are Sundays 10-12 noon in the NS Board Room. Dates: 10/18, 11/8, 12/6, 1/10, 2/7, 3/14, 4/18, 5/16

Chesed group information, please contact **Barbara Barde**, Committee Chair, 503-293-1222 or Barb@Bardepdx.com.

Vaults Now Available at the New Mausoleum



To purchase a vault or for more information please contact Michelle Caplan at 503.293.7305 or mcaplan@nevehshalom.org

Lifelong Learning Fall 2009

KEVA with Rabbi Greenstein:

1st Saturdays beginning Nov. 7: 10:00-11:45am

Join us for Neveh Shalom's newest Shabbat morning service. We study, we sing, we meditate and engage deeply in prayer together. KEVA is for adults and kids of every age, no experience necessary. Bring your friends! KEVA...a little time for your soul. For more information or to get involved please contact **Rabbi Brad** at bgreenstein@nevehshalom.org.

Bible Class

Thursdays, 4:30-5:15pm

Instructor: Rabbi Joshua Stampfer

These informal study sessions offer the opportunity for lively discussion of Bible passages being studied. The class is ongoing and participatory. Registration is not necessary. No Charge.

Talmud Class

Tuesdays, 5-6pm

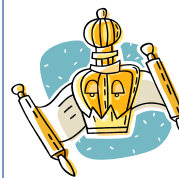
Instructor: Rabbi Joshua Stampfer

Judah Goldin said, "A great novel enables us to see visions, the Talmud enables us to hear voices." Studying the Talmud is like listening to conversations of rabbis who lived 2,000 years ago. Their talk is witty, profound and vastly important to the development of our people's culture. Join Rabbi Stampfer as he interprets their conversations to make them more understandable and timely. The class is ongoing. Registration is not necessary. No Charge.

Simchat Torah

Erev Simchat Torah Service

Saturday, October 10, 6:30pm



This family-friendly service is a joyous celebration of Torah. After a brief havdalah/ma'ariv service, we'll sing & dance with the Torah in seven Hakafot. Then we form a huge circle to unroll the entire Torah scroll as Rabbi Isaak gives us a tour of highlights through the 5 books of Moses. Two couples from our congregation are honored as symbolic brides & grooms, one to represent the completion of the Torah reading cycle, the other to usher in the new. Bring the whole family and join us for this time of celebration!

Simchat Torah Morning Service

Sunday, October 11, 9:00am

Shabbat Singing Service and First Friday Shabbat Dinner

Friday, November 6, 6:15pm

Join Rabbi Greenstein & Ilene Safyan for our Kabbalat Shabbat Singing Service, followed by a kosher, family-style Shabbat dinner. Reservations required: \$14 per person, \$7 per child age 10 and under, \$42 maximum per family (parents & dependent children). RSVP by noon on Wednesday, Nov. 4 (late reservations add \$5 per person convenience fee). Family maximum applies to on-time reservations only. Call the office at 503.246.8831x100, CNSreceptionist@nevehshalom.org

Shomrei Teva Creek Side Restoration

October 18, 9:00am

Neveh Shalom has joined with-SOLV to restore the area along the tributary of Fanno Creek that borders the Neveh Shalom parking lot. We work for an hour or two clearing away new or existing growth of weeds and non-native plants. Bring a shovel (best) or other garden tools. We'll supply the gloves. It's a mitzvah! Contact **Jordan Epstein** at 503.245.6580 or yaakovm@comcast.net

Portland Tuv ha'Aretz



Tuv ha'Aretz, co-created by Shomrei Teva of Neveh Shalom, connects Jewish teachings with sustainable food and

agricultural practices. See our website at www.portlandtuv.org to learn more, and how you can pick-up fresh, local, organic produce weekly at the MJCC, from Sauvie Island Organics. Contact: **Jordan Epstein**, yaakovm@comcast.net.

Blood Drive

November 15, 2009

8:00am-1:00pm

The Red Cross Bloodmobile will be on site at Neveh Shalom from 8am to 1pm. All blood types are needed. Don't wait for someone else to be the hero. We're counting on YOU!

Contact: **JoAnn Bezodis**, 503.293.7309, jbezodis@nevehshalom.org



American Red Cross

Together, we can save a life

Food Barrels



Neveh Shalom has 2 food barrels benefiting Neighborhood House and the Sunshine Pantry. Bring in your non-perishable food items to the barrels located in the

Religious School Hallway and in the foyer outside the Zidell Chapel.

Thank you for your generosity!

Attention Gardeners and CSA members!

