

The Chronicle

FOOD! Exploring Our Daily Nourishment

Congregation Neveh Shalom
No. 12
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Feed Their Bodies, Feed Their Souls

Rabbi's Corner

By Rabbi David Kosak

I love food. It's why I was a chef for eleven years. It's how I got interested in the intersection of food, justice, environment and other issues when some of these approaches were in their infancy. It's why I am so deeply enamored of the laws of kashrut, and have enjoyed the eighteen people who have been learning about our kosher rules in depth through the kashrut class. I've cooked for presidents and world leaders--because they also need to eat.

Yet my favorite food story is much simpler. I was the chef at the Galisteo Inn, located eponymously in Galisteo, New Mexico. Across the dirt road was a small organic farm. We had an agreement that I could harvest lettuces as needed. It was my last task before dinner service, which lent a special vibrancy to the greens. That mattered.

It mattered one evening in particular when a long-married couple sat at a table. They were bickering and clearly not enjoying one another's company. Who knows what the day had confronted them with? And then the waiter set their salad before them. Coconut dressing kissed leaves that had been in the earth literally five minutes earlier.

They took their first bite, and then their second. From my perch by the range, I watched as stress sloughed off their bodies. Their muscle-tight scowls eased. Then the first smile. Five minutes later, they were talking volubly and laughing like newlyweds.

At the end of life when our actions are judged, none of us know how we will measure up. But it is comforting to imagine that a single salad will express the best of my intentions, love and concern for others. It will argue forcibly

how in that moment, I gave as deeply as I could from the gifts I had available.

Regardless of our station in life, we are each called to use our God-given capacities to increase connections and well-being as best we can. That's our real work. It is why when asked how a chef became a rabbi, the honest answer is, "feed their bodies, feed their souls. There is no difference."

Our deepest human longing is for connection and significance. When we talk about love, it's what we mean. When we argue for a political perspective, it's what we are doing. When we seek understanding, build a business or perform a small act of kindness, unbeknownst to ourselves, we are engaged in this central human concern. It's why even in the death camps of Europe, psychiatrist Victor Frankl pointed his fellow Jews' humiliated hearts upward to ennoble them. It's how people on hunger strikes can persist for months on little to no food.

We are not primarily physical beings. When our basic focus is solely on the material, we feel most deprived. After we escaped the slavery of Egypt, we cried out for food as our number one concern. That was addressed, but then God gave us the Torah at Sinai. More than ever, our confused era has desperate need for the food that nurtures our connections and our sense of significance. We want to know we are connected to something, but we are not quite sure how to go about it. That's an unusual explanation for today's polarization--here's my tribe, and I am okay with that.



But at Sinai, we have to remember we had our most human needs met not as a single tribe of Jews. When we left Egypt, we marched forth with the Eirav Rav, the mixed multitude. Our freedom was contingent on the freedom of others. Our mission was tied with the purpose of others. At Sinai, in other words, we broke bread with a cross-section of humanity.

This year at Shavuot, we will do the same. Yes, we will eat cheesecake! More importantly, top area scholars and leaders, who are Jewish, Islamic or Christian will discuss how their traditions instruct us about kindness, civility and dialogue.

I hope you will join us on May 30th. We'll study the deep Torah that reverberates in the mouths of all people. The Torah that nourishes us best of all.

Congregational Study Results in New Book!

Rabbi's Corner

By Rabbi Eve Posen and Lois Shanker



Rabbi Eve Posen



Lois Shanker

In August, 2015, after Rabbi Posen posted an email blast offering one-on-one study and Lois responded, together we decided to study *Pirkei Avot: The Ethics of the Fathers*. Little did we know then that the end result of that study would be our book, *Pirkei Imahot: The Wisdom of Mothers, the Voices of Women*.

As we studied together, it became apparent that our point of view as contemporary Jewish women was very different from that of the male rabbis of the 2nd century C.E. who authored

written to give Jewish women a voice - a voice different from that which had been given them in the past. We composed it as an opportunity to make that voice newer and stronger within the Jewish world - one that would reflect the 21st century society in which we now live. We wrote it as a result of our own unique experiences as women, mothers, leaders, and teachers in our community, as well as those of the many women who contributed their own words of wisdom to this book.

In reading our book, we believe you,

Pirkei Avot. We felt a need to respond with women's voices, our own and those of other women throughout the country. *Pirkei Imahot* is the result.

With *Pirkei Avot* as our foundation, our book was

the reader, will gain new wisdom on the moral imperative given to us by our heritage, inspiration to participate in *tikkun olam*, and strengthen your ability to make a difference in our world. The questions found throughout the book provide a further opportunity through introspection and self-examination to learn and then apply the lessons found here.

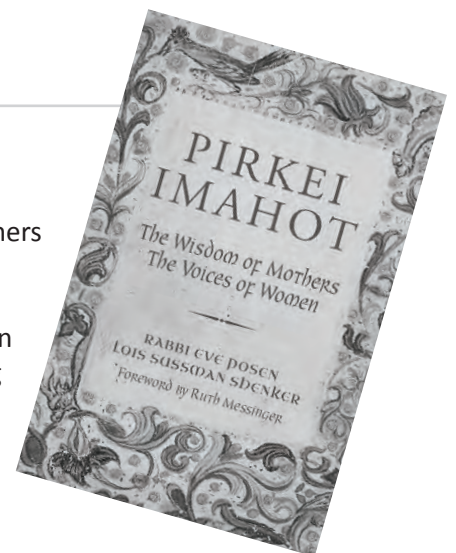
Ruth Messinger, global ambassador for American Jewish World Service, said in her foreword to the book, "They [the authors] are building for women a sense of our own power to be the speakers, teachers, commentators, and leaders for change in the 21st century."

The book launch for *Pirkei Imahot* is at Neveh Shalom, May 8, at 7:30 pm. Messinger will be our guest speaker. The book will go on sale May 1, 2017, on our website www.wisdomofmothers.com, and online through Amazon and Barnes & Noble. The majority of our book's proceeds go toward our congregation for new and existing programs for youth and education.

The Pirkei Imahot Fund

Rabbi Eve and Lois' book ushers in fresh perspectives, analyses, and questions. And it ushers in, too, a new CNS fund: **The Pirkei Imahot Fund**.

The fund reflects the core Jewish value of *tikkun olam*: It sustains the ongoing education and community outreach of the book and supports our synagogue's new and existing programs for youth and education. This new fund is but one way Rabbi Eve and Lois have been inspired by their partnership. May it inspire you, too, and in many ways.



It's Hard to Say Goodbye...

Cantor's Corner

By Cantor Deborah Bletstein

So...I'm not very good at goodbyes. I'd rather approach this as, "farewell for now," or "see you again soon."

What to say after seven years with a community? There is so much, yet in many ways I find myself struggling to find the words. Seven years ago, this Midwestern girl moved to the other side of the country, only knowing the few people she met at an interview weekend. It was a leap of faith in every way, and it proved to be the experience of a lifetime.

I have met some wonderful people at Congregation Neveh Shalom and the greater Portland Jewish community. There have been so many who have truly embraced me and made me feel like family. For this and so much more, I will always be grateful.

The past seven years have been a time of tremendous growth for me, both personally and professionally. I feel comfortable saying the same has been true for life at CNS. I am confident in the

programs and innovations, as well as the soulfulness I've brought to life at Neveh Shalom, and I hope you feel the same. I am sure that your next cantor will move things forward in exciting new directions.

