

Congregation Neveh Shalom

High Holy Day Information

5776



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Rabbi Greeting

Expectations, Teshuvah and the Process of Becoming

My family and I have been living in cardboard boxes for several months, first in Cleveland, now here in Portland. Laura and I discovered dented boxes sealed shut that we have been carting around for more than a decade. This time, we opened them up and peered inside.

It's a rather apt metaphor for this season of awe and introspection we are about to enter. Moving and change require a multitude of decisions about keeping and relinquishing. We look at countless objects and keepsakes, all of them containers of our personal histories. We try to imagine if they should have a place in our new life. We weigh the role of sentimentality, by which we give (excessive?) value to the past (our good and bad experiences, our good and bad patterns of behavior and thinking), and stack that up against making a clean break. There is much loss in making a move. It is offset by the opportunities we gain.

The process of *teshuvah*, of an authentic turn toward self-improvement clearly requires us to go through a similar period of discernment. What is striking is how critical a role our conscious and unconscious expectations play in all this. Most of us cart around within our souls a bunch of sealed boxes. Inertia and other forces keep us from gazing within. If we can't gain clarity into our motives and thus resolve the ghosts of the past, substantive change becomes very difficult. Might we not revisit the past in the present moment?

As Congregation Neveh Shalom builds on its marvelous heritage, my family and I are honored to be welcomed into this venerable community. We all are entering a charged period of expectations. Some are reasonable and achievable; others come unbidden as expression of our hidden needs and fears. I look forward to exploring these themes with you as together we craft the next phase in our lives together--one that grants kavod and dignity to all that we each have accomplished, and what we may yet accomplish.

May we all taste life's sweetness in the coming year along with a good dose of health, love and contentment. Warmth and blessings,



Rabbi David Kosak



President Greeting

Shana tova!

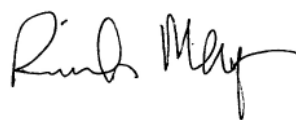
On behalf of Neveh Shalom's Board of Directors and staff, I wish you and your family a happy, healthy, and meaningful 5776. We are all excited to welcome **Rabbi David Kosak** and his family to our community and look forward to his leadership and teaching. One of my



goals as synagogue president is to help strengthen the personal relationships among our members. Our shul offers so many wonderful services, programs and opportunities to interact and learn from one another. I challenge you this year to try something new at Neveh Shalom -- seek out a new davening experience; take a adult education class; encourage your children and their friends to join one of our youth groups; volunteer for a committee; introduce yourself to someone you've never met. I know that the more you are able to engage with our Kehillah, the more fulfilling your year will be.

As you may know, our synagogue dues cover a portion -- but not all -- of our operating expenses, and we depend on personal philanthropy from our members to help meet our budget needs. We turn no member away, and these funds help us provide dues and school scholarships for families who are unable to pay the full amount. I encourage you to join hundreds of our members who participate in our Annual Giving Campaign and enable us to offer such a broad spectrum of services and programs.

Enjoy the rest of your summer, and I will see you at Neveh Shalom in the coming year!



Annual Giving Campaign

If not now, when? Today and Tomorrow
-Maimonides

It is said that tzedakah is as much a need of the donor as it is for the recipient. So many of us are blessed with a variety of riches. Riches of community, spirit, friends, family, health and of course, the ability to contribute. Our community (kehilla) is blessed with riches. Our community is only as strong as the those who are committed to its health and success.



Your Support will:

- Assist and support our congregants with all life cycle events.
- Engage families and individuals who may have otherwise chosen not to participate in a full breadth of Jewish life. This past year we were fortunate to provide \$360,000 in annual scholarships for membership, religious school (ALIYAH) and preschool (Foundation School). No member is ever turned away due to inability to pay the full amount of dues or tuition.
- Provide our clergy with the support necessary to connect with our community providing opportunities to create new programs, teach and to daven (pray) with us.
- Ensure the financial health and stability necessary to maintain our history of operating a fiscally sound operating budget from generation to generation.

Help us reach our goal of \$180,000. If you have already made your gift...thank you!

If you have yet to give, please consider increasing your gift by 10% over last year.

Every Gift Matters – Every Dollar Makes a Difference.

Make your best gift. We need everyone to participate – it's our community.

Make your Annual Giving pledge today by filling out the envelope enclosed in this booklet or visit - www.nevehshalom.org/annual.giving

For donation questions or to receive information about Planned Giving, please contact Wendy Kahn, Membership and Development Director at cnsmembership@nevehshalom.org or call 503-297-7305.

