

# THE CHRONICLE

OF CONGREGATION NEVEH SHALOM

## TIFERET: APPRECIATION OF BEAUTY



CNS TEEN ARTISTS  
FINDING BEAUTY  
IN NATURE  
BEAUTIFYING  
A MITZVAH  
UNDERSTANDING  
TIFERET THROUGH ART  
AND MORE



# Connecting with Neveh Shalom

## CNS Young Family Camp at Camp Solomon Schechter



## ALIYAH Lag B'Omer Community Program



## Wondering Jews Visit the Rose Garden



## Rabbi Stampfer Giving Men's Club Talk on Israel



## Dion's Going Away Party



## CNS Families Enjoying Fine Wine Won at the Auction



# The Work of Beauty

## Exploring the Concept of Tiferet

**By Rabbi David Kosak**

Rabbi's Corner

**W**hat is beauty? Within these pages are attempts to answer that question from a traditional Jewish

perspective as well as meditations on the beauty of the parent-child relationship. On an individual level, we might reference a Supreme Court judge and offer that when something is beautiful, "we know it when we see it." Such an approach avoids how different tastes can be. Yet we can do better than that.

When it comes to human beauty, there appears to be a great deal of cross-cultural agreement despite different preferences. Beauty among humans often points to health and well-being according to evolutionary psychologists. Symmetry is an important marker of both health and what we tend to find attractive in others.

We also use the word beautiful in ways significant and insignificant. We might quickly glance at a photograph or a piece of clothing and say, "oh, that is pretty," without giving it a second thought. Or we might stare for some time at a sunset, moved by its capacity to fill us with awe.

That notion of awe is useful for this discussion, as it describes a feeling. In the Kabbalah, or Jewish mysticism, Tiferet is the 6th of the ten sefirot, or pathways by which God enters the world. It is one of the three emotive based sefirot—one that reflects the intelligence contained within our emotions. In this case, it helps us balance our feelings of kindness and of judgement so that we can muster a focused and considered compassion without acting wishywashy. It is the integrated middle ground between our impulse to have strict, rigid boundaries and our tendency to nurture a more

expansive, permissive stance to the world. We need both limitation and freedom. Tiferet is the fulcrum point on that seesaw.

As children, my mother would take my siblings and me to countless museums in NYC. I can recall numerous times when we would have an age appropriate discussion about what beauty is, or whether a particular painting was any good. In this way, my mother developed within us an aesthetic appreciation. Appreciating beauty seems to be both an innate human capacity as well as a skill we can and should develop.

Is beauty moral? In The West, going back at least to Aristotle, it was considered one of the chief values, along with goodness, truth and justice. Yet for Jews, the same Germany that brought us the Holocaust was also one of the most cultured nations, replete with tremendous accomplishments in music and the visual arts. So even if beauty has a moral component, perhaps it can't change the way people behave?

Well, we know that beautiful surroundings can reduce stress and that young children often prefer to be outside in the natural world. Research even shows that merely looking at a picture of a tree improves recovery rates in hospital settings. So that is another way that beauty matters. It literally enhances our well-being.

Let's return to this notion of awe and morality. Recent studies have shown that most people experience awe on a regular basis; that doing so makes them feel connected to things larger than themselves; and that this in turn pro-



duces more "prosocial" behavior. Beauty, in other words, can increase altruism.

But not all beauty. This brings us to our connection with God. Seeing something beautiful in and of itself may not change us at all. When, however, we allow a beautiful object or setting to transport us, we experience that very important sense of awe. Finding God--experiencing God--requires that same capacity to wonder, to relinquish our control and to allow ourselves to be swept up in the moment and in that visceral sense that we are part of something so much greater than our own minuscule lives.

Turns out that this religious and human capacity to wonder and feel awe is good for us--and good for those around us. Beauty matters. It matters most when we let it touch and affect us.

It's a beautiful day,  
Rav D



# Beauty All Around

Rabbi's Corner

By Rabbi Eve Posen

Some of you may have heard this anecdote at the annual meeting, but it's too sweet not to share again. A few weeks ago, we went over to our next door neighbor's house for dinner. Upon walking in, Matan looked at her fireplace and started shouting, "Torah, Torah, Torah," making a mad dash to the shiny fireplace doors hoping to find his beloved Torah. The fireplace in our house is completely covered by our toy kitchen, so the only time he's ever seen ornate doors like the ones on this fireplace is when he sees the various arks in our synagogue building. He looked at those soot covered, smoky doors and only saw the beauty that might contain a Torah.

The awe of artistic beauty affects me too, and I'm very much drawn to the story of the art. Seeing a piece and hearing the story behind its creation, from the smallest piece of preschool arts and crafts to the most famous piece of art, gets me emotionally invested in the piece. It hap-

pens every day in the hallways of Foundation School – I read that the child was drawing a storm with a bird trying to take cover, and it hits me what an incredible scene they've depicted.

This happens in nature as well. Psalm 104, verse 24 reminds us, "How many are the things You have made, O Lord; You have made them all with wisdom; the earth is full of your creations." The earth is full of God's creations, but what fills you with wonder might be different for someone else. Each individual has an aesthetic that pleases them, that makes them proclaim with marvel, "Wow, look at what was created!" For some it might be a beautiful summer morning in Portland when you can see the mountains; for others, the simple sound of a thunderstorm, still others- it might be the work our children produce. *Ma rabu* – how absolutely incredible are the many things You have made in this world.

Although you may not find yourself in the



building as much over the summer, what a wonderful time to discover both the beauty of our city and also of our community.

## Change is in the Air!



Dena Marshall

We have news to share regarding changes with the Neveh Shalom staff. We'd like to give a warm welcome to our new Development Director, **Dena Marshall**! Dena is a seasoned professional with an extensive background in nonprofit fundraising and grant writing. As Development Director,

Dena will spearhead all fundraising initiatives ensuring that we continue to build a solid financial future for the congregation.

We also give a hearty Shalom to our new Membership and Engagement Director, **Lindsay von Colditz**. A Portland native, Lindsay and her family recently moved

back to Portland from Denver, CO. Lindsay and Nathan's (almost) two year old son, Zev, just finished the Monkeys class at Foundation School and loves it! Lindsay looks forward to meeting you and planning some amazing events!

Sadly, we are saying farewell to **Daniela Meltzer**, our former Membership and Engagement Director. Daniela and her family are moving to Denver in pursuit of career opportunities. Daniela holds a very special place in her heart for Neveh Shalom and greatly appreciates all of the tremendous support the community has provided during her tenure. **Join us to say goodbye to Daniela on Wed, July 11 from 1-3pm with dessert and drinks.** Her last day is July 13.



Lindsay von Colditz  
with her son, Zev

# Updates from Jason

President's Corner

## By Jason Kaufman, CNS' New President

***Baruch atah adonai eloheinu mel-ech ha'olam shekahcha lo baolamo.***  
-The blessing for beautiful things in our universe.

As your new President, this prayer is my vision for CNS - blessing for all of the wonders and beauty we have. In each program, life event, member, staff, clergy, board director, and financial contribution, I see beauty and wonder. We have a vibrant kehillah. We also need to enhance and innovate what we do and how we do it to continue to be blessed.

My family has been members here for over 18 years and I have served on the Board for 11 of those years. One of the reasons I agreed to become President wasn't Fred's continued insistence - no it was truly the opportunity to enhance my Jewish emotional intelligence. This is a gift we all have - and should use to its fullest for the good of ourselves, others and our kehillah. Another is that we have lots of beauty that I want to see continue - our schools, our prayer spaces, our ability to reach out Conservatively and yet support each person's path.