Produce Collection,
Thursday mornings until 1pm

Fresh produce is needed for the Oregon Food Bank! Bring your surplus fresh fruit and vegetables to Neveh Shalom on Thursday mornings. At 1pm **Xuan Sibell** will pick up and deliver produce to the Food Bank for distribution to people in need. Questions? Contact **Xuan** at 503-887-9350 or sibell4@comcast.net

Donate Your Car

We would like to thank our recent donor:
Jean Shirkoff

You can receive a tax write-off by donating your unused or unwanted vehicle, running or not.

Call the JoAnn in the Neveh Shalom Office for more info:

503-293-7309, or

jbezodis@nevehshalom.org.

Bar Mitzvah Suit Closet Reduce – Reuse – Recycle!

Yossi's Closet is ready for sharing. Borrow a boy's suit for any synagogue occasion. We have shirts, pants, shoes, and suits. We only ask that you dry-clean any borrowed suit before returning it. Save money & the environment! We accept donations of suits in "like-new" condition, as well as shirts and shoes. To donate or to borrow please call **Stephanie Arnheim** at 503-539-2602 or stephanie@getusafit.com

Men's Club

"Support the Troops Overseas" package project

Sunday, November 15, time TBA

Men's Club invites all members of Neveh Shalom to join in this effort to show support to our young men and women serving in the US Military overseas. For more details contact **David Sibell** at sibell4@ohsu.edu

Congregation Neveh Shalom on Facebook!

Please join our online community on Facebook. Just search for Congregation Neveh Shalom!

facebook.

Support Neveh Shalom while shopping!

Got an Albertson's Card or Safeway Card? Name Neveh Shalom as your Community Partner and a portion of



all your purchases will support the synagogue. This does NOT cost you any money, so it's WIN-WIN! No computer skills necessary. Send JoAnn Bezodis the following information and she will take care of the rest. Contact **JoAnn Bezodis** at 503-293-7309 or jbezodis@nevehshalom.org.

- Name
- Albertsons or Safeway Card Number
- Phone number associated with this card

If you can't find your Club Card number call toll free

Safeway: 1-877-723-3929

Albertsons: 1-877-932-7948

Computer Savvy? Register yourself at www.albertsons.com or www.escrip.com.

The congregation gratefully acknowledges the following contributions:

ADULT EDUCATION

in memory of

Bessie Checkman
Harvey Checkman
 Manfred Lindemann
Tamara Lindemann

BANASKY CHAPEL FUND

in memory of

Mariline Horwitz
Rick and Sharyl Vagy

BECKY MENASHE FUND

in honor of

Wendi Menashe's special birthday
Donna Jackson

in memory of

Rebecca Menashe
Sanford and Wendi Menashe

CAMP SOLOMON SCHECTER FUND

in memory of

Sam Hasson
Milton Hasson

CEMETERY FUND

in memory of

Jacob Bodner
George and Harriet Bodner
 David Greenberg
Sondra Greenberg
 Khotyanov Itskhok
Alisa Prosmushkin
 Anna Newson
Bernice Resnikoff
 Earl Rosenthal
Melvin and Janet Swire

COLLEGE OUTREACH FUND

in memory of

Evelyn Berman
Larry and Evelyn Oxman

COOKIE YOELIN FLORAL FUND

in honor of

Anthony and Priscilla Kostiner's daughter Dana's wedding
Joseph and Susan Schwartz
 Merritt Yoelin's speedy recovery
Stuart and Nikki Director
Deborah & Michael Kovsky
Joseph and Susan Schwartz

in memory of

Jackie Barthold's parents
Joseph and Susan Schwartz

DICKERSON CHILD CARE FUND

in honor of

JoAnn and Chris Bezodis's special wedding anniversary
Robert and Jeannie Rosenthal
 Carolyn Dickerson's Bat Mitzvah
Robert and Jeannie Rosenthal
 Joseph Dickerson's Bar Mitzvah
Robert and Jeannie Rosenthal
 Joseph and Susannah Dickerson's B'nai Mitzvah
Gloria Bacharach
 Susannah Dickerson's Bat Mitzvah
Robert and Jeannie Rosenthal

FELDSTEIN LIBRARY FUND

in honor of

Roberta Ruimy's speedy recovery
Peter Wigmore and Randy Katz

in memory of

Dorris Decherd
Merritt Yoelin and Bobbie Fields

FOUNDATION SCHOOL FUND

in honor of

Jennifer Director Knudsen's new position on the Board

Stuart and Nikki Director
 Herb and Jeannie Newmark's great grandson Silas's birth
Victor and Toinette Menashe

in memory of

Mariline Horwitz
Benjiman and Jeanette Philan
Norman and Suzan Wapnick
 Ruth Lutzker
James Fox
 Kurt Schiff
Norman and Suzan Wapnick
 Mona Sherman
Jeffrey and Francine Reingold
 Eva Wapnick
Norman and Suzan Wapnick

