The Claronicle High Holy Days Congregation Neveh Shalom No. 7 September-October 2016



Rabbi's Thoughts for a New Year ~ Change is Hard

Two Voices, One Message ~ A Bar of Soap Makes a Difference

Jewish Travel Notes ~ and So Much More!

Connecting with Neveh Shalom



The Sisterhood had a great time at their Annual Picnic in Marsha Strongin's backyard.



Congregation Neveh Shalom showed its pride as part of the Community of Welcoming Congregations by marching in Portland's Pride parade.



"Shabbat Unplugged" on the Plaza with Cantor Bletstein, local singer/songwriter Beth Hamon, Sharon Fendrich and Steven Skolnik.



Shomrei Teva hike and tour of Willamette Falls.



Simon and Janine Gottheiner (foreground) hosted an elegant dinner to benefit Neveh Shalom through an auction "sign-up party." Food was prepared onsite by the Mediterranean Exploration Company.



Carolyn and Gary Weinstein enjoying our Shabbat in the Park at Raleigh Park and Swim Center.



Members from Neveh Shalom and Bilal Mosque volunteered together with Habitat for Humanity.

Thoughts for the New Year

By: Rabbi David Kosak

Like a Compass Needle Spinning 'Round the Dial

It was my first time at Camp Solomon Schechter, where I recently returned from helping campers construct ceramic *mizrachs*. My campers did amazing work. A *mizrach*, by the way, is a decorative "compass point" that is placed on the eastern wall of a home or synagogue. It connects our thoughts and our bodies to Jerusalem, turning us to our spiritual homeland in times of prayer or need.

The first time anywhere, I need to get my bearings, to learn the lay of the land both literally and metaphorically. Maybe you feel the same? So I took a long hike along the camp's river trail. Wandering through marvelous countryside that traversed bogland, craggy forest and wide meadows of high grass, a few things happened.

My love and appreciation for my boys' new camp grew, as did my admiration for Rabbi Stampfer's institution building acumen. What a beautiful setting! Additionally, far from cell phone reception, many thoughts came to me that all led back to the high holidays and our season of renewal, and this notion of a compass or *mizrach* pointing us home. I'd like to share one of with you in the hope that it may give you some different avenues to approach the Days of Awe.

Like a Bride Circling a Groom

Long ago, Alan Lew had taught me that a bride traditionally circles a groom at the Jewish wedding ceremony as a physical contract--a danced out *ketubah* if you will. Walking round the camp, I understood how this ritual of circling teaches us about more than just a marriage ceremony. It provides us with a useful metaphor.

We have a need to comprehend the people or landscape that will occupy our lives and so we quite literally come to view them "from all angles." We come to possess--and be possessed by--another person or place by this encompassing familiarity. The greater the knowledge we have, the more the relationship means to us.

We are asked to embark on a similar project during the high holidays. We are invited to gain a deeper familiarity with ourselves, our failings and really the entirety of our shadow side, and we do that by circling back around to the more difficult aspects of our natures. In Hebrew, we call this process of taking stock "heshbon nefesh."



The truth is, most of us veer away from acknowledging our darker impulses--our greed, anger, selfishness, impatience, or other potentially destructive qualities. A smaller percentage of us spend so much time focused on our "failings" that we also lose sight of our wholeness. In either case, we end up lacking that necessary encompassing familiarity to change our path. Indeed, the word *teshuvah*, often translated as repentance, literally means a turning. There is a physical sense of movement to self-repair and introspection that we probably don't pay sufficient attention to.

When we consider *teshuvah* from this perspective, there is none of the shame or guilt that we normally think is part of the season of repentance. While shame can be a useful emotion to help us live better, often times people don't like the way shame feels, so they try to avoid it, and thus they don't do the work it urges us to do.

Here's a simple exercise that captures this sense of circling around our selves:

- 1. Spend a few minutes each day writing down some of your "failings." Try to write down one per day for a full week.
- 2. Now you are ready to "circle around" these character traits. Next to each of these darker impulses, write down three ways in which that quality has been useful or helpful, and three ways it has harmed you or your relationships. Normally, our shadow side is trying to tell us about some deep and unrecognized need we are not tending to.
- It's important to write these down by hand. Just thinking about them rarely works. What tends to happen is that

Change is Hard

By: Rabbi Eve Posen



If you've spent significant time with me, you know that change is not my strong suit. I enjoy new experiences, but I have a hard time adapting to unfamiliar situations or sudden changes in my schedule or daily routine. I thrive on the comfort in knowing what to expect and having a routine to keep my life organized. Over the years, I've gotten

much better about dealing with the unpredictable, but for the most part, I am still a creature of habit.

Now you can imagine how much fun it is for me to have an almost-three-year-old plus an infant in our house again. Any prior sense of control or order in my life has been thrown into chaos as we try to create a new daily routine.

This holiday season we are also facing some changes, most notably our beautiful new *machzor*, *Lev Shalem*. When I say I'm a creature of habit, it extends to my books and *siddurim* as well. My "old" *machzor*, from which I led services, is like a dear friend with marked pages, notes to myself, reflections on readings, and familiar words that truly make me feel at home in the text of the holidays. In contrast, my "new" *machzor* is empty; I have yet to make it my own with markings,

interpretations, sticky notes, and memories. Furthermore, the English readings are different, the Hebrew layout looks different, and the book as a whole is a different size and weight. It feels odd to be embarking on the familiar journey through the liturgy of our High Holy Days using a blueprint that looks and feels so totally different, and yet that is exactly what we'll do.

The Hebrew word for year, *shanah*, not only means year but also shares a root with the word for change. Thus, it is a subtle reminder at *Rosh HaShanah* that while we are at the head of a new year, we are also at the beginning of an opportunity for change, and that should be embraced.

As part of this celebration of change, in addition to the new *machzor* and getting used to the new feel of the book, there will be some other subtle changes in the way we celebrate our holy time together. We'll have new faces as new families have joined our community, and of course we'll notice the void left by those who have departed. We'll have a new roster of teens leading our services, and we wish the best to those who have graduated. This year we'll also have sacred space set aside in the back of Birnbach Hall for infants to be comfortable while their parents pray.

An essential component of embracing the new year is embracing the changes that come with it. It is hard, and sometimes downright scary, but in reality the only way we grow each *shanah* is through *shinui*, changes.

Rabbi David Kosak continued from page 3

- instead of "circling," we keep repeating. The goal here is to gain a fuller understanding of how our "shadow side" helps and hinders us. Writing by hand, like walking about the camp, is a physical act that will help us.
- 4. Once you recognize the need that you are not getting met, you are well on your way to self-improvement. The next step is to describe the unmet need. A single sentence or two is sufficient. "I get angry at my kids when I feel that I am not being respected. I have a need to be appreciated and taken seriously."
- 5. After you are clear on your unmet needs, write down and commit to a plan to get those needs met in a more productive manner.
- 6. Each day through the month of Elul, verbally repeat the action steps you have committed to and begin to act on them.
- 7. When Rosh Hashanah and Yom Kippur arrive and we recite the *Vidui* and *Ashamnu* confessional prayers, spend some time reflecting on this exercise, your needs and commitments and appreciating how our failings can teach us more about who we are, and who we might become.

Shanah tovah,
Rav D
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President's Corner

Stephen Blake

As we approach the High Holy Days and the start of the year 5777, I have been reflecting on our time as members of Neveh Shalom. I never dreamt when we came here 10 years ago that I would ever be president of this Kehillah. While we had always been members of a Conservative synagogue and my wife, Toby, taught at a Jewish day school, I had never been particularly active other than to attend services.



Joining this synagogue was an easy decision. We followed our daughter to become members.

The community was welcoming. All we needed to do was make the effort to become involved.

I joined the Finance Committee and Toby joined the Education Committee. We soon found ourselves knowing more people and doing more at Neveh Shalom. Our experience has been that by participating, we have been rewarded with new friendships and have been broadened by learning with others.

We are fortunate that our Kehillah is able to present its congregants with a wide variety of programming to become involved at various levels in Jewish life and to create meaningful relationships. Whether it is Foundation School for pre-school aged children, ALIYAH and TICHON for our older children, youth groups, tikkun olam opportunities, adult education, there is something for everyone.

Toby and I continue to find interesting things to participate in whether it is a class, a program or other activities. I ask that you challenge yourself. Take the time to participate in an activity you haven't done before. Do something for yourself as well as for others. I know that the more you are able to engage with our Kehillah, the more fulfilling your year will be. I encourage everyone to find their place at Neveh Shalom.

I hope that when the time comes for you to reflect on the year 5777, you will be able to say that you have had the chance to grow as a person and to have had new and satisfying experiences in your home at Neveh Shalom.

Chronicle

Congregation Neveh Shalom No. 7 September/October 2016

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Supported by the Sala Kryszek Memorial Publication Fund

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*Please recycle when finished

Celebrating the Weinsteins

Dedicated Community Leaders



We are proud to announce that Carolyn and Gary Weinstein, long-time members of Neveh Shalom, have been chosen as the 2016 Stampfer Community Award recipients. Carolyn and Gary have been dedicated to Neveh Shalom, the Portland Jewish community, as well as the Greater Portland community for the past 55 years.

Gary has served on the boards of Neveh Shalom, Jewish Child & Family Service, Portland Agenda Club, and Oregon Bankers

Association. His current involvement includes Sinai Home Care, SMART, and the Jewish Free Loan Committee, to name several. With Carolyn, he has co-chaired Federation's Super Sunday and volunteered for the Goose Hollow Family Shelter.