Portland gets into your kishkes...in a good way. Many of you have been asking what's next for me. Here's what I can tell you so far: I love Portland and I will be staying here. I don't yet know what the professional side of my future holds, but that's ok. I've been running hard for a long time now and it feels refreshing to slow down a bit.

In closing: I'll be around. Feel free to be in touch with me at: dbletstein@gmail.com. I'll see you again soon...

All my best,
Cantor Debbie Bletstein



Celebrate Cantor's seven years of service at Congregation Neveh Shalom! Thursday, May 18th 7pm, Homemade desserts and wine will be served. Looking for bakers! If you are interested, please contact: dmeltzer@nevehshalom.org

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I'm Happy to Report

President's Corner

By Stephen Blake

The theme of this Chronicle is food. What Jewish boy doesn't like to talk about food? Alas I am going to forego that mouth-watering opportunity, and instead, report on the synagogue.

I am happy to report that we are having a good year financially. Our staff has worked hard to keep costs down yet provide the best services possible. This efficiency, your generosity, and the growth of our schools, should allow us to end this year with a balanced budget.

We are proud that our educational leaders, Rabbi Posen, Mel Berwin and Leah Conley, recently presented at the national meetings of the United Synagogues for Conservative Judaism. This reflects the outstanding job they have done in building a nationally recognized school program for all

grades. Their success can be seen in increasing enrollment and our b'nai mitzvah students.

With the wide variety of activities CNS offers, our building is always busy. We are making every effort to ensure the security of everyone by working with local leaders and federal law enforcement to make our building as safe as possible. We have surveyed our existing security measures and continue to explore new options.

As you are aware, Cantor Bletstein will be leaving us in early June. She will be missed and we wish her well in her future endeavors. We have begun a search for our next cantor and are currently accepting resumes and interviewing candidates. Our cantor search committee is working diligently and will be bringing the top prospects to Portland soon.



It is my honor to serve as president of our congregation. I am pleased that we are able to report on our successes. In many ways, these are difficult times as reflected in the need to beef up our security measures. We continue to thrive through the hard work of our professional staff, lay leadership and wonderful volunteers. I encourage everyone to become involved!

Rich Almond Mini Cakes with Chocolate or Cherry

By Catherine Saunders

(Adapted from Melissa Clark's NYT Cooking Recipe)

I discovered Mini Cakes this year through Melissa Clark in New York Times Cooking. I was drawn to them by Melissa's photograph which showed a batch looking so professional and beautiful, like straight out of a French baker's window! My family and I love them with either filling and find their almond cake to be eggy and scrumptious! When we share them with friends, I sometimes sneak a peek at their reactions upon biting into them and I've been thrilled to see their pleasure! And another plus is that they are gluten-free! So if you have nostalgia for our chametz-free days of Pesach-just-passed or have a gluten-free friend coming over, treat yourself to these delightful cakes! I would love to know how you like them! Recipe at: nevehshalom.org/almondminicakes/



A Teen and a Senior Walk into a Kitchen...

By Mel Berwin,

Director of Congregational Learning

Not just any kitchen—the CNS kitchen — part of our Better Together program in which our 7th grade “Mensches” interact monthly with “Mavens” of an older generation. In February and March, we gathered half of the participants to do an art project and the other half to do a baking project, guided by 7th Grade Teacher and caterer Keren Barbash-Benedek.

When I asked Keren about the baking project, she told me “Efrem Plawner and Jordan Epstein were in the kitchen together. They were taking the rugelach out of the oven and were supposed to be guarding the goodies—but every time I came in, they looked busted, like

they had just been eating the treats themselves—and they were joking like old friends.”

Efrem, a 7th grader at the Arts and Communication Magnet Academy who will share his May Bar Mitzvah with his twin sister Suretta, wouldn’t say they are old friends, but he does remember Jordan from his early years coming to Tot Shabbat, when Jordan led the group with his accordion in hand. He says baking night was one of his favorite Wednesday nights so far this year, and that he enjoys cooking at home.

Jordan, a retired teacher who has volunteered at CNS over the years, including leading the Shomrei Teva environmental group, says he had a



great time with Efrem. “I hadn’t been in the same group as Efrem before, and when we were doing the art project, I’m not sure Efrem was into it. But baking – we had a great time, we laughed a lot together. We must have made 150 rugelach. And the next week when I showed up, he asked to join my group.”

Baking and art are just two of the projects that the Mensches and Mavens have engaged in as they explore the theme “A lifetime of Jewish connection.” Ken Klein, a parent of Jackson, one of our 7th grade “Mensches” and professional filmmaker, is creating a video documenting this program, which will be shown on Wednesday May 24 as part of our Tichon (7th-12th grade) graduation program. We hope you will join us for this special presentation. Maybe we’ll even bake some rugelach for you.



Jordan Epstein participates in an active “trust” game with 7th graders in our Better Together Intergenerational program.



Nava Weingrad – May 13

The congregation is warmly invited to the Bat Mitzvah of Nava Weingrad, daughter of Mel Berwin and Michael Weingrad, on the Shabbat of May 12 and 13. From her earliest years crawling around during Tot Shabbat in the “old” Zidell Chapel to collecting lifelong friends in Foundation School, Kochavim, ChikChak Minyan, Downstairs Minyan, and ALIYAH, Nava has felt very much at home at Neveh Shalom. She is now a 7th grader at Robert Gray Middle School, where she enjoys playing trumpet and conducting science projects.



Maeve McAllister - May 20

Mazel tov to Maeve McAllister whose Bat Mitzvah will take place on May 20, 2017. Maeve is the daughter of Jeff and Arzelie McAllister and older sister to Ziva. She is a 7th Grader at Meadow Park MS's Summa Program. She loves reading, drawing and most especially playing with her cats and hedgehog.



Efrem and Suretta Plawner – May 27

Efrem and Suretta Plawner are the son and daughter of Jordan and Debbie Plawner, siblings to Mimi, and grandchildren of Carol Danish (Neveh Shalom member) and Michael and Rhonda Plawner (New City, NY). Efrem is a 7th grader at the Arts and Communication Magnet Academy with an interest in film and animation and academic strengths in social studies and mathematics. In his spare time, Efrem enjoys creating and editing YouTube videos for his own YouTube channel, playing Minecraft, building igloos and flame throwers and riding bikes on the Springwater Trail. Suretta is a 7th grader at the International School of Beaverton. She is an avid reader of young adult fiction with an eye for design and fashion. Suretta enjoys vacationing at the beach from Seaside, Oregon to beach towns in Mexico, but her favorite summer destinations are B'nai B'rith Camp and visits to her grandparents in New York.



Eli Hart – June 3

Eli Hart is the son of Davis and Maxine Hart, big brother to Evan Hart, and grandson of Seymour and Shirley Bernstein (New Jersey) and the late Norris and Leona Hart (Canby, Oregon). Eli is a 7th grader at Robert Gray Middle School, where he has a love of history, plays saxophone in the concert and marching bands and has run on the school's cross-country team. He also enjoys playing basketball and lacrosse. Eli has a humorous and artistic side to him as well, and still cracks up at night while reading his brother's “Big Nate” books. He's looking forward to attending his sixth summer at Camp Solomon Schechter.