GENERAL SYNAGOGUE FUND

In appreciation of

Congregation Neveh Shalom's Hospitality
Beryl & Jacqueline Ames

in honor of

Her High Holy Day's Aliyah
Rosalie Lesch
 Jonathan Survant Kaplin's Bar Mitzvah
Thomas and Julie Diamond & Family
 Tony and Priscilla Kostiner's daughter, Dana's marriage
Gordon and Sondra Pearlman
 Jason Posner and Lisa Rockower
Kristen Ertischek
 Sherry Stone's special birthday
Jeff and Sandy Axel

in memory of

Muriel Alford
Seth Alford
 Saul Alford
Seth Alford
 Adolfo Berdichevsky
Ricardo Berdichevsky
 Ellen Bursztyn
Gunter Moell
 Michail Chernobelsky
Raisa Premysler
 Lois David
Jeff and Sandy Axel
 Clara Figler
Anna Rashkovskaya
 Golda Finkelsteyn
Eduard and Luiza Vaynberg
 Edith Friedman
Harry Friedman
 Faiga Frydman
Harry Friedman
 Pavel Golberg
Peter and Alla Tolchinsky
 Dora Greenspoon
Betya Tenster
 Sarah Greenstein
Leo Greenstein
 Martin Henner
Inge Hamburger
 Sarah Hodes
Stanley and Shirley Hodes
 Julius and Ida Hopfer
Arnold Hopfer
 Mariline Horwitz
Jeff and Sandy Axel
Mike and Janice Shainsky
 Klara Kaban
Betya Tenster
 Al Lewin
Jacob and Rose Lewin
 Louis Lindemann
Inge Hamburger

Manfred Lindemann
Inge Hamburger
 Vladimir Lurie
Lisa Lurie
 Gary McClellan
Jeff and Sandy Axel
 Laurence Meyer
James and Lora Meyer
 Miriam Minkin
Vera Goldman
 Avraham Parnus
Motria Moraru
 Braina Pereplyotchik
Leonid Pereplyotchik
 Rose Phal
Bruce and Laurie Weinsoft
 Sabina Rozenfeld
Sulamif Rozenfeld
 Ernst Schwarz
Gerald Schwarz
Maurice Schwarz
 Peter Segal
Galina Kogan
 Samuil Shor
Larisa Stolyar
 Bertha Stern
Ricardo Berdichevsky
 Sally Sussman
Howard Sussman

GLADYS & JOSEPH FENDEL CAMP

in memory of

Barbara Mehrwein
Brauna Ritchie

GUMBERT FUND

in honor of

Toby Blake's teacher training
Jason Kaufman
 Amy Katz's teacher training
Jason Kaufman
 Barbara Steinberg's teacher training
Jason Kaufman

in memory of

Lillian Wexler
Vivienne Bonnin

HUNGER RELIEF FUND

in memory of

Elvera Smith
Susan Katz
 Sybil Ruth Samuels Spellman
Rick and Sharyl Vagy

JACOB FREEDMAN SCHOOL FUND

in memory of

Genya Dobkina-Aginsky
Arkady Aginsky
 David Horenstein
Evelyn Freedman

JUDITH & GARRY KAHN CAMP FUND

in honor of

Judith and Garry Kahn's special wedding anniversary
Jonathan and Sarah Glass & Family

JUDY ISAAC BOOKSHELF FUND

in memory of

Evelyn Berman
Victor and Sheila Levy

LESCH CAMP FUND

in honor of

Gloria Bacharach's special birthday
Rosalie Lesch
 Joseph & Susannah Dickerson's B'nai Mitzvah
Harold and Jacqueline Lesch

in memory of

Mariline Horwitz
Rosalie Lesch
 Beatrice Lubliner
Rosalie Lesch

MARK/LEAH RUBIN FS FUND

in honor of

Gary and Cari Rubin
Kristen Ertischek
 Mark and Leah Rubin's special anniversary
Barry and Barbara Caplan
Jon and Michelle Caplan and Family
Stuart and Nikki Director
Kristen Ertischek
James and Lora Meyer

MICHAEL HARROWITZ FUND

in memory of

Lillian Subotnick
Melvin and Cathy Berlant
 Laurie Weinsoft's mother
Melvin and Cathy Berlant