Carolyn's community service has made a resounding impact. She has lent her talents and skills to more than 25 organizations, taking leadership roles in all. She has served on the board of Neveh Shalom (1970-1976; 2013 - present), during which she co-chaired a special weekend honoring Rabbi Stampfer for his 60 years of community service and chaired the wrap-up Capitol Campaign for the synagogue. Carolyn is a recent recipient of the "Good Neighbor Award," presented by the Portland Metropolitan Association of Realtors as well as the Kipnis-Wilson/Friedland National Lion of Judah Award, presented by the Jewish Federations of North America.

The Stampfer Community Award dinner will take place at 6:00pm on Thursday, November 3, at Neveh Shalom. Come join your Neveh Shalom community as we celebrate this amazing couple!

Thanks to Priscilla Kostiner for compiling this information.

Goldie Stampfer (z"l), A Woman of Valor

Goldie Goncher Stampfer (z"I) was born October 5, 1922 in Atlanta, Georgia. In the summer of 1943 she met Joshua Stampfer at Brandeis Camp Institute; they married the following February. Together they chose a life of service to the Jewish community and the land of Israel. As a rebbetzin Goldie served as a role model, teacher, hostess and counselor. Arriving in Portland in 1953 the Stampfers initiated innumerable congregational programs. Goldie opened her home to thousands of visitors serving meals and baking countless batches of cookies. She was a dedicated member of Hadassah and Mizrachi Women, and held national office with the Women's League for Conservative Judaism. She was creative in programming, drawing upon her gifts for writing and public speaking, as well as her sly sense of humor. When Rabbi Stampfer set out to establish a summer camp for Jewish

youth, Goldie was by his side; Camp Solomon Schechter was a labor of love. Goldie served as the unpaid administrator for years; taking on menu planning, managing all the comforting finances, and homesick campers. Goldie was the beloved mother to five children and Bubby to 20 grandchildren. Her 11th great-grandchild was born



two days before she died. For the complete obituary and an audio recording of Goldie Stampfer's service, including Rabbi Stampfer's words, www.nevehshalom.org/goldie

Upcoming B'nai Mitzvah

Maia Ross - September 3

Maia Rebecca Ross is the daughter of Barry and Dena Ross, sister to Ariana and Aidan and granddaughter of Alan and Judith Wilensky of Mercer Island, WA and Michael and Benita Ross of Dedham, MA. Maia is an 8th grader at Portland Jewish Academy where she has participated in the Newbery Book Club and the middle school play. She enjoys volunteering,



her favorite opportunities have been serving meals at Blanchet House and helping with preschool children at both Neighborhood House and downstairs at PJA. She earned her Black Belt in Taekwondo in August. Maia loves to read, spend time with her friends, listen to music and play with the family pets, three cats and a giant rabbit. She is a strong supporter of the Humane Society which is one of the reasons the family keeps acquiring more pets!

Hayley Knudsen - September 17

Hayley is very fortunate to have all of her grandparents — Stuart and Nikki Director, Diane and Clif Knudsen — close by. They provide wonderful respite when she's had too much of her parents, Jenn and David, and her big sister, Alyssa. Further respite is found in her two main passions: gymnastics and her three pets. But instead of competing right now in her favorite



sport, Hayley is recovering from a fractured vertebra and hopes to return to the gym soon. A 7th grader at OES, Hayley gets right to her homework after school and then cuddles her favorite pet, Cocoa, decidedly her cat. She also loves learning French, traveling, and then returning home, to Cocoa.

Who's New?



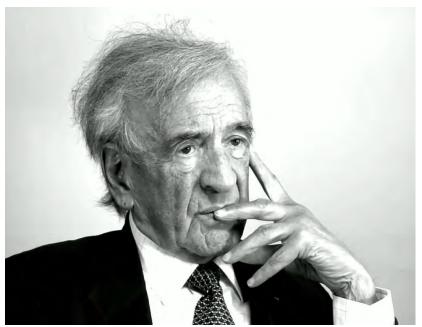
Please welcome **Leif and Arielle Goranson**, and their son **Moses** (age 3). Leif is a veterinarian, and Arielle works in health care transformation. Both Arielle and Leif are originally from Portland, but spent the last four years in Corvallis going to school. Arielle grew up at Neveh Shalom and attended Foundation School as a preschooler. Their son Moses will follow in her footsteps, as he is beginning in Froggy class this fall. Lately, their hobbies have become more kid-centric, they love going to the zoo and playing in the park. For the High Holidays, the Goranson family looks forward to baking round challahs, honey cake, and rugelach. They also enjoy the break-the-fast event at Neveh Shalom, and are excited to introduce Moses to this family tradition.

Welcome to **Aleah Houze and Shane Thorney**, and their 2-year-old son **Buddy**. Aleah is a native Portlander, while Shane was raised all over the U.S. After spending three years in London, they moved to Portland shortly after Buddy was born to be closer to Aleah's family. Aleah is a stay-at-home mom, Shane works in cybersecurity at Nike, and Buddy will be attending the Busy Bees class at Foundation School. They spend their free time immersed in kidfriendly activities such as hiking and playdates. This year at the High Holidays, the family is looking forward to attending the break-the-fast event hosted by Aleah's mom, which has been a tradition for more than 30 years.



Two Voices, One Messa

By Jessica Fenton



Writer, political activist, and Holocaust survivor Elie Wiesel

A Global Voice: Elie Wiesel

On July 2, 2016, the world lost an extraordinary individual. Renowned Holocaust survivor, author, and winner of the 1986 Nobel Peace Prize, Elie Wiesel played a significant role in the education and documentation of the horrors of the Holocaust.

The first piece of Holocaust literature I ever read was Elie Wiesel's Night. The book is a poignant and powerful account of Wiesel's experience during his years in the Jewish ghetto and Nazi concentration camps. The novel's significance is highly acknowledged in the academic and literary sectors, and many agree that Night is regarded as one of the most notable pieces of Holocaust literature. It was the first work to give voice to the tragedies endured by the Jewish people during WWII. Wiesel made it a life long mission to share his account in order to negate Holocaust deniers and prevent future atrocities from occurring. His message went beyond "Never Forget." In Night's preface, Robert McAfee Brown wrote, "It must be the prayer of our generation that with his [Wiesel's] help we can recapture enough of that reality so that it will never be repeated."

Upon hearing the news of Wiesel's death and in preparation for this article, I reread *Night* for the fourth time in my life.

I implore you to do the same. We can never be reminded enough of its significance and its message. The Neveh Shalom library houses this and many other important pieces of Holocaust literature. Go there. Read them. Reread them. Hear Wiesel's voice through his works and carry on his message.

A Voice Close to Home

Both of my grandparents were Holocaust survivors, each with a different narrative and perspective. My grandmother, Natalie (Naska), survived life in a labor camp for the majority of the war. My grandfather, Murray (Motek), stepped out of line en route to a death camp and posed as a Polish Christian in order to survive those years of terror. Their views on sharing their stories were different as well. My grandmother didn't understand why people would want to hear her story. My grandfather, later in life, understood

the importance and documented his story on video and in his memoirs.

This, I learned, was also the case with one of our dear Neveh Shalom members, **Jakob Kryszek**. He is a Holocaust survivor, Portland entrepreneur, and the recipient of the 2014 Rabbi Joshua Stampfer Community Enrichment Award. I was honored to be given the opportunity to sit down with him in his home to talk about his experience and the importance of sharing his story.

Upon first meeting Mr. Kryszek, I felt a sense of warmth and familiarity. There was a rich aura of Yiddishkeit that filled his home, which reminded me of my beloved grandparents who passed a few years ago. More importantly, his willingness to meet with me illustrated how much he prioritized Holocaust education and the need to give voice to his story.

Kryszek's story is compelling and emotional. In 2014, his dear friend and fellow CNS congregant Selma Duckler documented the events of his life in his biography. This piece was distributed at the Stampfer Community Award Dinner, and copies can be found in the Neveh Shalom library. A video was also made for the event.

Mr. Kryszek, like Elie Wiesel, possesses a deep commitment

ge...

to Holocaust education and the message it carries. He was integral to the founding of the Holocaust Memorial Museum in Washington, DC, his efforts helped raise funds to build the DC memorial and raise awareness for the museum's launch.

I asked Mr. Kryszek if he had trouble talking about what had happened to him just as my grandmother had. He shared with me that he did not like to talk about it in the years immediately following the war. However, with time, he began to understand the importance of his story and the message that it carried for future generations. The message about the danger of hate and the evil of indifference is a powerful and significant message that both Kryszek and Wiesel are dedicated to sharing.

When I mentioned Elie Wiesel, Mr. Kryszek acknowledged that Wiesel's public presence helped him realize how imperative teaching about the Holocaust was and how significant Wiesel's voice was through his literature and speeches. Mr. Kryszek recalled a time when he heard Elie Wiesel speak about the importance of his work, and he shared with me the impact it had on the world, particularly President Ronald Reagan to whom Wiesel spoke directly at one point.

However, with time, he began to understand the importance of his story and the message that it carried for future generations... about the danger of hate and the evil of indifference.