Upcoming B'nai Mitzvah



Micah Antick-Oslund - June 10

Micah Antick-Oslund is the son of Jennifer Antick and Eric Oslund. He is the grandson of Leonard Antick of Chula Vista, CA, MayBeth Antick Frank (z"l), and Larry and Shirley Oslund (z"l). Micah is a 7th grader at Portland Jewish Academy, where he enjoys his classes in Hebrew, Jewish Studies, and Humanities. Micah likes to play Xbox with friends online and play basketball with friends after school. Micah takes pride in being a mensch to cats and little kids.



Zachary Pines - June 17

Zachary Pines is the son of Rachel and Itai Pines, and grandson of Alex and Ditsa Pines (Berkeley, CA), Lisa Luna (Sherman Oaks, CA), Ayala Pines (z"l) and Israel Segal (Tel Aviv, Israel). He is the brother of Madeline Pines (age 9) and has a toy poodle named Sadie. Zachary is a 7th Grader in the Summa program at Meadow Park Middle School. In his spare time, he enjoys video games, brain bending logic puzzles, magic tricks, and riding his bike. He will become a black belt in Taekwondo this fall.



Quinn Randolph - June 24

Mazel tov to Quinn Randolph, who will celebrate his Bar Mitzvah on June 24th. Quinn is the younger brother of Talia Randolph and the son of Cara Cohon. He is the grandson of Bobbie and Dick Cohon, and great grandson of Dorothy Nudelman, the late Stan Nudelman, and the late Charlotte and Irving Cohon. Quinn began his Jewish education at Neveh Shalom Foundation School, followed by Sunday school/Aliyah and Tichon, the teen program at the synagogue. He will be in the 8th grade at Highland Park Middle School in the fall. Quinn enjoys being a Boy Scout, cooking, going to movies, playing video games, attending Broadway musicals, and spending time with his friends. He is looking forward to celebrating his Bar Mitzvah with family and friends.



Noga Benedek— June 25

Mazel tov to Noga Benedek who will celebrate her Bat Mitzvah on Sunday, June 25, 2017. Noga is the daughter of Keren Barbash Benedek & Gil Benedek, sister to Roni and Ayelet and granddaughter of Aharon (z"l) and Bracha Barbash and Paul and Larisa Benedek. She is a 6th grader at Robert Gray Middle School. Noga loves dancing, singing, acting, and spending time with her friends.

CNS' Efforts to Help the Food Insecure and Hungry

By Jenn Director Knudsen



Kiki Adamovics cooking for Outside In

There is nothing more basic than the need for food," Rabbi Emeritus Daniel Isaak says, recalling a story his mother shared with him as a kid that has been a life-long influence: "As a teen in Germany, food was rationed, (and family members) only got one egg, which went to my grandmother, who was ill. When subsequently my mother made her way to England, in the wealthy home (in which) she worked, they threw the bread crusts in the garbage. She would dig them out because it was so outrageously wasteful."

Upon retiring as senior rabbi, Rabbi Isaak committed to assisting more regularly the food-insecure and hungry in Greater Portland. (Food insecure means you don't know where your next meal is coming from.) He serves on the Oregon Food Bank (OFB) board, its executive committee, and is advocacy committee chair. "Whatever time or

donations people make mean that someone who may not know where his or her next meal will come from will not go hungry," he says.

Neveh Shalom does not have a centralized effort to assist those without enough food. But a number of groups – such as Men's Club – and individuals within our kehilla have been feeding those in need for years. The time commitment is negligible. The result is demonstrable. The need is huge.

"Nobody's asking Neveh Shalom to solve the problem, but we can be part of the solution," Barb Schwartz says. Last fall, an Oregon Center for Public Policy report concluded our state recorded the sharpest increase in food insecurity in America, despite the growth of the economy. It also notes one in six Oregon households is food-insecure. And Portland has the dubious distinction of being home to the highest concentration -- 40 percent -- of Oregon's food-insecure people.

"Directly feeding people is so tangible and real. It transcends one's politics," says Senior Rabbi David Kosak, who for decades has helped those in need of nourishment and this freezing winter helped lead a "Guerrilla Compassion" campaign. He and a number of congregants made fresh soup and sandwiches; some of them doled out portions to homeless individuals attempting to survive on the streets. Participants included Laura Kosak, Mel Berwin, Mitch, Nicole, and Maude Elovitz, Rich, Christine, and Sam Hartoch,

Deb Freedberg, William Diebold, and Abby Diebold, and this "Chronicle" reporter. The actions of food-prep and serving, Rabbi Kosak says, "first and foremost (are) about helping us be the sort of people *HaKadosh Barukh Hu* wants us to be."

Dr. Ellen Singer has spent nine years on Neighborhood House's board and

HOW YOU CAN HELP Are you interested in...?

Harvest Share: Contact **Barb Schwartz**, barbschw@gmail.com, or (503) 221-0619. Want to jump start helping out? Save and deliver to CNS' Main Office *clean and empty egg cartons*. Barb picks them up regularly for OFB's use.

Human Solutions: Contact Emilie Friedman, donations coordinator, efriedman@humansolutions.org, (503) 278-1637, humansolutions.org/serve-shelter-meal/.

Neighborhood House: Contact James DeBiasi, community involvement specialist, jdebiasi@nhpdx.org, or (503) 246-1663, ext. 2117, www.nhpdx.org.

Oregon Food Bank: Click to www.oregonfoodbank.org/get-involved/volunteer/, or (503) 282-0555. Or contact CNS' own **David Sibell**, **Men's Club** contact for OFB, sibell4@comcast.net.

Outside In: Contact CNS' own **Cathy Blair**, cathyblair55@yahoo.com.



Setting the Table

By Jennifer Greenberg

served two years as its president. She says: "I remembered as a child being very drawn to understanding the story of Ruth and the necessity of gleaning. The sharing of food and resources are clearly central tenets of our Torah text," she continues. "Helping the hungry is something we should be doing on an ongoing basis," Schwartz says of this *kehilla*. She is a long-time *Harvest Share* volunteer.

Another way a number of congregants over the years have helped nourish the needy is via *Human Solutions*. This nonprofit provides services to alleviate our area's increasing homeless problem, including running a family emergency shelter and feeding its residents.

Many people in need are teens. *Outside In* helps youth in our community with shelter, meals, and more. Cathy and Chris Blair are part of a long-term effort to provide healthy, kosher-dairy meals to as many as 60 teens, once a month (during the school year). A team of regulars -- including Rick, Jessica, and Lana Botney, Ingrid, Joshua, Aaron, and Elana Seigman, David, Gavin, and Melissa Meisels, Janet Franco, Jack and Melanie Birnbach, Susan and Bruce Sutherlin, and Kiki Adamovics -- gather in Neveh Shalom's kitchen for about two hours at a time to prepare substantial, well-balanced meals.

There's always room for more hands.

"The Torah teaches us to emulate God in his great *chesed*," Cathy says of the motivation behind this work. "When we reach out to help others in need, we are the arms of God to that person."

I was at New Seasons getting snacks. Several kosher-keeping friends were coming to my house; one is also vegan. Better versed in buttery shortbread, I turned to a store employee to find vegan cookies, mentioning they needed to be kosher. Immediately she led me to the Manischewitz laden pre-passover endcap. I tried not to wrinkle my nose in foodie-snobbishness. "Actually," I said, "lots of common brands are kosher, so what I am looking for is most likely in the cookie aisle." She looked perplexed, so I pulled a bag of chips off the shelf and found the *heckscher*. Pointing it out I said, "See? This little K means kosher." Seeing some crackers nearby, I grabbed them and highlighted the circle U. "I had no idea!" she exclaimed. She let me know that Oreos are vegan, noting the *heckscher*, I grabbed a pack, some other goodies and headed to the check-out.