MILT HORENSTEIN MINYAN FUND

appreciation of

All the Morning Minyan Leaders of Neveh Shalom
Ricardo and Rosana Berdichevsky

in honor of

Lynn Ferber's aliyah
Lynn Ferber
 Arnold Hopfer get well wishes
Merritt Yoelin
 Tony and Priscilla Kostiner's daughter Dana's wedding
Jeff and Sandy Axel
 Robert Rowe's speedy recovery
Marvin and Marlene Lazarus
 Howard Shapiro get well wishes
Merritt Yoelin

in memory of

Rubin Rein
Lawrence Rein
 Julius Rovech
Marvin and Marlene Lazarus

MOSKOWITZ FUND

in memory of

Milton Davis
Delphine Davis
 Lillian Moskowitz
Jeff Bean
 Nettie Sherman
Delphine Davis

MURIEL/JOSEPH UNKELES CHOIR FUND

in honor of

John Rosenthal's birthday
Conrad and Abby Myers

in memory of

Ethel Stubbs
Joni Cady

PAVER DONATIONS FOR COURTYARD

in memory of

Monroe E Wall
Catherine Ellison

RABBI GREENSTEIN DISC FUND

in honor of

Rabbi Greenstein
Jonathan and Jennifer Yoken
 Jacob and Jaime's Wedding and Rat Greenstein
Jacob and Jaime Harper

in memory of

Contributions continued:

Bruce Weinsoff's mother
Bruce and Sheila Stern
Laurie Weinsoff's mother
Bruce and Sheila Stern

RABBI ISAAK DISCRETIONARY FUND

in appreciation of
Rabbi Isaak Officating at Marilyn Geller's funeral
Floyd Geller

in honor of
Sue Wapnik's special birthday
Dick and Donna Brownstein

in memory of
Judith Berdichevsky
Oscar Berdichevsky
Sophie Tait
Edward and Gloria Feinstein

RELIGIOUS SCHOOL FUND

in memory of
Vicki Rotstein's father
Carolyn and Joaquin Cigarroa and Family

ROBBI BALL MEM FD FOR DARFUR

in honor of
Earl and Dale Oller
Marvin Halpern

in memory of
Dr. Ray Guggenheim
Melvyn and Elaine Ball
Mrs. Ori Medzon
Melvyn and Elaine Ball

SHORESHIM FUND

in honor of
Maxime Hart's Tot Shabbat Sponsorship
Maxine Hart
Hailey Molly Janoff's Simchat Bat
Jeff and Jennifer Weprin and Family

SHULDMAN KIDDUSH FUND

in memory of
Leon Abravanel
Ricardo and Rosana Berdichevsky
Judith Berdichevsky
Oscar Berdichevsky

STAMPFER BOOKSHELF FUND

in memory of
M.A. Rabin
Dudley Harrington

STAMPFER DISCRETIONARY FUND

in memory of
Mariline Horwitz
Harry and Mary Goldhammer
Dorris Decherd
Harry and Mary Goldhammer
Sylvia Subotnick
Molly Bodner

TIKKUN OLAM FUND

in memory of
Leon Abravanel
Arden and Lois Shenker

WOMEN'S LEAGUE SCHOLARSHIP FUND

in honor of
Gloria Bacharach's special birthday
Sidney and Linda Alpert
Ron and Marcy Morris
Mike Titelbaum's special birthday
Sidney and Linda Alpert

in memory of
Leona Goldberg
Elliot and Suzanne Axel
Chronicle, No 1 5770 Page 14

Mariline Horwitz
Wynne Cooper
William and Sharron Fisherman
Samuel and Christine Gottlieb
David Raskin
Gloria Bacharach

****Tributes received after we went to press will appear in the next Chronicle.**

CLERGY VISITS

To assure that clergy make visits to congregants in the hospital, extended care facilities and hospices, please contact the office at Congregation Neveh Shalom: 503.246.8831. In an effort to comply with the new patient privacy laws, health-care facilities may not release the names of their patients; so it is imperative that you provide the name of the member, the facility name, patient's room number, length of anticipated stay, your relationship to the patient and a number where you can be reached if further information is needed.

WHEN A DEATH OCCURS

Call the synagogue office 503.246.8831 so that we may inform **Rabbi Isaak** and/or **Rabbi Greenstein** and be of assistance. During business hours, ask for **Michelle Caplan**, ext 114. After business hours, on weekends & holidays, contact **Fred Rothstein** 503.475.2934, Rabbi Isaak 503.228.8819 or the funeral home of your choice for assistance. Most Jewish funerals in Portland are arranged by Holman Funeral Service, 503.232.5131. If you wish Tahara for your loved one—respectful preparation for burial according to ancient Jewish tradition—you may request it from Holman's Funeral Home or the funeral home of your choice. The funeral home will then notify The Cheva.