"It is not incumbent upon us to complete the task but neither are we free to desist from it." (Talmud)

Family Services

We are pleased to offer services designed for families with children during the High Holy Days.

- ❖ On **1st Day Rosh Hashanah** and on **Yom Kippur**, family services are led by our year-round Tot Shabbat and ALIYAH teachers.
- ❖ On **Erev Rosh Hashanah** and **Second day**, family services are led by Rabbi Eve Posen.
- ❖ Attendees to any High Holy Day service must have a ticket to enter the building; there are no separate tickets for Family Services.
- ❖ Parents are expected to stay and participate with children in Family Services. We realize you may not be able to accompany each of your children to the age-appropriate service. We welcome younger or older siblings at every family service and we encourage you to attend the one that feels like the best fit for your family.
- ❖ Family Services have been scheduled to allow parents to attend the Rabbis' sermons in the main services.
- ❖ Family services provide a wonderful opportunity for you to daven with your children but do not have to replace adult prayer time. Childcare services are available for children ages five and younger and we have a game room for children in grades 1-6 at the end of family services

We wish your family a Shanah Tovah — a very sweet and happy New Year!

If you have any questions please contact:

Mel Berwin 503-293-7306 mberwin@nevehshalom.org
JoAnn Bezodis 503-293-7309 jbezodis@nevehshalom.org
Leah Conley 503.293.7307 leahc@foundationschoolpdx.org

Youth and Family Program Schedule

Family Services (children accompanied by parents) NO additional ticket required!

Erev Rosh Hashanah Services with Rabbi Posen - Sunday Sept. 13

All ages	6:15pm	Stampfer Chapel
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1st Day Rosh Hashanah Services - Monday, Sept. 14

0-5 year olds	10:00am -11:00am	Stampfer Chapel
Grades K-2	9:30am - 11:00am	Room 102
Grades 3-6	9:30am - 11:00am	Zidell Chapel

2nd Day Rosh Hashanah service followed by Tashlich - Tuesday, Sept. 15

All ages	10:00am	Stampfer Chapel
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Yom Kippur Services - Wednesday, Sept. 23

0-5 year olds	10:00am - 11:00am	Stampfer Chapel
Grades K-2	9:30am - 11:00am	Room 102
Grades 3-6	9:30am - 11:00am	Zidell Chapel
Family Program	6:10pm	Stampfer Chapel

Game Room

1st Day Rosh Hashanah (Monday, Sept. 14) AND **Yom Kippur** (Wednesday, Sept. 23)
grades 1-6 11:00am - 12:30pm Room 118

Nursing Mom's Room

All Day Bride's room (back of Birnbach Hall)

Childcare Available

Childcare for children aged 18 months to five years is offered on Rosh Hashanah and Yom Kippur from 9:00am till 1:00pm. Reservations and payment separate from other synagogue fees must be made in advance by **Monday, August 17**. A confirmation e-mail with room assignments, what to bring etc... will be sent to you.

Please fill out proper area in centerfold form to register.

For more information contact Marci Atkins at matkins@nevehshalom.org or call 503-293-7308.

High Holy Day Schedule

Rosh Hashanah

Sunday, September 13  7:06pm

6:15pm **Erev Rosh Hashanah Service**, Main Sanctuary
6:15pm **All age Young Family Service**, Stampfer Chapel

Monday, September 14  8:06pm

9:00am **First Day Services**, Sanctuary & Birnbach Hall
10:00am **Family Services ages 0-5**, Stampfer Chapel
9:30am-11am **Family Services**, Grade K-2, Room 102
9:30am-11am **Family Services**, Grade 3-6, Zidell Chapel
1:30pm, **Kiddush**, Upper Plaza
7:00pm **Tashlich**, Fanno Creek (just off lower parking area)
7:45pm (immediately after Tashlich) **Ma'ariv**, Stampfer Chapel

Tuesday, September 15

9:00am **Second Day Services**, Main Sanctuary
10:00am **Family Services with Rabbi Posen followed by Tashlich**, Stampfer Chapel

Sunday, September 20

10:00am **Kever Avot**, Ahavai Shalom and Neveh Zedek Cemeteries
1:15pm **Tashlich Bike Ride**, meet at OMSI for bike ride, Tashlich at 2:00pm at Sellwood Riverfront Park