My personal wonders, that I thank God for every day, are my beautiful wife, Allison, and our three beautiful girls - Eliana (Western Oregon Univ Freshman), Sarina (HS Sophomore) and Adena (6th grader). I thank them for allowing me to take this journey - I couldn't do it without them.

To the past Presidents who have led us during my time on the Board - Sandy Axel, Doug Lenhoff, Steven Kahn, Rich Meyer and Steve Blake - thank you for being wonderful teachers and examples of true leadership.

In 2019, we will celebrate our 150th year as a congregation. I look forward to remembering our past, seeing the beauty in our present and ensuring our future! Not many kehillah can say they have been around this long - we are a jewel in our local and larger communities.

I am honored to be your President and eager to work with each of you.

*L'shalom!*  
Jason Kaufman



*In what ways do we take the wonders of CNS for granted? How can we work to see its beauty and renew our appreciation for CNS? Let's continue the conversation via email ([president@nevehshalom.org](mailto:president@nevehshalom.org)), Text (503-459-3548) or in person. I look forward to hearing from each of you!*

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# The Beauty of Children and Parents

Cantor's Corner

By Cantor Eyal Bitton

What is truly beautiful to me? What is something that is so beautiful to me that it is truly glorious? I'd have to say it's my two-year-old daughter, Miya.

She exhibits some of my traits and some of my wife's traits as well - yet she is her own person. Her joy, her empathy, her musicality, her independent streak, are all sources of admiration. Not a day passes that I'm not proud of her. Not a day passes that I don't consider myself lucky to be her father. She is my *tiferet* - my beauty, my glory.

I know I'm not alone in how I view my child. I know other parents feel the same about their children. The only people who might be even more proud are the grandparents!

Our Tanakh says: "Grandchildren are the crown of their elders" (Proverbs 17:6). Could a statement be more true? How many grandparents view their grandchild

as their crowning glory? That's certainly the case for my parents and for Michele's as well.

But there's another part of the verse in Proverbs which resonates with me: "the glory of children are their parents" ("*tiferet banim avotam*"). The Tanakh tells us that **we, the parents, are our children's *tiferet*** - their beauty, their glory.

As my daughter grows, I hope to remember that our children look up to us. Eventually, my daughter will draw from me and Michele. For this influence to be a good one, to be a true *tiferet*, then it is a distinction to be earned.

It isn't only by loving my daughter that I can be her *tiferet*; it isn't only by supporting her, championing her, admiring her, encouraging her, and applauding her that my daughter will see me as her *tiferet*. It is also by the way I live my life. It is by setting an example through my actions and through the values that I embody and not merely espouse.

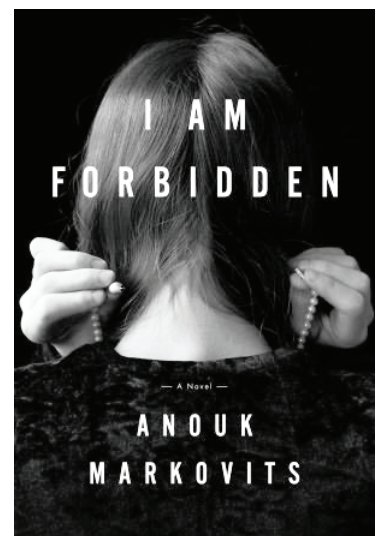


What are my values? What do I stand for? "Do as I say" isn't good enough. Do as I do. Do as your mother does. Yes, Miya is beautiful - in so many ways. Yes, children are beautiful. But, as this remarkable passage in Proverbs underscores, it is incumbent upon us, as parents, to live in such a way that our children can look at us as their *tiferet* - their glory.

## I am Forbidden for Pages & Pixels

The next Pages and Pixels gathering happens on Sunday, July 15th at 4:00pm. This month's reading is *I am Forbidden* by Anouk Markovitz. According to the publisher's write-up: "A beautifully crafted, emotionally gripping story of what happens when unwavering love, unyielding law, and centuries of tradition collide, *I Am Forbidden* announces the arrival of an extraordinarily gifted voice and opens a startling window on a world closed to most of us."

Following discussion of the novel the group will watch the 2017 movie, *Menashe*. A story about New York's ultra-orthodox Hasidic Jewish community, where Menashe struggles to make ends meet and responsibly parent his young son following his wife's death. Tradition prohibits Menashe from raising his son alone, so Rieven's strict uncle adopts him, leaving Menashe heartbroken. His rabbi grants him one special week with Rieven before Leah's memorial. It's his chance to prove himself a suitable man of faith and fatherhood, and restore respect among his doubters.







### **Valentin "Val" Levy – August 11**

Valentin "Val" Levy is the middle child of native Portlanders Ariel and Deborah Levy. He is brother to Kayim and Kali and grandson to Celina Levinton, Paul Jacobson, Shoshana Antonovic, and Shab Levy. Val is a triple threat. He is intelligent, athletic, and kind. He wears his heart on his sleeve and cares deeply for family and friends. He has been playing year round premier level soccer for the Westside Timbers Soccer Club since he was 8 years old. This past year he made the ODP (Olympic Development Program) for soccer. He also runs cross country for the Nike Bowerman Club and qualified for Regionals his first year out. He attends Cedar Park Middle School and as a 6th grader was in the SUMMA math program. In his spare time Val loves playing with his friends, reading, playing Fortnite, and inventing and building things. In a nutshell, Val is rarely found sitting still. We are excited to see the amazing things this young man is going to accomplish.



### **Mia Elle Holmes – August 12**

Mia is the youngest child of Heidi Gilbert and sibling to Ross. Proud grandparents are Joel and Marsha Gilbert. Mia is a 7th-grader at Whitford Middle School and loves not only hanging out with close friends but she has a strong relationship with her cousins too. Mia loves to shop with her friends and learn the latest d.i.y. project on YouTube. Creativity is a huge part of her life. Whether drawing a new design plan for her bedroom furniture or making slime with glitter, she always has a smile on her face when creating something from scratch. Mia loves to sing and her voice fills our home daily. Traveling to other areas of our state or traveling outside the country, Mia is always up for learning about the local culture. Food culture in the city is big for Mia as she loves to explore new restaurants and critique the food with us on Yelp. Mia is a fun and loving young woman.



### **Dora Kodesch – August 18**

Dora is the daughter of Anna and Eric Kodesch, sister to Molly and Sol. She is the granddaughter of Sharon Stern and Steve Rallison (Portland, OR), Peter Singer (Portland OR), and Bonnie and Ray Kodesch (Atlanta, GA), as well as the great granddaughter of Helen Stern (Portland, OR). She is an 8th grader at Robert Gray Middle School, where she enjoys programming, Math Olympics, and Battle of the Books. Outside of school, she enjoys biking, aerial acrobatics, climbing rocks and exploring at the Oregon Coast. One of the things that was meaningful as she prepared for her Bat Mitzvah this year was the summer trip she took to Poland to explore Jewish history more. She is looking forward to speaking about her experiences in her D'var Torah in August.



### **Elliot Feinblatt – August 25**

Elliot is the eldest child of Sharon and Jeff Feinblatt and sibling to Owen Feinblatt. Proud grandparents are Mark and Yafit Entenberg of Ft. Lauderdale Florida and Joel and Shirley Feinblatt of West Hills, CA. Elliot is a creative and vibrant 7th-grade student at Portland Jewish Academy. He has many varied interests and skills, including playing hockey for the Portland Junior Winterhawks and competing as a member of the Metro Men's Gymnastics team. Elliot enjoys hanging out with his friends and a plethora of outdoor activities such as snowboarding, water skiing, hiking and scuba diving (PADI certified). He is a creative, an engineer, a thinker and a doer!

