

Congregation Neveh Shalom

High Holy Day Information

5777



CONGREGATION
NEVEH SHALOM

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Rabbi Greeting

A contemporary sage has noted that time is the medium of our lives and that we can be its artists. What she means is that the choices we make and the acts we undertake change both us and time. That feels right, even though we don't always catch that change as it happens. One day we wake up and look at the mirror from a slightly different angle, and we note the passage of time a bit more clearly. We see how we begin to look like our partners or siblings—or notice how our children resemble us. On a good hair day, I might even look more like my cat! Mostly I see a balding mix of both my dad and my papa.



More substantially, sometimes we glance at our souls and detect changes that weren't always there. Our Jewish calendar encourages this sort of introspection. Each holiday addresses a different theme. Our weekly Shabbat celebrations here at Neveh Shalom focus on joy, community and the importance of relaxation. Sukkot connects us to our place in the natural world while Passover emphasizes freedom and family. Purim reminds us that every so often we need to dress up as someone different and get a little crazy. Each holiday marks the passage of time for us so that we can better become artists of our lives.

Rosh Hashanah and Yom Kippur are the most explicit statements of this process. They remind us that renewal and rebirth happen to all of us, and that such rejuvenation is an essential part of being human. They get under our skin in less pleasant ways also, reflecting back at us all the ways that we haven't changed and how incomplete we still are. I'm now at an age where Carl Jung's psychology is making a lot of sense. Issues I thought I had long resolved have come back. I can fall back on the answers I stumbled on in my twenties and thirties, or attempt something more heroic with my life. And so can you.

Here at Neveh Shalom, we are all beginning a new year. We want this wonderful community and all it offers to be a resource in your life. Find joy here, learn, get a little wild. Get a little wiser. All we have is time. We want to help you use yours well. May the year be a sweet one for you and yours.

A handwritten signature in black ink that reads "Rabbi David Kosak". The signature is fluid and cursive, with a long, sweeping tail on the final letter.

Rabbi David Kosak

President Greeting

"I found a fruitful world because my ancestors planted it for me. So, too, will I plant for my children."

(Babylonian Talmud, Ta'anit 23a)

Shana Tova,

We will soon gather in our communal home to renew ourselves and our participation in Jewish life during the High Holy Day season. Let us be grateful for our strong Kehillah and all that it offers.



We are blessed that our congregation offers so many opportunities to participate in Jewish life and create meaningful relationships. Whether it is Foundation School for pre-school aged children, Aliyah and Wednesday Night School for our older children, youth groups, tikkun olam opportunities, adult education, there is something for everyone. I know the more you are able to engage with our Kehillah, the more fulfilling your year will be.

Judaism teaches us to make the world a better place for future generations. Those who came before us preserved our heritage and it is our obligation to ensure the future for the next generation. This can only be accomplished through your personal philanthropy. Our tradition teaches the importance of giving generously, especially, during the High Holy Days. Through your High Holy Day and Annual Giving Campaign contributions, we can ensure that our synagogue will not only continue to survive but to thrive.

On behalf of myself and the Board of Directors, best wishes to you and your family for a happy and healthy 5777.

A handwritten signature in cursive script that reads "Stephen Blake".

Stephen Blake

Annual Giving Campaign

"If Not Now, When? Today and Tomorrow" -Maimonides

"I had NO IDEA, but our third grader did! Our son gave us a window into what he's learning in school. During our Seder he really challenged the whole table of adults to think and respond to his questions. It was epic and I have ALIYAH to thank for that!" - Cory Raiton, parent

It is said that tzedakah is as much a need of the donor as it is for the recipient. So many of us are blessed with a variety of riches. Riches of community, spirit, friends, family, health and of course, the ability to contribute. Our community (kehilla) is blessed with riches. Our community is only as strong as the those who are committed to its health and success.



Your Support will:

- Assist and support our congregants with all life cycle events. Your gifts allow for 33% of our membership to participate in community. Congregants were provided \$398,896 in financial assistance in 2015. We nurture souls and connection!
- Engage families and individuals regardless of their ability to pay in the full breadth of Jewish life. 310 students (ages 12 months - 18 years) enrolled in our weekly Jewish education. \$62,245 in scholarships were awarded to ALIYAH and Foundation School families in 2015. Our Jewish future grows!
- Ensure the financial health and stability necessary to maintain a fiscally sound budget.
- Provide our clergy with the support necessary to connect with community through prayer, programs and teaching.

Every Gift Matters – Every Dollar Makes a Difference.

Make your best gift. We need everyone to participate – it's our community.