Yom Kippur

Tuesday, September 22  6:49pm

6:50pm **Kol Nidre Service**, Main Sanctuary

Wednesday, September 23

9:00am **Yom Kippur Services**, Sanctuary and Birnbach Hall
10:00am **Family Services ages 0-5**, Stampfer Chapel
9:30am-11am **Family Services** Grade Grade K-2, Room 102
9:30am-11am **Family Services** Grade Grade 3-6, Zidell Chapel
12:00pm **Yizkor Memorial Service**, Sanctuary & Birnbach Hall
2:30pm **Learning Time Discussion**, Stampfer Chapel
4:15pm **Mincha**, Sanctuary
6:10pm **Family Program**, Stampfer Chapel
6:45pm **Neilah**, Sanctuary
7:50pm **Break the Fast**, Birnbach Hall

Sukkot

Sunday, September 27  6:39pm

Erev Sukkot - no service

Monday, September 28  7:38pm

9:00am **First Day Sukkot Service**, Stampfer Chapel

Tuesday, September 29

9:00am **Second Day Sukkot Service**, Stampfer Chapel

Sunday, October 4  6:26pm

9:00am **Hoshana Rabah Service**, Zidell Chapel

Monday, October 5  7:25pm

9:00am **Shemini Atzeret/Yizkor Service**, Stampfer Chapel
7:00pm **Erev Simchat Torah Blow Out**, Birnbach Hall

Tuesday, October 6

9:00am **Simchat Torah Service**, Stampfer Chapel

High Holy day Etiquette

In order to make our High Holy Day services meaningful and pleasant for everyone, please remember these guidelines:

Parking: Cooperate with parking attendants and restricted zones. Those with blue DMV disabled parking tags **MUST** reserve parking (free of charge), to guarantee a space. Others may purchase a reserved spot in our lot for \$100. To arrange for disabled or reserved parking please contact **Marg** at 503.246.8831 x112, meverett@nevehshalom.org

Silence your cell phone/pager. In the event of an emergency during High Holy Day services call 503.475.2934

Service Decorum: Kindly do not enter or exit the services while the ark is open or during the Rabbi's sermon. Our ushers will close the doors during these solemn times. Please do your part to minimize disturbance to services by exiting at appropriate times.

Security and Tickets will be checked. Tickets will be required upon entering the Nepom Gates, including on Kol Nidre, when you will be asked to present your tickets and your yellow Kol Nidre pledge Card. Please have them with you **each time** you enter the facility.

Casual conversation during services and in the entry is distracting to fellow worshipers. Please keep talking to a minimum, and please whisper. Appropriate places to visit with friends include the outdoor plaza, courtyard, the parking lot, near the elevator, in the Foundation School hallway, and in the chapel or classrooms when children's services are not in session.

Behavior guidelines should be discussed with your children before arriving at synagogue: Use "indoor" voices, no running, no roughhousing, stay with parents or in areas designated for children (childcare, game rooms, youth services). Ushers will escort unsupervised children back to their parents.



SW Hamilton Street

SW Sunset Boulevard

SW Dosch Road

off-site parking

St. Andrews parking lot



St. Andrews Church



Congregation Neveh Shalom

SW Peaceful Lane

There will be shuttle buses to the synagogue from both off-site parking lots.



SW Dosch Road

Off-site Parking

Portland Christian Center

SW Beaverton-Hillsdale Highway

Congregation Neveh Shalom High Holy Days Off-site Parking

Lifelong Learning

This September—Get Ready for the Holidays and Get a Free “Taste of” our Fall Adult Education Line-up!

Tuesday, Sept. 1, 7:00-8:00pm, FREE

“Taste of” Hebrew for Prayer. Learn the 50 most commonly used words in the siddur--what they mean and how to recognize them--to increase your understanding of what we say when we pray. Understand what we say when we pray--an in-depth look at Hebrew vocabulary and construction of prayers and their meanings. Taught by Deb Freedberg. Weekly course begins Tuesday, Oct. 13, 6:30pm. \$50 materials fee.

Wednesday, Sept. 2, 6:30-7:30pm, FREE

“Taste of” Siddur Basics. Join us to learn the Shabbat morning service. Each week we go through different parts of the service slow enough so that each class member can learn to recite the words. No more mumbling through services! Taught by Deb Freedberg. Weekly course begins Wednesday, Oct. 14, 6:30pm. \$50 materials fee.

“Taste of” Hope & Healing – Resources for the High Holy Days. Instructor, Rabbi Eve Posen. We seek to answer the questions, “What can we turn to from Jewish tradition during death, divorce, or times of need? What are the unique prayers and traditions that help us face our fears?” Free to Neveh Shalom members; requested donation of \$10 per class for non-members. Meets Sundays, 9:45-10:45am, Oct. 4, Nov. 1, Dec. 6, Jan.3, Feb. 7, Apr. 3, May 1.

