No. 11 This newsletter is supported by the Sala Kryszek Memorial Publication Fund

From the Pulpit

Preparing Your Heart for The High Holy Days

Dressing up nicely was always a drag, especially for an eleven year old who'd rather be exploring canyons, climbing through bushes and kicking up dust. However, sometimes I needed to put on my scratchy black suit and snap on Sabba's tie, and this was one of them. I knew not to complain, for this was always a serious time:

no TV or street football games with the other kids. I knew that night to follow my Dad, like every other year, past the family room, past the candlelight, and into his office.

While we walked we never said a word and I was always nervous. I couldn't pinpoint why I was so nervous; my father was like a buddy to me and we did this every year. For some reason though, my stomach tickled and felt emptier than it did for spelling tests, the karate championship, and even that feeling when I climbed the ladder to the high dive at the J.C.C pool. Dad broke the silence with a coarse cleaning of the throat and brought me close to him with his arm around me. Softly he spoke, "You know it is three hours later where Sabba is. He's in shul right now hearing the Kol Nidre." The onion from dinner was still on dad's breath and his wool jacket was itchier than mine, but I knew to be serious and not say a word. The red bound book already lay open on the credenza in front of us. Dad rested his palm upon my head and started saying all those words that made him cry. Even when he started, his voice was different,

"He put in your heart His love and...", his voice choked up, "May you long for the Torah...", I only listened to the words I recognized, "Your mouth speak wisdom...May your feet run..." My Dad kept sniffling yet maintained a steady tone in his calming voice, "And may you be inscribed and sealed for a good long life..." When Dad kissed me his face was wet. I asked him if Sabba used to bless him and he told me Sabba had blessed him over the phone earlier but it was in Hebrew.

Our tradition dictates that a parent should bless their children every Friday night and most specifically on Erev Yom Kippur. For thousands of years Jewish parents have poured out tears of hope and support to usher in the New Year. A blessing by Jewish definition is both an imperative to recognize the gifts of our own lives as well as a mandate to give to others. To be blessed is to be a blessing. The High Holidays beg of our hearts to swell, to take spiritual inventory of our own lives and demand that all of our loved one's write themselves in the book of life. On the soon approaching night of October 8th, when the sun begins to set to welcome our most sacred day of the year, consider blessing your children. Consider connecting your family to Jewish families across the globe and across the ages by saying all those words that rest all year in your heart. I would love to email you the traditional blessing to be said to children on Kol Nidre. Sarah, Adirah, and I wish you and your loved ones a sweet new year full of meaning, laughter, and healing.

Shana tova u'metukah,

Rabbi Bradley Greenstein

Capital Campaign



Photo courtesy of Julie Brophy

A Night for Celebration

A celebration dinner honoring donors at all giving levels and the completion of the "Once in a Generation" campaign will be held Saturday evening, October 25, 2008, at 6:30pm. At this event, the Stampfer Chapel will be dedicated. The evening will be begin with a hosted cocktail hour in the new chapel where there will be an array of hors d'oeurvres, and a jazz quartet, Tall Jazz will play from 6-7pm. Following, a sit down elegant dinner in Birnbach Hall will be a program with Steve Kahn serving as Master of Ceremonies.

And then completing the evening, a dessert and coffee bar, dancing and merriments back in the Stampfer Chapel.

Cost of the dinner is \$75.00 per person. Cocktail attire is suggested. Seating is limited, so please make your reservations by October 15, 2008 to Rebecca Moeri at the synagogue 503-226-8831or email rmoeri@nevehshalom.org.

> You will not want to miss this historic event.

Take a look at a new addition to the CNS website, go to http://www.nevehshalom.org/home





Open Doors Festival October 26, 2008

Shana Tova. Happy New Year!

As we look forward to seeing each other during this High Holiday season, we are also very excited to see the new and renovated spaces where we will pray! This significant accomplishment deserves a big celebration! Please mark your calendar to come to Congregation Neveh Shalom's Open Doors Festival and Dedication Ceremonies on October 26, 2008 from 9:00am-12:30pm.

What a major event in the life of Congregation Neveh Shalom! The day will begin with a dedication ceremony that will pay tribute to all who have helped us reach this milestone. In every corner of the synagogue you will find activities to join, spaces to explore and the smiling faces of old and new friends.

Guided tours will lead you to discover parts of the building you haven't seen before. Enjoy food and live music in the new, beautiful Stampfer Chapel. Check out the new Feldstein library that houses the West Coast's largest collection of Jewish books. Learn how new classrooms and a new administrative wing were thoughtfully designed to support the growing needs of our community.

Throughout the morning, there will be a broad range of activities for people of all ages. Participate in one of the many programs happening throughout the building, or just hang out and reconnect with friends over a cup of coffee and home-baked cookies. The day will definitely be fun for all!

Lastly, make sure to visit the information fair where you'll be able to meet representatives from all of Neveh Shalom's many programs and committees. There are so many ways to get involved!! At the fair, you can ask questions, pick up information and discover new ways for you to make Neveh Shalom your home.

We look forward to seeing you all for this fun and momentous occasion in the history of Congregation Neveh Shalom.

Debbie Plawner

Feldstein Library

Re-opening soon in our new space!
Any questions please contact CNS
office at 503.246.8831
See more info on page 6 of this issue

Yahrzeit Plaques: Lasting Memorials

A Yahrzeit plaque is a lasting tribute that ensures the memory of a loved one will be honored for all time. The purchase of a Yahrzeit plaque guarantees a permanent fixture in the Sanctuary plus a duplicate one that will be displayed on the Yahrzeit. Please contact **Michelle Caplan**, 503.293.7305, or mcaplan@nevehshalom.org. If you would like more information about this tradition and or about purchasing a plaque.

Erev Shabbat Services

All Erev Shabbat services will now be held at 6:15pm. **We will no longer be holding our 8:15pm service.**

Each 6:15 service has an distinct flavor of it's own. We invite you to sample:

1st Friday-Kabbalat Shabbat Singing Service with Ilene Safyan (monthly all members dinner will follow starting in November- reservations required).

2nd Friday- Kabbalat Shabbat Service (Shabbat Unplugged, a meditation service with Cantor will resume in November).

3rd Friday-Chik Chok- A lay-led "Carlebach-style" service (followed by dinner with reservations required).

4th and 5th Friday- Kabbalat Service (Creative Touches still in the making, stay tuned.)

Refuah Shlema

Refuah Shlema, a speedy recovery to
Jay & Robin Bodner
Stephen Blake
Liza Milliner Bloom
Sharlene Harvey
Eileen Kaplan
Arlene Potter
Caron Rothstein
Sam Sadis
Mimi Sorkin

CLERGY VISITS

To assure that clergy make visits to congregants in the hospital, extended care facilities and hospices, please contact the office at Congregation Neveh Shalom: 503.246.8831. In an effort to comply with the new patient privacy laws, health-care facilities may not release the names of their patients; so it is imperative that you provide the name of the member, the facility name, patient's room number, length of anticipated stay, your relationship to the patient and a number where you can be reached if further information is needed.

DAILY MINYAN

Zidell Chapel Monday - Friday 7:15 am Rosh Chodesh 7am Sundays and Holidays 9:00 am

SHABBAT September SERVICES

Friday, 6:15pm ONLY Saturday Shabbat Services 9 am

TOT SHABBAT/ SHABBAT KIDS

1st & 3rd Saturday, 10:15 am

TORAH STUDY

There is no Torah study in September. Please check your calender for start up dates.

DOWNSTAIRS MINYAN

2nd and 4th Shabbat, Room TBD 3rd Shabbat at the Robison Home If you would like to lead the davening for Shaharit, Torah, or Mussaf please call **Mark Sherman**, 503.245.0571

Erev Shabbat Services please see previous page for our new Fall Schedule.

Cantors Notes



I am now starting my 23rd year at Congregation Neveh Shalom and my 25th year as a full time cantor. I've seen a lot of changes through all these years as I'm sure you have as well.

When I came to Portland, there were just a few women who wore a tallit and not every bat mitzvah received one. We used to give out lapel pins for the 13 Mitzvot award. There were no organized meetings for students working on the 13 mitzvot program. The 13 mitzvot handout was just much shorter and less detailed.

Girls didn't learn how to put on t'fillen. Actually, there was no class for the boys either. They learned by attending morning minyan. The only double bar/bat mitzvah ceremonies were for twins. We didn't have Sim Shalom or the Oneg Shabbat siddurim (prayer books) and often bar/bat mitzvah families wrote their own services — not just the handout as we do now. Many of the girls having a bat mitzva only led at the Friday Evening service. Back then most the students thought that cantors were men and they had never seen a pregnant cantor. For the High Holy Days just 4-5 students led parts of the service instead of the 40 we have now.

There was no Percy Bernstein Orchestra. We didn't have a professional conductor conducting the choir. The choir didn't bring in guest artists to perform. We still had an organ in the choir loft and no grand piano and no choir risers.

Many fewer adults were reading Torah for the Holy Days and Shabbatot. There was no outreach to gay and lesbian Jews. The support group for clergywomen of all faiths that I helped start didn't exist. Now it's over 20 years old and still going strong.

There was no teen choir or meditation service but there were two Kol Nidre services. I'm the only cantor I know that had to sing Kol Nidre six times in one evening while fasting. In those days a lot less people came to services on Simchat Torah and Purim. There were only 2 gabbais – Sally Scheuer of blessed memory and Milt Horenstein of blessed memory-instead of a whole gabbai corps.

Of course there were innumerable other changes as well but these are some of the ones that I was involved in. At the High Holy Days this year we will all be aware of change as we start to use the newly built and renovated parts of the building. There will be some changes in the music but there will be many more old favorites.

We are honored to have as our guest the noted Jewish composer, Michael Isaacson, who will be visiting his cousin Gail Halliday.