Make your Annual Giving pledge today by filling out the envelope enclosed in this booklet or visit - www.nevehshalom.org/annual.giving

For donation questions or to receive information about Planned Giving, please contact Wendy Kahn, Membership and Development Director at cnsmembership@nevehshalom.org or call 503-297-7305.

"It is not incumbent upon us to complete the task but neither are we free to desist from it." (Talmud)

Family Services

Children are welcome in EVERY service at Neveh Shalom. You are also invited to these services specifically designed for children and families.

- ❖ On **1st Day Rosh Hashanah** and on **Yom Kippur**, family services are led by Foundation School Director, Morah Leah Conley, Justin Carol and ALIYAH teachers.
- ❖ On **Erev Rosh Hashanah** and **Second day**, family services are led by Rabbi Eve Posen.
- ❖ Attendees to any High Holy Day service must have a ticket to enter the building; including for family services.
- ❖ Parents are expected to stay and participate with children in Family Services. We realize you may not be able to accompany each of your children to the age-appropriate service. We welcome younger or older siblings at every family service and we encourage you to attend the one that feels like the best fit for your family.
- ❖ Family Services have been scheduled to allow parents to attend the Rabbis' sermons in the main services.
- ❖ Family services provide a wonderful opportunity for you to *daven*, pray, with your children but do not have to replace adult prayer time. Childcare is available for children ages five and younger and we have a game room for children in grades 1-5 at the end of family services.

*We wish your family a Shanah Tovah —
a very sweet and happy New Year!*

If you have any questions please contact:

Mel Berwin 503-293-7306 mberwin@nevehshalom.org
JoAnn Bezodis 503-293-7309 jbezodis@nevehshalom.org
Leah Conley 503.293.7307 leahc@foundationschoolpdx.org

Youth and Family Program Schedule

Family Services (children accompanied by parents) NO additional ticket required!

Erev Rosh Hashanah Services with Rabbi Posen - Sunday, Oct. 2

All ages	5:00pm	Stampfer Chapel
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1st Day Rosh Hashanah Services - Monday, Oct. 3

0-5 year olds	10:00am - 10:45am	Stampfer Chapel
Grades K-2	9:30am - 11:00am	Room 102
Grades 3-6	9:30am - 11:00am	Zidell Chapel

2nd Day Rosh Hashanah service followed by Tashlich - Tuesday, Oct. 4

All ages	10:00am	Stampfer Chapel
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Yom Kippur Services - Wednesday, Oct. 12

0-5 year olds	10:00am - 10:45am	Stampfer Chapel
Grades K-2	9:30am - 11:00am	Room 102
Grades 3-6	9:30am - 11:00am	Zidell Chapel
Family Program	5:45pm	Stampfer Chapel

Game Room

1st Day Rosh Hashanah (Monday, Oct. 2) AND Yom Kippur (Wednesday, Oct. 12)

Grades 1-5	11:00am - 12:30pm	Room 101
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Nursing Mom's Room

All Day	Youth Lounge (back of Birnbach Hall)
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Childcare Available

Childcare for children aged 18 months to five years is offered on Rosh Hashanah and Yom Kippur from 9:00am till 1:00pm. Reservations and payment separate from other synagogue fees must be made in advance by **Monday, September 6**. A confirmation e-mail with room assignments, what to bring etc... will be sent to you.

Please fill out proper area in centerfold form to register.

For more information contact Karen Wilkins at kwilkins@nevehshalom.org or call 503-293-7308.

High Holy Day Schedule

Rosh Hashanah

Sunday, October 2



6:30pm

5:00pm **Young Family Service**, Stampfer Chapel

6:15pm **Erev Rosh Hashanah Service**, Main Sanctuary

Monday, October 3



7:30pm (light from pre-existing flame)

9:00am **First Day Services**, Sanctuary & Birnbach Hall

10:00am **Family Services ages 0-5**, Stampfer Chapel

9:30am-11am **Family Services**, Grade K-2, Room 102

9:30am-11am **Family Services**, Grade 3-6, Zidell Chapel

1:30pm, **Kiddush**, Upper Plaza

7:15pm **Tashlich**, Fanno Creek (just off lower parking area)

7:45pm (immediately after Tashlich) **Ma'ariv**, Stampfer Chapel

Tuesday, October 4

9:00am **Second Day Services**, Main Sanctuary

10:00am **Family Services followed by Tashlich**, Stampfer Chapel

New! 2nd Day RH alternative spiritual learning experiences in Room 101/102:

Descriptions can be found on page 13

10:00am **Torah Study: Hannah and her Perfect Prayer**, with Mel Berwin

11:00am **Jewish Meditation and Movement**, with Sarah Rohr

12:00pm **Finding your vision of God in the Machzor**, with Rabbi Eve Posen

Sunday, October 9

10:00am **Kever Avot**, Ahavai Shalom and Neveh Zedek Cemeteries

Erev Yom Kippur

Tuesday, October 11



6:13pm

6:00pm **Kol Nidre Service**, Main Sanctuary

Yom Kippur

Wednesday, October 12

9:00am **Yom Kippur Services**, Sanctuary and Birnbach Hall

10:00am **Family Services ages 0-5**, Stampfer Chapel

9:30am-11am **Family Services** Grade Grade K-2, Room 102

9:30am-11am **Family Services** Grade Grade 3-6, Zidell Chapel

12:00pm **Yizkor Memorial Service**, Sanctuary & Birnbach Hall

2:30pm **Learning Time Discussion**, Stampfer Chapel

4:30pm **Mincha**, Sanctuary

5:45pm **Family Program**, Stampfer Chapel

6:15pm **Neilah**, Sanctuary

7:15pm **Break the Fast**, Birnbach Hall

Sukkot

Sunday, October 16



6:04pm

Erev Sukkot - no service

Monday/Tuesday, October 17 & 18

on Monday  7:04pm (light from pre-existing flame)

9:00am **First & Second Day Sukkot Service**, Stampfer Chapel

Wednesday, October 19 – Friday, October 21

7:00am **Chol HaMoed Sukkot Service**, Zidell Chapel

Saturday, October 22

9:00am **Shabbat Chol HaMoed Sukkot Service**, Stampfer Chapel

Sunday, October 23



5:52pm

9:00am **Hoshana Rabah Service**, Zidell Chapel

Monday, October 24



6:53pm (light from pre-existing flame)

9:00am **Shemini Atzeret/Yizkor Service**, Stampfer Chapel

Night **Erev Simchat Torah: Oktoahfest!** 6:00pm dinner by reservation;

7:00pm Ma'ariv/Hakafot open to all, Birnbach Hall

Tuesday, October 25

9:00am **Simchat Torah Morning Service**, Stampfer Chapel

High Holy day Etiquette

In order to make our High Holy Day services meaningful and pleasant for everyone, please remember these guidelines:

Parking: Cooperate with parking attendants and restricted zones. Those with blue DMV disabled parking tags MUST reserve parking (free of charge), to guarantee a space. Others may purchase a reserved spot in our lot for \$100. To arrange for disabled or reserved parking please contact **Marg** at 503.246.8831 x112, meverett@nevehshalom.org

Silence your cell phone/pager. In the event of an emergency during High Holy Day services call 503.475.2934

Service Decorum: Kindly do not enter or exit the services while the ark is open or during the Rabbi's sermon. Our ushers will close the doors during these solemn times. Please do your part to minimize disturbance to services by exiting at appropriate times.

Security and Tickets will be checked. Tickets will be required upon entering the Nepom Gates, including on Kol Nidre, when you will be asked to present your tickets and your yellow Kol Nidre pledge Card. Please have them with you **each time** you enter the facility.

Casual conversation during services and in the entry is distracting to fellow worshipers. Please keep talking to a minimum, and please whisper. Appropriate places to visit with friends include the outdoor plaza, courtyard, the parking lot, near the elevator, in the Foundation School hallway, and in the chapel or classrooms when children's services are not in session.

Behavior guidelines should be discussed with your children before arriving at synagogue: Use "indoor" voices, no running, no roughhousing, stay with parents or in areas designated for children (childcare, game rooms, youth services). Ushers will escort unsupervised children back to their parents.



SW Hamilton Street

SW Sunset Boulevard

off-site parking

St. Andrews parking lot

SW Dosch Road

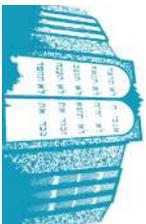


St. Andrews Church



There will be shuttle buses to the synagogue from both off-site parking lots.

SW Dosch Road



**Congregation
Neveh Shalom**

SW Peaceful Lane

Off-site Parking

Portland
Christian Center

SW Beaverton-Hillsdale Highway

Congregation Neveh Shalom High Holy Days Off-site Parking

Lifelong Learning - This September

**This September—Get Ready for the Holidays and Get a Free
“Taste of” our Fall Adult Education Line-up!**

Mondays: September 12, 19 & 26, 10:00-10:45am, FREE

HHD Preparation with the New Mahzor

The month of Elul (Sept 4-Oct 2) is traditionally devoted to High Holy Day preparation. Here is your opportunity to get yourself ready. This year for the first time Neveh Shalom will pray from the new Conservative Mahzor Lev Shalem. Find out what will make these coming Days of Awe more meaningful and thought provoking by perusing the ideas and insights that the Mahzor contains. Taught by Rabbi Isaak.