# Beautifying a Mitzvah:

## in Jewish ritual and in our education wing

*By Mel Berwin, Director of Congregational Learning*

**J**ust a few days ago, a friend told me that when she has a chore to do, she sets aside a specific period of time for it, and intentionally does something that enhances the environment—she lights a candle or plays her favorite music or gets a treat for herself to make her own association with that chore more positive. She told me about it in the context of an exercise in mindfulness, but I connected it to an idea our rabbis came up with long ago.

That idea is *Hiddur Mitzvah*\*, literally “beautifying a mitzvah.” Most of us don’t stop to think about why we set the table with a nice tablecloth on Shabbat or why our Chanukah menorah is created in fun or beautiful decorative forms—we take for granted that our Jewish objects are meant to be attractive. But when we

take a step back we recognize that this value of *Hiddur Mitzvah* teaches us how to look forward to our sacred obligations, whether they are otherwise pleasurable (like enjoying a Shabbat meal) or neutral (maybe putting on a Tallit), or sometimes feel like a significant chore (for me, dragging my sukkah out of the garage and building it each year). Our rabbis understood that using all of our senses can enhance the meaning of our rituals.

*What are the rituals or mitzvot you are*

*most connected to? What do you do to beautify the mitzvah? What senses are engaged when you perform this ritual?*

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*Hiddur Mitzvah* is part of our ALIYAH curriculum. Our first graders learn about *Hiddur Mitzvah* as part of their Judaics curriculum, which focuses on the sacred space of our synagogue. Led by their teacher on a “field trip” through the shul, each year the class looks for all of the symbols connected to mitzvot that we enhance through beautiful adornment—a mezuzah on a door frame, the silver crowns on the Torah, an engraved kiddush cup, a decorated tzedakah box, a colorful tallit to carry the commanded “tzitzit” fringes. And they consider how they make mitzvot beautiful in their own homes.

Right now, our whole ALIYAH program—in fact our whole congregation—has an amazing opportunity to beautify the mitzvah of Talmud Torah—of Jewish learning. For the past several years, almost all of our upstairs classrooms were rented out or shared with Maayan Torah Day School. You may have noticed their



*Our ALIYAH first graders each create their own beautiful Torah, with an outside cover created by their parents.*

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\**Hiddur*—one word for beauty—comes from the word *Hadar*. The rabbis connect the commandment to use the fruit of a beautiful tree—*pri etz hadar*—on Sukkot to the Etrog, because the Etrog tree grows, blossoms, and produces fruit in every season, no matter what the conditions. “Ha-dar” also means “it dwells” on the tree all year long. This metaphor, they say, applies to the beauty of the Jewish people, who have persisted and blossomed in every generation, despite challenging conditions.



## Would you like to lend a hand to the ALIYAH beautifying project?

Here are ways you can help:

- Donate your cans and bottles. (Really!) We're fundraising for more new furnishings through a can and bottle drive through BottleDrop. Bring your returnable cans and bottles to our office at CNS and we'll label and return them on our account. We've already raised over \$200 towards our goal of \$1,000 over the course of the summer! (If you already have a BottleDrop account, you can donate to us directly through that.) Contact JoAnn at [jbezodis@nevehshalom.org](mailto:jbezodis@nevehshalom.org) for more info.
- Volunteer to help us beautify this summer. We are looking for volunteers to help us with the new decoration/beautification process.
- Send me your inspired and inspiring ideas. I look forward to hearing them. You can contact me at: [mberwin@nevehshalom.org](mailto:mberwin@nevehshalom.org).



signs on our doors and their artwork throughout the halls and classrooms. This summer we will regain those spaces and our teachers are so excited to be able to reflect again the learning of our Neveh Shalom students, from youngest to oldest. And to beautify our space! Help us think about this opportunity:

*What are the most beautiful learning spaces you've encountered? What makes them beautiful? How does the environment engage your senses? How does a beautiful space help you to learn?*

I would truly love to hear your answers—email me your ideas to [mberwin@nevehshalom.org](mailto:mberwin@nevehshalom.org)! Here are some of mine: A beautiful learning environment is comfortable and also in-



*Flexible classrooms include mobile furniture and a variety of seating and standing options.*

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***A beautiful learning environment is comfortable and also inspires curiosity.***

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spires curiosity. It reflects the values, experiences, and ideas of the teachers and students. There are multiple forms of

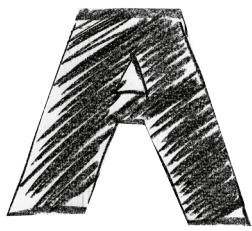
art visible. And the space fits the learning we do—physically, academically, socially, and spiritually.

Thanks to the Stern Family Foundation and our own Board of Directors, we are investing in new furniture for several of our newly returned classrooms. The new furnishings will reflect the many uses of each room by our learners, and the multiple modes of learning—these classrooms will have standing desks, collaborative tables, floor seats, and a sofa. We are hoping to paint the hallways this

summer, and to create hallway art and decoration over the next year that reflects the beauty of our community.

We have a blessing for seeing something beautiful, like a beautiful person or a beautiful tree: *She-kacha lo ba'olamo*, Blessed is the One whose world contains this! Wishing you all a wonderful summer.

**We look forward to welcoming you all back to our beautiful learning space this fall! Come to Back to Shul and meet your ALIYAH teachers on Sunday, August 26!**



# Light on Jewish Visual Art in our Community

**By Sarah Rohr**

**O**RA - Northwest Jewish Artists, like any great brain-child, was born of a need and a shared desire. The need was artists wanting to show and sell their art, the desire was that it was not just their own, individual hunger it was a mutual one, so mutual that this 13 year old organization of artists now hosts 40 members, and is under the generous auspices of the Jewish Federation of Greater Portland.

ORA, which means 'light' in Hebrew, has many Portland metro area members as well as members from Seattle to Eugene.

In an in-depth interview with Neveh Shalom's very own **Laurie Fendel**, she relayed that, "ORA is not just an organization for artists wanting to show and sell, it's an organization that has opportunities for artists to grow in community."

Jewish communal life is an art and science in and of itself, add to that the deep

need to make beauty (*hiddur mitzvah*) in response to that rich communal milieu, and you get a downright mitzvah with results that soothe the eyes, expand the mind and open the heart.

Laurie Fendel said that a part of the collective wisdom of ORA is shared awareness of the business of the craft as well as nurturing and mentoring artists to be of all ages; she regaled me with stories of artists who had other careers before allowing their visual self expression to be at the forefront of their lives through participating in ORA's supportive, connective and empowering critique groups and how these emerging artists shined after being seen by others in a halo of their own creative light.

Fendel herself is a great example of this phenomenon; she was a teacher before she devoted herself to her art.

You can also see this in the work of former family practice doctor, **Leslie Elder**. It would seem that her previous journey added color and light to make her work beautiful.



*Painting by Leslie Elder honoring Eddy Shuldman.*

Like any healthy intergenerational organization, ORA is actively seeking younger members. In that vein, they host youth art shows at the MJCC, where teens can debut their works for the greater Jewish community.

"In addition, we are looking for Jewish artists in their twenties and thirties," Fendel said. "You don't have to create Jewish art per se, the request is that you are Jewish and an artist."