Tzedakah is a central mitzvah of Judaism. Use it often and in good health! Tzedakah honors the giver and the recipient. You can make a Tzedakah contribution to honor, remember or thank someone who is important to you. It is also the custom in many communities to give Tzedakah in appreciation of an honor or aliyah during any service.

Please Be Sure To Include The Names And Addresses Of Both The Donor And The Recipient, As Well As The Name Of The Fund.

We gratefully acknowledge donations to the mentioned Synagogue Funds.

In Memoriam

We mourn the loss of synagogue member:

Kurt Schiff
Mariline Horwitz
David Raskin
Harold Miller

May her souls be bound in the bonds of eternal life.

CONDOLENCES

Our condolences to our members and their families,

Addie Banasky on the death of her mother **Mariline Horwitz**.

Michael & Jamiee Bloom, Liza Millner, and Melissa Bloom on the death of their brother and Uncle, Guy Cogan.

Reena Davis on the death of her aunt.

Bob Ginsberg on the death of his sister Evelyn Berman.

Robert Glasgow on the death of his step-father **Kurt Schiff**

Sarah Greenstein on the death of grandmother, Margrit Khankhanian.

Betty Raskin on the death of her husband **David Raskin**.

Ruby Miller on the death of her husband **Harold Miller**.

May their memories be a blessing.

Chronicle Submissions

Share your life-cycles events and

accomplishments with your congregation. Please e-mail submissions to mcaplan@nevehshalom.org

Deadlines

November Chronicle - October 2nd

December Chronicle - November 6th

January Chronicle - December 4th

Erev Shabbat Services

All Erev Shabbat services are at 6:15pm.

Each 6:15 service has a distinct flavor of it's own. We invite you to sample:

1st Friday-Kabbalat Shabbat Singing Service with Ilene Safyan
(monthly Shabbat dinners will resume in November, reservations required).

3rd Friday-Chik Chok- A lay-led "Carlebach-style" service
(followed by dinner with reservations required).

2nd, 4th and 5th Friday-
Kabbalat Shabbat Service

Dr. Rebecca Kuperstein
Orthodontist

539 SE 39th Ave.

(503) 236-3800

Complimentary
Consultation

Parkside
Orthodontics

All Ages Welcome

www.parksideortho.com

- PERSONAL INJURY •
- ELDER LAW •
- CRIMINAL DEFENSE •

Former Deputy District Attorney

ADAM GREENMAN
ATTORNEY AT LAW

EFFECTIVE
EXPERIENCED
CONFIDENTIAL

503.227.3800
adam@adamgreenmanlaw.com

720 SW WASHINGTON STREET, SUITE 750
PORTLAND, OREGON 97205
FAX 503.203.8274

phone: 503-244-6905
www.juliafitzgeraldcpa.com

Julia Fitzgerald, CPA, PC

4620 SW Beaverton-Hillsdale Hwy,
Suite B-4 Portland, OR 97221

A professional resource for your
home business or small business.
QuickBooks® • Taxes • Business Development

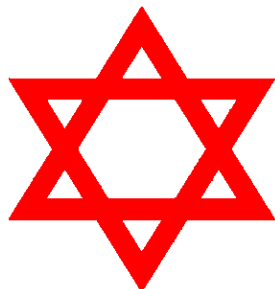
HOLMAN'S
FUNERAL SERVICE

Family Owned
and Operated

**Providing Caring, Affordable
Service to Portland's Jewish
Community Since 1854**

503-232-5131

2610 S.E. Hawthorne Blvd.
www.HolmansFuneralService.com



**Advanced Pain
Management Center** is
committed to helping our
patients live as fully as possible.

If you suffer from recent vertebral compressions
fractures, sciatica, headaches/migraines, acute
and/or chronic back/neck pain, arthritis,
abdominal pain, chronic pelvic pain, post-traumatic
pain, spasticity, or persistent pain associated with
chronic peripheral vascular disease, intractable
angina, shingles, pain as a result of a motor vehicle
accident, or other chronic pain condition please
let us try to help.

If you are ready to reclaim your life, please give our
new patient coordinator a call at **503-295-0730**.
We look forward to helping you!

Dr. Mojgan Rostamian
invites you to try her
Family Dental Practice
Emergency and new
patients are welcome.

2350 SW Multnomah Blvd.
Suite I
Portland, OR 97219

503-246-8011
www.rostamian.com

Your family has
always been our focus,
Now we can make your memory and
you can support your congregation!

Granite Memorials now available!