I hope I'll see you on Sept.14, 3pm at Sheerya's recital at Sherman and Clay (NW 11th & Davis). You can check out the program or get more info by going to her website: http://www.sheerya.com

Shana tova to every one of you and your families. May this year only see good changes! **Cantor Linda Shivers**

Kindle the Sabbath Candles

Ba-rukh atah A-do-nay, e-lo-hay-nu me-lekh ha-olam a-sher kid-sha-nu be-mitz-votav ve-tzi-van-nu li-hadlik ner shel Shabbat. Blessed art Thou, O Lord our God, King of the Universe, Who has sanctified us by Thy commandments, and has commanded us to kindle the Sabbath lights.



If you are unable to attend Shabbat services, dial in to hear them. Call 503.246.8832

Friday, September 5th 7:22pm Friday, September 12th 7:09pm Friday, September 19th 6:55pm Friday, September 26th 6:41pm

A meditation service led by Cantor Linda Shivers No Service

September-October resuming in November.

Kol-ha-kavod

Every simcha is special. Congratulations to our many members who are celebrating in September. In particular, Mazel Tov to the following members who are celebrating special

milestones!
Milestone Birthdays

Sidney Alpert
Michael Bloom
Michelle Caplan
Mitchell Cogen
Neal Dunitz
Clyde French, III
Evelyn Froehlich
Carole Furie
Ian Getreu

Ira Gottlieb
Donna Kalik
Ida Kleinberg
Jakob Kryszek
Hanoch Livneh
Jerome Menashe
Beth Milliner-Bloom
Sandy Platt
Susan Rein

Lawrence Rein
Richard Rosenbloom
Todd Rosenthal
Linda Shivers
Denny Shleifer
Joyce Singer
Martha Soltesz
Boris Telengator
Rosa Wigmore

Milestone Anniversaries

Stephen & Toby Blake Milton & Jean Hasson David & Kerry Kahn William & Wilma Loeb Gordon & Sondra Pearlman Gary & Teri Peck Dennis & Susan Steinberg Rick & Sharyl Vagy Allan & Judy Weingard



Important Notice:

Erev Shabbat Services

All Erev Shabbat services will now be held at 6:15pm.

We will no longer be holding our 8:15pm service.

Donate Your Car

We would like to thank our recent donor:

Marina Braun.

You can receive a tax write-off by donating your unused or unwanted vehicle, running or not. Call **JoAnn Bezodis** in the Neveh Shalom Office for more info:

503-293-7309, or

jbezodis@nevehshalom.org

Chronicle Submissions

Share your life-cycles events and accomplishments with your congregation.

Please e-mail submissions to lkitchen@nevehshalom.org

Deadlines

October Chronicle-September 5th November Chronicle-October 3rd December Chronicle-November 7th

From the President



As the song goes, it's not how you start, its how you finish.

And we need to finish our

Capital Campaign strong. You have been solicited, and wooed. We have presented you brochures and videos, speeches and dinners. So let me cut to the chase. If you have not yet made a pledge, please do so. If you have already made a pledge, consider doing more. We need everyone to participate. Everyone!

As you see the new buildings rise and the classrooms remodeled, think of the future congregants, young and old, who will benefit from your generosity and vision. These facilities will provide the foundation upon which future generations will grow and learn. But we must finish the job, a job only you can complete. We are close; one final push will put us over the top.

Finishing this capital campaign is my first priority. Please participate in it.

Doug Lenhoff, President



Mazel Tov to our College Grads 2008

Meridith Bedrick has graduated from the

University of Oregon with a Bachelor of Arts Degree majoring in Communication Disorders and Sciences. Parents: Rita & Peter Bedrick.

Levi Barnett graduated from the University of British Columbia in Vancouver, Canada with a Bachelor of Arts, majoring in Geography. Parents: Jenna & Mark Barnett.

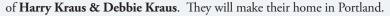
Leah Haas graduated from the University of Arizona with a double major, receiving a Bachelor of Science in Political Science and a Bachelor of Arts in French. Parents: Marsha Spellman & Adam Haas.

Kvell with us!

... Mazel Tov to Eric Wasserman, the son of Joel & Hilarie Wasserman, who has accepted a tenure track position as an Assistant Professor of Creative Writing-Fiction, at the University of Akron, in Ohio. In addition to teaching, Eric will be supervising graduate students who are writing their thesis in Creative Writing. He will also serve on a committee, the Northeast Ohio MFA, a consortium of four universities including, The University of Akron. Eric is a graduate of Lewis and Clark College, and he has a Masters of Fine Arts in Creative Writing from Emerson College in Boston.

...Mazel Tov to Gary & Marcia Borden who welcomed Maxmillion Joseph on Friday, Aug. 1 2008.

...Mazel Tov to Todd Bedrick and Sarah Kraus who were married on June 29th. Todd's parents are Peter & Rita Bedrick and Sarah is the daughter





Yoken baby

...Mazel Tov to the Jennifer & Jon Yoken on the birth of their little girl Eiliana Rose born on August 27, 2008. Eliana joins proud big sisters, hannah and Rachel.

...Mazel Toy to Liatt & Matthew Braun on the birth of their son Jonah, born on Sunday August 10, 2008.

...Mazel Tov to Emily Glasgow & Craig Dorfman on the birth of their daughter Amica Sydney Glasgow Dorfman on June

25. Happy grandparents are **Lesley & Bob Glasgow** and Judy & Joel Dorfman.

...Mazel Tov to Reina Abolofia, daughter of Francine & Mark Abolofia, granddaughter of Stan & Shirley Hodes, who won the President's Award for Outstanding Community Engagement at Portland State University. She was presented this award at a luncheion on June 4th in recognition of her volunteer hours spent working with middle and high school students in Portland area band programs and for the many free communitywide recitals she has performed.

Membership Committee



As chair of the membership committee, I hope to hear from as many members of our congregation as possible, to find out what it's like for you to be part of our community. As a way of doing this, I am putting out a call for photographs and stories.

Do you have photos from a Neveh event that you would be willing to share? Please send them to me with a brief description including the names of the people in the photo. I will be creating a bulletin board at the shul to post these

Are you a budding (or accomplished) writer? I am looking for stories (200 words or less) to include on my bulletin board or publish in the Chronicle. I am particularly interested in three themes: 1) What experiences have you had at Neveh Shalom that have most enabled a sense of true spiritual connection? 2) What challenges have you faced in making a connection at the synagogue and how have you met these challenges? 3) Who helped you to feel welcome when you began attending the synagogue? What did that individual or group do that was special? Feel free to include a photograph with your story.

I hope to see you at the All-Member Barbeque on Sunday, Sept. 14th, and I look forward to receiving your photos and stories!

B'shalom.

Debbie Zwetchkenbaum (plumtree29@aol.com)



Race for the Cure Sunday, September 21

Join the members of Women's League as we support the Susan G. Komen foundation for breast cancer research. See the enclosed flyer to register.

Tzedakah Box



We can't "bear" to wait any longer! Turn in your Tzedakah Box savings from 5768 to support our Social Action programs.

College Students Bony yageParty Sunday, Sept. 14, 6-8pm

The College Outreach Committee invites all college-bound sons & daughters of our members to attend a going-away party here at Neveh Shalom on Sunday, September 14 from 6-8pm. Enjoy a special tour of our new facilities. Both Rabbi Greenstein and Rabbi Isaak will share words of wit & wisdom about college survival. Beverages will be provided. Whether attending college near or far, we hope you will join us.

Attention Parents:

If you have a student who will be attending college (or military) this fall and would like them to be included in the College Outreach mailings, please contact the synagogue office for a form to complete. Remember, we depend on your generosity to help make these care packages possible. Your donation helps purchase the goodies and cover postage. Make checks payable to CNS, and write "College Outreach" on the memo line. Thank you for your support! Thank you!

JoAnn Bezodis, Program & Fundraising Director

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THE GLORIA BACHARACH JUDAICA SHOP AT CONGREGATION NEVEH SHALOM

Look for our grand opening announcement! Our new shop is beautiful, and we are carrying some new product lines to celebrate our space. We invite you to come in, look, and of course, buy.

We have some brilliantly colored items including yadiyim, hamsas, note cards. We have shofarot for adults and plastic ones for children. The tallit sets are spectacular with fabric of wool, cotton and raw silk. We also have traditional tallitot and ceremonial items.

Rosh Hashanah means honey and sweet things and so there are different shaped honey containers. New Year's cards are also available as are holiday tablecloths. It is a pleasure to work in our great shop. We are looking forward to training additional volunteers so we can be open more hours. Working with the news system is fun and easy to master. Call **Sue** at 503.297.9140 or **Ann** at 503.352.4074 for more information.

Our new location is just off the lobby in the administrative wing. You will see our window display when you enter the building. There are more display windows in the hall, make a left turn and there is the door. Do come and see. It is fabulous!

Women's League Potluck & Planning Board Meeting dates below:

Wednesday, September 10, 6:30 pm Wednesday, October 8, 6:30 pm Wednesday, November 12, 6:30 pm Wednesday, December 8, 6:30 pm

For more information please contact **Susan Sutherlin** at 503.626.6611.

Career Transition Group

Resumes Wednesday, Oct. 29
The Career Transition Group will be taking a break due to construction and the High Holidays. We will come together again on Wednesday, October 29th. Look for details in the 2008-2009 Program Guide which will be available soon.

If you have any questions, please contact **Susan Goldstein** (503.880.1473) or **Fred Rothstein** (503.246.8831).



Look for insert in September Chronicle, any questions please contact Rebecca Moeri at 503. 246.8831 or rmoeri@nevehshalom.org

Support Neveh Shalom while shopping at Albertsons!

Got an Albertson's Card? Name Neveh Shalom as your Community Partner and a portion of all your purchases will support the synagogue. This does NOT cost you any money, so it's WIN-WIN! No computer skills necessary. Send **JoAnn Bezodis** the following

information:
Your Name
Zipcode
Albertsons Card Number
Phone number associated with
this card

She will do the rest! Contact JoAnn Bezodis at jbezodis@nevehshalom. org or call 503-293-7309.