Like Elie Wiesel, Jakob Kryszek has a strong commitment to Holocaust education and learning. In memory of his late wife, Sala Kryszek, he created the Sala Kryszek Art and Writing Competition that awards winning students (along with their parent and teacher) a trip to the Holocaust Memorial Museum in Washington, DC. Mr. Kryszek is also very involved in the Holocaust Memorial Fund here in Portland that helps fund a permanent exhibit in the new building of the Oregon Jewish Museum and Center for Holocaust Education (OJMCHE). To learn more about these efforts, visit the OJMCHE website at www.ojmche.org



Neveh Shalom member and Holocaust survivor Jakob Kryszek

Growing up with my amazing grandparents, I inherently knew that it was our moral and ethical obligation as humans to never forget, never repeat, never stay silent, and never allow hate to lead to tragedy. However, individuals, like Jake Kryszek and Elie Wiesel, remind me that not everyone assumes such a responsibility. It is precisely their voices and efforts that inspire and encourage people all over the world to make it their moral imperative as well. Let us continue their efforts, and let us say, Amen.



Jessica Fenton, with her grandparents, Natalie and Murray

Mavens & Mensches

By Mel Berwin



Nava Weingrad and Eddy Shuldman

My daughter held the phone, looking at me with nervous eyes. We had already practiced how she would ask her questions, and I already knew what the answer would be, but it was up to her to make the first official step. Eddy answered, and Nava took a breath. "Hi Eddy, this is Nava. I want to ask you if you would be a mentor for me this year before my bat mitzvah." I could hear the huge smile through the phone as Eddy responded, "Nava, I would be honored and delighted to spend time with you this year. Let's make a date to go out for frozen yogurt and we'll talk about what you like to do, and some ideas I have for ways we could spend time together."

Over the past several months, Eddy has introduced Nava to her Jewish world: she has taken her to Cedar Sinai Park, where Eddy is a Board member, a writing workshop teacher, and volunteer Shabbat service leader; she invited her to an ORA show, where Eddy was displaying her beautiful glass work; she has introduced her to some of the other Bar/Bat Mitzvah students she is currently working with--and in between, they talk, about life and school and food and other interests in common. Nava has known Eddy since she was little, but the hours they have spent together this year have created a whole new relationship, and have been a true highlight for my daughter.

In conversations with Eddy over the years, we've talked

about the idea of mentorship—how valuable it is for our kids to create relationships across the generations, and how beneficial it would be to bring the older generations at Neveh Shalom together with our youth, for a whole host of reasons. When Nava said she wanted to work with Eddy before her bat mitzvah but in a different way from tutoring, it was an easy guess that Eddy would agree. And when I had the opportunity to apply for a major grant for intergenerational programming for our youth in ALIYAH, I jumped on the opportunity, and Eddy was one of the first people I called.

We are thrilled to have received a two-year *BETTER Together* grant from the Legacy Heritage Foundation. The funds allow us to create and implement a new intergenerational curriculum for our



7th grade class, which focuses on the theme of "A Lifetime of Jewish Commitment." During the year that our young teens are taking on a formal commitment to Judaism in the presence of our community, they will be connecting each month with partners from an older generation for a variety of activities from story-telling to text study, from cooking to scrapbooking to enjoying a Shabbat meal, as they explore what a lifetime of Jewish commitment can look like, and the many ways that adults engage in Jewish life.

Keren Barbash-Benedek, our 7th grade teacher, will cofacilitate the program, which we informally are calling "Mavens and Mensches," with Eddy Shuldman, who has been involved with a similar intergenerational project through Portland Jewish Academy. The 7th graders (our Mensches) meet each week and in between their special meetings with the Mavens, they will work on writing projects that document their year, focus on the question of what "identity" means, and celebrate each other's b'nai mitzvah with a special acknowledgement each month of those who have recently made the transition to Jewish adulthood.

We can't wait to get started with our Mavens and Mensches this year. I have seen how much my daughter has blossomed from the attention of one special adult in her life, and I can't wait to bring that gift to a whole bunch of amazing Mensches and Mavens this year.

What do you want your legacy to be?

By Eadie Kaltenbacher



This is a question that Yoni Suher never had the chance to consider fully. He was killed in a terror attack in Istanbul as he was on a trip to celebrate his 40th birthday.

Yoni's wife Inbal had surprised him with a gift of a culinary



tour of Turkey. The Tel Aviv couple left their two children (ages 7 and 9) with their grandparents, Randy and Yael Suher, on Kevutzat Shiller and headed out for their holiday. The attack, which was perpetrated in March of this year, killed three Israelis and injured 11 more, including Inbal. She was injured so severely that she was hospitalized for nearly 30 days, and couldn't attend the first seven

days of shiva and all of shlicha (the first 30 days of mourning).

Yoni and his family had a strong connection to the kibbutz. Two of Yoni's brothers and parents live there, and Yoni is the 3rd generation to be buried there. But he also had deep roots here in our community, Neveh Shalom. Yoni's father, **Randy Suher**, was a member of Neveh Shalom and his grandmother, **Ethel Suher**, was a beloved longtime director of our Foundation School. Yoni was born into our CNS community, before the family moved to Israel one year later. He considered himself

"bi-cultural" as well as bilingual, and felt his home to be in both places.

Yoni also treasured his close relationship with his uncle, **Brian Suher**, who is currently serving on Neveh Shalom's Board. When Brian heard about the



attack, he was devastated. He immediately flew to Israel to be with his family. Upon returning to Portland, Brian spoke with Rabbis Isaak and Kosak. They asked him if he wanted a memorial service. After some reflection, Brian came up with the idea of something different - it would be a learning experience, it would give back to the community - it would start to turn the tragedy into hope. Brian decided to launch a scholar-in-residence program, the first of the series to be held this November.

Guest scholar Arnold Roth will pack the weekend full of learning opportunities, including speaking Friday night and conducting an event on Saturday evening. The goal of this program is to help people understand the impact of terrorism, and to honor Yoni's memory. Brian envisions this as an annual program, transitioning to very diverse topics, and adding depth and meaning to our community. Yoni truly understood the value of community, and this is an important part of his legacy.

Guest Scholar Arnold Roth November 11-13

Arnold Roth, and his wife Frimet, experienced devastating tragedy when their eldest daughter was killed in the 2001 bombing massacre at Jerusalem's Sbarro pizzeria. They went on to establish the Malki Foundation in her memory, supporting Israeli families caring for special-needs children. Arnold Roth has written and spoken extensively about terrorism's impact. He has been an invited speaker at the UN, is a frequent editorial contributor to major newspapers and has been interviewed by organizations around the globe.

The Difference a Bar of Soap Makes

By Jenn Director Knudsen

Originally, this story was to be headlined, "Beyond the Bins." But, says **Cathy Blair**, the active congregant behind collecting hygiene items for the needy — "It's not just a bin!"

OK, lesson learned.



"We now have a nice looking basket," says Cathy who, with husband Chris, joined Neveh Shalom in 2010. "We call it Hygiene Supplies for the Homeless."

It's likely you've noticed this bincum-basket placed outside the main

office. But perhaps you didn't take a close look at its label or consider its use – and, most important – those who benefit from its often burgeoning contents. (And more is always needed.)

When she first joined Neveh Shalom, Cathy continued the Jewish-oriented volunteer work she'd done her entire adult life: She presented her idea for a hygiene-kit project to benefit the homeless. Thanks to her efforts, Neveh Shalom is the only Portland-area organization collecting hygiene items. And the need for them is huge, particularly at the non-profit Cathy targets. "I knew several people who worked at Transition Projects and knew they needed hygiene supplies for homeless people," Cathy says.

Homelessness "is the number-one issue in Portland," said Roma Peyser, Transition Projects' Director of Development. Peyser continues: "Cathy is doing her darndest to study up and learn more, and she is really excited about this project. And we are, too; we're really thankful."

Transition Projects, whose tagline is "Providing a way out of homelessness," is headquartered in Northwest Portland

(near the train station and Main Post Office) and has nine program sites in the Portland metro area. By day, the non-profit helps meet the basic needs of more than 700 people experiencing homelessness through its Day Center. By night, it provides a safe place to sleep for more than 550 people with nowhere else to turn.

And these folks struggle to procure day-to-day hygiene items the rest of us have in our homes as a matter of course.

"Transition Projects is the only place in Portland where

"Transition Projects is the only place in Portland where homeless people not able to get a shelter bed [on a given night] can go and take a shower to get clean," Cathy explains.

Homelessness "is the number-one issue in Portland," - Roma Peyser, Transition Projects' Director of Development.

Her project collects up to 4,000 items per year, which is impressive. But the need at Transition Projects alone dictates that 81,000 unused soaps, shampoos, and other supplies are needed annually. "So most of the people who come to take a shower do not even have soap or shampoo or a toothbrush," Cathy says. "They do without."

She says that she and her band of volunteers provide Transition Projects with sorted boxes of hygiene supplies. They do this work two times a year; most recently, Cathy and Chris' havurah joined the party: Barbara Mandel and Ed Steinberg, Marc and Susan Levitte, Jack and Melanie Birnbach, Diane Kahn, and Miriam and Mike Rogson.

Transition Projects needs nine specific unused items: small deodorant, razor, toothbrush, small toothpaste, small lotion, small shampoo and conditioner, small soap and for women: tampons or pads. Help Cathy grow this important project: At the end of your next hotel stay, bring home the small hygiene supplies from your room and take them to Neveh Shalom's Hygiene Supplies for the Homeless basket. Then, join in on Sun., Oct. 30, from 9:30-11:30am, in Birnbach Hall, to sort the hundreds of items for the benefit of thousands.

A 12,000 Volume Treasure Trove...