Contact Michelle Caplan
503-293-7305
or
mcaplan@nevehshalom.org

Sometimes, all you need is a helping hand.
Let us help you to stay at home.

*"The service was tremendously
helpful in our time of need."*
- Rabbi Joshua Stampfer

SINAI
FAMILY
HOME
SERVICES

Sinai Family Home Services
503-542-0088
www.SinaiFamily.org

TravelWise by Bruce

Book your travel online at
www.travelwisebybruce.com

Bruce Stern, Agent
503-380-0797

Need help delivering your message?

**To reserve
your space**

1-800-318-0360

Call Matt Brown today



Congregation Neveh Shalom
2900 SW Peaceful Lane
Portland, Oregon 97239

Address Service Requested

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
Portland, Oregon
Permit No. 963

DATED MATERIAL

The Chronicle is a publication of Congregation Neveh Shalom 2900 SW Peaceful Lane, Portland, OR 97239
Provided free with membership.

When a death occurs
Call the synagogue office
503.246.8831 so that we may inform
Rabbi Isaak and or Rabbi Greenstein
and be of assistance. After business
hours, on weekends holidays, contact
Fred Rothstein at 503.475.2934 or
Rabbi Isaak 503.228.8819
See page 14 for more information

DIRECTORY

Congregation Neveh Shalom Affiliated with USCJ Office 503.246.8831, FAX 503.246.7553
<http://www.nevehshalom.org> email: info@nevehshalom.org

Rabbi Daniel Isaak

ext 115, disaak@nevehshalom.org

Rabbi Bradley Greenstein

ext 136, bgreenstein@nevehshalom.org

Rabbi Emeritus Joshua Stampfer

ext 119, jstampfer@nevehshalom.org

Cantor Linda Shivers

cantor@nevehshalom.org

Fred Rothstein, Executive Director

ext 134, frothstein@nevehshalom.org

Darlene Arntson, Admin. Asst.

ext 135, darntson@nevehshalom.org

Marci Atkins, Clergy Asst. & Events Coordinator

503.293.7308, matkins@nevehshalom.org

Susan Bernstein, Director, Youth Education

503.293.7306, sbernstein@nevehshalom.org

JoAnn Bezodis, Program & Fundraising Director

503.293.7309, jbezodis@nevehshalom.org

Michelle Caplan, Member Services/Cemetery Director

503.293.7305, mcaplan@nevehshalom.org

Jonathan Emanuel, Youth Director

ext. 142, jemanuel@nevehshalom.org

Marg Everett, Admin. Asst.

ext 112, meverett@nevehshalom.org

Hilde Jacob, Librarian

503.293.7311, hjacob@nevehshalom.org

Wendy Kahn, Development Coordinator

rifkashira@comcast.net

Gabe Markiz, Men's Club Co-President

gabe@mandfcps.com

Doug Lenhoff, President

cnsresident@gmail.com

Dayle Maizels-Tyrrell, Religious School Asst.

503.293.7312, dayle@nevehshalom.org

Julie Marquis, Admin. Asst.

ext 111, jmarquis@nevehshalom.org

James Monaghan, Cemetery Maintnance

971.207.6974 mlm51@aol.com

Caron Blau Rothstein, Outreach & Engagement Director

ext 139, crothstein@nevehshalom.org

Jan Skolnik, Foundation School Director

503.293.7307, jskolnik@nevehshalom.org

Bruce Stern, Men's Club Co-President

bruce@thesternfamily.net

Susan Sutherlin, Women's League President

susanmsutherlin@hotmail.com

Debbi Villani-Allen, Administrative Director

ext 125, dvillani@nevehshalom.org

Kathy Wolfson, Foundation School Asst.