Wednesday, Sept. 2, 7:30pm-8:30, FREE

“Taste of” Trope: Learn to Leyn - This class is for those who want to learn to chant Torah and for those who want to improve their skills. We will learn the common trope patterns with an introduction to sentence structure, as well as the less common tropes. There will be time during each session for students to work on--and get help with--individual readings. Prerequisite: Working knowledge of the Alef-Bet. Weekly course begins Wednesday, Oct. 14, 6:30pm. \$50 materials fee.

Tuesday, Sept. 8, 7:00-8:00pm, FREE

“Taste of” Machon Ivrit. Meet the teachers of Machon Ivrit, our Adult Hebrew Learning Program. Check out the curriculum and get a taste of what our three levels have to offer! The actual course begins Oct. 13 and meets weekly on Tuesdays from 7:00-9:15pm through May 2016. Cost is \$720 for Neveh Shalom members, \$800 for non-members.

- Our **“Starting from Scratch”** level welcomes those who are NEW to Hebrew with a gentle pace. Students ease into Hebrew beginning with Alef-Bet letter recognition and decoding skills, then move on to build a basic vocabulary of words and dialog phrases. This course is a perfect first step to get a really comfortable grasp of reading, speaking, and writing in Hebrew, perfect for those wanting to be able to read road signs in Israel, the Hebrew siddur (prayerbook), or your child’s Hebrew homework! Next step course: Machon Ivrit “Ready to Read” or Siddur Basics.
- Our **“Ready to Read”** level is for those who already have a working knowledge of the Alef-Bet, possibly with some familiarity of synagogue Hebrew (no vocabulary or comprehension skills necessary). This course begins with a faster-paced review of Alef-Bet and vowel sounds, but then gets right to the business of learning Modern Hebrew. Students will work on building a basic vocabulary, exercise dialogue skills, and learn grammar and syntax rules needed to speak Modern Hebrew.
- Our **“Conversational”** level is for those who are ready to expand their Hebrew skills into the practical arena of real life. Students will view and discuss modern media such as news articles, advertisements, and television shows to hone their ability to read, speak, hear and comprehend Modern Hebrew and its context in Israeli culture.

Wednesday, Sept. 9, 7:00-9:00pm, FREE and open to all!

Awakening your Senses for a New Year - a Rosh Hashanah workshop for parents

The Jewish New Year is a time to awaken our senses and revitalize our outlook for the year ahead. Find out how to enrich your own experience while bringing greater meaning to your family traditions. Learn ways to encourage exploration and creativity in your own and your children’s High Holiday experience. A thought-provoking and fun experiential evening for all, regardless of level of Jewish knowledge or know-how. Led by Rabbi Eve Posen and Leah Conley, Director of Early Childhood Education. RSVP or questions to jgreenberg@nevehshalom.org

Sukkot 5776

Thur, Sept. 24 Men's Club builds Sukkah - help build the sukkah! Contact Steve Sirkin stevejew18@frontier.com

Fri, Sept. 25 Sisterhood decorates the sukkah - volunteers needed contact Dana Sirkin otrbanana@frontier.com

Mon, Sept. 28 5:30pm 30's -40's Happy Hour - Stop by the sukkah to meet other professionals for an after-work beverage.

Weds, Sept. 30 ALIYAH K-6 Sukkot Family Dinner - Join us for a warm and friendly dinner in Neveh Shalom's beautiful sukkah to kick off our harvest holiday! **Info will be e-mailed.*

Thur, Oct. 1, 7pm Back to School Night for Foundation School parents

Sun, Oct. 4, 7pm Women's Night in the sukkah - How do we create a shelter of peace? Gather with Rabbi Eve Posen and women of all ages for an inspirational time in the sukkah.

Need a Lulav and Etrog for Sukkot?

Order yours through Neveh Shalom!

Lulav/Etrog sets are \$48 each.

Be sure you are ready for Sukkot!

PAID orders must be received by **Monday, August 17** for your Lulav/Etrog set to arrive in time for **Sukkot Eve, Sept. 27**. Please fill out the appropriate section in the centerfold order form. The office will contact you when the sets have arrived.

Please Note: Our policy is that all membership dues and fees for the previous year are paid in full in order to issue High Holy Days tickets. Thank you in advance for attending to your account payment.