Are you ready to make something beautiful and join others in doing so? Do you know of a Jewish artist teen, adult or elder who would value artistic community? If so, visit ORA's website for more information: [northwestjewishartists.org](http://northwestjewishartists.org)

*ORA regularly displays its members' artwork in the Isaak Foyer at Neveh Shalom at the MJCC. The next show at the MJCC will be in October. Come out and support this community of artists. Being an art appreciator is a mitzvah too.*



*Sculptural quilt work by Laurie Fendel entitled Ashie's Tunnels. She was inspired after one of her grandson's told her about the underground caves in Jerusalem.*



# Understanding the Concept of Tiferet through Art



**By Eadie Kaltenbacher**

I had to work my Googling skills (and ask both Rabbi Posen and Rabbi Kosak) to understand the theme of this issue. *Tiferet* is a kabbalistic term referring to the blending of *chesed* (lovingkindness) with *gevurah* (strength/ justice). *Chesed* and *gevurah* are at opposite ends of the spectrum: *chesed* means giving abundantly without reservation; *gevurah* means setting expectations and enforcing restraint. We need a balance of both in our world, and *tiferet* is the beauty that comes from having both lovingkindness and a strong foundation. Art is one way for us to understand *tiferet*, as the creation of art integrates the themes of constraint, exuberance, balance, contrast and nuance.

Appreciation for art and beauty is developed at a very young age, according to Foundation School Director **Leah Conley**. That's why the work created by these beginning artists is displayed with honor and respect. Upon descending into the lower level of Neveh Shalom where Foundation School is housed, students, parents, and guests are greeted with the "Wishy Wall," a space hung with artwork created at school. The

pieces are carefully arranged, along with text explaining the details of their creation.

*Reggio Emilia* philosophy, which inspires Foundation School, teaches that preschoolers express themselves in more than a hundred languages; for example, play, song, movement, and especially art. The three-year-old class uses watercolors to mix paints and create their own unique shades. Each child names the color they created, thus creating structure. The pre-K class (ages four and five) arranges loose parts and found objects into shapes and patterns, again creating order out of randomness.

**Jill Robb** has embarked on a second career as an early childhood educator, and one of her passions is bringing art to preschoolers. She is a teacher in the Busy Bee classroom and also runs "The Art Enthusiast," offering children lessons inspired by the Great Masters. She has observed that art offers space for children to express themselves without judgement. As she teaches techniques, such as using tape to separate spaces on a canvas, the children absorb the method and integrate it into their own unique pieces.

In a way, these techniques represent the *gevurah*, or foundation, onto which the children apply their abundant energy and excitement to create a balance - *tiferet*. Furthermore, every time they select a color or a tool or a quantity of paint, they make a decision about how to create order from chaos in their own individual way. Art is thus both a compelling and powerful way to develop these emerging skills.

Another teacher sharing her skills with the youth of Neveh Shalom is **Bari Gilbert**.



*Mezuzah art created by ALIYAH students, led by Bari Gilbert, our ALIYAH art teacher.*

Bari works with children from kindergarten to 5th grade in the ALIYAH program, connecting art instruction to Jewish values. Tikkun Olam is an underlying concept in all of her work, as she uses recycled materials in every project – she had led her students in repurposing old markers to create mezuzot covers, and recycled toilet paper rolls to make stamps.

Bari finds that art in the classroom empowers students to take risks, especially amongst students that have struggles in their education. By using real materials and professional techniques, students generate a product with pride. Bari teaches students that "my art is my art" – meaning that it stands on its own, and doesn't need to be compared with anything else. As students take on challenges and risks, they develop a sense of empowerment and accomplishment, key factors to becoming future leaders.

Art is more than simple decoration, it is a bold act of creation. Leah, Jill, and Bari are each harnessing the power of art to help our children develop into the unique adults they are meant to be.



*Ronan O'Glasser stands under his art inspired by Andy Warhol, through Jill Robb's Art Elective at Foundation School.*

# Finding Beauty in Nature, an Essential Component of Jewish Life



By Debra Shein

*"When God created the first human beings, God led them around all the trees of the Garden of Eden and said: 'Look at My works! See how beautiful they are—how excellent! For your sake I created them all. See to it that you do not spoil and destroy My world; for if you do, there will be no one else to repair it.'"*  
-Midrash Kohelet Rabbah 7:13

Judaism is grounded in the rhythms of the agricultural year and in a reverence for the beauties of the natural world, but over the course of our history many of us became city dwellers, and Jewish practice was distanced from these roots. Recently, I met with CNS members **Jordan Epstein** and **Josh Lake** to discuss the topic of "beauty in nature." Both emphasized that according to the Torah, the first thing Adonai did, before creating human beings, was to create the rest of the world, and that if you're going to respect Adonai, you have to start by respecting all of the wonders that surround us. Moses (and his teachings), as well as the rest of humanity, do not exist apart from creation. Furthermore, if the environment degrades enough that homosapiens cannot continue to survive on Earth, it doesn't matter who you are or what you believe.

Josh is the founder of Outdoor Jewish Adventures, which offers programs that

take people "to wild, beautiful places in order to experience the spirituality and wonder of nature in a Jewish context." His organization puts on camps and workshops throughout the US and internationally as well, including Camp Teva Portland, which will be offered through the MJCC this summer. One of his favorite things to teach is survival skills as related to the Talmud and the injunction that "if you save a life it's as if you have saved the world."

Jordan, who leads the Neveh Shalom Group *Shomrei Teva* (Guardians of Nature), has been a driving force in Jewish environmentalism in Portland since 1998, when he founded its predecessor, *Shomrei Adama NW*. He reminds us that despite the fact that much of Jewish practice has tended to de-emphasize the importance of taking inspiration from the natural world, this key component of worship has never been lost.

Reb Nachman of Breslov taught that human prayer can be emboldened by nature. As he wrote: "It is special to go out into the fields at the start of spring, when nature awakens from her sleep, and to pour out a prayer there, for every fresh blade of grass,

every new flower, all join themselves with prayer, for they too yearn and long for God." He encouraged his disciples to go out into those fields and find inspiration. Likewise, by including the following lines from Psalms, our morning worship asks us to begin the day by appreciating the works of creation, "*Ma rabu maasecha Adonai!* How numerous are Your works, Adonai! In wisdom, You formed them all, filling the earth with Your creatures. Be praised, Adonai our God, for the excellent work of Your hands, and for the lights You created, may they glorify You."

So what can we do to help ourselves better integrate an appreciation of nature into our Jewish practice? Jordan suggests going out into nature and taking a "Sh'ma Moment"; close your eyes and listen, and then after one minute think about what you heard, or discuss it with others. Josh relates that one major goal of Judaism is to change a person's



Josh Lake leading a group of kids.



2017 Shomrei Teva Pesach hike, led by Jordan Epstein (3rd from left upper row).

**Continue on page 18**



# 'Beauty' is not the goal for CNS' teen artists

By Jenn Director Knudsen

Kids create art, too. Like their older counterparts, they take a nuanced view of works in paint, pencil, wood, fabric, and more.

**Ethan Gilbert**, 13, a rising 8<sup>th</sup> grader at Fowler Middle School, calls his art "nice." "If it looks good, it's good enough



*Ethan Gilbert posing with his art piece.*

for me." He continues more pointedly, "My goal isn't beauty. It's more about the design. It's for people to see that a kid can make good art instead of just adults who are more experienced."

Yet Ethan, a recent b'nei mitzvah with twin brother **Jordan** and sister **Sophia**,



*Talía Valdez's artwork.*

already has a lot of experience. His pencil sketches of trees earned him not just praise but some income, too, at the fall 2017 ORA event organized by **Eddy Shuldman**. Ethan sold out of his 50 "Tree of Life" series greeting cards and other colorful wares.