Women's League



Be a part of Women's League. Your membership dues enable us to support the synagogue and the community. Be sure to pay your \$36 annual membership dues. We look forward to working with all of you in the year ahead. We make your voice heard as part of the largest synagogue based women's organization in the world.

Join us Sunday, September 21 for the Susan G. Komen Race for the Cure against Breast Cancer. For us, this is a personal Race for the Cure, as many of our members are survivors. This is our 12th year

participating in this empowering event. For information, contact Sandi Fulcher at 503.430.8375.

Join us on Sunday, October 12 for a program on Women's Breast Health issues. Our speaker is Dr. Elizabeth Steiner Hayward. This subject is for ALL women, come and listen, ask your questions, and learn something that MAY save your own life.

Have you ordered your new Torah Fund Pin? Contact **Sandi Fulcher** at 503.430.8378 about your pin. For Torah Fund Card information, please contact **Jackie Constantine** at 503.520.1222.

Our Judaica Gift Shop should be reopening in September. Stay tuned for details of our new shop. Volunteer with us, can you give us two hours per week? For more information, contact **Sue Axel** at 503.297.9140 or **Ann Yudman** at 503.352.4074.

Women's League annually sponsors the Break the Fast meal after Yom Kippur Services. The synagogue does not pay for this. We appreciate and thank you for past donations, we must ask again for your assistance to enable us to continue this wonderful and endearing tradition at our synagogue.

We are a proud contributor to the Capital Campaign, are YOU? Join us and be a part of our growth. We are not a committee of one, be included for the future.

Tell us what YOU need. Our monthly Potluck & Planning Board meeting is Wednesday, September 10 at 6:30 pm at the home of Robin Kelter. This is your opportunity to reach out to US. These meetings are open to everyone to attend and participate WITH us. Contact me for more information at 503.626.6611. **Susan Sutherlin**, Neveh Shalom Women's League President,

Men's Club



On behalf of the Men's Club, Bruce and I hope everyone has had a nice summer. As I write this note, I have noticed significant progress in our synagogue construction effort and look forward to being able to utilize the new and improved space.

Our first opportunity to use this space for Men's Club is Sunday, September 14. This will be our annual introductory meeting where we get acquainted (and reacquainted) with each other and review

our programming for the upcoming fiscal year. We will meet after morning minyan around 9:40am. We start with a breakfast followed by the program. Furthermore, if you are already at the synagogue (for Sunday school or other reasons), this is an opportunity to stay at the synagogue and save some gas while enjoying some interesting programming. Our meetings are open to Men and Women.

Additionally, a group of Men's Club members volunteers at the Oregon Food Bank on the fourth Thursday of each month. Please contact David Sibell at sibelld@ohsu. edu if you are interested in helping.

If you would like to join Men's Club, please contact our membership chairmen, **Larry Skolnik** (lsskolnik@hotmail.com) and **Jeremy Kelter** (timberlineadvisors@comcast.net). We also have membership forms available on our bulletin board in the synagogue. You may also contact either of us at bruce@thesternfamily.net or j3ngoodman@comcast.net.

As we near the High Holidays, we hope everyone's preparations go well and you have a very Happy New Year.

Joe Goodman and Bruce Stern Men's Club Co-Presidents





Israel Affairs Wants YOU!

The Israel Affairs Committee invites
Neveh members interested in learning
more about Israel and passionate about
Israel to join us for an introductory
meeting on September 10 at 7 pm at
CNS. We welcome prospective committee
members at this meeting to discuss options
for involvement including working on
a CNS-Israeli Synagogue Partnership,
Speaker Series, support for Masorti
and Mercaz, and other ways to bring
Israel closer to our congregants. If you
are interested in attending please email
committee chair **Dana Sacks** at

danae.sacks@comcast.net.

What better way to get closer to Israel than a special Israel trip? The Pacific Northwest Region of USCJ is hosting its first ever Biennial Mission to Israel on February 17-26, 2009. Don't miss this unique opportunity to join old friends and meet new ones while seeing Israel through the lens of the Masorti/ Conservative movement. Our regional president, Alexandra Cyngiser, is leading the mission. Highlights include: briefings from Israeli government dignitaries, Shabbat in Jerusalem, visit to an Israeli Defense Forces base, cultural activities, and more. Why this trip? LISCI PNW/

Defense Forces base, cultural activities, and more. Why this trip? USCJ PNW Region's mission is unique in its focus on the growth and vibrancy of the Masorti movement in Israel and the impact that the Masorti/Conservative Movement is having on Jewish life in Israel. It will be an opportunity for us, as American Conservative Jews, to deepen our connections and strengthen our relationship with our Israeli counterparts. For questions on the land portion contact

Alexandra at cyng-a@telus.net and download a registration form at http://www.uscj.org/pacnw.

Dana Sacks,

Israeli Affairs Committee Chair

Youth @ CNS

Shalom Neveh Shalom Families

I wanted to take a moment to briefly introduce myself to those who have not met me. I am Jonathan Emanuel and I am the new Youth Activities Director for Neveh Shalom, and I am so excited to get the year started! I have been part of the Neveh Shalom community as a religious school teacher for the past two years. I have loved my time here with the kids so much that I wanted to help create excellent programs for them to enjoy outside of class. Neveh will be the best place for kids ever!

I have a strong history of working with informal Jewish programming, and have spent over 10 years running camps, youth groups and community education programs in California, Israel and here in Portland. I bring with me an enthusiasm for community building, education, leadership, social action, and above all, having fun with Jews!

This year our wonderful youth advisors and I have built an exciting menu of creative programs for all kids from 3rd through 12th grade to enjoy. We plan to focus on leadership, Jewish culture, holidays, and the tikun olam (fixing the world). We also have a fabulous new Youth Lounge in our newly improved building that we are excited to get decorated and made into a home for our youth leaders.

Above all, we aim to make our new facilities the "home away from home" for our kids. I look forward to meeting you all and getting to know your children.

Shanah Tovah, Jonathan Emanuel, Youth Director

USY (9-12th grade)

Once a USYer, always a USYer. As native Oregonian, I grew up at Neveh Shalom and Camp Solomon Schechter. Judaism was all around me but I didn't know how to process it. I was learning about Abraham and Isaac while nibbling graham crackers and sipping on apple juice, but I didn't really understand why it was so important to me. It wasn't until high school where I learned how to intertwine various aspects of Judaism; Social Action, Tikun Olam, religion, leadership and friendship. This was all rolled into one incredible Jewish youth movement that empowers so many young teenagers. The skills and friendships I gained from USY are invaluable.

After two fulfilling years of USY, I left for the University of Arizona, where I continued to be involved in the Jewish community. Upon my return to Portland I was drawn back to USY, this time as an advisor. I am returning for my fourth year as the USY advisor and I'm really looking forward to working with the high schoolers as well as our talented staff to build up youth programming here at Neveh Shalom. In addition, I am a full time graphic designer and will be making my teaching debut this year at Wednesday night school.

Rachelle Vagy, USY Advisor Kadima (6-8th grade)

Involved in informal Jewish education for the past ten years, **Cara Buchalter Emanuel** begins her fourth year here at Neveh Shalom. A professional illustrator, Cara grew up in New Mexico, and was in Kadima herself. Residing in beautiful SE Portland with her husband and dog, Cara spends her hours in her studio creating Ketubot, invitations, screenprinting and painting. In addition, she founded and currently directs The Jewish Art Institute held during the summer at Neveh Shalom. Cara looks forward to an amazing year of fun, creativity, learning and friendship.

Cara Buchalter Emanuel, Kadima Adivsor

Sept. 14--Kick-off Event 12-3

Kadima will design a mural, build panels and paint our beautiful new youth lounge. Become a permanent part of the youth lounge forever to be admired--build, paint, hammer, nail and draw, all skills are needed! Lunch will be provided.

Sept. 28--Trip to Avalon Theatre 12-4:00
The best arcade in town featuring nickel games! Skeeball! The newest games straight from Japan! Win tickets! And most importantly, hang with your Kadima friends. A walk to Laurelhurst park for to see the ducks and sing songs on the grass will conclude the afternoon. Transportation and lunch provided.

Jr. Kadima (3-5th grade)



Upcoming Programs

Are you raising Jewish children but you are NOT JEWISH? Don't do it alone: Join us for the Mothers Circle

The Mothers Circle provides free education and support for women of other religious backgrounds who are raising Jewish children. Classes meet twice monthly and focus on Jewish rituals, ethics, and the how-to's s of creating a Jewish home. Come be a part of this warm and nurturing environment and feel empowered to take on the responsibility of raising children in Judaism. Open to all in the community (Neveh members and nonmembers alike).

For more information or to register, please contact MC Coordinator **Caron Blau Rothstein** at Portland@ TheMothersCircle.org or 503.246.8831, or visit www.TheMothersCircle.org.

The sample session, information session and the course are FREE, and FREE childcare is available for the Course.

Sample Session:

Preparing for the High Holidays in partnership with CNS Babies

Date: Sunday, September 21, 7 pm Location: Congregation Neveh Shalom Information Sessions:

Dates: Sunday, October 5, 2008 9:30-10:30 am OR Thursday, October 16, 2008 7:30-8:30 pm

Location: Mittleman JCC

Dates: 1st & 3rd Sundays, 9:30-11:30 am, November 2008-June 2009

Location: Mittleman JCC

Shalom Aleichem to a wonderful new year!! I am **Rebecca Cigan**, a returning Neveh Shalom community member, and so excited about it! After years of seeing kids flourish in Jewish youth programs, and experiencing them myself, I am so proud to be a part of this year's Youth Department team and to bring the youth tons of cool programming and unbelievable energy. I'll be Jr. Kadima advisor, designing programs based on creativity, comedy, and Jewish content for the 3rd-5th graders this fall. Yes, we'll bring back some of our traditional adventures such as sports games, water parks, and laser tag, but look forward to some creative fun and active games that bring all that Jewish learning, community enjoyment, and straight-up fun times back home. Please don't hesitate to contact me for any reason at all.