Not growing up Jewish, kosher used to be a mystery. Like many, I thought it meant "blessed by a rabbi" and knew that some Jews don't eat pork. When dating my now-husband, kashrut did not come up other than in the context of a couple of good jokes (a priest says to a rabbi "how can you live without bacon....")

There are times when kosher laws feel like they push Jews apart rather than unite. A diverse group of Jews cannot really pot-luck without facing some scrutiny of whose kitchen is or is not acceptable. And yet for those who keep kosher, the rules of kashrut, can provide a purposeful structure to create a meaningful relationship with community and creator. Kosher food can feed the Jewish soul and fuel greater observance to *mitzvot*.



Being comfortable and versed in kashrut can enable a more inclusive Jewish table, even if, like me, you do not have a kosher kitchen. Thankfully I have a close friend who does keep kosher and doesn't mind a million phone calls. Glass or ceramic? Do nuts need a *heckscher*?

When my friends arrived later that night, everyone could feel comfortable and enjoy the snacks. Baby carrots were in a glass bowl with kosher hummus, still in its container, but set in a decorative dish. Hot tea was available in a mug or hipster glass jam jar. Mandarin oranges were safely wrapped in their own peel. Oreos and corn chips were less attractively served out of the package. Not so elegant, but elegantly inclusive.

Mothers Circle is a program for women without a Jewish background who are raising Jewish kids. It is an empowering and supportive environment. If you would like more information contact coordinator Jennifer Greenberg at jlynngreenberg@gmail.com.

The Home Garden: Food for Body and Soul

By Debra Shein



In urban America, growing a home garden is generally not the most cost-effective means of obtaining food. After buying seed, purchasing amendments, paying for water, and investing in tools, the price tag can make even specialty, farmer's market produce seem like a bargain. But it's not just about food for the body; a garden is food for the soul.

A garden connects us to our Jewish heritage and holidays

Hazon, an advocate for creating more sustainable Jewish communities, tells us that "The Torah's notion of human responsibility to steward the earth, as well as the rest of our tradition's rich collection of teachings concerning the relationship between humanity and the natural world, become irrelevant

and, even more, incomprehensible to the Jew for whom nature is not an entity with which to be in relation. Jews must reacquaint themselves with the earth. Gardening suits such a noble and formidable task... The Jewish connection to the earth emerges from our people's agricultural roots. As we cut Judaism off from its own heritage, we in turn lose our connection to our agricultural history and the ecological themes in our holidays."

A garden spans generations and provides a place in which to practice and teach Jewish values

The home garden teaches children about the mysteries of nature. My 2-year-old grandson delights in picking everything from strawberries to brussels sprouts. He knows where food comes from and is beginning to understand the cycles of the year. Opportunities for education abound, such as those found in the "Jewish Children's Garden Curriculum" developed by the Asheville JCC, which provides creative learning activities centered around a wide-ranging list of Jewish values including:

- **Bal Taschit**, Do Not Destroy;
- **Brit**, Partnership with G-d;
- **Hoday**, Appreciation;
- **L'ovda U'l'shomra**, To Work and Keep the Land;
- **Ma'asech B'reishit**, Miracle of Creation;
- **Shmiat Ha'Ozen**, Attentiveness;
- **Tikkun Olam**, Repairing the World;
- **V'Samachta B'chagecha**, Rejoicing in Our Festivals

Available at: <http://tinyurl.com/JewishChildrenGarden>.

A garden nourishes the soul

The most common blessings of food are those we say when eating, but there are four important blessings to say before smelling a pleasurable scent. Think of walking through the tomatoes, bending down over the mint, or cutting a bunch of fresh basil. The blessings are: 1. **boray ah'tzay v'sameem** (for fragrances from a tree or tree-like plant, including roses), 2. **boray eesvay v'sameem** (for scents from herbaceous plants), 3. **asher natan ray'ach tov b'payrot** (for any fruit, on or off the tree), and 4. **boray meenay v'sameem** (for mixed or non-plant aromas, or if in doubt). But why? According to the Talmud, "Rabbi

In the garden, we encounter the opportunity to connect to our heritage, teach and practice our values, and literally enrich our souls.



My granddaughter Gia in between the corn and eggplants.

Zutra ben Tobiah said in the name of Rav: Whence do we learn that a blessing should be said over sweet odors? Because it says, 'Let every soul praise the Lord' (Psalms 150:6). What is that which gives enjoyment to the soul and not to the body? You must say that this is a fragrant smell" (Brachot 43b).

In the garden, we encounter the opportunity to connect to our heritage, teach and practice our values, and literally enrich our souls. It doesn't matter if you say tom-ay-to or to-mah-to (or *agvaniya*); planting a garden bears many kinds of fruit.

A Look into Factory Farming from a Jewish Perspective

By Sarah Rohr

We live in a more than human world, a world where we co-exist with flora, fauna, animals, insects, and whole ecosystems with whom we are interdependent, that we cannot see with our precious eyes. Though we may not always think about it, how we interact with other animals affects us every day. The most direct way we are connected to animalkind is in the food we eat or choose not to eat.

Some of us are omnivores, others are vegans, some people prefer being vegetarians or locovores, and there is everything in between. This we know - humans do not live on challah alone.

As Jews, we are tasked with the responsibility to consider how we treat the animals we elect to consume as well as being directed to adhere to specific protocols that honor the sanctity of the animal's lifecycle. This thoughtfulness about the others we share this earth with is where many of the laws of kashering our meat originated.

That's all well and good, but how does our modern day meat production line up with intentions from long ago? Also, what if you don't keep kosher? Is it still important to understand both the ethics and health of the animals you consume? What are the agreements or covenants that you and your family have made in regards to food? How have you navigated your relationship to food consumption?

Now that your mind is populated with questions, for this article, I had the

opportunity to interview Katie Cantrell, Executive Director of the Factory Farming Awareness Coalition (FFAC). Katie has considered these and many other questions in much the same way a devoted Torah scholar might: pouring over information, gathering citations, quoting other masters in the field and most importantly teaching by sharing her knowledge about factory farming.

To say she is passionate about the cause is a huge understatement. Her mission each and every day is to educate people about what is, in her view, the gross overreach and inhumane treatment in the factory farming industry in regards to chickens, cows, pigs and other animals cultivated on a massive scale.

According to the Factory Farming Awareness Coalition, "There are over 9 billion animals grown for food here in the U.S." While some companies follow the standards for animal health, worker well-being, environmental impact and consumer protections, many others do not. FFAC points to countless examples of slaughterhouses that do not fully honor the lives and wellbeing of the animals, the environment and consumers. As someone who is Jewish, when considering how factory farm animals are treated, this is a question I ask myself: Are the ways in which factory farmed animals are living and being slaughtered aligned with our ancestors' dictates and my own current values?



Katie Cantrell, Executive Director of the Factory Farming Awareness Coalition

These are not easy questions to ask. It is, nevertheless, important that the decisions we make about what we put in our bodies are made through a thoughtful and educated discernment process.