Visit the Feldstein Library you will notice and some changes in our wonderful space. After two years of work by a small, dedicated team of volunteers, the library has been re-cataloged. Now books are easier to find and browsing is more coherent. The new system, known as Weine, is based on the Dewey Decimal system common in public libraries. Dewey's scope

does not address the needs of specialized collections, such as ours, so with Weine patrons enjoy a familiar classification system—biographies are still in the 900s and social sciences in the 300s—while benefiting from relevant expansions—notably history, religion, and Jewish education.

The Feldstein Library is a superb asset to our community and a real a treasure trove containing close to 12,000 volumes, making it one of the largest Jewish libraries in the Pacific Northwest. It has a variety of books on all Jewish subjects, ranging in age from young children to adults, and from light reading to scholarly, fiction and non-fiction. It houses the library belonging to the Jewish Genealogical Society of Oregon, and recently it acquired books from the Oregon Holocaust Resource Center. The library is open to everyone; Neveh Shalom members receive borrowing privileges with synagogue membership and non-members are invited to pay a one-time fee.

Hilde Jacob skillfully managed the library from the 1980s until her death in 2014. We are now fortunate to have Kaiya Goldhammer, a professional librarian. Kaiya's work has resulted in accreditation from the Association of Jewish Libraries (of the American Library Association). With recataloging done, efforts are being focused on strengthening our collection, developing programs that appeal to all ages, and continuing to make the collection more accessible.

Find current library hours, our catalog, and a growing selection of book lists at http://library.nevehshalom.org.

Commemorate a Lifecycle Event

Making a donation to the Feldstein Library in honor or memory of a loved one helps our collection grow. This is a meaningful way to commemorate the birthday, b'nai mitzvah, or yahrzeit of a book lover in your life. A bookplate recognizing the honoree will be placed in the book. Visit the Powell's website to find our Wishlist at: **www.tinyurl.com/feldsteinwishlist**. You choose your gift--and make a wish come true!

Contact Kaiya Goldhammer, Librarian, for more information: kgoldhammer@nevehshalom.org or 503.293.7311

High Holy Day Resource List

Prayers of Awe series by Rabbi Lawrence Hoffman:

Who by Fire, Who by Water—Un'taneh Tokef; All These Vows—Kol Nidre; We Have Sinned: Sin and Confession in Judaism—Ashamnu and Al Chet; May God Remember: Memory and Memorializing in Judaism - Yizkor; All the World: Universalism, Particularism and the High Holy Days; Naming God: Avinu Malkeinu—Our Father, Our King

Apples and pomegranates: A Family Seder for Rosh Hashanah By Rahel Musleah

Celebrating the Jewish Year: The Fall Holidays

By Paul Steinberg

Days of Awe: A Treasury of Jewish Wisdom for Reflection, Repentance, and Renewal on the High Holy Days **Edited by S.Y. Agnon**

Entering the High Holy Days : A Guide to the Origins, Themes, and Prayers By Reuven Hammer

Preparing Your Heart for the High Holy Days: A Guided Journal By Kerry M. Olitzky and Rachel T. Sabath

This is Real and You Are Completely Unprepared: The Days of Awe as a Journey of Transformation By Alan Lew

Repentance: The Meaning & Practice of Teshuvah

By Louis E. Newman

Jewish Travel Notes

By: Barry Horowitz



"Be fruitful and multiply and fill the earth" said Ha Shem in Genesis and so we did. With few exceptions, the Jewish people have, indeed, filled the earth: there is hardly a place in the world one can travel in which some presence, or at the very least the history of some presence, of the Jewish people cannot be found. And so it was in April in Singapore, where on previous trips, I'd not had the

opportunity to visit the Jewish section of this modern, vibrant SE Asian city-state. Here are some observations.



Baghdadi Jews, probably traveling via India, first arrived in Singapore in the early 19th century, soon after its establishment as a British trading post in 1819. The first Jewish Cemetery was established around 1840 and the first synagogue, Maghain Aboth, opened in 1878. Although security precautions are in place, it is possible to visit Maghain Aboth, which I was able to do during my visit. I've included a couple of my photos.

The Jacob Ballas Community Center adjoins the synagogue, where kosher versions of Asian dishes are available (the Center was closed, so I'll have to wait until next time).

There is a second synagogue in Singapore, Chesed-El, founded in 1905, which will also be on my next itinerary.

The opportunity to make this universal connection ties us together in a way that is difficult to describe, but which has added a richness and a feeling of discovery to our travels.

Whether or not I'm able to attend services, or even to engage local congregants, it is always with a sense of connection and wonder that we visit Jewish communities on our travels. Over the years, this has included High Holiday services in Glasgow, Scotland where I have cousins, (Hebrew with a Scottish accent is fantastic) and a Bat Mitzvah, followed by Shabbat dinner at the home of the local Chabad Rabbi in Helsinki, Finland.



The opportunity to make this universal connection ties us together in a way that is difficult to describe, but which has added a richness and a feeling of discovery to our travels. I hope many of you are able to have similar experiences.

Do you have stories and/or photos of Jewish travel? Please send them to jgreenberg@nevehshalom.org for possible inclusion in subsequent Chronicles.

Member News

Kvell With Us

Welcome New Members: Aleah Houze & Shane Thornley; Joshua & Danica Wnuk; Leif and Arielle Goranson.

Mazel Tov to Rabbi Eve Posen and Duncan Gilman on the birth of their beautiful healthy baby boy on August 15. We wish them and big sister **Shiri** many blessings.





Mazel Tov to Becca Stuhlbarg, our Koleinu Choir Director, for receiving a full scholarship to attend the Jewish Choral Festival in New York this July. She attended with Joni Cady and wowed the staff and attendees with

her conducting skills and a brilliant solo!

Mazel Tov to CNS Member Carol Biederman on her new position as primary cook at Barbur Vista, a new residential senior care facility with an emphasis on providing for the needs of kosher observant Jews.

Mazel Tov to Lidia and Raul Krivoy on the birth of their second granddaughter Noemi Eden, on June 19. Proud parents are Jessica and David Zisser of Oakland, CA. Other grandparents are Laura Bernell and Alan Zisser.

Mazel Tov to Rabbi Joshua and Goldie Stampfer (z"I) on the birth of their great-granddaughter *Ruth Esther Novogrodsky* born on June 28, 2016. Parents are Aaron and Tamar Novogrodsky and grandparents are Shaul and Sylviane Stampfer.



Mazel Tov to Zach Lesch on opening his new food cart, The French Toast Connection, at SW 3rd and Washington. Zach is the son of Harold and Jackie Lesch and the grandson of Gloria Bacharach.

Mazel Tov to the Men's Club who will be honored with a "Quality Club" Award at the Pacific Region of the Federation of Jewish Men's Clubs luncheon later this summer.

Mazel Tov to Merilee D. Karr for her recent article in **Metroscape Magazine** about the dangers of indoor air pollution," *Is Housing Making People Sick?*"

Mazel Tov to Marvin Wolfson and Kathy Wolfson on the marriage of their son, Derek Wolfson to Lauren Incavo; and also the birth of their fourth grandchild, Shira Chaya born to their daughter and son-in-law, Natalie and Adi Nakar.

Mazel Tov to Merridawn Duckler and Jenn Director Knudsen, who forged a friendship studying Torah together and now have launched a company together. 2B Writing Company is a writing business to fulfill any number of needs one may have where the written word is concerned. 2bwritingcompany.com

Yihi Zichram Baruch - Our condolences to CNS members who have recently lost loved ones

Steffanie Goldsmith, on the passing of her grandmother.

Susan Alpert Siegel, on the passing of her beloved father.

Foundation School teacher **Patty Chestler**, on the passing of her beloved father, **Jim Whiteley (z"I)** on July 15.

Brad Topliff on the passing of his beloved mother.

Sharyl (Rick) Vagy on the passing of her beloved mother, Sylvia Levinson (z"I), on July 29. Sylvia, a San Francisco native, was the widow of Sidney Levinson (z'I), and caring mother of Stephen (Nancy) Levinson as well as Sharyl (Rick). She will also be greatly missed by her dear grandchildren: Rachelle, Michael, Jared, Josh & Jen, and Julie. In honor of Sylvia, donations may be made to Congregation Neveh Shalom or City of Hope.

The passing of our dear congregant, Lou Menashe (z"l), beloved husband of Bernice (Menashe), father of Nase (Holly) Menashe, Renee (Randy) Langley, Emily (Rob) Ail and Leanne Menashe, and grandfather to nine.

We send condolences to Ellen Singer, on the passing of her beloved father, Seymour Singer (z"I). Mr. Singer was husband to Susan Singer and also father to Sally Singer and Michael Singer and grandfather to Ben, Daniel and Eli Molloy and Malachi, Pascal, Oscar, Theo and Leonara Singer.

Shofar blowers needed:

During the month of Elul the shofar is blown (almost) every day of the month at morning minyan. If you are interested in participating please contact Liza Milliner: lizam410@gmail.com. Also,



if you are interested in being a shofar echo on Rosh Hashanah please let us know!