B'Shalom, Becca Cigan, Jr. Kadima Advisor

School @ CNS

Shoreshim

Shoreshim

Shoreshim is off to a great start this year! Over the summer, Shoreshim's planning committee had a Ladies Night Out to create this upcoming year's calendar of events. Shoreshim is a fun way to become involved with Neveh Shalom and meet other families with young children. If you would like to get more involved, please join us on Sunday, September 7th at 9:30 am at Neveh Shalom for our Fall/Winter planning meeting.

Jonagolds! Honey Crisps! Gravensteins! On Sunday, September 28th from 1-3pm, all families with young children are invited to attend

Shoreshim's Apples and Honey Event at the Oregon Heritage Farm. Join us for a hayride (\$5 per family), fun in the "Apple" bouncy house, hot apple cider, apples dipped in honey and story time. At Oregon Heritage Farms (located 8 miles west of Washington Square on Scholls Ferry Road) you can have fun and stock up on apples for Rosh Hashanah at the same time! For more information or to RSVP for the event, email or call Leslie Solomon at leslie@ solomonster.org or 503-350-0993.

Tot Shabbat continues this fall with veteran service leader Jordan Epstein and his melodious accordion for families with children 5 years and under. September services are on September 6 and 20, starting at 10:15 am, followed by a light Kiddush lunch. Shabbat Kids is being transitioned into Kehillat Noar, a youth minyan for children in 1st-5th grades, starting September 13. Be in touch with Education Director Susan Bernstein for more information on this exciting new service.

For questions about Shoreshim or information on how you can get involved, please contact **Cyndy Kagan** at 503-927-4926, ckagan@gmail.com, **Debbie Plawner** at 503-830-3833 debbieplawner@yahoo.com, or **Leslie Solomon** at 503-350-0993, leslie@solomonster.org.

Religious School



In the August issue of the Chronicle, I outlined several outstanding programs offered in the Hebrew/Religious school for children in kindergarten through twelfth grade. I am pleased to have an exceptional staff of teachers who come to the classroom with many years of experience and expertise. Formal education is enhanced by informal and experiential learning. In experiential education, the student becomes more actively involved in the learning process. For example, going to the zoo and learning through observation and

interaction with the zoo environment is experiential and in contrast to reading and talking about animals in a classroom. To enhance a child's educational experience inside and apart from the traditional classroom has been one of my goals, and I am pleased to say we are definitely moving in that direction. With the new hire of our Youth Activities Director, Jonathan Emanuel, this goal can be realized. Jonathan comes to us with many years in the field of Jewish Education both formal and informal. You may have met Jonathan in the classroom where he taught fourth graders last year, or met him as he conducted High Holiday services for the 4th-6th graders. He has offered his talents as a tutor and helped coordinate the All Portland High School programs. Many of you have worked with Jonathan in his capacity as Camp Director at the MJCC day camp. Jonathan will be supervising a talented staff of youth advisors; Becca Cigan for Junior Kadima (grades 3-5), Cara Buchalter for Kadima (grades 6-8), and Rachelle Vagy for USY (grades 9-12). We are all looking forward to an exciting year of youth activities to support your child's classroom education. If you have not registered for Hebrew/Religious School or for one of the youth groups, please do so soon.

We invite you to join the Junior Kadima and Kadima groups on Sunday, September 14th following Religious School for the "kick-off" event at CNS. Also be on hand to meet the advisors and Jonathan on October 26th at the Dedication of the new building. The schedule for the first half of the year will be available soon for all age groups.

Susan Bernstein, Director of Education

Foundation School



Welcome back! We are so excited to be in our newly refurbished classrooms. Thank you to all the teachers for their time and energy getting the classrooms ready to begin a new school year.

The school is starting to feel complete now that the smiling faces and happy voices of our Foundation School students and their families are returning.

We are looking forward to preparing for the High Holy Days of Rosh Hashana and Yom Kippur with apples and honey, busy bee projects and the blowing of the shofar.

L' Shana Tova – A Good New Year – to you all!

Jan Skolnik, Director

Kathy Wolfson, Assistant Director



Happy New Year to all CNSB families!! We have lots of exciting activities beginning this year –

We are co-sponsoring a High Holiday Primer for Parents of Young Children with the Portland Mothers Circle. On Sunday, September 21, 7-8:30 pm, join veteran Jewish educator and life coach Lois Shenker for an engaging program on how to prepare your young family for the High Holidays. Cost: FREE RSVP: crothstein@nevehshalom.org Our FREE drop-in playgroup starts up in October and our parent education seminars will be going on throughout the year. Don't miss our first playgroup on October 17th! There will babies playing, coffee for adults and a special Notz'tzim class led by Sarah Greenstein following the playgroup. We hope to see you there! CNSB PLAYGROUP: Friday mornings from 9-10 am at CNS (starting October 17th). This drop-in playgroup is for children 0-23 months old. Come and play with us!

Questions about Neveh Babies? Please contact **Sarah Mitnick** at mitnick.sarah@yahoo.com or **Hilary Barthold** at hiltim@aol.com. Thanks!

An Interfaith Journey of Peace to Israel and Palestine

Departure is scheduled for this coming December 28 for the 10-day Muslim, Christian, Jewish Interfaith journey with a return date of January 8, 2009. This is unlike any of my previous trips to Israel. We have reservations for three nights at the King's Hotel in Bethlehem, four nights at the Jerusalem Hotel and the final two nights at the St. Margaret Hotel in Nazareth. These hotels were chosen for convenience and to keep costs to a minimum. We will meet with Israeli Jews and Arabs and with Palestinians, each with a different story to tell and with various organizations that are involved in the challenges involved in the conflict. There will undoubtedly be lively discussion and disagreement on interpreting the information we receive. Through it all, we will share each others Sabbath and love for the land.

Our hope is to gather 8 participants from each of the three faith groups to make up the traveling group.

Cost will be \$3,165/person double occupancy. The tour will include round trip economy airfare from Portland to Tel Aviv on Lufthansa Airlines, nine nights accommodation with breakfast and dinner, all ground transportation, entrance fees and portage.

A brochure with further details is currently being prepared. We will soon solicit deposits from those interested in going. Registration deadline: September 30, 2008

Contact Jan Elfers at the Ecumenical Ministries of Oregon at 503-221-1054 or jelfers@emoregon.org

F.

Kehilat Noar (Junior Congregation)

Meets every Saturday morning at 10:15 Starting September 13th

A lively, warm, and fun service that includes music, storytelling, and drama.

Geared towards 1st-5th graders.



All who love them are welcome to attend as well! Led by Gary Liberman and Amy Katz Followed by kiddush.



NOTES FROM SHOMREI TEVA



Rosh Hashanah - A Time for Reflection

Soon it will be Rosh Hashanah 5769 and the beginning of the High Holidays. During this time of looking inward, we can also look outward --- at the earth on which we live. How have we treated it? Have we examined our life-styles, our habits, and have we made changes to reduce our "environmental footprint"? What have we done this past year to teach our children to care for the earth? What

will we do next year as environmental concerns continue to mount?

These, like the questions we ask ourselves about our relationships with people and with God, are also valid for consideration during this personal and most holy of times. Here at Neveh Shalom, the members of Shomrei Teva try to provide some of the answers.

The next phase of our creek side restoration project will be to plant native species in winter near Tu B'Shvat. Around the same time, we plan to hold our third annual synagogue-wide Tu B'Shvat Seder. We've inaugurated a Tuv Ha'aretz Project to develop a Jewish community relationship with a local farmer so that next summer you will be able to buy healthy, organically grown produce delivered to Neveh Shalom. We, like you, will reflect during these upcoming days on what else we can do to care for our garden, our earth.

Quoting Rabbi Tarfon in Pirke Avot (2:16): "It is not your obligation to complete the task, but neither are you at liberty to desist from it entirely..." Come join us during this next year. Contact **Jordan Epstein**: 503-245-6580 or yaakovm@comcast. net.

L'shana tovah

Jordan Epstein

Senior Lunch Bunch

Tuesday, Sept. 9, 12noon

The Senior Lunch Bunch resumes our 2nd Tuesday program on September 9 at 12 noon. Enjoy a spectacular KOSHER lunch for only \$5 per person – reservations required. Save the date and plan to join us. RSVP by noon on Monday, September 8th to Rebecca Moeri in the office at 503-246-8831 ext. 100 or rmoeri@nevehshalom.org



Bar Mitzvah Suit Closet

Reduce – Reuse – Recycle!

Yossi's Closet is now stocked and ready for sharing. Bring in your rapidly growing boy to borrow a suit for any synagogue occasion. We have a number of shirts, pants, shoes, and suits that are ready to be loaned out. We only ask that you dry-clean any borrowed suit before returning it.

This suit closet benefits those in need AND lets us recycle through re-use. We accept donations of suits in "like-new" condition, including shirts and shoes as well. If you have something to contribute, or if you would like to check out our collection for your own son's use, please call **Stephanie**

Arnheim at 503-690-7768 or stephanie@equityhs.com



Food Barrels

Neveh Shalom has 2 food barrels benefiting Neighborhood House

and the Sunshine Pantry. Bring in your non-perishable food items to the barrels located outside our office and in the coat closet near the sanctuary.

Thank you for your generosity!

The High Holy Days are a time for celebration—family gatherings, memorable meals, and much more.

M & M Roses of Israel provides you with an opportunity to beautify your home at the holidays or anytime or add to your simcha décor AND support Israel at the same time. Log onto www.israelrose.com to learn more about how you can have fresh, beautiful ISRAELI roses delivered to your door and lend support to Israel.

Adult Education

Adult Hebrew class for beginners

Instructor: Vered Tzur
Tuition: \$120 CNS Members/\$160Non Members
Thursdays from 6:45-7:45
September 4, 11, 18, 25
October 2, 16, 23, 30
November 6, 13
Learn Hebrew for the first time or refresh your childhood knowledge.
Learn to decode Hebrew text, gain basic vocabulary, use of verb constructs, nouns, pronouns and prepositions.