Fortunately, for those interested in learning more about factory farming in America as it relates to Judaic values, **Katie Cantrell will be doing a presentation at Neveh Shalom as part of the "Wondering Jews Tea at Two Speaker Series," on Tuesday, May 9, 2:00pm in Stampfer Chapel.** For more information, contact Membership and Community Engagement Director, Daniela Meltzer, dmeltzer@nevehshalom.org. Also check out FFAC's website at ffacoalition.org

Member News

Kvell With Us

Mazel Tov to Rabbi Eve Posen for the inclusion of an essay she wrote in the book *We Will Not Be Silent: Voices of #JewishResistance: "A Change is Gonna Come: Parshat Shemot 5777."* A copy is available in the Feldstein Library.

Mazel Tov to Laura Kosak for the wonderful article about her coaching program "The Divorce Vaccine" ("which can inoculate your marriage against the challenges you will encounter") in the February issue of *Oregon Jewish Life*.

Mazel tov to Ken Klein on winning the Oasis Film Festival award for the month of February with his short, "Almost There."

Mazel Tov to Steve and Steffanie Goldsmith, our bride and groom for the 5th Grade wedding this year! Each year in ALIYAH, our students learn about --and then experience-- the rituals of a Jewish wedding and the mitzvah of "entertaining the bride and groom."

Mazel Tov to Marla & Bob Weiner on the birth of their new grandson, **Ryan Oliver McCarthy Weiner**, in the Bay area.

Mazel Tov to Elaine Cogan, who is the subject of a featured interview in the March 2017 issue of the *Oregon Business Magazine*.

Mazel Tov to Arielle and Leif Goranson (and big brother Moses) on the birth of their son, **Solomon Sudhir Goranson**, born March 8, 2:04pm.



Mazel Tov to Rebecca and Yoni Kahn on the birth of their baby boy, **Zalman "Zolly" Odem Kahn**, at 10:28pm on March 14.

Mazel Tov to Mia Osherow and Dave Chapman (and big sister Amelia) who welcomed their new baby girl, **Colette Julia** on March 14 at 3:56am! Grandparents **Michael and Linda Osherow** are kvelling!

Mazel Tov to Jeanette Philan on the birth of her third granddaughter, **Beatrice Esther Capps**, born April 8 at 12:26am.



Yihi Zichram Baruch - Our condolences to CNS members who have recently lost loved ones:

Our condolences to Joel (Hilarie) Wasserman on the passing of his dear uncle **Paul Wasserman (z"l)**. Mr. Wasserman passed away in Los Angeles, California at the age of 103.

Our condolences to Kiki Adamovics on the passing of her beloved father, **Janis (Jon) Adamovics (z"l)** on February 4.

Our condolences to Akiko Saito and the entire Saito/Berkman family on the passing of her dear mother, **Joanne Saito (z"l)**, on February 8.

We regret having to inform you of the passing on March 4, 2017 of **Madeline Nelson (z"l)**, beloved mother of longtime Neveh Shalom congregant, **Roz (Jeff) Babener and Roscoe (Debra Harrison) Nelson III**, grandmother of 5 and great grandmother of 4.

Our condolences to Ellen Kipnis on the passing of her mother, **Joan Crane (z"l)**.

Our condolences to Ron (Becky) Eiseman, on the passing of his dear mother, **Gerda Eiseman (z"l)**. Gerda was also mother to Vivian Rappleyea, and Grandmother to **Mark Eiseman**.

Our condolences to Rosy (Andrew) Levy on the passing of her dear father, **Albert Algaze (z"l)**. Mr. Algaze passed on February 23rd in Israel.

Our condolences to Joshua (Elisa) Stevens on the passing of his beloved grandmother, **Muriel Miller (z"l)** on April 7, in Long Island, NY. She was 94 years old.

We are saddened by the loss of these members of our CNS community:

Basya Khodorovskaya (z"l), beloved wife of **Lev** and mother of **Mikhail (Victoria Mann) Khodorovskiy** and sister of **Mara Kelmanovih**.



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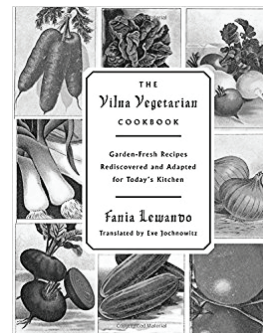
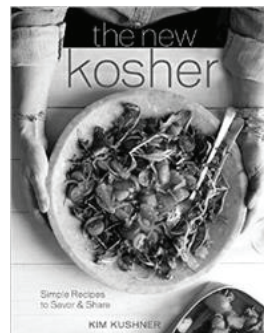
The Feldstein Library has three beautiful new cookbooks for those looking for fresh flavors.

Israel Eats, by Steven Rothfeld, 2016

Photographer Steven Rothfeld explores the vibrant Israeli culinary scene in this gorgeous book.

The New Kosher, by Kim Kushner, 2015

Called the "new Queen of Kosher" by *Ha'aretz*, Kushner has penned a family friendly cookbook inspired by Moroccan and Israeli influences in her family, her classical culinary background, and the reality of her family's busy life.



The Vilna Vegetarian Cookbook by Fania Lewando, translated by Eve Jochowitz, 2015

Lewando, the proprietor of a popular vegetarian restaurant in Vilna, Lithuania, published the cookbook in Yiddish in 1938. The author and her husband died during WWII and it was assumed that the book was lost. Incredibly, a copy was discovered at an antiquarian book fair in England in 1995.

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The Community of
Welcoming Congregations
 Providing a Voice for LGBTQ & Allied People of Faith

***Please recycle The Chronicle when finished**

2900 Peaceful Lane

What's your family's involvement in the CNS Shoreshim/Foundation School Meal Train?

Stein Family - "Our family is involved in organizing the Meal Train for Shoreshim (Young Families). Both my husband and I work full-time and our two children keep us very busy, so my go-to meal for the Meal Train is a quick vegetarian quiche. As an additional time-saver I add in frozen veggies, then deliver the quiches either warm or chilled, depending on the schedule."

PICTURED, I to r: Daniel, David, Rachel Stein and Julia Stein



Simms Family - "Our family volunteers with the Meal Train program through Foundation School; cooking meals and delivering them to families who have recently welcomed a baby. For me, this is a tangible way to support the family that goes beyond expressing congratulations. I remember when our first daughter was born, and how overwhelming it felt. The meals we received from the Meal Train felt like a 'big hug from the community.'"