**Edith Crever** also sold pieces at ORA. The recent bat mitzvah and rising 8<sup>th</sup> grader at Ockley Green Middle School took inspiration for her ORA series from Alice in Wonderland-style pencil sketches. She draws all throughout the day at school, keeping her black-and-white pieces tucked inside her sketchbook.

She used to work in acrylic paints and says she misses color, but pencil allows greater detail on features like hair, lashes, and wrinkles. Edith, 13, says, "I usually don't use the word beautiful, but I do use realistic or powerful, or if I've done a good job, I feel proud of it."

Such as of her 2018 Portland Jazz Festival poster that won first place out of 1700 entrants statewide and was temporarily mounted in the Portland Art Museum.

While the Jazz Fest poster is large, **Talía Valdez**, 13, prefers small, "I get my ideas from things and people around me, and I really love how things that are a part of life get recreated on a miniature scale," says Talía, who also had success at the ORA event selling her artwork.

The rising West Sylvan Middle School 8<sup>th</sup> grader works with many materials like wood, fabrics, polymer clay, paints, and chalk pastels. "I enjoy being able to show people that dollhouse miniatures really do take effort and are made with all sorts of materials to create something very realistic."



*Edith Crever posing with her art pieces.*

**Alyssa Knudsen**, 16, a rising Jesuit High School junior, prefers drawing the human figure, often with charcoals or in pencil. "I'm not doing it to capture beauty, but movement," she says of experiences in summer courses at Pacific Northwest College of Art.

She says it's interesting when a class of students draws a model and each piece is different, based on the individual's perspective, perception, and skill set. "Beauty is not the goal but could be the result," she says.



*Alyssa Knudsen's art piece.*

# Member News

## Kvell With Us



**Mazel Tov** as a beautiful baby girl, **Iyla Rose Premysler**, blessed this world with her arrival on April 8, 2018. Happy parents are **Jenny and David Premysler**. Overjoyed grandparents are members **Raisa Premysler and Isaak Premysler, z"l**, and Jody and Casey Pink.

Mazel Tov to **Daniela and Adam Meltzer** on the Bat Mitzvah of their daughter **Sofia Meltzer**.

**CNS honored Jennifer Kalenscher** as our volunteer for recognition at the Jewish Women's Round Table's Song of Miriam Award Brunch that happened on Sunday, June 3 at the MJCC.

We are excited to share the news that **Jody and Matt Greene** welcomed their new son on May 2, 2018. **Miles Camden Greene** joins his brother, **Beau**. The proud grandparents are **Elaine Bacharach Coughlin and Jonathon Lietz** and **Fran and Steve Greene** of San Diego. Proud great-grandmother is **Gloria Bacharach**.



**Mazel Tov to the Graduating Tichon 12th Graders.** The class of 2018 grew up in our community, having started in Foundation School, and we're so proud

of who they've become. Mazel tov and many blessings on their next journey! Graduates are: **Jonah Sacks, Maude Elovitz, Anna Shapiro, Miriam Caron, Dalya Meyer, Jennifer Caplan, Tali Emlen, and (not pictured) Benji Spector.**



**We are very proud of Portland Rishonim**, our USY chapter for winning the following awards: Best Tikkun Olam program, Chapter of Excellence, Ruach (spirit) award, Freshman of the year: **Joshua Weinrobe** (son of Anna Davis and Scott Weinrobe). In addition, **Abby Glass** (daughter of Sarah and Jonathan Glass) is the new regional president and **Mira Katz**

(daughter of Amy and Jeff Katz) is the regional membership/kadima vice president of the board. Our teens are incredible!

**Kol HaKavod to Tali Emlen** for being part of the Wilson High School Student All Stars!



**State Senator and CNS member, Elizabeth Steiner Hayward**, gave the 2018 commencement speech at OHSU for the schools of Medicine, Dentistry, Nursing and the OHSU-PSU School of Public Health this past Sunday, June 3, at the Oregon Convention Center. Senator Hayward is also an adjunct associate professor of family medicine in the OHSU School of Medicine.

## Yihi Zichram Baruch – Our condolences to CNS members who have recently lost loved ones:

We regret to inform you of the passing of **Boris Gurfinkel, z"l**, beloved husband of Yevgeniya Chizhik, father of **Misha (Ella)** and **Igor**, brother to **Manya Govshiyevich, Lysia Polonsky and Klara Gurfinkel**, grandfather and great grandfather.

We regret to inform you of the passing of **Menachem Manny Taiblum, z"l**, beloved husband of **Jane Schindler**, father of Roza Berkovitz, and grandfather to Hanny, Avi, David, Oren, and Bat-El.

We regret to inform you of the passing of **Hugh Goldhammer, z"l**, of Topeka, Kansas on April 19th at the age of 72. He is survived by his sister **Joan (Jeff) Hart**, and first cousins, **Harry (Mary) Goldhammer** and Richard (Alyce Flitcraft) Solomon.

We regret to inform you of the passing of **Norman Silver, z"l**, in Boca Raton, FL on May 10, 2018. He is survived by his 3 children: **Jane (Rick) London**, Russell (Cathy) Silver, Gail Schafran and 6 grandchildren.

We regret to inform you of the passing of **Meg Saunders Macdonald, z"l**, in Reno, NV on May 15, 2018. She is remembered by her siblings **Catherine (Rick) Hartoch**, Beth (Jamie), Susan (Dave), and Peter (Jenna), her husband **Stan** and their teenage son, **Andy**.

We regret having to inform you of the passing of **Terrye Rudolph, z"l**, beloved wife of **Robert Rudolph**, mother of **Steve (Sheryl)**, **Jeffrey**, and **Matthew**, grandmother to 10 and great grandmother to 10.

We regret having to inform you of the passing of our dear congregant, **Marlene Lazarus, z"l**, mother of **Jeffrey Lazarus**.



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**Stampfer****Discretionary Fund****Rosalie Goodman:**

In appreciation of Rabbi Stampfer

**Janet Hasson:**

In memory of Bernard (Bob)

Hasson

**Victor and Toinette Menashe:**

In honor of Raisa Premysler

**Joan Meyers:**

In appreciation of Rabbi

Stampfer

**Frieda Tobin:**

In memory of Anne Tobin

In memory of Belva Kaufman

**Women's League****Scholarship****Bob & Marla Weiner:**

In memory of Yaccov Weinstein

**Robert Weinstein:**

In memory of Jennie Schneider

**Toinette Menashe****Bookshelf Fund****Rick Albert:**

In honor of Victor & Toinette

Menashe

**Robert and Lesley Glasgow:**

In memory of Annette Veltman

**Rosalyn Menashe:**

In memory of Mary Capeloto

**Solomon Menashe:**

In memory of David Menashe

**Victor Menashe:**

In memory of David Menashe

**USY Travel Fund****Jim Hopfer:**

In memory of Arnold Hopfer

**Weinstein Chapel****Fund****Delphine Davis:**

In memory of David Davis

**Carolyn and Gary Weinstein:**

In honor of Larry Huppini

**Yad B'Yad -****Comforting Mourners****Sarah Coblens:**

In memory of Ross Coblens

In memory of Alvin Konick

**Joel Mullin & Sheri Katz:**

Get well wishes for Sandy Axel

**Dale Oller:**

In memory of Rae Halpern

In memory of Larry Mudrick

In memory of Earl Oller

**Sherry Scheinman:**

In memory of Mildred Enten

**Paul and Joan Sher:**

In memory of Meg Saunders

MacDonald

**Yoni Suher Fund****Hy and Myra Jackson:**

In memory of Yoni Suher

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## Finding Beauty in Nature *continued from page 12*

perspective, to learn to take the view of the underdog. He suggests getting down on hands and knees like a kid and looking at the grass sideways, anything to get a fresh view of the world.