The History of Israel Through Music Instructor: Susan Bernstein Tuition: No Charge for CNS Members Tuesdays from 7:00-8:00 September 9, 16, 23 October 7, 28 November 4, 11, 18, 25 December 2 Review Israel's colorful history from pre-1948 through current times. Milestone events will be explored through the ways they were reflected in the folk tunes of the day. The ability to read and translate Hebrew will enhance your experience in this class.



High Holyday Childcare Reminder

Families with children 18 months (by September 30th) to five years of age were recently mailed information about Childcare provided on Tuesday and Wednesday of Rosh Hashanah, and Thursday of Yom Kippur between the hours of 9am and 1pm. If you did not receive this information please be in touch immediately with

Marci Atkins at matkins@nevehshalom.org or call 503.293.7308. This service, available for \$13 per session per child (\$25 for 2 or more children), has a registration deadline of Wednesday, September 10th. This deadline must be honored since we commission an outside agency for our providers. There are also provider/child ratios that must be enforced for the safety and happiness of all our children. Please do not delay in returning your registration form on time and do not forget to enclose your payment!

CNS HIGH HOLY DAY UNIVERSITY

We invite the entire Portland Jewish community to take advantage of the Hebrew month of Elul beginning September 1 to prepare themselves body and soul through study and self-examination for entrance into the sacred season of the Days of Awe. Browse the complete selection of courses taught by 21 of Portland's finest Jewish educators, go to http://www.nevehshalom.org/worship/university. All classes will be held at: Congregation Neveh Shalom, 2900 SW Peaceful Lane, 97239. Non-Members, a one-time \$18 registration fee allows you to attend as many classes as you like. CNS members, \$18 donation requested upon registration classes. Fees cover refreshments and cost of class materials. Cooking class has additional fees.

For information, contact JoAnn Bezodis at 503-293-7309 or jbezodis@nevehshalom.org

High Holy Day Etiquette

In order to make our High Holy Day services meaningful and pleasant for everyone, please remember these guidelines:

Parking: Cooperate with parking attendants and restricted zones. A limited number of parking spots in the Neveh Shalom lot are available by RESERVATION ONLY: Disabled (free with DMV permit) and Reserved (\$100 per space). Reservation deadline: September 27. Contact JoAnn Bezodis for more information at 503-293-7309 or jbezodis@nevehshalom.org

Cell phones: Silence your cell phone/pager. The synagogue office line (503-246-8831) will be staffed throughout the holiday services for emergencies.

Tickets: Tickets will be checked, please have them with you.

Service Decorum: Kindly do not enter or exit the services while the ark is open or during the Rabbi's sermon. Our ushers will assist in upholding this decorum by closing doors during these solemn times. Please do your part to minimize disturbance to services by exiting at appropriate times.

Conversation: Casual conversation during services and in the entry is distracting to fellow worshipers. Please whisper and keep talking to a minimum. Appropriate places to visit with friends include the plaza, courtyard, parking lot, near the elevator, in the Foundation School hallway, and in the chapel or classrooms when children's services are not in session.

Behavior: Guidelines should be discussed with your children before arriving at synagogue: Use "indoor" voices, no running, no rough-housing, stay with parents or in areas designated for children (childcare, game rooms, youth services). Ushers will escort unsupervised children back to their parents.

Neveh Families Camp

Eighteen Neveh Shalom families gathered last month to celebrate Shabbat together at Nehalem Bay State Park. We began on Friday evening with a wonderful meal

prepared in the CNS kitchen by several volunteer chefs: Levia and Naomi

Friedman; Nicole, Mitch and Maude Elovitz; Caron Rothstein; Teresa Coughlin; Sherri Cook; Rina Glatzer; Jordan Zwetchkenbaum and myself. Thus began a weekend marked by solid preparation, eager collaboration and joyful celebration.

Our group camping experience brought us closer to nature and each other in ways that were relaxing and fun, spiritually uplifting and occasionally challenging. The

rain came down Friday night, a rather unwelcome guest. On Saturday the

sun warmed our faces for an hour and then it rained again. The rain brought us closer together, with more schmoozing around the picnic tables, under cover, than might have occurred otherwise. We ate, we sang, we prayed, we talked, we biked and hiked, rode scooters and built sandcastles.

Abigail Axel led a lively Shabbat Kids service on Saturday, with Ari Rothstein in a supporting role. I led Tot Shabbat, with assistance from Sandy Axel and Shabbos Mouse. Mitch Elovitz and I facilitated a thoughtful discussion of

themes related to Tisa B'Av after our Kiddush lunch. Len Berman provided an entertaining pre-Shabbat musical performance, and followed up by leading a very moving Eichah service Saturday night.

It was a wonderful, memorable weekend. Thanks to all who participated!

Debbie Zwetchkenbaum, Family Camping Trip Co-Chair



"Calling all Bakers"!

On Sunday, October 26, 2008, Neveh Shalom will open its new doors for the dedication of our building expansion! The party planning is underway and we need your help to make it a sweet success. We are calling all bakers because what's a Neveh Shalom celebration without our famous cookie tables! Over the past 55 years, our members have baked secret family recipes and favorite goodies for family, friends and strangers, resulting in an outpouring of sweetness. I distinctly remember the Friday morning of my daughter's Bat Mitzvah when amidst the anticipation and stress of all of the festivities, I was simply

overwhelmed with seeing the many cookie trays and more importantly the people making them in honor of our family. As we open our doors after the many months of remodeling, we want to highlight the cookie tradition that has been an important part of our synagogue's history. We are asking for donations of 3 dozen (or more) Oneg-type goodies to be brought to the synagogue on from 8am-1pm, Friday, October 24th. We also need volunteers to help tray them 10am-3pm, Friday, October 24th. These treasured goodies will be served at the Dedication event.

So, find your favorite cookie or sweet treat recipe and join us as we continue to build our community of Neveh Shalom and honor our cookie tradition at the Open Doors Dedication event. Please let us know if you will be baking or if you would like to help tray, you can either e-mail **Julie Brophy** at CmJBrophy@aol.com or Rebecca Moeri, administrative assistant at Neveh Shalom 503-246-8831 or email at rmoeri@nevehshalom.org.

If you are interested in volunteering for any of the Open Doors Dedication Event sub-committees to help with planning or for the day of the event, please contact **Wendy Kahn**, Campaign Director at rifkashira@comcast.net.

Akiko Berkman, Dedication Committee Member

The congregation gratefully acknowledges the following contributions:

in memory of

Joseph Cordova

Lee Cordova

Louis Rosenberg

Toinette Menashe

Rita Wolfson

Marvin Wolfson

BERG CAMP FUND

in memory of Annie Levy

Eva and Lauri Levy

CAMP SOLOMON SCHECHTER **FUND**

in honor of

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Helen and Jerry Stern's anniversary

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Rosaline Goldberg

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Mildred Kahn Garry and Judith Kahn

Ben Rvkus

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CEMETERY FUND

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Joeen Rodinsky

COMMUNITY ENRICHMENT FUND

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anniversary

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Donna Jackson and Sol E.

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in honor of

Mark and Leah Rubin's special

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Michelle Brenner

Eva Wapnick

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Susan Katz

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Jack and Darlene Menashe in memory of

Gaby Barde

Jack and Darlene Menashe

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Sheila Levy

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Milton and Jean Hasson

Leonard H. Barde

Scott and Judy Barde

Leonard Barde's dedication through

the years

Gloria Bacharach

in memory of

Mark Ail Raymond and Dorothy Packouz

Gaby Barde

Larry and Robyn Barde

Leonard and Goldie Barde

Scott and Judy Barde

Raymond and Dorothy Packouz Mary Weinsoft

LESCH CAMP FUND

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Sam Gottlieb's special birthday Harold and Jacqueline Lesch

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Morning Minyanaires

in memory of

Bonnie Berry's mother

Bonnie Berry

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Marlene Brenner

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Milt Horenstein

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Lucille Neusihin & Family

Fanny Lazarus Herbert and Bea Hochfeld

Marvin and Marlene Lazarus Philip Shapiro

Howard Shapiro

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Joseph Montrose

Hy and Myra Jackson

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Darrell and Susan Overbeck

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master's degree Bari Isaacson

PA-AM B'DOR-L'DOROT HA-BA'IM

in honor of Millie and Aaron Aronovsky

Julian and Karen Kaufman And

Russel Lemesh

Sandie and Barry Finkel's wedding

Lala McConnell Sharon Olbera

David Silverberg Sam Gottlieb's special birthday David and Susan Honigstock

Robert and Mimi Sorkin Bruce and Sheila Stern

in memory of John Miller

Jerome and Gaby Barde

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Rosalind Kane PRINCIPALS FUND in memory of

Leon Vaisburd Enie Vaisburd

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Rabbi Greenstein

Barry and Sandra Finkel

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in appreciation of

Rabbi Isaak

Barry and Sandra Finkel

Jeffrey and Christie Yonover and

Moore

Rabbi and Carol Isaak

Allan and Judy Weingard

in honor of

Shelbey Barde's bat mitzvah

Mark and Cindy Braverman

in memory of

Robert Bodner

Molly Bodner

Edith Callin

Jeffrey and Barbara Farber

Rose Davis

Albert Rosen

Doug Goodman Miriam Myers

Conrad and Abby Myers

Mark Braverman RABBI STAMPFER

DISCRETIONARY FUND

in appreciation of Rabbi Stampfer

Gail Maron

in memory of Ester Alder

Rosa Wigmore Herman Alder

Rosa Wigmore Louis Wigmore

ROBBIE BALL MEMORIAL FUND

Rosa Wigmore

in honor of

Elana Mann and Jean-Paul Leonard's wedding

Melvyn and Elaine Ball in memory of

Lawrence Peters' brother, Monty Melvyn and Elaine Ball

SOBLE RENOVATION FUND

Drs. Sheila and Matt Casimo's

in honor of

Jerome and Shirley Nudelman

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in honor of Drs. Sheila and Matt Casimo's

birthdays Jerome and Shirley Nudelman

SYLVIA PEARLMAN MEMBERSHIP FUND

in memory of

Gaby Barde Craig and Leslie Goodman

Don Pearlman

Gary and Sylvia Pearlman SYNAGOGUE FUND

in honor of Jeff Axel's birthday

Craig and Leslie Goodman Sam Gottlieb's special birthday Ken and Alta Sigesmund

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Contributions continued:

Peter Wollstein

Sharlene Harvey's speedy recovery Jack and Barbara Schwartz

Aaron Levionson, Noelle Landauer and

Mia Levinson

Steven and Ann Levinson

in memory of

Igor Adamidov Revekka Adamidov

Ingrid Adamovics

Kiki Adamovics

Albrecht Bacarach Jacqueline Lesch

Albrecht Bacharach

Corinne Spiegel

Gaby Barde

Ruth Lindemann

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Marvin Brenner

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Steven Singer

Elizaveta Smetana Yakov Smetana

Solomon Smith

Susan Katz

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Asya Tverye

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Jerome Zeffen

Joan Sher **TOINETTE MENASHE**

BOOKSHELF FUND

in memory of David Menashe

Solomon Menashe

Anna Rosenberg

Ruth Blum

Louis Rosenberg

Ruth Blum **USY TRAVEL FUND**

in honor of

Susannah Hershberg's bat mitzvah Julie and Marty Brophy

Susan Nieh's bat mitzvah Julie and Marty Brophy

Danit Rothstein's graduation

Craig and Leslie Goodman

WEINSTEIN CHAPEL FUND

in memory of Jacob Rapoport

Carolyn Weinstein Irving Sherman

Nancy Sherman **WOMEN'S LEAGUE**

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Melvin and Cathy Berlant Robert and Mimi Sorkin Stuart and Ann Linda Yudman Sam Gottlieb's birthday Sidney and Linda Alpert Elliot and Suzanne Axel Paul and Beverly Contorer Stuart and Ann Linda Yudman Fred and Nora Rothstein's anniversary Elliot and Suzanne Axel

in memory of

Gaby Barde

Elliot and Suzanne Axel

Wolf Seidman

Gussie Cooper

Tzedakah is a central mitzvah of Judaism. Use it often and in good health! Tzedakah honors the giver and the recipient. You can make a Tzedakah contribution to honor, remember or thank someone who is important to you. It is also the custom in many communities to give Tzedakah in appreciation of an honor or aliyah during any service. Please Be Sure To Include The Names And Addresses Of Both The Donor And The Recipient, As Well As

The Name Of The Fund.

We gratefully acknowledge donations to the above mentioned Synagogue Funds.

In Memoriam

We mourn the loss of synagogue members:

Mark Ail Dr. Lawrence Cohen Bela Piatskava Anita Solash

May their souls be bound in the bonds of eternal life.

Condolences

Our condolences to our members and their families,

Becky Allred on the death of her father, Dr. Lawrence Cohen

Mona Ail on the death of her husband, Mark Ail.

May their memory be a blessing.

CORRECTION

Jerry, Rick, Ashlee, Dan & Barbara Barde, Caleb, Shelbey, Kimberlee, Ian and Ralph Miller on the death of their wife, mother, grandmother and sister Gaby Barde.

WHEN A DEATH OCCURS Call the synagogue office 503.246.883 I so that we may inform Rabbi Isaak and/or Rabbi Greenstein and be of assistance. During business hours, ask for Michelle Caplan, ext 114. After business hours, on weekends & holidays, contact Michelle Caplan at 503.481.0164, Rabbi Isaak 503.228.8819 or the funeral home of your choice for assistance. Most Jewish funerals in Portland are arranged by Holman Funeral Service, 503.232.5131.

If you wish Tahara for your loved one—respectful preparation for burial according to ancient Jewish traditionyou may request it from Holman's Funeral Home or the funeral home of your choice. The funeral home will then notify The Chevra.

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The Chronicle is a publication of Congregation Neveh Shalom 2900 SW Peaceful Lane, Portland, OR 97239 Provided free with membership.

When a death occurs

Call the synagogue office 503.246.8831 so that we may inform Rabbi Isaak and or Rabbi Greenstein and be of assistance. After business hours, on weekends holidays, contact Michelle Caplan at 503.481.0164 or Rabbi Isaak 503.228.8819

See page 14 for more information

so please continue to be prepared for changes in parking, locations for classes as well as for services.

Please call the Neveh Shalom office at 503.246.8831 or check for postings for more information.

DIRECTORY

Congregation Neveh Shalom Affiliated with USCJ Office 503.246.8831, FAX503.246.7553 http://www.nevehshalom.org email: info@nevehshalom.org

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CONGREGATION NEVEH SHALOM SEPTEMBER 2008/5769 FLUI-TISHREL

CONGREGATION NEVER SHALOM SEPTEMBER 2008/7/69 ELUL-115HREI								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY 7:15am Minyan 3 Flul	THURSDAY	FRIDAY 7:15am Minyan 5 Elul	SATURDAY		
	9am Minyan 1 Elul	2	[3]	[4]	ነ	6 Elul		
	3pm Storah Telling 7:30pm Choir Practice OFFICE CLOSED	5pm Talmud	7:30pm FS Parent Orientation	3pm Rose Isenstein Unveiling-AS 4:30pm Bible Class 7:30 Executive Committee 7:30pm Choir Practice	6:15pm Kabbalat Shabbat Singing Service	9am Shabbat Services 9am Shabbat School 10:15am Tot Shabbat		
	ROSH CHODESH			·	7:22 pm	SHOFTIM		
9am Minyan 7 ELUL	7:15am Minyan 8 ELUL	7:15am Minyan 9 ELUL	7:15am Minyan 10 ELUL	7:15am Minyan 11 ELUL	10 7:15am Minyan 12 ELUL	17 13 ELUL		
9am Religiou School	4:15pm Hebrew School	12pm Senior Lunch	4:15pm Hebrew School	4:15pm Hebrew School	6:15pm Kabbalat Shabbat	9am Combined Shabbat		
9am Shoreshim Meeting 1 pm	4:15pm Kochavim Staff	4:15pm Hebrew School	4:15pm Kochavim Staff Training	4:30pm Bible Class	Service	Services		
Florence & David Goodman Unveiling-NZ	Training 7:30pm Choir Practice	5pm Talmud	6pm Rel High School and Dinner	7:30pm Choir Practice 7:30pm Tikkun Olam Mtg.		9am Shabbat School 10:15am Kehilat Noar		
			7pm Israel Affairs Committee WL Planning Meeting (offsite)		7:09 pm []			
					7:09 pm [] [[KI TEITZEI 20 ELUL		
9am Minyan 14 ELUL	7:15am Minyan 15 ELUL	7:15am Minyan 16 ELUL	77:15am Minyan 17 ELUL	7:15am Minyan 18 ELUL	19 ELUL	20 ELUL		
9am Religious School 9:30pm Men's Club 11am All Member	4:15pm Hebrew School 4:15pm Kochavim	9am Melton Registration 12pm Notz'tzim	4:15pm Hebrew School 4:15pm Kochavim 4:15pm Notz'tzim	4:15pm Hebrew School 4:30pm Bible Class	6:15pm Chik Chok Service & Dinner	9am Shabbat Services 9am Shabbat School 10:15am Tot Shabbat		
Bar be que 12pm Jr. Kadima Kick-off 12pm Kadima Kick-off	7:30pm Choir Practice	4:15pm Hebrew School 5pm Talmud 7pm Melton Registration	6pm Rel High School and Dinner	7:30 Board Meeting 7:30pm Choir Practice		10:15am Kehilat Noar		
12pm Rudina Rick-on		7:30 New Member Dessert			6:55 pm	Selichot Service/Educational Shuk at the MJCC		
9am Minyan 21 ELUL	7:15am Minyan 22 ELUL	7:15am Minyan 23 ELUL	7:15am Minyan 24 ELUL	7:15am Minyan 25 ELUL	7:15am Minyan 26 ELUL	KI TAVO 27 ELUL		
21	2	[25]	[24]	[Z [†]]	26	2		
8am WL Race For the	4:15pm Hebrew School 4:15pm Kochavim	9am Melton Classes Begin 12pm Notz'tzim	4:15pm Hebrew School 4:15pm Kochavim	4:75pm Hebrew School 4:30pm Bible Class	10am Notzítzim	9am Combined Shabbat Service		
Cure 9am Religious School	7:30pm Choir Practice	4:15pm Hebrew School	4:15pm Notz'tzim	7:30pm Choir Practice	6:15pm Shabbat Service	9am Shabbat School		
9:30am Membership Mtg.		5pm Talmud	6pm Rel High School and			10:15am Kehilat Noar		
7pm Bertha Ail Unveiling-NZ 7pm CNSBabies/Mothers		7pm Melton Classes Begin	Dinner					
Circle HH Program					6:41 pm	AUTT AV (I) A		
9am Minyan 28 ELUL	7:15am Minyan 29 ELUL	70 1 TISHREI			0.11 pm DU	NITZAVIM		
28 ELUL	[29]	50 F HSTIKET						
9am Religous School	5:30pm Erev Rosh Hashanah Services	FIRST DAY OF ROSH HASHANAH	HIGH HOLY	DAY UNIVERSITY B	EGINS SEPTEMBER	2 THROUGH		

5:30pm Family Services

8:15pm Erev RH Services

SEE INSERT FOR SERVICE INFO

HIGH HOLY DAY UNIVERSITY BEGINS SEPTEMBER 2 THROUGH SEPTEMBER 25TH. PLEASE CHECK THE ACCOMPANYING ARTICLE FOR CLASS LISTINGS, DATES AND TIMES.