***"The meals we received from the
Meal Train felt like a 'big hug
from the community.'"***

PICTURED, I to r: Alyssa, Jamie, Julia, Adam and Lily Simms

5777
2017

May

iyar
sivan



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 5 iyar 7:15am Morning Minyan 7:00pm Cantor Search Committee 7:00pm Never Again Coalition Meeting, Kol Shalom 7:15pm Koleinu Rehearsal YOM HAZIKARON	2 6 iyar 7:00am Morning Minyan 5:00pm Talmud Class 6:30pm Sisterhood Meeting & Potluck 7:00pm Machon Ivrit YOM HAATZMA'UT	3 7 iyar 7:15am Morning Minyan 6:15pm Membership Meeting 6:30pm Siddur Basics 7:35pm Learning to Leyn	4 8 iyar 7:15am Morning Minyan 10:00am Jews of Morocco 11:00am R. Stampfer Class 3:15pm Bible Class R. Isaak 6:30pm Hebrew Prayer Class 7:00pm Executive Committee	5 9 iyar 8:05pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat with Cantorial Candidate Eyal Bitton 7:15pm Shabbat Oneg	6 10 iyar 9:06pm 9:00am Shabbat Services w/ Cantor Eyal Bitton 10:00am Torah Troop 10:15am Tot Shabbat 10:15am Kiddush Club 7:00pm Cantor Bitton Programming Acharei Mot-Kedoshim
7 11 iyar 9:00am Morning Minyan 9:00am Boker Tov Bunch 9:40am Men's Club Talk 2:00pm Shroud Crowd 4:00pm Men's Club Texas Hold 'Em Tournament 7:30pm Rabbi's Circle Event	8 12 iyar 7:15am Morning Minyan 7:00pm Koleinu Rehearsal 7:30pm Book Launch Party for <i>Pirkei Imahot</i>	9 13 iyar 7:15am Morning Minyan 2:00pm Tea for Two Speaker: <i>Katie Cantrell, FFAC</i> 5:00pm Talmud Class 7:00pm Machon Ivrit	10 14 iyar 7:15am Morning Minyan 6:30pm Siddur Basics 7:35pm Learning to Leyn	11 15 iyar See Below 7:00pm Congregational Meeting to Vote on Cantor	12 16 iyar 8:14pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	13 17 iyar 9:15pm Bat Mitzvah of Nava Weingrad 9:00am Shabbat Services Emor
14 18 iyar 9:00am Morning Minyan MOTHER'S DAY LAG BA'OMER	15 19 iyar 7:15am Morning Minyan 7:00pm Men's Club Meeting 7:15pm Koleinu Rehearsal	16 20 iyar 7:15am Morning Minyan 5:00pm Talmud Class 7:00pm Machon Ivrit	17 21 iyar 7:15am Morning Minyan 6:30pm Siddur Basics 7:35pm Learning to Leyn	18 22 iyar 7:15am Morning Minyan 10:00am Jews of Morocco 11:00am R. Stampfer Class 3:15pm Bible Class R. Isaak 7:00pm Cantor B Farewell Party	19 23 iyar 8:22pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	20 24 iyar 9:23pm Bat Mitzvah of Maeve McAllister 9:00am Shabbat Services 10:00am Torah Troop 10:15am Tot Shabbat 10:15am Kiddush Club Behar-Bechukotai
21 25 iyar 9:00am Morning Minyan 9:00am Boker Tov Bunch 9:30am ALIYAH Lag B'Omer Celebration 10:00am Ritual Committee 4:00pm We Refuse To Be Enemies	22 26 iyar 7:15am Morning Minyan 7:15pm Koleinu Rehearsal VICTORIA DAY CANADA	23 27 iyar 7:15am Morning Minyan 5:00pm Talmud Class 7:00pm Machon Ivrit	24 28 iyar 7:15am Morning Minyan 6:30pm Siddur Basics 6:45pm Tichon Graduation 7:35pm Learning to Leyn YOM YERUSHALAYIM	25 29 iyar 7:15am Morning Minyan 10:00am Jews of Morocco 3:15pm Bible Class R. Isaak 7:00pm Israel360	26 1 sivan 8:29pm 7:00am Morning Minyan 5:15pm Fourth Fridays with Rabbi Eve 6:15pm Kabbalat Shabbat ROSH CHODESH	27 2 sivan 9:30pm B'nai Mitzvah of Efreim & Suretta Plawner 9:00am Shabbat Services 9:30am Downstairs Minyan 12:30pm Women's Torah Study Bemidbar
28 3 sivan 9:00am Morning Minyan 1:00pm Sisterhood Sunday	29 4 sivan OFFICE CLOSED 9:00am Morning Minyan MEMORIAL DAY	30 5 sivan 7:15am Morning Minyan 5:00pm Talmud Class 6:30pm Interfaith Tikkun Leil Shavuot & Peace Pole Event EREV SHAVUOT	31 6 sivan OFFICE CLOSED 9:00am Shavuot Services 5:00pm Young Family Shavuot Program SHAVUOT	For ALIYAH/TICHON schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/aliyah-7-12 	For Foundation School schedule, please visit: foundationschoolpdx.org 	

May 11: 7:15am Morning Minyan; 8:00am Building and Grounds; 10:00am The Jewish Experience in Morocco with Emeritus Rabbi Daniel Isaak; 11:00am R. Stampfer Class; 1:00pm Nosh & Drash, MJCC; 3:15pm Bible Class R. Isaak; 7:00pm Sisterhood Meeting; 7:00pm Congregational Meeting to Vote on Cantorial Recommendation

Mark Your Calendars And Join Congregation

Talmud Class with Rabbi Stampfer

Tuesdays, 5:00pm, R. Stampfer's home
Join our Emeritus Rabbi for weekly study of our sacred texts. Free.

Bible Class with Rabbi Isaak

Thursdays, 3:15pm, Room 111

Weekly learning and discussion with Rabbi Emeritus, Daniel Isaak. Free.

The Jewish Experience in Morocco - with Emeritus Rabbi Daniel Isaak

Thursdays through May 25, 10:00-10:45am, Stampfer Chapel

Join Rabbi Isaak in exploring Moroccan Jewish life utilizing the book, "Jews Under Moroccan Skies: Two Thousand Years of Jewish Life." Please register, lwoloshin@nevehshalom.org

Sisterhood Annual Meeting & Potluck Tuesday, May 2, 6:30pm

Join the CNS Sisterhood for the annual meeting and potluck, including elections and guest speaker Lois Shenker. Contact Dana Sirkin, otrbanana@frontier.com

Men's Club Annual Meeting and Talk About Retirement Financial Planning Sunday, May 7, 9:40am

Following the meeting, Brent Hunsberger, financial planner and former Oregonian financial reporter, will give a talk on Retirement Planning.

Men's Club Texas Hold 'Em Tournament Sunday, May 7, 4:00pm

The Men's Club is holding their annual Texas Hold-Em Tournament. Doors open at 4:00pm. Registration closes May 1. Your donation supports Neveh Shalom's Youth Education and Camp Scholarship programs. Contact: leschslive@comcast.net

Book Launch for Pirkei Imahot Monday, May 8, 7:30 pm

Join as Rabbi Eve Posen and Lois Sussman Shenker launch their book, a product of two years of one on one study together. They will each share about the process and a favorite teaching. Ruth Messinger, former President of AJWS, who wrote the foreword for the book, will present as

well. Co-sponsored by Congregation Neveh Shalom, The Oregon Board of Rabbis, and The Jewish Federation of Greater Portland. RSVP requested, not required: 503.246.8831 or lwoloshin@nevehshalom.org

Wondering Jews Tea for Two

Tues, May 9, 2:00pm Stampfer Chapel
May: Katie Cantrell, Executive Director of the Factory Farming Awareness Coalition. FREE.

Nosh & Drash with Rabbi Eve Posen

Thursday, May 11, 1:00pm, MJCC

Topic: Pirkei Avot/Imahot: Wisdom for our time. Free & open to all.

Congregational Meeting to Vote on Cantorial Recommendation

Thursday, May 11, 7:00, Room 102

Cantor Bletstein's Farewell Party

May 18, 7:00pm

Celebrate Cantor B's seven years of service at Congregation Neveh Shalom! Homemade desserts and wine will be served. *Looking for bakers! If you are interested, please contact: dmeltzer@nevehshalom.org*

We Refuse to Be Enemies: An Evening of Music, Conversation and Friendship Sunday, May 21, 4:00pm

Top presenters from the three Abrahamic faiths will discuss friendship, dialogue and pluralism in their respective traditions.