The congregation gratefully acknowledges the following contributions:

Adult Education Fund Sylvia Goldeen:

in memory of Rose Olds **Rhonda & Michael Plawner:** in appreciation of Suretta and Efrem Plawner

Aliyah Donation Fund

Jay and Michele Gilbert: in memory of David Sachter Lawrence and Elizabeth Schwartz:

in memory of Sam Schwartz

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Cantor's Discretionary Fund

Harvey Checkman:

in memory of Jennye Checkman **Bridget Cross & Karen Twain:** in honor of Cantor Bletstein **Beulah Schauffer & Family:** in appreciation of Cantor Bletstein

Cemetery Fund

George Bodner:

in memory of Robert Bodner **Rosalie Goodman:**

in memory of Harold Goodman, my beloved husband in memory of Dick Goodman, beloved father-in-law

Laura Vilderman:

in memory of Lev Govshiyevich Debbi Bodie:

in memory of Min Zidell

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in memory of Iosif Talal

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get well wishes for Joy Rabin

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in memory of Stanley Constantine

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in honor of Vic & Toinette Menashe's wedding anniversary Steven Shain and Wendy Tobin-Shain:

in honor of Lidia & Raul Krivoy's new granddaughter

Frieda Tobin:

Beulah Schauffer:

in memory of Samuel Schauffer **David and Carol Twain:**

in memory of Ben Feathers in memory of Fred Twain in memory of Mary Feathers

Elaine & Gloria Schiller Fund

Thelma Geffen:

good health wishes for Marvin

in memory of Ben Lowenthal in memory of Merritt Linn

Shuldman Kiddush Fund Moshe Agam & Samara Oberlander:

in appreciation of Eddy Shuldman's generous spirit in memory of Marisa del Socorro

Ricardo and Rosana Berdichevsky:

in memory of Judith Berdichevsky

Lee and Sheri Cordova:

in honor of Steve & Joyce Singer's in honor of Steve & Joyce Singer's 50th Wedding Anniversary in honor of my aliyah in memory of Anna Reiser Stuart and Reena Davis:

in appreciation of Eddy Shuldman

Jacob Freedman School **Fund**

Ann Josephs:

in memory of Joseph Josephs

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Birthday Norman and Suzan Wapnick: in memory of Florence Leventhal Richard and Roberta Cohon:

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Barry and Sandra Finkel:

in memory of Charles Finkel in memory of Lynn Finkel

Bela Friedman:

in memory of Jean Greenberg **Edward Glick:**

in memory of Florence Glick

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in memory of Bess Greenberg Gail Halladay:

in memory of J. Branfeld Jean Hasson:

in memory of Bertha Jones

Judith Hoffman:

50th wedding anniversary

Lawrence and Sandra Huppin:

in honor of Steve & Joyce Singer's wedding anniversary

Sue Kaplon:

in memory of Elizabeth Heckman

Galina Kogan:

in memory of Sofia Kogan

Lorraine Lichtman:

in memory of Dick Goodman **Boris Litvin:**

in memory of Eleonora Litvin

Khvovnitzka

Victor and Toinette Menashe:

in appreciation of Rich Meyer's presidency of Neveh Shalom

Stephen Ostrow:

in memory of Alan Ostrow

Leonid Pereplyotchik:

in memory of Israel Pereplyotchik

Fred and Nora Rothstein:

in honor of Raul & Lidia Krivoy's new granddaughter in memory of Mark Wilkins in memory of Roger Stewart

Susan Sadis:

in honor of Steve & Joyce Singer's 50th wedding anniversary

Mimi and Robert Sorkin:

in memory of Roger Stewart **Dennis and Susan Steinberg:**

in memory of Melody Steinberg

Elisa Weger:

in memory of Louis Weger **Larry Wieder:**

in memory of Irving Wieder **Deborah Winer:**

in memory of Bernice Winer

Sharlota and Jane Aginsky: in memory of Abraam Resman

Leslie and Eva Aigner:

in memory of Mortiz Spiegel in memory of Anna Aigner in memory of Marika Aigner

Jeff and Sandy Axel:

in honor of Raul & Lidia Krivoy's new grandchild

Gloria Bacharach:

in memory of Albrecht Bacharach in memory of Julius Stern

Jeffrey Melnick and Dana

Benson-Melnick: in memory of Ben Benson

Oscar Berdichevsky:

in memory of Judith Berdichevsky

The congregation gratefully acknowledges the following contributions:

Mark Braverman:

in memory of Albert Rosen in memory of Lillian Rosen

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in memory of Marvin Brenner William Brenner and Julia Waco: Allan and Judy Weingard: in memory of Marvin Brenner **Howard and Wendy David:**

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in memory of David Greenberg **Boris Gurfinkel:**

in memory of Hana Gershman **Stanley and Shirley Hodes:**

in memory of Michael Hodes Julian Kaufman:

in memory of Carole Stern Kaufman

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Ralph Miller:

in memory of Gaby Barde Simon Moraru:

in memory of Revka Rosenbaum Jeffrey and Francine Reingold: in memory of Richard Reingold

Carol Rogoway:

in memory of Fred Adams in memory of Lotte Hasson

in memory of Barry Sherman

Michel and Miriam Rogson: in memory of Prive Sheindle

Sulamif Rozenfeld:

in memory of Israel Rozenfeld **Benson Schaeffer:**

in memory of Rebecca Schaeffer Mira Shoykhet:

in memory of Mikhail Shoykhet Mark and Susan Sisisky: in memory of Ben Benson

Yakov Smetana:

in memory of Elizavete Smetana **Howard Sussman:**

in memory of Maurice Sussman Page 17 | The Chronicle

Moisey and Faina Talal:

in memory of Losif Talal in memory of Ida Miroshnik **Michael Titelbaum:**

in memory of Morris Titelbaum

in memory of Robert Weingard **Peter Wollstein:**

in memory of Werner Wollstein

Hunger Relief Fund

Susan Katz:

in memory of Solomon Smith in memory of Michael Katz

Israel Scholarship Fund **David and Xuan Sibell:**

in memory of Nathan Sibell

Gladys & Joseph Fendel Camp Fund

Jacob, Benjamina Menashe & Family:

in appreciation of Auntie Laurie Fendel

Albert and Bette Lynn Menashe: in appreciation of Laurie Fendel in memory of Ross Coblens

Judith & Garry Kahn **Camp Fund**

Garry and Judith Kahn: in memory of Mildred Kahn

Judy Isaac Bookshelf Fund

Victor Levy:

in memory of Gertrude Isaacs

Kahn Handicap Fund Jeremy, Byron, and Jamie Henson:

in honor of Shoshanna Thompson-Holden

Kirshner Memorial Fund

Esther Bodner-Israel:

in memory of Robert Bodner

Leonard Barde Cemetery Enhancement Fund

Jerome Barde:

in honor of Steve & Joyce Singer's 50th wedding anniversary

Larry and Carolyn Gorin:

in memory of Goldie Barde

Feldstein Library Fund

Martha and Glenn Decherd: in memory of Dorris Decherd in memory of Douglass Decherd **Laurence and Corinne Spiegel:**

in memory of Albrecht Bacharach

Lesch Camp Fund

Fund

Mitzvah

Golden

Harold and Jacqueline Lesch:

in memory of Albrecht Bacharach in memory of Trudy Lesch

Milt Horenstein Minyan

in honor of Joshua "Baruch" Bar

get well wishes for Eric Kostiner

in memory of Marvin Brenner

in memory of Joseph Cordova

in memory of Robert Avram

in honor of Priscilla Kostiner

Howard and Petra Shapiro:

in memory of Philip Shapiro

Howard and Petra Shapiro:

Jeff and Sandy Axel:

Marlene Brenner:

Samuel Gottlieb:

Lee and Sheri Cordova:

in memory of Anne Tobin in memory of Harry Jaffe in memory of Philip Tobin in memory of Sol Solomon

Honigstock Educational Scholarship Fund

Judith Feinstein & Family:

in memory of William Feinstein, Leah Feinstein & Melvin H. Feinstein

Bruce and Sheila Stern:

in memory of Tillie Kaufman

Rabbi Isaak Discretionary **Fund**

Bridget Cross & Karen Twain:

in honor of Rabbi Isaak

Lindsey Culver:

in memory of Mindy Lietz

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Rosana and Ricardo Berdichevsky:

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in memory of Herbert Levy

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in memory of Herman Gewisgold in memory of Pearl Gewisgold in memory of David Gewisgold

Rachel Rothstein:

in appreciation of Rabbi Posen mikvah visit

Arden and Lois Shenker:

in memory of Mark Wilkins in memory of Kraina Davidov and Lillian & Gilbert Sussman

Solomon Beautification Fund

Rosalie Goodman:

get well wishes for Michelle Caplan

Frieda Tobin:

in memory of Philip Tobin

The congregation gratefully acknowledges the following contributions:

Shoreshim Fund

Nancy and Allan Lipton:

in appreciation of Stephen Blake in honor of Ruth Esther Novogrodsky in memory of Mark Wilkins

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Anniversary

Irwin and Renée Holzman:
in honor of the 55th anniversary

of Sylvia and Gary Pearlman

Stampfer Discretionary Fund

Hilarie and Joel Wasserman: in memory of Roger Stewart

Stanley and Susan Marcus:

in honor of Gary & Sylvia Pearlman's Anniversary

Women's League Scholarship Fund

Elliot and Suzanne Axel:

in memory of Gussie Cooper Marla Weiner:

in memory of Jennie Schneider in memory of Yaccov Weinstein

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in honor of Joshua Weinrobe's Bar Mitzvah

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USY Travel Fund

David and Xuan Sibell:

in memory of Nathan Sibell

Weinstein Chapel Fund Carolyn and Gary Weinstein:

in honor of Steve & Joyce Singer's 50th wedding anniversary in memory of Jacob Rapoport

Spotlight on the Aaron & Helen Sherman Cohen Israel Endowment Fund

We are so pleased to announce the establishment of the **Aaron and Helen Sherman Cohen Israel Endowment Fund** here at Neveh Shalom, and thank the family for this generous commitment to ensuring the relationship between Neveh Shalom youth and Israel.