PERSONAL INFORMATION - PLEASE PRINT:

Member Name(s) _____

Mailing Address _____

Phone Number home () - cell () -

E-mail _____

Help us keep our directory updated, please check here if any of the information above has changed in the past year

HIGH HOLY DAY SEATING & PARKING

Tickets will be mailed on or after **SEPTEMBER 1ST**, providing your account is current.

Congregants receive the following with fully-paid membership:

NUMBER OF ADULT TICKETS (1 ticket per adult member) _____ (NO CHARGE)

NUMBER OF CHILD TICKETS (1 ticket per child, aged 23 and under) _____ (NO CHARGE)

Guest Tickets available for purchase:

NUMBER OF TICKETS FOR CHILDREN (AGED 2-12) _____ @ \$ 36 = \$ _____

NUMBER OF TICKETS FOR INDEPENDENT CHILDREN (aged 13 and over) _____ @ \$100 = \$ _____

NUMBER OF TICKETS FOR PARENTS OF MEMBERS _____ @ \$100 = \$ _____

NUMBER OF ADULT GUEST TICKETS _____ @ \$360 = \$ _____

NUMBER OF YOUNG ADULT* (SINGLE - AGES 18-30) TICKETS _____ @ \$180 = \$ _____

*Young Adult Tickets include a one year membership to CNS

NUMBER OF YOUNG COUPLE* (AGES 18-25) TICKETS _____ @ \$587 = \$ _____

*Young Couple Tickets include a one year membership to CNS

NUMBER OF STUDENTS (W/ COLLEGE ID) TICKETS _____ (NO CHARGE)

High Holy Day Parking:

RESERVED PARKING, in CNS lot (without reservations, shuttles are available to & from additional parking areas) _____ @ \$100 = \$ _____

RESERVATION FOR DISABLED PARKING (with valid DMV tag) _____ (NO CHARGE)

TOTAL AMOUNT DUE FOR TICKETS & PARKING \$ _____

Contact Wendy Kahn 503.293.7305 wkahn@nevehshalom.org with questions about tickets

LULAV & ETROG ORDER

I would like _____ Lulav/Etrog sets at \$48 each. **Prepayment must accompany registration, no billing allowed!**
The office will contact you when the sets have arrived.

Contact Debbi Villani-Allen 503.246.8831 dvillani@nevehshalom.org with questions about lulav/etrog orders

MEMORIAL SERVICE BOOK 2015-16/5776

Please fill out required information COMPLETELY and return this form **with your check** by **Aug. 17**. The names you send will be published in the Annual Memorial Book to be distributed at the Yom Kippur Memorial Service.

Choose one of these } Publish names **EXACTLY** the same as last year: NO CHANGES. Please enclose donation.
OR
 If ANY changes, list ALL (not just additional) names to be included. Complete STEP 3.

1. Name _____	5. Name _____
2. Name _____	6. Name _____
3. Name _____	7. Name _____
4. Name _____	8. Name _____

Names will be printed in the order given. Please list any additional names on another sheet of paper

Memorial offering enclosed \$_____ (a donation of \$15 per name is requested)

Contact Darlene Arntson 503.246.8831 X135 darntson@nevehshalom.org with questions about the memorial book

CHILDCARE REGISTRATION

Enclose \$14/session for one child, \$26/session for two children, \$36/ three or more.

Prepayment must accompany registration, no billing allowed! Available for children ages 18m-5 yrs only.

Your child must be **pre-registered by August 17th**. Drop-in space is not guaranteed.

Name	Age	Rosh Hashanah 1 9am-1pm	Rosh Hashanah 2 9am-1pm	Yom Kippur 9am-1pm

Contact Marci Atkins 503.246.8831 matkins@nevehshalom.org with questions about childcare

HIGH HOLY DAY GREETER SIGN UP

This High Holiday plan on getting your first mitzvah of the New Year done before the arc even opens!

Volunteer your time in honor of a friend who has touched, taught or inspired you. We will list their name in the November chronicle and send them a special card. Our goal is to find 40 new greeters and we need your help.

Fill out this slip. We will e-mail you sign up time/date options. There will be a short optional training after Back-to-Shul.

Thank you!

I would like to help this High Holiday season! I will greet for a shift.

My e-mail (or phone if preferred for communication): _____

I am new to greeting- please pair me with someone who has greeted before

Name of person I would like to honor by greeting: _____

Address (if not a CNS member): _____

**Thank you for filling out this form. Please return this for to the office by August 17th.
 We look forward to seeing you at the services**