Israel360: Diverse Perspectives on Israel Explored in an Atmosphere of Respect

Thurs, May 25, June 22, 7:00pm

Please join us in this ongoing series about Israel. May: "Sharing Life Stories: Bridging Our Perspectives on Israel." Facilitated by Elad Vazana. June: TBA. For more details: 503.246.8831

Women's Torah Study

Saturday, May 27 12:30pm, Room 111

Delve into biblical and midrashic text to find meaning from our traditions that relate to our lives. Taught by Mel Berwin. Free.

CNS Sisterhood Sunday/Rosh Chodesh, Sunday, May 28, June 25, 12:30pm, Room 111. Embrace Rosh Chodesh - a women's sacred time. Join Karen Sharp, herbalist and student of spiritual thought, as we find ways to bring the



Peace Pole Ceremony + Interfaith Shavuot Torah Exploration

Tuesday, May 30, 6:30pm

"May we be disciples of Aaron the Kohen, loving peace and pursuing peace—ohav shalom v'rodef shalom."

6:30pm: Peace Pole Ceremony - We will prominently plant our peace pole in front of our synagogue. Inscribed with the word "peace" in eight languages, it gives concrete expression to Aaron's vision and our public commitment to being a welcoming community.

7:30pm – 12:00am: Interfaith Shavuot - Esteemed scholars and clergy of different religions will give various talks about how the Torah centered principles of kindness, civility and caring; conversation & dialogue and mutual responsibility find expression in their faiths and traditions.

Please note: programs are subject to change, please contact the office for more details.

Do you like this new calendar layout? Let us know!

Neveh Shalom For These Great Programs!

spiritual themes of each Jewish month to our lives using our senses in different ways. otrbanana@frontier.com

Speaker Series, Sponsored By Men's Club: Ins and Outs of the Restaurant Business (rescheduled from winter)
Sun, June 4, 9:40am, Stampfer Chapel
Andrew Fortgang, fellow congregant and owner of Little Bird and Le Pigeon, will speak about the restaurant biz. Free brunch to Men's Club members, \$5 donation requested from others.

Wondering Jews Field Trip to Bob's Red Mill
Tuesday, June 6, 10:30am - 2:30pm
Join the Wondering Jews community for an enjoyable trip to Bob's Red Mill. RSVP to: dmeltzer@nevehshalom.org.

Annual Congregational Meeting
Thurs, June 15, 7:00pm, Birnbach Hall
All members are welcome to attend.

CNS Keshet Pride Shabbat Evening
Friday, June 16, 5:45pm
Celebrate Pride Weekend with a special Shabbat dinner! All LGBTQ individuals and families with an LGBTQ parent or child are welcome (CNS members and non-members are welcome).
5:45pm: Appetizers;
6:15pm: Shabbat Evening Service;
7:15pm: Shabbat Dinner
RSVP: mberwin@nevehshalom.org.

Portland Pride Parade
Sunday, June 18, Meet up time: TBA
Join us in the Portland Pride Parade to celebrate CNS as a welcoming place for all. If you are interested in helping to plan or participate in float decorations, please contact Beth Milliner at 540-819-1807 or bpenguin6@gmail.com.

Young Family & Youth

Young Family Tot Shabbat (0-5 years)
1st and 3rd Saturdays, 10:15am
Zidell Chapel. Join other young families for singing, dancing, stories, indoor picnic-style lunch and Shabbat fun.

Kiddush Club for K-2nd Grade
1st and 3rd Saturdays, 10:15am
Room 29. Join other families for prayer, singing, conversation and fun followed by an indoor picnic-style lunch.

Torah Troop for 3rd-5th graders
1st and 3rd Saturdays, 10:00am
Meet in the MAIN service for the beginning of the Torah service, and then come out with your friends for a fun lesson on the Torah portion (parsha) of the week. Return to the service to help lead Adon Olam, and join the community for lunch!

Boker Tov Bunch
Sundays, May 7, 21, 9:00-9:45am,
FREE, Feldstein Library
Enjoy the wonderful books in our library, play, and sing. Snack provided. Drop-ins welcome.

Fourth Fridays with Rabbi Eve
Fridays, May 26, June 23, 5:15pm
Rabbi Eve welcomes Shabbat with music and stories, potluck dinner to follow. *Contact Rabbi Eve for location:* eposen@nevehshalom.org. Co-sponsored by PJ Library.

Young Family Shavuot Program
Wed, May 31, 5:00pm, Birnbach Hall
Join us for an evening of Shavuot fun with Morah Leah. There will be singing, a story, and other activities to help us open our hearts and accept in the Torah. \$5/child, free for adults. RSVP: lwoloshin@nevehshalom.org.

Young Family Shoresheim Tryon Creek Shabbat Hike (ages 0-5)
Saturday, June 10, 3:00pm
Join other families for a fun Shabbat hike at Tryon Creek State Park. FREE and snacks will be provided. More info: eposen@nevehshalom.org.

Storytime at Hillsdale Farmer's Market with Rabbi Eve Posen
Sunday, June 25, 10:30am
Join Rabbi Eve at Rieke Playground for a special story. Fun for all ages! Co-sponsored by PJ Library.



Back-to-Nature Day and Lag B'Omer Celebration

Sunday, May 21, 9:30-11:30am

Bonfire, art projects, music & dance, rustic pita making, active games, an Israeli shuk and, of course, goats! All are welcome (ages 0-12 and parents), FREE & no RSVP required.
Contact JoAnn, 503.293.7309
jbezodis@nevehshalom.org.
Co-sponsored by PJ Library.

Lend a Hand

The Shroud Crowd Meeting
Sunday, May 7 & June 11, 2:00-4:00pm,
Back of Birnbach Hall
Help create traditional burial clothing which will then be used by the *Chevra Kavod haMet* for their work. No sewing skills are necessary. Sewing machines welcome! Contact Sandy Axel: sandyaxel@msn.com.

Cooking for Outside In
Sunday, June 11, 12:00-2:00pm
Join us in the Neveh Shalom kitchen to cook for 60 homeless teens. Questions? Call Chris Blair: 503-675-1328 or e-mail Cathy Blair: cathyblair55@yahoo.com.