Helen Sherman Cohen and the late Aaron Cohen were lifelong supporters of both Congregation Neveh Shalom and of the state of Israel. They were early members of Neveh Shalom and previously members at its predecessor Ahavai Shalom, where they were married and Helen was confirmed. Their sons Sidney and Daniel became Bar Mitzvahs at Neveh Shalom and their daughter Carolyn was married in the sanctuary. Aaron joined in Israel's 1948 war for independence as a member of *Machal* (volunteer foreign fighters). Their son Sidney immigrated to Israel after college and they subsequently enjoyed many trips there over the years. Aaron and Helen eventually immigrated to Israel in 2010 where Aaron passed away in 2013. Helen currently resides in Rehovot, Israel. The endowment



fund was established to provide support for congregant students with financial need to participate in summer programs in Israel and continue the strong bond between the Portland Jewish community and the state of Israel.

The new fund will provide assistance to CNS youth participating in educational trips to Israel.



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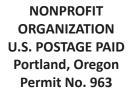
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What's something you do to make the holidays meaningful for yourself?

Goldsmith Family - Somewhat recent east coast transplants, the Goldsmith family takes a break from the kids' activities to make the High Holy Days special. In addition to the Goldsmith boys' ALIYAH and Tichon commitments, eldest son Zach steps away from acting rehearsals and singing practice, while younger son Bram takes a quick break from football practice. Says Steffanie, "We take the time as a family to go apple picking and get honey fresh from the farm. We may even do a little 'sampling' ahead of time to get us in the holiday spirit."

PICTURED, I to r: Zach, Bram, Steffanie, Steven, and Steffanie's parents, Art and Sheryl Feuerstein, in town to share the holidays with their grandsons.





Cross Twain Family - "We try to take time to reset, reflecting on the prior year and re-energizing for the new one," Bridget Cross says. "Beyond the spiritual end of things, we really take time to focus on family. Grandparents, siblings, spouses, and cousins all come together for the High Holy Days. And our holiday preparation wouldn't be complete without the traditional foods we cook and prepare. Everyone can't wait for Karen (Twain)'s chopped liver; the recipe has been passed down from Karen's Grandma Mary. All of these things make our holidays complete."

PICTURED, I to r: Bridget Cross, Oliver, Marian, and Karen Twain

Milliner Family - "There are a few traditions we have that help make the holidays special for us," says Liza Milliner of herself and wife Beth Milliner. "We take a picture each year before services. This tradition provides us a snapshot in time and is a great way to look back and see how the styles have changed – ourselves included! We set aside dedicated time to consider our ambitions for the year ahead. And we also spend time reflecting on the past year – what we've accomplished, ignored, or shifted, due to evolving priorities. Our final pre-holiday prep highlight is sharing time with family and friends, and of course dipping apples in honey with the goal of a sweet and happy New Year. L'Shana Tova! PICTURED, I to r: Liza and Beth Milliner





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
For ALIYAH/TICHON schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/aliyah-7-12	For Foundation School schedule, please visit: foundationschoolpdx.org			7:15am Morning Minyan 3:15pm Bible Class R. Isaak 7:00pm Executive Committee	29 av 7:15am Morning Minyan 6:15pm First Friday with llene Safyan	Bat Mitzvah of Maia Ross 9:00am Shabbat Services 10:15am Tot Shabbat, Kiddush Club & Parsha Club Step-Up Program Re'eh ROSH CHODESH
1 elul 9:00am Morning Minyan 12:00pm Back to Shul ROSH CHODESH	5 OFFICE CLOSED 9:00am Morning Minyan LABOR DAY	6 7:15am Morning Minyan 5:00pm Talmud Class	7 7:15am Morning Minyan	7:15am Morning Minyan 8:00am Building & Grounds Committee 1:00pm Nosh & Drash, MJCC 3:15pm Bible Class R. Isaak 7:00pm Sisterhood Board Meeting	7:15am Morning Minyan 6:15pm Kabbalat Shabbat	9:00am Combined Shabbat Services
9:00am Morning Minyan 11:30am PJ Library Community Event 12:00pm Outside In Cooking 12:00pm Sisterhood Sundays	7:15am Morning Minyan 10:00am Mahzor Lev Shalem Class with R. Isaak	13 10 elul 7:15am Morning Minyan 2:00pm Wondering Jews Tea at Two 5:00pm Talmud Class 7:00pm Crash-Course in Hebrew Reading 7:00p Membership Committee	11 elul 7:15am Morning Minyan 7:00pm Conservative Judaism Explained	15 12 elul 7:15am Morning Minyan 3:15pm Bible Class R. Isaak 7:00pm Board of Directors Meeting	16 13 elul 30 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	Bat Mitzvah of Hayley Knudsen 9:00am Shabbat Services 10:00am Parsha Club 10:15am Tot Shabbat 10:15am Kiddush Club Ki Tetze
18 15 elul See Below	16 elul 7:15am Morning Minyan 10:00am Mahzor Lev Shalem Class with R. Isaak	7:15am Morning Minyan 4:15pm 1st Day ALIYAH Tues 5:00pm Talmud Class 7:00pm Crash-Course in Hebrew Reading	7:15am Morning Minyan 1:00pm Unveiling for Sy Newman, z"l 4:00pm Men's Club Eastside Distilleries Tour 7:00pm Taste of: Siddur Basics	7:15am Morning Minyan 3:15pm Bible Class R. Isaak 7:30pm Sisterhood Welcome Event FALL BEGINS	20 elul 7:15am Morning Minyan 5:00pm 4th Friday w/ R. Eve 5:45pm CNS Pride Shabbat 6:15pm Kabbalat Shabbat	9:00am Combined Shabbat Services Ki Tavo SELICHOT
25 9:00am Morning Minyan 10:30am Unveiling for Carol Haber, z"l 1:00pm Yom Limmud Learning Day at MJCC	26 23 elul 7:15am Morning Minyan 10:00am Mahzor Lev Shalem Class with R. Isaak	24 elul 7:15am Morning Minyan 5:00pm Talmud Class 7:00pm Crash-Course in Hebrew Reading 8:00pm Q&A:Hebrew Prayer & Machon Ivrit	25 elul 7:15am Morning Minyan 7:00pm Taste of: Shalom for the Soul, Jewish Wisdom for Stress Management	26 elul 7:15am Morning Minyan 3:15pm Bible Class R. Isaak	7:15am Morning Minyan 6:15pm Kabbalat Shabbat	

Mark Your Calendars And Join Congregation

Talmud Class with Rabbi Stampfer Tuesdays, 5:00pm, R. Stampfer's home Join our Emeritus Rabbi for weekly study of our sacred texts. Free.

Bible Class with Rabbi Isaak Thursdays, 3:15pm

Weekly learning and discussion on a book in the Tanakh with Rabbi Emeritus, Daniel Isaak. Free.

First Friday with Ilene Safyan Friday, Sept. 2, Oct. 7, 6:15pm

Bring your spirit and your voice together on the first Friday of the month. Accompanied by Ilene Safvan on guitar, this service is one of beautiful music, filled with singing and participation. New melodies are intermixed with congregational favorites. It's wonderful way to welcome Shabbat. Stampfer Chapel.

Back to Shul All Community Gathering Sunday, September 4, 12:00-2:00pm

Join us for music, food and fun at our annual BBQ on the Plaza! Time to reconnect with friends and opportunities for students to meet ALIYAH K-6 teachers and Foundation School (18 mo. – pre-K) teachers, too! Free. Open to the entire community. All ages welcome!

Nosh & Drash with Rabbi Eve Posen Thursday, Sept 8, Oct 13, 1:00pm

Sept: The evolution of Jewish law. Oct: The faces of God in the High Holiday liturgy. Free & open to all at the MJCC.

CNS Sisterhood Sunday/Rosh Chodesh, Sunday, September 11, 12:00pm

Embrace Rosh Chodesh - a women's sacred time. Join Karen Sharp, herbalist and student of spiritual thought, as we find ways to bring the spiritual themes of each Jewish month to our lives using our senses in different ways. Room 111

Mahzor Lev Shalem Class Monday, Sept. 12, 19, 26, 10:00am

Find out what will make these coming Days of Awe more meaningful and thought provoking by perusing the

ideas and insights that the new Men's Club Eastside Distilleries Tour Conservative Mahzor contains with Rabbi Isaak.

Wondering Jews Tea for Two: The Movement to Boycott Israel: **Anti-Zionism or Anti-Semitism?** Tuesday, September 13, 2:00pm

Speaker: Bob Hornstein, Director of Community Relations and Strategic Initiatives and freelance writer for the Jerusalem Report Magazine Who are the "Wondering Jews"? - Folks of wiser age, coming together to do and learn interesting things. Open to all-come wonder with us!

Crash Course in Hebrew Reading Tuesday, Sept 13, 20, 27, 7:00pm A great primer for our year-long classes,

Hebrew for Prayer and Machon Ivrit!

Conservative Judaism Explained Wednesday, September 14, 7:00pm

Whetheryou'reanewmemberorsimply seeking greater clarity, you're invited to attend this engaging opportunity to learn about our movement's name, values, and distinguishing features.