“Or take a walk in Forest Park or somewhere you know you’re going to meet beauty,” he urges. “Leave the phone in

the car, walk untethered, and dare yourself to be amazed.”

In the future, both Jordan and Josh would like to see more environmentally-oriented activities at CNS and would like to see more people of all ages involved in them. Participation in *Shomrei Teva* events has not been nearly as large as

it might be, and has skewed mostly towards older members. Perhaps thinking about the centrality of nature to Jewish thought and practice has the potential to encourage a resurgence of interest.


Recommended reading: Benstein, Jeremy. *The Way into Judaism and the Environment*.



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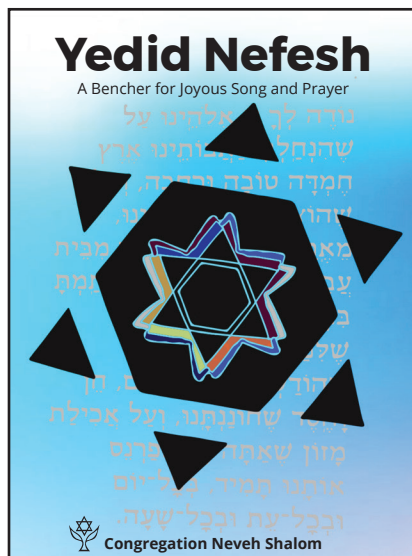


The Community of  
 Welcoming Congregations  
 Providing a Voice for LGBTQ & Allied People of Faith

Please recycle The Chronicle when finished

## Our New Bencher: A Cover of Beauty and Artistry

### By Michelle limori-Goldenberg



be used to indicate what the reader was about to find in the bencher." This technique creates beauty through integration and spirituality.

Jonathon chose soft color as a means of moving the reader away from the hustle and bustle of modern living towards a calmer and more introspective experience. "I then included some form expansion on the back cover hoping it might translate to a kind of transition."

For me, the artwork does just that. The black triangles draw me into the center with the multi colored *maginei david*. I find myself becoming more meditative, more peaceful. The back cover with the white against the black makes me want to go forth with the same peace, and bring it with me into the world. For Rabbi Kosak, "The *maginei david* are representative of the many colors and diversity of our community as well as our commitment to being an inclusive home for many types of people and families seeking Jewish experiences, enrichment and a spiritual home. They are all nestled on top of one another

yet have a slight slant to the side. That represents a unified community but also suggests that each person within the community has their own voice."

The artwork on the cover of the *Yedid Nefesh* conveys the concept that it is up to us as individuals and as a community to not only to discover beauty, integration, and balance for ourselves – the concept of *tiferet* - but to also bring that appreciation of beauty forth through our interpretation into the world.



The cover for Congregation Neveh Shalom's new bencher, *Yedid Nefesh*, is the result of a collaborative effort between Rabbi Kosak, Brian Rohr (CNS Communications Coordinator), and artist congregant, Jonathon Lietz. In exploring the concept of *tiferet*, Jonathon Lietz states, "My first consideration was to determine what kind of prayers we were talking about and to think about what graphic symbols could



5778  
2018

# July

tammuz  
av



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 18 tammuz 9:00am Morning Minyan 10:00am Storytime w/ R. Eve at Hillsdale Farmer's Market  <b>FAST OF TAMMUZ</b>	<b>2</b> 19 tammuz 7:15am Morning Minyan  <b>CANADA DAY</b>	<b>3</b> 20 tammuz 7:15am Morning Minyan 5:00pm Talmud Class	<b>4</b> 21 tammuz <b>OFFICE CLOSED</b> 9:00am Morning Minyan  <b>INDEPENDENCE DAY</b>	<b>5</b> 22 tammuz 7:15am Morning Minyan 7:00pm Executive Committee	<b>6</b> 23 tammuz 8:43pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	<b>7</b> 24 tammuz 9:42pm 9:00am Shabbat Services 10:15am Tot Shabbat 10:15am Kiddush Club  4:00pm West Suburbs Jewish Hangout <b>Pinchas</b>
<b>8</b> 25 tammuz 9:00am Morning Minyan	<b>9</b> 26 tammuz 7:15am Morning Minyan 7:00pm Sisterhood Meeting 7:00pm Men's Club Meeting	<b>10</b> 27 tammuz 7:15am Morning Minyan 5:00pm Talmud Class	<b>11</b> 28 tammuz 7:15am Morning Minyan 1:00pm Goodbye dessert gathering for Daniela Meltzer	<b>12</b> 29 tammuz 7:15am Morning Minyan 11:00am Building & Grounds	<b>13</b> 1 av 8:39pm 7:00am Morning Minyan 6:15pm Kabbalat Shabbat  <b>ROSH CHODESH</b>	<b>14</b> 2 av 9:38pm 9:00am Combined Shabbat Services  12:30pm Women's Torah Study  <b>Matot-Masei</b>
<b>15</b> 3 av 9:00am Morning Minyan 10:30am Young Family Berry Picking  12:00PM Unveiling for Regina Atlas, AS 4:00pm Pages & Pixels	<b>16</b> 4 av 7:15am Morning Minyan	<b>17</b> 5 av 7:15am Morning Minyan 5:00pm Talmud Class	<b>18</b> 6 av 7:15am Morning Minyan 11:00am Wondering Jews at Hogan Butte Natural Park	<b>19</b> 7 av 7:15am Morning Minyan 7:00pm Board of Directors	<b>20</b> 8 av 8:33pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	<b>21</b> 9 av 9:32pm 9:00am Shabbat Services 10:15am Tot Shabbat 10:15am Kiddush Club 8:45pm: Erev Tisha B'Av <b>Devarim</b> <b>SHABBAT CHAZON</b> <b>EREV TISHA B'AV</b>
<b>22</b> 10 av 9:00am Tisha B'Av Service  <b>TISHA B'AV</b>	<b>23</b> 11 av 7:15am Morning Minyan	<b>24</b> 12 av 7:15am Morning Minyan 5:00pm Talmud Class	<b>25</b> 13 av 7:15am Morning Minyan	<b>26</b> 14 av 7:15am Morning Minyan 10:00am Cemetery Committee	<b>27</b> 15 av 8:26pm 7:15am Morning Minyan 5:15pm 4th Friday w/ R. Eve 8:00pm Living Room Shabbat	<b>28</b> 16 av 9:24pm 9:00am Combined Shabbat Services  12:30pm Women's Torah Study  <b>Va'etchanan</b> <b>SHABBAT NACHAMU</b>
<b>29</b> 17 av See Below	<b>30</b> 18 av <b>OFFICE CLOSED FOR STAFF RETREAT</b>  7:15am Morning Minyan 8:00am Sisterhood Leadership Institute	<b>31</b> 19 av 7:15am Morning Minyan 5:00pm Talmud Class	<b>JUNE</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	<b>AUGUST</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	For ALIYAH/TICHON schedule, please visit: <a href="http://nevehshalom.org/aliyah-k-6">nevehshalom.org/aliyah-k-6</a> or <a href="http://nevehshalom.org/aliyah-7-12">nevehshalom.org/aliyah-7-12</a>  	For Foundation School schedule, please visit: <a href="http://foundationschoolpdx.org">foundationschoolpdx.org</a>  

**July 29:** 9:00am Morning Minyan, 10:00am Storytime w/ R. Eve at Hillsdale Farmer's Market, 11:00am Sisterhood Leadership Institute, 11:00am Unveiling for Lorraine Metz, AS, 12:00pm Unveiling for Sol E. Menashe, AS

# Mark Your Calendars And Join Congregation

## Community Events

**Talmud Class with Rabbi Stampfer**  
**Tuesdays, 5:00pm, R. Stampfer's home**  
Join our Emeritus Rabbi for weekly study of our sacred texts. Free.