503.293.7307, kwolfson@nevehshalom.org

CONGREGATION NEVEH SHALOM OCTOBER 2009/5770 - TISHRI-CHESHVAN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				13 TISHRI 7:15am Minyan 9:15am Notz'zim 4:15pm Hebrew School 7:30pm Executive Committee	14 TISHRI 7:15am Minyan Zoe Edelson Bat Mitzvah 6:15pm Kabbalat Shabbat Serv.	15 TISHRI Zoe Edelson Bat Mitzvah 9am 1st Day Sukkot Service 9:30am Shabbat School 10:15am Tot Shabbat 10:15am Kehilat Noar
					EREV SUKKOT 6:32pm	SUKKOT
16 TISHRI 4 9am 2nd Day Sukkot Service 9am Religious School 9:30am Notz'zim 6:30pm New Member Sukkot Dessert (off site)	17 TISHRI 5 7:00am Minyan 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim & Parent Mtg 6pm Kochavim in the Sukkah 7pm Talmud w/Rabbi Isaak 7:30pm Choir Practice	18 TISHRI 6 7:00am Minyan 4:15pm Hebrew School 7pm Womens League Torah Fund dessert	19 TISHRI 7 7:00am Minyan 7:45am Career Transition Ntwk 4:15pm Hebrew School 4:15pm Kochavim 4:30pm Notz'zim 6pm High School 7pm Walking with Life w/R. Isaak	20 TISHRI 8 7:00am Minyan 4:15pm Hebrew School 7pm Tikkun Olam Mtg	21 TISHRI 9 7:00am Minyan 6:15pm Kabbalat Shabbat Serv. Men's Club Shabbat 7:30pm All Member Dinner in the Sukkah HOSHANAH RABBAH 6:19pm	22 TISHRI 10 9am Combined Shabbat Serv. with Yizkor 9:30am Shabbat School 6pm Erev Simchat Torah Celebration YIZKOR SHEMINI ATZERET
SUKKOT	HOL HAMOE'D SUKKOT					
23 TISHRI 11 9am Simchat Torah Service 9am Religious School	24 TISHRI 12 7:15am Minyan 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 7pm Talmud w/Rabbi Isaak 7pm Process Review Com. Mtg. 7:30pm Choir Practice	25 TISHRI 13 7:15am Minyan 9am Career Transitions Workshop Series 12noon Senior Lunch 4:15pm Hebrew School	26 TISHRI 14 7:15am Minyan 7:45am Career Transition Ntwk 10am State of the Economy & the Jewish Community 4:15pm Hebrew School 4:15pm Kochavim 4:30pm Notz'zim 6pm High School 7pm Walking w/Life w/R. Isaak	27 TISHRI 15 7:15am Minyan 9am Melton Grad Class 9:15am Notz'zim 4:15pm Hebrew School 4:30pm Bible Class 7pm Intro to Judaism 7:30pm Board Meeting	28 TISHRI 16 7:15am Minyan 9am Career Transition Workshop Series 6:15pm Chik Chok Service and dinner 6:07pm	29 TISHRI 17 9am Shabbat Services 9:30am Shabbat School 10:15am Tot Shabbat 10:15am Kehilat Noar BERESHIT
SIMCHAT TORAH						
30 TISHRI 18 9:00am Minyan 9am Religious School 9:30am Membership Meeting 9:30am Notz'zim 9:30am Mothers Circle - MJCC 10am Chesed Meeting 10am Men's Club Meeting	1 CESHVAN 19 7am Minyan 9:15am Playgroup 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 7pm Talmud w/Rabbi Isaak 7:30pm Cafe V'lurit 7:30pm Choir Practice	2 CESHVAN 20 7:15am Minyan 9am Career Transition Workshop Series 4:15pm Hebrew School 5pm Talmud Study	3 CESHVAN 21 7:15am Minyan 7:45am Career Transition Ntwk 9:15am Playgroup 4:15pm Hebrew School 4:15pm Kochavim 4:30pm Notz'zim 6pm High School 7pm Walking w/Life w/R. Isaak	4 CESHVAN 22 7:15am Minyan 9am Melton Grad Class 4:15pm Hebrew School 4:30pm Bible Class 7pm Intro to Judaism 7:15pm TASK Parent Meeting	5 CESHVAN 23 7:15am Minyan Dina Zaslavsky Bat Mitzvah 9am Career Transition Workshop Series 6:15am Kabbalat Shabbat Serv.	6 CESHVAN 24 Dina Zaslavsky Bat Mitzvah 9am Shabbat Services 9:30am Shabbat School 9:30am Downstairs Minyan
ROSH CHODESH						
7 CESHVAN 25 9:00am Minyan 9am Religious School 7pm Writers & Scholars Lecture with Shawn Levy	8 CESHVAN 26 7:15am Minyan 9:15am Playgroup 1pm Mah Jongg 4:15pm Hebrew School 4:15pm Kochavim 7pm Movie Night - Israeli Affairs with PSU 7pm Talmud w/Rabbi Isaak 7:30pm Choir Practice	9 CESHVAN 27 7:15am Minyan 4:15pm Hebrew School 5pm Talmud Study	10 CESHVAN 28 7:15am Minyan 7:45am Career Transition Ntwk 9:15am Playgroup 4:15pm Hebrew School 4:15pm Kochavim 4:30pm Notz'zim 6pm High School 7pm Jewish Childbirth Ed. 7pm Walking w/Life w/R. Isaak	11 CESHVAN 29 7:15am Minyan 9am Melton Grad Class 9:15am Notz'zim 4:15pm Hebrew School 4:30pm Bible Class	12 CESHVAN 30 7:15am Minyan Shaina Zarkin-Scott Bat Mitzvah 6:15am Kabbalat Shabbat Serv.	13 CESHVAN 31 Shaina Zarkin-Scott Bat Mitzvah 9am Shabbat Service 9:30am Shabbat School LECH LECHA
					5:55pm	NOACH
					5:44pm	

Neveh Shalom Babies Invites You to Fall Playgroups!