Annual Giving Donors Brunch Sunday, September 18, 11:00am

Please plan to join us for this special brunch. Featuring classical guitarist, Peter Zisa. Register for the event at: cnsmembership@nevehshalom.org or 503.293.7305. Please note: A minimum gift of \$360 to the Annual Campaign is requested to attend the brunch. Gifts can be made at or prior to donor brunch.

Open Book: A Talk Across Three **Generations Of Rabbis** Sunday, September 18, 1:00pm

Join our three rabbis for a historical and deeply personal exploration of our Jewish evolution, transformations in collective identity and changing Jewish influences, piecing together thoughts and philosophies from over the years. \$10 Admission. Held in the Main Sanctuary; dessert reception to follow.

Wednesday, September 21, 4:00pm Join the Men's Club on a tour of the distilleries of the Eastside. Contact: stevejew18@frontier.com

Taste of: Siddur Basics Wednesday, September 21, 7:00pm

No more mumbling through services! Learn the prayers step-by-step and line-by-line with an excellent teacher.

Sisterhood Welcome Event Thursday, September 22, 7:30-8:30pm Please join the Sisterhood for this

special event. Dessert will be served. otrbanana@frontier.com

CNS Pride Shabbat and Dinner Friday, September 23, 5:45pm

CNS proudly hosts a warm & welcoming Shabbat dinner for our LGBTQ community. All LGBTQ individuals, and all families with a LGBTQ parent or child are welcome (CNS members and non-members welcome). RSVP for dinner: mberwin@nevehshalom.com. 5:45pm: Appetizers, 6:15pm: Service, 7:15pm: Dinner. Dinner costs: \$12/ adult (member), \$16/adult (nonmember), \$8/child

Q&A: Hebrew Prayer and Machon Ivrit Tuesday, September 27, 8:00pm

Meet the teachers, get the syllabus, and find out what level works best for you.

Taste of: Shalom for the Soul Wednesday, September 28, 7:00pm

An introduction to the practice of stress-reducing skills blended with Jewish sources of wisdom.

Siddur Lev Shalem Class Thursdays, Oct 6 - Nov 17, 10:00am

Rabbi Isaak will lead discussion which will help make Shabbat and holiday services throughout the year ever more suggestive and interesting, using the new Shabbat and Holiday Prayerbook.

Neveh Shalom For These Great Programs!

Oregon Jews 1950-2010 Class with Rabbi Stampfer

Thursdays, Oct. 6-Dec. 8, 12:00pm Rabbi Stampfer's course, Oregon Jews 1950-2010 is based on Ellen Eisenberg's new book, the sequel to *Embracing a Western Identity: Jewish Oregonians*, 1849-1950.

Men's Club Talk: "Presidential Election"

Sunday, October 9, 9:40am

Please join the Men's Club in a talk by John Horvick, Political Director at DHM Research. Free and open to all.

Soup and Cider in the Sukkah: A Night for Adults to Get Together Tuesday, October 18, 6:30 – 8:30pm

Join us for Soup and Cider in the Sukkah! Come by yourself, grab a friend (or two) for this adult event... it promises to be warming for the soul and belly! To help out contact Carol Biederman at 503-703-5128. Cost is \$8, and share the harvest by bringing a can for the Oregon Food Bank. To RSVP call the main office at 503 246-8831 or lharrison@nevehshalom.org

Oktorahfest:

An Erev Simchat Torah Celebration Monday, October 24

6:00pm Dinner / 7:00pm ServiceJoin us in celebrating 1111 years of levish Payarian life and culture. At

Jewish Bavarian life and culture. At 6:00pm, there will be a German-style dinner by reservation (tinyurl.com/simchat5777). At 7:00pm there will be a Ma'ariv service & Hakafot with a live band. The service, beer and snacks are free and open to the community.

The Rabbi Stampfer Community Enrichment Award Thursday, Nov 3, 6:00pm

Carolyn and Gary Weinstein have been selected as The Stampfer Community Enrichment Award 2016 honorees. Join us as we celebrate this amazing couple who has done so much for Neveh Shalom and the entire Portland Jewish community. RSVP to: meverett@nevehshalom.org

Young Family & Youth Shabbat

Tot Shabbat, Kiddush Club & Parsha Club Step-Up Program Saturday, September 3, 10:15am

Join us as we mark the beginning of a new year of prayer, community and growing together. We'll have certificates and a special prayer marking the transition of our oldest Tot-Shabbat participants to Kiddush Club (K-2) and our Kiddush Club graduates into Parsha Club (3rd-5th). Following our services we'll come back together for our Kiddush lunch and a special treat in honor of the new year together.

Young Family Tot Shabbat 1st and 3rd Saturdays, 10:15am Join other young families in Zidell Changle for singing dancing stories

Chapel for singing, dancing, stories, indoor picnic-style lunch and Shabbat fun.

Kiddush Club for K-2nd Grade 1st and 3rd Saturdays, 10:15am

Join other families for prayer, singing, conversation and fun followed by an indoor picnic style lunch.

New! Parsha Club for 3rd-5th graders 1st and 3rd Saturdays, 10:00am

Gershon Liberman and Laura Kosak lead this next-step-up program from Kiddush Club. Meet in the MAIN service (Stampfer Chapel or Main Sanctuary) for the beginning of the Torah service, and then come out with your friends for a fun and active lesson on the Torah portion (parsha) of the week. Return to the service to help lead Adon Olam, and join the community for lunch!

Young Families 4th Friday w/ Rabbi Eve Fridays, September 23, 5:15pm

Join Rabbi Eve and welcome Shabbat with music and stories, potluck dinner to follow. Contact Rabbi Eve Posen for location: eposen@nevehshalom.org. Co-sponsored by PJ Library.

Lend a Hand

Outside-in Cooking Sunday, September 11, 12:00p

Join us from Noon to 2pm in the Neveh Shalom kitchen to make dinner for 60 homeless teens in downtown Portland. To help out contact Chris Blair (503) 675-1328.

Shomrei Teva Creekside Restoration Sunday, Sept. 18, Oct. 16, 9:45am

Join us as we remove non-native, invasive plants. Bring a small tool (trowel, small shovel, pruner, clippers), gloves if you have them, sturdy shoes with good traction, and dress for the weather. Don't forget your sense of humor; we like to schmooze while we work. It's good for the soil and good for the soul. Jordan Epstein, 503.245.6580, yaakovm@comcast.net.

Sukkah Building and Decoration October 16, 9:00am

The Men's Club is leading the building of the Sukkah and can use everyone's help! Contact Gary Laroff: glaroff@teleport.com. Afterward, the Sisterhood is leading the decoration. Contact Dana Sirkin: otrbanana@frontier.com

Hygiene Supply Party Sunday, October 30, 9:30am

Join us in sorting the hundreds of collected items for the benefit of thousands. *More information on page* 12 in the Chronicle.

Unveilings

Unveiling for Sy Newman, z"l Wednesday, September 21, 1:00pm Ahavai Shalom Cemetery

Unveiling for Carol Haber, z"l Sunday, September 25, 10:30am Ahavai Shalom Cemetery 5776-5777 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						28 elul
						9:00am Shabbat Services 10:00am Parsha Club 10:15am Tot Shabbat 10:15am Kiddush Club
						Nitzavim
29 elul	3 1 tishri	4 2 tishri	5 3 tishri	6 4 tishri	7 5 tishri	8 6 tishri
9:00am Morning Minyan 5:00pm Young Family Erev Rosh Hashanah Service 6:15pm Erev Rosh Hashanah Service	OFFICE CLOSED 9:00am Rosh Hashanah Services (see full list of services on HHD flyer or at nevehshalom.org)	OFFICE CLOSED 9:00am Rosh Hashanah Services (see full list of services on HHD flyer or at nevehshalom.org)	7:15am Morning Minyan	7:15am Morning Minyan 10:00am Siddur Lev Shalem Class with R. Isaak 11:00am Oregon Jews Class with R. Stampfer	7:15am Morning Minyan 6:15pm First Friday with Ilene Safyan	9:00am Combined Shabbat Services
EREV ROSH HASHANAH	ROSH HASHANAH	ROSH HASHANAH	FAST OF GEDALIAH	3:15pm Bible Class R. Isaak 7:00pm Executive Committee		Vayelech SHABBAT SHUVAH
9 7 tishri	10 8 tishri	9 tishri	12 10 tishri	13 11 tishri	14 12 tishri	15 13 tishri
9:00am Morning Minyan 9:40am Men's Club Talk:	7:15am Morning Minyan	7:15am Morning Minyan	OFFICE CLOSED 9:00am Yom Kippur Services	7:15am Morning Minyan 8:00am Building & Grounds	7:15am Morning Minyan	9:00am Shabbat Services 10:00am Parsha Club
"Presidential Election" 10:00am Kever Avot 12:00pm Outside In Cooking	COLUMBUS DAY	6:00pm Kol Nidre Service	(see full list of services on HHD flyer; nevehshalom.org)	10:00am Siddur Lev Shalem 11:00am Oregon Jews Class	6:15pm Kabbalat Shabbat	10:15am Tot Shabbat 10:15am Kiddush Club
	CANADIAN THANKSGIVING	KOL NIDRE	YOM KIPPUR YIZKOR	1:00pm Nosh & Drash, MJCC 3:15pm Bible Class R. Isaak 7:00pm Sisterhood Board		Ha'azinu
16 14 tishri	17 15 tishri	18 16 tishri	19 17 tishri	20 18 tishri	21 19 tishri	22 20 tishri
9:00am Morning Minyan 9:00am Sukkah Build with	OFFICE CLOSED	OFFICE CLOSED	7:00am Morning Minyan	7:00am Morning Minyan 10:00am Siddur Lev Shalem	7:00am Morning Minyan	9:00am Shabbat Chol HaMaod Sukkot Service
Decoration After 9:45am Shomrei Teva Creekside Restoration	9:00am Sukkot Services begin	9:00am Sukkot Services begin 6:30pm Soup & Cider in the Sukkah	5:30pm ALIYAH & PJA Families Dinner in Sukkah	Class with R. Isaak 11:00am Oregon Jews Class 3:15pm Bible Class R. Isaak 7:00pm Board of Directors	6:15pm Kabbalat Shabbat	
EREV SUKKOT	SUKKOT	SUKKOT	INTERMEDIATE DAY	INTERMEDIATE DAY	INTERMEDIATE DAY	CHOL HAMOED
23 21 tishri	24 See Below SHEMINI ATZERET	25 23 tishrii	24 tishri	27 25 tishri	28 26 tishri	29 27 tishri
HOSHANAH RABBAH	YIZKOR	OFFICE CLOSED	7:15am Morning Minyan	7:15am Morning Minyan 10:00am Siddur Lev Shalem	7:15am Morning Minyan	9:00am Combined Shabbat Services
30 ^{28 tishri}	31 ^{29 tishri}	9:00am Simchat Torah Services begin		Class with R. Isaak 11:00am Oregon Jews Class with R. Stampfer	5:30pm 4th Friday w/ R. Eve 6:15pm Kabbalat Shabbat	12:30pm Women's Torah Study
See Below	7:15am Morning Minyan	Vezot Habrachah SIMCHAT TORAH		3:15pm Bible Class R. Isaak		Bereshit