Tuesdays: September 13, 20 & 27, 7:00-8:00pm, FREE

Crash-Course in Hebrew Reading.

A great primer for our year-long classes, Hebrew for Prayer and Machon Ivrit! Taught by Deb Freedberg.

Tuesday, September 27, 8:00-8:30pm, FREE

Q&A for: Hebrew for Prayer and Machon Ivrit.

Meet the teachers, get the syllabus, and find out what level works best for you

Wednesday, September 14, 7:00-8:30pm, FREE

Conservative Judaism Explained

Whether you're a new member or simply seeking greater clarity, you're invited to attend this engaging opportunity to learn about our movement's name, values, and distinguishing features. Taught by Mel Berwin.

Wednesday, September 21, 7:00-8:00pm, FREE

Taste of: Siddur Basics

No more mumbling through services! Learn the prayers step-by-step and line-by-line with an excellent teacher. Taught by Deb Freedberg.

Wednesday, September 28, 7:00-8:00pm, FREE

Taste of: Shalom for the Soul, Jewish Wisdom for Stress Management

An introduction to the practice of stress-reducing skills to help our lives feel more balanced, blended with Jewish sources of wisdom. Taught by JoAnn Bezodis.

Special Rosh Hashanah Learning Experiences

**New! 2nd Day RH alternative spiritual learning experiences:
Tuesday Oct 4 (Rosh Hashanah Day 2)**

10:00am: Torah Study: Hannah and her Perfect Prayer

Mel Berwin, Room 101

On the holidays, we pray that our words are acceptable to God. But is there really a “right” way to pray? Join us as we delve into the Rosh HaShanah haftarah selection about Hannah and her prayer for fertility, which is upheld by the Rabbis as a model of prayer for all. We’ll look closely at the text, as well as finding our own spiritual touchpoints from this story.

11:00am: Jewish Meditation and Movement

Sarah Rohr, Room 102

We will use breath awareness practices and meditation tools to focus on themes of Rosh Hashanah and to enrich our sense of connection to self and all that is. All abilities are wanted and welcome- no previous experience is necessary. Sarah Rohr is a teacher of breathwork and a multi-disciplinary artist. She facilitates practices that are inclusive of all ages and abilities.

12:00pm: Finding Your Vision of God in the Machzor

Rabbi Eve Posen, Room 101

What are the names and images of God that draw you closer or push you away? The High Holiday liturgy is filled with different notions of God as King, Master, Comforter and Ruler. Join in an open conversation as we look at some key prayers of the High Holiday liturgy and explore the vision of God they share and how it might fit or differ from our own individual notion of God. No Hebrew or prayer experience necessary!

Sukkot 5777

Happening in our Sukkah

Sunday, October 16 Sukkah Building - Help build the sukkah! Men's Club needs adults to assist. Contact Gary Laroff: GLaroff@teleport.com. **Decorate the Sukkah** - Join Sisterhood, volunteers needed. Contact Dana Sirkin: otrbanana@frontier.com.

Tuesday, October 18 Soup and Cider in the Sukkah - Warm your belly and your soul; join us for this social evening, open to all adults. \$8, RSVP to the main office.

Wednesday, October 19 ALIYAH and PJA K-6 Families Dinner - Join us for a warm and friendly dinner in Neveh Shalom's beautiful sukkah to kick off our harvest holiday!
**Info will be e-mailed.*

Thursday, October 20 Back to School Night for Foundation School Parents - Join in the fun at 7:00pm.

Need a Lulav and Etrog for Sukkot?

Order yours through Neveh Shalom!

Lulav/Etrog sets are \$48 each.

Be sure you are ready for Sukkot!

PAID orders must be received by **Monday, September 6** for your Lulav/Etrog set to arrive in time for **Erev Sukkot, October 16**. Please fill out the appropriate section in the centerfold order form. The office will contact you when the sets have arrived.



An Erev Simchat Torah Event
Celebrating 1111 Years of Jewish
Bavarian Life and Culture

6-7 pm German-style meat dinner
(with veggie option) by reservation

7pm Ma'ariv service & Hakafot with live band
Service, beer & snacks are free &
open to the community



CONGREGATION

NEVEH SHALOM

2900 SW Peaceful Ln., Portland 97239 503.246.8831 <http://tinyurl.com/simchat5777>

SWEETNESS COMES IN ALL FORMS;
APPLES AND HONEY, TRADITIONS,
AND YOUR LEGACY.



HOW WILL YOU ASSURE
JEWISH TOMORROWS?



To create your Jewish legacy contact: Fred Rothstein, Executive director
frothstein@nevehshalom.org • 503.246.8831 • www.nevehshalom.org



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