**Shabbat on the Upper Plaza!**  
**Every Friday night 6:15 pm**  
Enjoy our beautiful NW summer evenings singing, praying and schmoozing! (Weather permitting).

**West Suburbs Jewish Hangout**  
**Saturday, July 7, 4:00-7:00pm**  
**Champion's Park adjacent to Mountain View Middle School**



Located in Beaverton, Hillsboro or Aloha? Join Rabbi Eve Posen as we head

west for some community bonding time with our families who live out that way. Bring your favorite vegetarian or dairy potluck food, own utensils and plates. We'll play, eat, schmooze and get to know each other. So we have a headcount, please RSVP to Rabbi Eve at: [eposen@nevehshalom.org](mailto:eposen@nevehshalom.org)

**Goodbye Dessert Gathering in Honor of Daniela Meltzer**  
**Wednesday, July 11, 1:00-3:00pm**

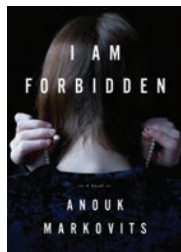
Join the CNS community in saying goodbye to Daniela Meltzer, Membership and Engagement Director. Her family is moving to Denver, CO. Dessert and coffee will be served. Room 102



**Women's Torah Study**  
**Saturday, July 14 & 28, 12:30pm, Room 111**

Join Mel Berwin for uplifting learning and conversation—all levels welcome!

**Pages & Pixels – *I Am Forbidden* by Anouk Markovitz / Movie: *Menashe***  
**Sun, July 15, 4:00pm**  
**Stampfer Chapel**



In *I Am Forbidden* the horrors of World War 11 Transylvania, Jewish life in the post-war Marais district of Paris, and the eventual settlement in Brooklyn are all detailed in this quickly paced, succinct, and poetic read. After discussing the book, we will watch the film *Menashe* based on similar themes. For more information, contact Kaiya Goldhammer, [kgoldhammer@nevehshalom.org](mailto:kgoldhammer@nevehshalom.org).

**Wondering Jews Visit the Hogan Butte Natural Park**  
**Tues, July 18, 11:00am, FREE**

Join other 65+ for a special trip to the Hogan Butte Natural Park. More info: [programs@nevehshalom.org](mailto:programs@nevehshalom.org).

**Erev Tisha B'Av Service**  
**Saturday, July 21, 8:45pm, Zidell Chapel**

This year, because of Shabbat, Tisha b'Av observance is delayed till the 10th of Av. Seudat Shlishit (The Third Meal of Shabbat) followed by Havdalah, Ma'ariv and Eicha reading.

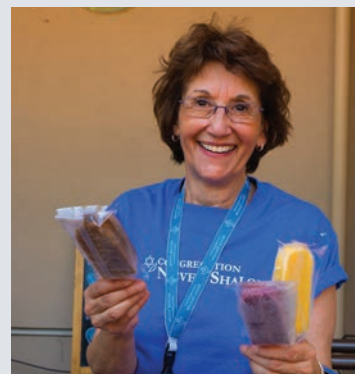
**Tisha B'Av Service**  
**Sun, July 22, 9:00am, Zidell Chapel**  
Tallit/tefillin are not worn that morning.

## BACK TO SHUL CELEBRATION

AUGUST 26 | 12:30-2:30 PM

Join us for music, food and fun at our annual BBQ on the Plaza! Time to reconnect with friends and opportunities for students to meet ALIYAH K-6 teachers and Foundation School (12 mo. - pre-K) teachers, too!

Open to the entire community.  
All ages welcome!



This event is free but we would like you to RSVP so that we know how much food to prepare:  
[www.tinyurl.com/backtoshul2018](http://www.tinyurl.com/backtoshul2018)



# Neveh Shalom For These Great Programs!

## Living Room Shabbat

**Friday, July 27 & August 24, 8:00pm**  
(in place of the 6:15pm service)



This is a laid-back, come as you are Portland vibe Shabbat. One that reflects how we like to gather together in a casual, easy and down-to-earth way. Without pretension, yet in a beautiful manner. For more information, please call the office at: 503.246.8831.

## Kabbalat Shabbat with Ilene Safyan

**Fridays: August 3, 6:15pm**

Bring your spirit and your voice together for this special Kabbalat Shabbat. Accompanied by Ilene Safyan on guitar, this service is one of beautiful music, filled with singing and participation. New melodies are intermixed with congregational favorites. It's a wonderful way to welcome Shabbat.

## Wondering Jews Field Trip to the Lan Su Chinese Garden & Chinese Food Lunch - Mon, Aug 7, 11:00am



Join others 65+ for a special trip to the Lan Su Chinese Garden. We will enjoy the beauty and have a Chinese food lunch. More info: [programs@nevehshalom.org](mailto:programs@nevehshalom.org).

## Young Family & Youth

**Young Family Tot Shabbat (0-5 years)**  
**1st and 3rd Saturdays, 10:15am**  
**Zidell Chapel** Join other young families for singing, dancing, stories, indoor picnic-style lunch and Shabbat fun.

**Kiddush Club for K-2nd Graders**  
**1st and 3rd Saturdays, 10:15am**  
**Room 19.** Join other families for prayer, singing, conversation and fun followed by an indoor picnic-style lunch.

## High Holiday Ushers Needed!

We know that the High Holidays seem far away, but we are already deep in the planning stages. To that end, we are actively seeking High Holiday ushers for Rosh Hashana and Yom Kippur. This is a great way to meet your fellow congregants and pitch in!

## College Outreach Time!

Do you have a student in college that would like to receive an awesome package from Neveh Shalom for the High Holidays? If the answer is yes, then please sign up! It is a great way to keep our students in touch with our community.

For more info and to sign up, please contact our new Membership and Engagement Director, Lindsay von Colditz:  
[programs@nevehshalom.org](mailto:programs@nevehshalom.org), 503.293.7313

## Fourth Fridays with Rabbi Eve

(age 0-6)

**Friday, July 27 & Aug 24, 5:15pm**

Welcome Shabbat with music and stories, potluck dinner to follow. Contact Rabbi Eve for location: [eposen@nevehshalom.org](mailto:eposen@nevehshalom.org). Co-sponsored by PJ Library.



## Storytime with Rabbi Eve at Hillsdale Farmer's Market - Sunday, July 1, 29 & August 12, 10:00am, Rieke Playground

Join Rabbi Eve at Rieke Playground for a special story. Fun for all ages! Co-sponsored by PJ Library.

## Young Families Berry Picking

**Sun, July 15, 10:30am, Smith Berry Barn**



Pick fresh berries with your young ones on a fun farm outing! For families with children ages 5 and under.  
RSVP: [eposen@nevehshalom.org](mailto:eposen@nevehshalom.org)

## Shoreshim Messy Art at CNS

**Thursday, Aug 23, 10:30am**

Join the fun and get messy! Ages 0-5, must be accompanied by an adult. For more info, contact: [eposen@nevehshalom.org](mailto:eposen@nevehshalom.org).