Unveilings

Unveiling for Lou Menashe, z"l
Sunday, June 18, 1:00pm, Ahavai Shalom Cemetery

5777
2017

June

sivan
tammuz



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>For ALIYAH/TICHON schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/aliyah-7-12</p> 	<p>For Foundation School schedule, please visit: foundationschoolpdx.org</p> 			<p>1 7 sivan</p> <p>OFFICE CLOSED</p> <p>9:00am Shavuot & Yizkor Services</p> <p>SHAVOUT YIZKOR</p>	<p>2 8 sivan 8:35pm </p> <p>7:15am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat</p>	<p>3 9 sivan 9:36pm </p> <p>Bar Mitzvah of Eli Hart</p> <p>9:00am Shabbat Services</p> <p>10:00am Torah Troop</p> <p>10:15am Tot Shabbat</p> <p>10:15am Kiddush Club</p> <p><i>Naso</i></p>
<p>4 10 sivan</p> <p>9:00am Morning Minyan</p> <p>9:40am Men's Club Talk on Restaurant Industry with Andrew Fortgang</p>	<p>5 11 sivan</p> <p>7:15am Morning Minyan</p>	<p>6 12 sivan</p> <p>7:15am Morning Minyan</p> <p>10:30am Wondering Jews Trip to Bob's Red Mill</p> <p>5:00pm Talmud Class</p>	<p>7 13 sivan</p> <p>7:15am Morning Minyan</p>	<p>8 14 sivan</p> <p>7:15am Morning Minyan</p> <p>8:00am Building and Grounds</p> <p>7:00pm Sisterhood Meeting</p>	<p>9 15 sivan 8:40pm </p> <p>7:15am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat</p>	<p>10 16 sivan 9:41pm </p> <p>Bar Mitzvah of Micah Antick-Oslund</p> <p>9:00am Shabbat Services</p> <p>3:00pm Shoresim Tryon Creek Shabbat Hike</p> <p><i>Beha'alotecha</i></p>
<p>11 17 sivan</p> <p>9:00am Morning Minyan</p> <p>12:00pm Outside In Cooking</p> <p>12:00pm ORA Event</p> <p>2:00pm Shroud Crowd</p>	<p>12 18 sivan</p> <p>7:15am Morning Minyan</p>	<p>13 19 sivan</p> <p>7:15am Morning Minyan</p> <p>5:00pm Talmud Class</p>	<p>14 20 sivan</p> <p>7:15am Morning Minyan</p> <p>FLAG DAY</p>	<p>15 21 sivan</p> <p>7:15am Morning Minyan</p> <p>7:00pm Annual Congregational Meeting</p>	<p>16 22 sivan 8:43pm </p> <p>7:15am Morning Minyan</p> <p>5:45pm CNS Keshet Pride Shabbat Evening</p> <p>6:15pm Kabbalat Shabbat</p>	<p>17 23 sivan 9:44pm </p> <p>Bar Mitzvah of Zachary Pines</p> <p>9:00am Shabbat Services</p> <p>10:00am Torah Troop</p> <p>10:15am Tot Shabbat</p> <p>10:15am Kiddush Club</p> <p><i>Shelach</i></p>
<p>18 24 sivan</p> <p>Portland Pride Parade</p> <p>9:00am Morning Minyan</p> <p>10:00am Ritual Committee</p> <p>1:00pm Louie Menashe, z"l Unveiling, AS</p> <p>FATHERS DAY</p>	<p>19 25 sivan</p> <p>7:15am Morning Minyan</p>	<p>20 26 sivan</p> <p>7:15am Morning Minyan</p> <p>5:00pm Talmud Class</p>	<p>21 27 sivan</p> <p>7:15am Morning Minyan</p> <p>SUMMER BEGINS</p>	<p>22 28 sivan</p> <p>7:15am Morning Minyan</p> <p>7:00pm Israel360</p>	<p>23 29 sivan 8:45pm </p> <p>7:15am Morning Minyan</p> <p>5:15pm Fourth Fridays with Rabbi Eve</p> <p>6:15pm Kabbalat Shabbat</p>	<p>24 30 sivan 9:45pm </p> <p>Bar Mitzvah of Quinn Randolph</p> <p>9:00am Shabbat Services</p> <p>9:30am Downstairs Minyan</p> <p><i>Korach</i></p> <p>ROSH CHODESH</p>
<p>25 1 tammuz</p> <p>Bat Mitzvah of Noga Benedek</p> <p>9:00am Morning Minyan</p> <p>10:30am Storytime at the Farmer's Market with R. Eve</p> <p>1:00pm Sisterhood Sunday</p> <p>ROSH CHODESH</p>	<p>26 2 tammuz</p> <p>7:15am Morning Minyan</p>	<p>27 3 tammuz</p> <p>7:15am Morning Minyan</p> <p>5:00pm Talmud Class</p>	<p>28 4 tammuz</p> <p>7:15am Morning Minyan</p>	<p>29 5 tammuz</p> <p>7:15am Morning Minyan</p>	<p>30 6 tammuz 8:45pm </p> <p>7:15am Morning Minyan</p> <p>6:15pm Kabbalat Shabbat</p>	

BOOK LAUNCH INTRODUCING

PIRKEI IMAHOT

The Wisdom of Mothers

The Voices of Women

**by Rabbi Eve Posen
and Lois Sussman Shenker**

**7:30 p.m., May 8, 2017
Congregation Neveh Shalom
2900 S. W. Peaceful Lane
Portland, Oregon**

**with Guest Speaker
Ruth Messinger**

Global Ambassador, American Jewish World Service

**Book sales and signing before and after the event
Co-sponsored by Congregation Neveh Shalom,
The Oregon Board of Rabbis, and The Jewish
Federation of Greater Portland**

**RSVP requested, not required: 503.246.8831
or lwoloshin@nevehshalom.org**

**For more information about the book, check out:
www.wisdomofmothers.com**



**CONGREGATION
NEVEH SHALOM**



CANTOR BLETSTEIN'S FAREWELL PARTY!

MAY 18 | 7PM
BIRNBACH HALL
WINE AND DESSERT

Please join us to say thank you to
Cantor Bletstein for her seven
years of service to CNS! For more
info, contact Daniela Meltzer,
dmeltzer@nevehshalom.org



CONGREGATION
NEVEH SHALOM

2900 SW Peaceful Lane, Portland, OR | 503.246.8831 | nevehshalom.org



Silk Road Cultural Diplomacy*
In memory of our beloved Brother the late Dr. Nohad Toulan
We Refuse to Be Enemies - Part 2
An Evening of Music, Conversation and Friendship

Sunday, May 21st, 2017 | 4:00 p.m. - 8:00 p.m.

Congregation Neveh Shalom: 2900 SW Peaceful Lane, Portland, Oregon

We will break bread together

We are continuing our new series devoted to bringing together communities of people who, due to the accidents of history or modernity, are sometimes viewed suspiciously. We reject those definitions. Instead, we share our stories, our music and our food. These heal us. They unite us and forge friendship from distrust. They build a better society. They make us responsible for one another.

Won't you join us for this highly humanizing evening?

Our Panelists



Rabbi David Kosak,
Congregation
Neveh Shalom



Rev. Michael Ellick,
First Congregational
United Church of
Christ



Wajdi Said,
Muslim
Educational
Trust

Our Musicians



Al Andalus Ensemble

Sponsored by: Muslim Educational Trust, Congregation Neveh Shalom, First Congregational United Church of Christ, Ecumenical Ministries of Oregon and Multnomah County Library

*** The Silk Road Cultural Diplomacy Series is a program of the Muslim Educational Trust**

*"May we be disciples of Aaron the Kohen, loving peace and pursuing peace
—ohev shalom v'rodef shalom."*

Peace Pole Ceremony

6:30pm

We will prominently plant our peace pole in front of our synagogue. Inscribed with the word "peace" in eight languages, it gives concrete expression to Aaron's vision and our public commitment to being a welcoming community.

Interfaith Shavuot

7:30pm – 12:00am

Esteemed scholars and clergy of different religions will give various talks about how the Torah centered principles of kindness, civility and caring; conversation & dialogue and mutual responsibility find expression in their faiths and traditions.

RSVP: lwoloshin@nevehshalom.org

PEACE POLE CEREMONY + INTERFAITH TORAH SHAVUOT EXPLORATION TUESDAY, MAY 30



CONGREGATION
NEVEH SHALOM

2900 SW Peaceful Lane, Portland, OR | 503.246.8831 | nevehshalom.org