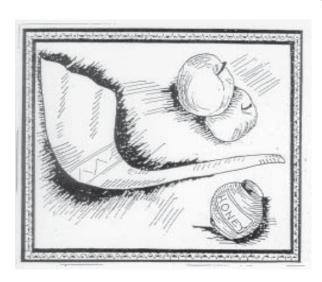
- Meets every Saturday morning at 10:15
 Starting September 13th
 - Is a lively, warm,
 and fun service that includes music, storytelling, and drama.
 - Geared towards 1st-5th graders.
 All who love them are welcome to attend as well!
- Led by Gary Liberman and Amy Katz
 Followed by kiddush.



NEVEH SHALOM WOMEN'S LEAGUE

extends an invitation to

BREAK-THE-FAST



Congregants are invited to join family and friends for a light meal in Birnbach Hall following Yom Kippur services
Thursday, Ocotber 9, 2008

Women's League requests your support to continue this wonderful tradition.

Your donation is vital!

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Reservations are requested -
Name:
Number attending Donation Enclosed \$
\square I won't be attending, but here is my check to help
ASSURE THERE WILL BE A BREAK-THE-FAST NEXT YEAR. Please make checks payable to Neveh Shalom Women's League, 2900 SW Peaceful Lane, Portland, OR 97239



Nevel Shalom Babies Workshop Preparing Young Families for the High Holy Days

- Join renowned Jewish educator, life coach & Neveh congregant Lois Shenker for a discussion on preparing for and celebrating the High Holy Days with your young family.
 - Learn tips for making the holidays meaningful for the voungest members of our community and creating family traditions to last a lifetime.
- Who: Open to the community of parents with very young
 children of all backgrounds
 - When: Sunday, September 21, 2008, 7-8:30 pm

Where: Congregation Neveh Shalom

Cost: FREE

How:

RSVP to Rebecca Moeri at rmoeri@nevehshalom.org or call 503-246-8831

*This workshop is co-sponsored by The Mothers Circle and is open to prospective participants in The Mothers Circle Course.





The discussion will be led by Dr. Elizabeth Steiner Heyward Sunday morning, October 12, 2008 @ 9:30am After Sunday School drop off @ Neveh Shalom, Zidell Chapel

- Do you have questions after a drug advertisement on tv?
- Do you understand what really needs to be done to protect yourself?

Be informed and get the correct information Ask Dr. Heyward your questions This could be a life saving session for all of us Bring a friend, share this program with every woman you know!!

Please let us know you are coming by dropping this tear off to the CNS office or calling 503.246.8831



For more information please contact: Susan Sutherlin at 503.626.6611 or SusanMSutherlin@hotmail.com

- Name _____
- Phone
- email

CONGREGATION NEVEH SHALOM • HIGH HOLY DAY UNIVERSITY

We invite members of Congregation Neveh Shalom and the whole Portland Jewish community to take advantage of the entire Hebrew month of Elul beginning September 1 to prepare themselves body and soul through study and self-examination for entrance into the sacred season of the Days of Awe.

All classes will be held at: Congregation Neveh Shalom, 2900 SW Peaceful Lane, 97239.

For information, contact JoAnn Bezodis at 503-293-7309 or jbezodis@nevehshalom.org

All courses are open to the public. Neveh Shalom members: \$18 donation requested. Non-Members: a one-time \$18 registration fee allows you to attend any/all of the classes. Refreshments will be served.

SUNDAYS:

Elayne Shapiro & Dale Oller

The Days of Awe: Is it easier to ask God for forgiveness than another person?

Sunday, Sept. 7, 10:00-11:30am

This workshop is designed to provoke thought for people struggling with forgiveness. We will touch on both unilateral and bi-lateral forgiveness in a Jewish context. We will use exercises to explore unforgiveness and obstacles to asking for and receiving forgiveness

Charles Elder

Purification and Renewal: An Ayurvedic Guide to the High Holy Days

Sunday, Sept. 14, 9:30-11:45am

Ayurveda is likely the oldest continuously practiced system of Natural Medicine in the world, dating back 4000-5000 years. We will first review general principles of Ayurveda. We'll then discuss how to apply these principles to food preparation, daily routine, and to managing the health of ourselves and our families, both during the High Holy Days and across the cycle of Jewish holidays and festivals.

Gail Sherman

Teshuvah in Modern Israeli Poetry Sunday, September 21, 9:45-11:30am

We'll look closely at a few poems that provide an Israeli perspective on the main theme of the High Holidays. Translations will be provided; Hebrew reading ability a plus, but not necessary.

Lois Shenker

Preparing for High Holy Days with Young Children Sunday, September 21 7:00-8:30pm

Lois Shenker offers parents of young children a guide to the High Holidays. This session is co-sponsored by Neveh Shalom Babies group and The Mothers Circle. As a sample session of The Mothers Circle, this session is especially, although not exclusively, open to interfaith families in our community. Contact Caron Rothstein, crothstein@nevehshalom.org or 503-246-8831 x139 for more information.

MONDAYS:

Amy Katz

V'achalta, V'savata, Uverachta: Eat, be Satisfied, Bless Mondays, Sept. 15 & 22, 7:00-8:00pm

What do Jewish texts have to say about the idea of eating with a sense of joy and gratitude? Is it possible to live a satisfying Jewish life that include enjoying all of the wonderful foods, and still maintain optimal health and live at ease in our own bodies at our ideal weight? Of course! Come explore what both ancient and modern texts have to say about living a healthy life. Learn how to enjoy holiday foods without weight gain or guilt. Let this be the year that you become healthy while kneading your challah and eating it too!

Susan Bernstein

What does a fish head have to do with Rosh Hashanah? OR Did you know there was a seder for every holiday? Monday, Sept. 15, 8:15-9:15pm

Learn about the Sephardic tradition of conducting a seder on Erev Rosh Hashanah. Handouts will be given to each participant to be used for your own ceremony.

Ilene Safyan

Open the Gates: Music for the High Holy Days Monday, Sept. 22, 8:15-9:15pm

As we prepare for the holidays of Rosh Hashanah and Yom Kippur, this will be a time for us to gather, learn and sing melodies, some familiar and some new. This is a great way to begin our journey together. Bring your tape, digital or Ipod recorders (!) and come ready to sing.

TUESDAYS:

Cantor Linda Shivers

Jewish Meditation in Preparation for the High Holy Days Tuesdays, Sept. 2, 9, 16, & 23 at 12:00 noon

Judaism has a long history of many forms of meditation. Try them out and see how they enhance your appreciation of Rosh Hashanah and Yom Kippur.

Rosana Berdichevsky and Gershon Liberman Akedah: VERSE-atility

Tuesdays, Sept. 9, 16, 23 from 7:00-8:00pm

Create your own translation by exploring different authors' English translations of the text along with reading the Hebrew and applying storah-telling techniques to learn the process.

Michael Weingrad

Rabbi Solomon Ibn Gabirol's Keter Malkhut Tuesday, September 9, 8:15-9:15pm

"I have placed it above all my hymns, and call it Kingdom's Crown." The great 11th-century poet and philosopher Ibn Gabirol composed this rending and symphonic poem of God's majesty and individual penitence. A thousand years later it is still read on Yom

Registration Form 2008 High H	oly Day Unive	ersīty — —		
Name(s):				
Address:			StZip	
Email:				
Description	Qty	Amount Enclosed		
CNS Member Registration FREE, donation requested (\$18 suggested per person)				
Non-Member Registration (one-time \$18 fee per person to attend up to all 20 courses)				
Rosh Hashanah Culinary Experience (CNS members \$20/pp, Non-Mem \$25/pp)				
Extra donation enclosed				
TOTAL AMOUNT ENCLOSED				

Please make checks payable to CNS. Kindly pre-register for classes at least 2 days in advance, by 12:00 noon. Questions? Call JoAnn Bezodis at 503-293-7309 or email to jbezodis@nevehshalom.org

Kippur in many Sephardic congregations. We will look at excerpts in the Hebrew original and in Peter Cole's modern English translation.

Gary Fiske

On Rosh Hashanah It is Written and On Yom Kippur It Is Sealed September 16, 8:15-9:15pm

Based Tractate Rosh Hashanah this class will explore how the rabbis understood judgment and how they confronted similar issues to the ones we face today.

Natan Meir

High Holy Day customs in Eastern Europe Tuesday, Sept. 23, 8:15-9:15pm

This course will take a look at a number of different sources that describe folk customs practiced by Jews in the shtetlekh of Eastern Europe in the nineteenth and early twentieth centuries. We will discuss the origin and meaning of these practices in their original context and whether they might have relevance for our Jewish lives today.

WEDNESDAYS:

Eddy Shuldman

Writing your way to Teshuvah Wednesdays, Sept. 10 & 17 from 7:00-8:00pm

For those who wish to express their prayers in a more personal form, we will look at the poetry and prayers that have been written for these Holy Days and then through some activities we can find our own words to ask for forgiveness.

Mark Sherman

A Musical Approach to High Holy Day Preparation Wednesdays, Sept. 10, 17, 24 from 8:15-9:15pm

For the musically inclined, this is an opportunity to explore key liturgical texts in a creative way, through traditional and new melodies. We will explore how these melodies connect us powerfully to the meaning of the holidays and draw on our learning to prepare for Rosh Hashanah and Yom Kippur. Classes can be taken as a series, or individually.

Rabbi Daniel Isaak

Jonah: A Conversation about Interfaith Relations Wednesday, Sept. 24, 7:00-8:00pm

As we enter the crescendo of Yom Kippur afternoon, the book of Jonah is a particularly unlikely prophetic choice. On this most particularlist of sacred Jewish Holy Days, the message is uniquely universalist. Jonah's prophecy consists of a mere five words. Rather than God's emissary, Jonah becomes the object lesson in learning of God's love for all humanity. No other Biblical book provides the direction that Jonah does on how we are obligated to relate to the other.