## Lend a Hand

### Never Again Coalition Monthly Meeting

**Mondays: July 9 & Aug 13, 7:00pm**  
Meet at Congregation Kol Shalom.

## Unveilings

**Unveiling for Regina Atlas, z"l**  
Sunday, July 15, 12:00pm,  
Ahavai Shalom Cemetery

**Unveiling for Lorraine Metz, z"l**  
Sunday, July 29, 11:00am,  
Ahavai Shalom Cemetery

**Unveiling for Sol E. Menashe, z"l**  
Sunday, July 29, 12:00pm,  
Ahavai Shalom Cemetery

5778  
2018

# August

av  
elul



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>JULY</b></p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>	<p>For ALIYAH/TICHON schedule, please visit: <a href="http://nevehshalom.org/aliyah-k-6">nevehshalom.org/aliyah-k-6</a> or <a href="http://nevehshalom.org/aliyah-7-12">nevehshalom.org/aliyah-7-12</a></p> <p><b>ALIYAH</b> Jewish Learning Program for K-12</p>	<p>For Foundation School schedule, please visit: <a href="http://foundationschoolpdx.org">foundationschoolpdx.org</a></p> <p> Watch Us Grow!</p>	<p><b>1</b> 20 av</p> <p>7:15am Morning Minyan</p>	<p><b>2</b> 21 av</p> <p>7:15am Morning Minyan</p> <p>7:00pm Executive Committee</p>	<p><b>3</b> 22 av 8:17pm</p> <p>7:15am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat with Ilene Safyan</p>	<p><b>4</b> 23 av 9:15pm</p> <p>9:00am Shabbat Services</p> <p>10:15am Tot Shabbat</p> <p>10:15am Kiddush Club</p> <p><i>Ekev</i></p>
<p><b>5</b> 24 av</p> <p>9:00am Morning Minyan</p>	<p><b>6</b> 25 av</p> <p>7:15am Morning Minyan</p>	<p><b>7</b> 26 av</p> <p>7:15am Morning Minyan</p> <p>11:00am Wondering Jews at Lan Su Garden</p> <p>5:00pm Talmud Class</p>	<p><b>8</b> 27 av</p> <p>7:15am Morning Minyan</p>	<p><b>9</b> 28 av</p> <p>7:15am Morning Minyan</p> <p>11:00am Building &amp; Grounds</p>	<p><b>10</b> 29 av 8:07pm</p> <p>7:00am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat</p>	<p><b>11</b> 30 av 9:05pm</p> <p>Val Levy's Bar Mitzvah</p> <p>9:00am Shabbat Services</p> <p>9:30am Downstairs Minyan</p> <p><i>Re'eh</i> <b>ROSH CHODESH</b></p>
<p><b>12</b> 1 elul</p> <p>9:30am Mia Holmes Bat Mitzvah</p> <p>10:00am Storytime w/ R. Eve at Hillsdale Farmer's Market</p> <p><b>ROSH CHODESH</b></p>	<p><b>13</b> 2 elul</p> <p>7:15am Morning Minyan</p>	<p><b>14</b> 3 elul</p> <p>7:15am Morning Minyan</p> <p>5:00pm Talmud Class</p> <p>7:00pm Sisterhood Meeting</p>	<p><b>15</b> 4 elul</p> <p>7:15am Morning Minyan</p>	<p><b>16</b> 5 elul</p> <p>7:15am Morning Minyan</p> <p>7:00pm Board of Directors</p>	<p><b>17</b> 6 elul 7:55pm</p> <p>7:15am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat</p>	<p><b>18</b> 7 elul 8:54pm</p> <p>Dora Kodesch's Bat Mitzvah</p> <p>9:00am Shabbat Services</p> <p>10:15am Tot Shabbat</p> <p>10:15am Kiddush Club</p> <p><i>Shoftim</i></p>
<p><b>19</b> 8 elul</p> <p>9:00am Morning Minyan</p>	<p><b>20</b> 9 elul</p> <p>7:15am Morning Minyan</p>	<p><b>21</b> 10 elul</p> <p>7:15am Morning Minyan</p> <p>5:00pm Talmud Class</p>	<p><b>22</b> 11 elul</p> <p>7:15am Morning Minyan</p>	<p><b>23</b> 12 elul</p> <p>7:15am Morning Minyan</p> <p>10:00am Cemetery Committee</p> <p>10:30am Young Family Messy Art</p>	<p><b>24</b> 13 elul 7:43pm</p> <p>7:15am Morning Minyan</p> <p>5:15pm 4th Friday w/ R. Eve</p> <p>8:00pm Living Room Shabbat</p>	<p><b>25</b> 14 elul 8:42pm</p> <p>Elliot Feinblatt's Bar Mitzvah</p> <p>9:00am Shabbat Services</p> <p>9:30am Downstairs Minyan</p> <p><i>Ki Tetze</i></p>
<p><b>26</b> 15 elul</p> <p>9:00am Morning Minyan</p> <p>12:30pm Back to Shul</p>	<p><b>27</b> 16 elul</p> <p>7:15am Morning Minyan</p>	<p><b>28</b> 17 elul</p> <p>7:15am Morning Minyan</p> <p>5:00pm Talmud Class</p>	<p><b>29</b> 18 elul</p> <p>7:15am Morning Minyan</p>	<p><b>30</b> 19 elul</p> <p>7:15am Morning Minyan</p> <p>7:00pm Intro to Judaism</p>	<p><b>31</b> 20 elul 7:31pm</p> <p>7:15am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat</p>	<p><b>SEPTEMBER</b></p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30</p>



**ALOHA?  
HILLSBORO?  
BEAVERTON?**



**NEVEH SHALOM  
COMES TO YOU!**

Join Rabbi Eve Posen for some community bonding!  
Bring your favorite vegetarian or dairy potluck food,  
own utensils and plates. All life stages welcome!

# **WEST SUBURBS JEWISH HANGOUT**

**AT CHAMPIONS PARK IN ALOHA,  
ADJACENT TO MOUNTAIN VIEW MIDDLE SCHOOL**

**SATURDAY, JULY 7, 4-7PM**

**RSVP: [tinyurl.com/westsuburbshangout](https://tinyurl.com/westsuburbshangout)**



CONGREGATION NEVEH SHALOM

# LIVING ROOM SHABBAT

WITH RABBI DAVID KOSAK, CANTOR  
EYAL BITTON AND MUSICAL FRIENDS



Fourth Friday of  
the Month,  
8:00pm

(in place of the  
6:15pm service)

Summer dates are:  
July 27 & August 24

This is a laid-back, come-as-you-are evening, that reflects how we sometimes like to gather in a casual and down-to-earth way. Enjoy beverages and snacks as we welcome in Shabbat.





# CONGREGATION NEVEH SHALOM'S



## BACK TO SHUL CELEBRATION

AUGUST 26 | 12:30-2:30 PM



ALIYAH MEET & GREET ~ FOUNDATION SCHOOL TOURS ~ LUNCH ~ MUSIC & ACTIVITIES

2900 SW PEACEFUL LANE | PORTLAND | OREGON | 97239 | 503.246.8831

RSVP: [TINYURL.COM/BACKTOSHUL2018](https://tinyurl.com/backtoshul2018)



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**SUNDAY  
MORNING &  
TUESDAY  
EVENING  
OPTIONS**



מכון עברית

**COURSES  
START**

**OCT 2018  
& FEB 2019**



**CONGREGATION  
NEVEH SHALOM**

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