This September,

Learn Something New! CNS Lifelong Learning

Get Ready for the Holidays and get a FREE "Taste of" our Adult Education line-up!
Find your fit for a fresh year of learning. For more information, contact JoAnn Bezodis:
jbezodis@nevehshalom.org

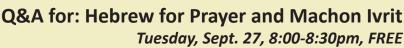




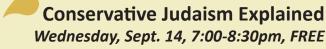




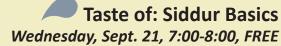
Tuesdays: Sept. 13, 20, 27, 7:00-8:00pm, FREE
A great primer for our year-long classes, Hebrew for
Prayer and Machon Ivrit!



Meet the teachers, get the syllabus, and find out what level works best for you.



Whether you're a new member or simply seeking greater clarity, you're invited to attend this engaging opportunity to learn about our movement's name, values, and distinguishing features.



No more mumbling through services! Learn the prayers step-by-step and line-by-line with an excellent teacher.

Taste of: Shalom for the Soul, Jewish Wisdom for Stress Management Wednesday, Sept. 28, 7:00-8:00, FREE

An introduction to the practice of stress-reducing skills blended with Jewish sources of wisdom.







Machon lyrit מכון עברית

Learn to speak and read modern Hebrew



New Levels.

1 Starting from scratch

2 Ready to read

3 Conversational

Course Begins
November 1, 2016

Students, Parents, Teachers, Tourists... Everyone is Welcome! Tuesdays at 7:00pm Congregation Neveh Shalom 2900 SW Peaceful Lane, 97239

Q&A Session: Tuesday, Sept 27, 8:00pm

Machon Ivrit Hebrew Institute

Year Long Course | Professionally Taught | Multiple Levels

For more information and to register, contact: Mel Berwin 503.293.7306 mberwin@nevehshalom.org

CNS High Holy Day Services

EREV ROSH HASHANAH Sunday, October 2

5:00pm **Young Family Service**, Stampfer Chapel 6:15pm **Erev Rosh Hashanah Service**, Main Sanctuary

ROSH HASHANAH

Monday, October 3

9:00am **First Day Services**, Sanctuary & Birnbach Hall 10:00am **Family Services ages 0-5**, Stampfer Chapel 9:30am-11am **Family Services**, Grade K-2, Room 102 9:30am-11am **Family Services**, Grade 3-6, Zidell Chapel 1:30pm, **Kiddush**, Upper Plaza

7:15pm **Tashlich**, Fanno Creek (just off lower parking area) 7:45pm (immediately after Tashlich) **Ma'ariv**, Stampfer Chapel

Tuesday, October 4

9:00am **Second Day Services**, Main Sanctuary 10:00am **Family Services followed by Tashlich**, Stampfer Chapel

New! 2nd Day RH alternative spiritual learning experiences in Room 101/102:

10:00am Torah Study: Hannah and her Perfect Prayer, Mel Berwin

11:00am Jewish Meditation and Movement, Sarah Rohr 12:00pm Finding your vision of God in the Machzor, Rabbi Eve Posen

Sunday, October 9

10:00am **Kever Avot,** Ahavai Shalom and Neveh Zedek Cemeteries

EREV YOM KIPPUR Tuesday, October 11

6:00pm Kol Nidre Service, Main Sanctuary

YOM KIPPUR

Wednesday, October 12

9:00am **Yom Kippur Services**, Sanctuary and Birnbach Hall 10:00am **Family Services ages 0-5**, Stampfer Chapel 9:30am-11am **Family Services** Grade Grade K-2, Room 102 9:30am-11am **Family Services** Grade Grade 3-6, Zidell Chapel

12:00pm Yizkor Memorial Service, Sanctuary/Birnbach Hall

2:30pm Learning Time Discussion, Stampfer Chapel

4:30pm **Mincha**, Sanctuary

5:45pm Family Program, Stampfer Chapel

6:15pm Neilah, Sanctuary

7:15pm Break the Fast, Birnbach Hall

SUKKOT

Monday/Tuesday, October 17 & 18

9:00am **First & Second Day Sukkot Service**, Stampfer Chapel

Wednesday, October 19 – Friday, October 21

7:00am **Chol HaMoed Sukkot Service**, Zidell Chapel

Saturday, October 22

9:00am **Shabbat Chol HaMoed Sukkot Service,** Stampfer Chapel

Sunday, October 23

9:00am Hoshana Rabah Service, Zidell Chapel

SHEMINI ATZERET/SIMCHAT TORAH Monday, October 24

9:00am Shemini Atzeret/Yizkor Service, Stampfer Chapel

Night **Erev Simchat Torah: Oktorahfest!** 6:00pm dinner by reservation; 7:00pm Ma'ariv/Hakafot open to all, Birnbach Hall

Tuesday, October 25

9:00am Simchat Torah Morning Service, Stampfer Chapel



Youth and Family Program Schedule

Family Services (children accompanied by parents)
NO additional ticket required!

Erev Rosh Hashanah Services with Rabbi Posen - Sunday, Oct. 2

All ages: 5:00pm, Stampfer Chapel

1st Day Rosh Hashanah Services - Monday, Oct. 3

0-5 year olds: 10:00am -10:45am, Stampfer Chapel

Grades K-2: 9:30am - 11:00am, Room 102 Grades 3-6: 9:30am - 11:00am, Zidell Chapel

2nd Day Rosh Hashanah service followed by Tashlich -

Tuesday, Oct. 4

All ages: 10:00am, Stampfer Chapel

Yom Kippur Services - Wednesday, Oct. 12

0-5 year olds: 10:00am - 10:45am, Stampfer Chapel

Grades K-2: 9:30am - 11:00am, Room 102 Grades 3-6: 9:30am - 11:00am, Zidell Chapel Family Program: 5:45pm, Stampfer Chapel





Coleinu The Choir of Neveh Shalom

"Music is a prayer beyond words!"

Join our existing group of singers to enhance services and programs at Neveh Shalom



Koleinu meets every Monday evening

7:15-8:45pm in Stampfer Chapel Intro Session on Monday, September 26

Upcoming performances include:

~ All Congregation Chanukah Party ~

Wednesday, December 28, 2016

~ Shabbat Shirah ~

Friday, February 10, 2017

If you'd like to visit a rehearsal or join the group, please contact Joni Cady at joni.cady@comcast.net, 503.635.8834



2900 SW Peaceful Lane, Portland, OR 97239 Contact: 503.246.8831; www.nevehshalom.org

Jewish Dad's Night Out!

Save the Date!

Open to all Jewish dads and dads raising Jewish children. Meet in a pub and take part in a relaxed conversation on a topic pertinent to parenting. Hear from local rabbis and get to know other dads at our low-key meet-ups. Dads of all ages and stages of parenting are welcome. There is no cost and beverages and food are included; \$5 donation suggested. Meet at 7:30pm. Email for locations.



Sept 15: High Holiday Prep for Dads,

Rabbi Joshua Rose, Shaarie Torah

Oct 19: How to be a Good Dad, Rabbi David Kosak, Neveh Shalom

Dec 14: When Bad Things Happen to Good People, Rabbi Joseph, Beth Israel

Jan 12: Hands on Shabbat Skills for Dads, Rabbi Posen, Neveh Shalom

Apr 13: Passover with Rabbi Cahana, Beth Israel

Summer 2017: Family Shabbat in the Park, Date TBD

For location details or to be added to the e-mail list, contact Jennifer at: programs@nevehshalom.org

Dad's Night is co-sponsored by Mothers Circle, a community-wide welcoming program run by Congregation Neveh Shalom, and the Mittleman Jewish Community Center with support from Congregation Beth Israel and Congregation Shaarie Torah. Dad's Night is made possible by generous funding from the Jewish Federation of Greater Portland.