THURSDAYS:

Svlvia Frankel

A Text Reading of the Akedah

Thursdays, Sept. 4 & 11, 7:00-8:00pm

In our first class, we will read the Torah text and identify the difficulties in Genesis 22:1-19. The following week we will look at a selection of commentaries from the Talmudic, Medieval, Hasidic and modern times.

Barbara Schwartz

$Te shuvah-Working\ on\ the\ Self$

Thursday, Sept. 4, 8:15-9:15pm

Using passages from Hilchot Teshuvah (Mishnah Toarh Vol. 4), we will examine what Maimonides has to say about teshuvah (repentance) and how we might incorporate his ideas into our personal Jewish philosophies. In addition, we will consider some concrete practices that will elevate teshuvah from a once a year activity, to a regular part of our lives.

Mel Berwin

A Crash Course in Hebrew Reading Thursdays, Sept. 11, 18, 25 from 8:15-9:15pm

Hebrew is a fundamental building block for feeling at home in Judaism. This 3-week crash-course teaches mnemonic devices to learn and remember the letters and vowels of the Hebrew alef-bet, taught in a lively and engaging way, so that you can make your way more easily through a siddur (and around a dreydl), help reinforce your children's learning, and gain an important step towards literacy as a Jewish adult. Taught by the director of Kochavim and Notz'tzim, Neveh Shalom's unique Hebrew immersion programs for 0-8 year olds.

Steve Wasserstrom

Franz Rosenzweig on Repentance

Thursday, Sept. 25, 7:00-8:00pm (NOTE NEW DATE)**

Franz Rosenzweig (1886-1929), wrote profoundly on the meaning of repentance on Yom Kippur. We will read a short commentary that Rosenzweig wrote on a synagogue hymn for that day.

Bobbie Kramer

A Rosh Hashanah Culinary Experience Thursday, Sept 25, 7:00-8:00pm

The joy of our New Year's Day is reflected in our holiday's food customs. Make your own delicious and beautiful crown challah, honey-ginger carrots, whole stuffed salmon and apple cake in this hands-on class, led by Bobbie Kramer! Learn about these special holiday food customs, festive meal planning and menus. Space is limited, so make your reservation early. Call the Neveh Shalom office at 503-246-8831 by noon on Monday, September 22. Cost for this class (which includes a \$2 donation to Mazon) is \$20 for Neveh Shalom members, \$25 for non-members.

Please make checks payable to CNS. Kindly pre-register for classes at least 2 days in advance, by 12:00 noon.							
	Questions? Call JoAnn Bezodis at 503-293-7309 or email to jbezodis@nevehshalom.org						
Instructors are listed alphabetically below. Please indicate which courses you are likely to attend to help us plan for copies							
of course materials and refreshments.							
	Rosanna Berdichevsky & Gershon Liberman	□ Amy Katz	☐ Gail Sherman				
_	Susan Bernstein	☐ Bobbie Kramer	☐ Mark Sherman				
		□ Natan Meir	☐ Cantor Linda Shivers				
	Mel Berwin	- H G G	7.1. G. 1.				
	Charles Elder	☐ Ilene Safyan	☐ Eddy Shuldman				
	charles Elder	□ Barbara Schwartz	☐ Steve Wasserstrom				
	Gary Fiske	Darbara Schwartz	Sieve Wasserstrom				
		☐ Elayne Shapiro & Dale Oller	☐ Michael Weingrad				
	Sylvia Frankel						
		☐ Lois Shenker					
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PORTLAND JEWISH ACADEMY

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FOR IMMEDIATE RELEASE

Contact: Marisa Brown, Director of Marketing and Communications, Portland Jewish Academy 503-535-3603

mbrown@portlandjewishcampus.org

(Portland, OR) – August 6, 2008 – Portland Jewish Academy is proud to be hosting an evening with Sharon Estroff, Author of **CAN I HAVE A CELL PHONE FOR HANUKKAH?** *The Essential Scoop on Raising Modern Jewish Kids*. PJA has 320 students from preschool through 8th grade and shares an expansive campus with the Mittleman Jewish Community Center. The event will be held on **Wednesday**, **September 10 at 7:00 PM at the school's campus, 6651 SW Capitol Highway in Portland**. This event is free for all. Please call 503-244-0126 for more information.

CAN I HAVE A CELL PHONE FOR HANUKKAH?

The Essential Scoop on Raising Modern Jewish Kids By Sharon Duke Estroff, M.A.T.

"Sharon Duke Estroff's *Can I have a Cell Phone for Hanukah* is a wise, witty, and insightful guide for parents – both Jews and non-Jews – who are faced with navigating their way through the shoals of contemporary American life. Estroff draws on her experience as a mother, her years in the classroom, and her knowledge of and encounter with Jewish tradition. She has written a book which will help parents in a myriad of ways."

-Deborah Lipstadt PhD, History on Trial: My Day in Court with David Irving

Raising kids in modern day America has its problems, but add uniquely Jewish parenting challenges and many more questions tend to arise. At last, a book has arrived that addresses all of them. **CAN I HAVE A CELL PHONE FOR HANUKKAH?** *The Essential Scoop on Raising Modern Jewish Kids* by Sharon **Duke Estroff, M.A.T.** (**Broadway Books; Trade Paperback Original; 978-0-7679-2544-0**) provides guidance to the millions of Jewish parents who want the best for their kids but aren't always sure of the best way to go about it. It will answer parenting questions old and new, Jewish and secular; and illuminates the ways the rich Jewish tradition can be used to form a lasting, emotional safety net for modern families.

Focusing primarily on school aged children, author Sharon Estroff will discuss everything from preparing for kindergarten (how to choose a school, how to value your child's uniqueness, how to deal with not-so-great teachers) to setting up play dates (how to check out the host's home, how to entertain kids of any age) to managing extracurricular activities (how to plan around Shabbat, how to keep schedules sane) to tackling homework (to tutor or not, how to help but not do) to supervising technology use (how to allow kids to get the most from the internet, which sites offer great content for kids). She even includes a chapter on Santa envy and the best ways to ease a Jewish family through the month of December.



PORTLAND JEWISH ACADEMY

6651 SW Capitol Highway, Portland, OR 97219 P: 503.244.0126 F: 503.452.7001 www.portlandjewishacademy.org

Chock full of great advice and warm wit, **CAN I HAVE A CELL PHONE FOR HANUKKAH?** recognizes the importance of family life and tradition but also the reality of a kid's world. It offers plenty of what you would expect in the way of reading recommendations and holiday traditions for Jewish kids but also plenty of cutting edge guidance on issues like how to help your child choose between mandatory baseball practice and Hebrew school. It also helps parents figure out how to reconcile the Bat Mitzvah ceremony, which celebrates the child becoming an adult, with the specter of a hoard of 13 year olds at an extravagant party. With a focus on the future--the goal as a parent is to raise confident, successful adults--and an appreciation of the journey--we need to enjoy these precious years — **CAN I HAVE A CELL PHONE FOR HANUKKAH?** is destined to become a parenting classic.

About Portland Jewish Academy:

Portland Jewish Academy (PJA) is a community Jewish day school that serves children from preschool through eighth grade, combining academic excellence with timeless values. Focus on respect, critical thinking, and creativity, plus rigorous academics equals a well-rounded education in which parents can take pride. More information about PJA can be found online at www.portlandjewishacademy.org.

About the Author:

Sharon Duke Estroff, M.A.T. is an internationally syndicated parenting columnist whose articles address contemporary and traditional parenting issues within a Jewish context. Her columns appear in over 50 publications which reach two one million readers. She is an educational consultant with Perimeter Educational and Psychological Services in Atlanta and an award-winning Jewish educator with nearly two decades of experience in both public and private schools. As the mother-of-four and the "Best Teacher in a Jewish Day School" in Atlanta (2001), Estroff knows something about Jewish kids (and their parents). She has appeared on Fox's "Good Day Atlanta" to discuss educational and parenting issues and speaks frequently to Jewish audiences about the unique task of raising Jewish children. She will have an article in *Parents* magazine and also in the *Jerusalem Post* magazine in the spring. She lives in Marietta, GA with her husband and four school aged children.





Make History on the First-Ever USCJ Pacific Northwest Region Mission to Israel

If not from the four corners of the earth, participants in the first-ever USCJ Pacific Northwest Region Biennial Mission to Israel will be gathering from Alberta, British Columbia, Oregon and Washington State to spend an amazing 10 days in Israel from February 17 – February 26, 2009.

'There are many missions out there that promise participants the trip of a lifetime," says USCJ PNW Region president Alexandra Cyngiser, "but this is the only one specifically created for residents of the Pacific Northwest. We are very excited about this unique opportunity to explore and celebrate the increasing prominence of Masorti Judaism in Israel and the bonds between Israeli and Pacific Northwest Jews devoted to Conservative/Masorti Judaism."

Cyngiser says that the mission, open to all members of USCJ-affiliated Conservative congregants will be a trip to remember. Participants will stay in youth hostel style guest-house accommodations at the Fuchsberg Center in Jerusalem, the epicentre of the Conservative movement in Israel. USCJ staff members at the Fuchsberg Centre have been instrumental in creating an exhilarating and interactive itinerary for this ground-breaking mission.

Guided by extraordinary moreh derech Itzik Yanai, mission participants will enjoy highlights of Jerusalem, Tel Aviv and Haifa; meet with leading Israeli dignitaries; and bring their own helping hands to chesed projects aiding Israelis in need.

Other trip highlights include in-depth discussions with representatives of various Masortiaffiliated organizations, visits with members of Israel's Ethiopian community, specialty meals and evening programs, and plenty of time for R and R (relaxation and retail!).

Land Package:

\$1,825.00 USD per person, based on double occupancy. (Single Supplement: \$257.00).

Air (El Al from Los Angeles):

\$1,387.00 USD, plus taxes and fuel charges of approximately \$560.00 USD (subject to change).

For detailed information and registration forms, go to http://www.uscj.org/pacnw or contact Alexandra Cyngiser at cyng-a@telus.net or (403) 238 – 4282. Register by October 24, 2008 to receive an early-bird discount.