Parents & Caregivers

Bring your tot to Neveh Shalom for some grownup discussion and children's playtime. Get to know other Jewish families with young children. Children can play, parents can talk.

Coffee & Snacks Provided

Mondays 0-12 months

Oct. 19 - December 14, 9:15-10:15am
8wks (no class Nov. 23)

Monday playgroup is more of a discussion group for parents on parenting issues, some from a Jewish perspective. We will bring in speakers to facilitate discussions on a variety of topics. Especially good for first time parents but open to all.

Wednesdays 12-36 months

Oct. 21 - December 16, 9:15-10:15am
8wks (no class Nov. 25)

This playgroup will give toddlers and early preschoolers an opportunity for play while parents can just hang out. If you have a baby and a tot, feel free to bring both to this group.

Neveh Shalom Babies Playgroup sign-up

Make check payable to Congregation Neveh Shalom and send with tear off to:
2900 Peaceful Lane, Portland, OR 97239

for one group: \$25 member - \$35 non-member
for both groups: \$40 member - \$60 non-member
(fees can be prorated for late-comers)

I am signing up for: ☐ Mondays
☐ Wednesdays

Name: _____ Child's Name and DOB: _____

Address: _____

Phone: _____ Email: _____ Member? ☐ yes ☐ no

☐ I have a parent discussion topic I could lead for the Monday group. Please be in touch with me.



Congregation Neveh Shalom, 2900 SW Peaceful Lane, Portland, OR 97239
503.246.8831 www.nevehshalom.org



Neveh Shalom's
Jewish Baby University Presents:
Milk & Honey: Childbirth Education with a Jewish Twist

● For: First Time Expectant Parents in at least week 20 of pregnancy ●

● What: Milk & Honey will provide prepared childbirth education ●
taught by certified childbirth educators & Doulas Larissa Guran & Randie Shapiro
Kreifels & the Jewish perspective on childbirth/parenting taught by Rabbi
Greenstein & Outreach & Engagement Director Caron Blau Rothstein.

● Prepare for the arrival of your first child ●
while meeting other expectant Jewish couples

● When: Wednesdays, October 28, November 4, 11, 18, December 2, 9 ●
7- 9:30 pm at Congregation Neveh Shalom

● Cost: \$180/member family, \$225/non- member family ●

● Info: Caron Blau Rothstein, crothstein@nevehshalom.org or 503- 246- 8831 ●

Enclose tear off with check made payable to Congregation Neveh Shalom and send to
CNS 2900 SW Peaceful Lane, Portland, OR 97239

Milk & Honey: Childbirth Education with a Jewish Twist

Names: _____

Address: _____

Phone & Email: _____

Due Date: OB/Gyn: Hospital: _____

Neveh Member/NM? _____



Congregation Neveh Shalom • 2900 SW Peaceful Lane • Portland Or 97239 • 503.246.8831 • www.nevehshalom.org



Beyond Apples & Honey: High Holiday University for Parents

*High Holiday University is Neveh Shalom's
free listing of classes during the month of
Elul that help us prepare for the Fall Holidays of Rosh Ha Shana, Yom
Kippur, Sukkot & Simchat Torah.*

*This year, three experienced Jewish Educators, themselves parents of young children, are
working together to offer a stimulating series of classes designed to help us prepare ourselves
and our families for celebrating the holidays.*

Weds Sept 16, 9:15-10:15 a.m.

Preparing for Rosh Ha Shana with Amy Katz (Rm 19)

Weds Sept 23, 9:15-10:15 a.m.

Preparing for Yom Kippur with Mel Berwin (Zidell Chapel)

Weds Sept 30, 9:15-10:15 a.m.

Preparing for Sukkot with Sarah Greenstein (Zidell Chapel)

*Come to one, two, or all three classes and together we'll explore the language, ritual, and theology of the
holidays, delving into our topics to find greater meaning for ourselves and our families.*

*RSVP to rmceri@nevehshalom.org or 503-246-8831. Babies are welcome. Please let us know if you have other children
that would require babysitting.*



Congregation Neveh Shalom, 2900 SW Peaceful Lane, Portland, OR 97239, 503.246.8831