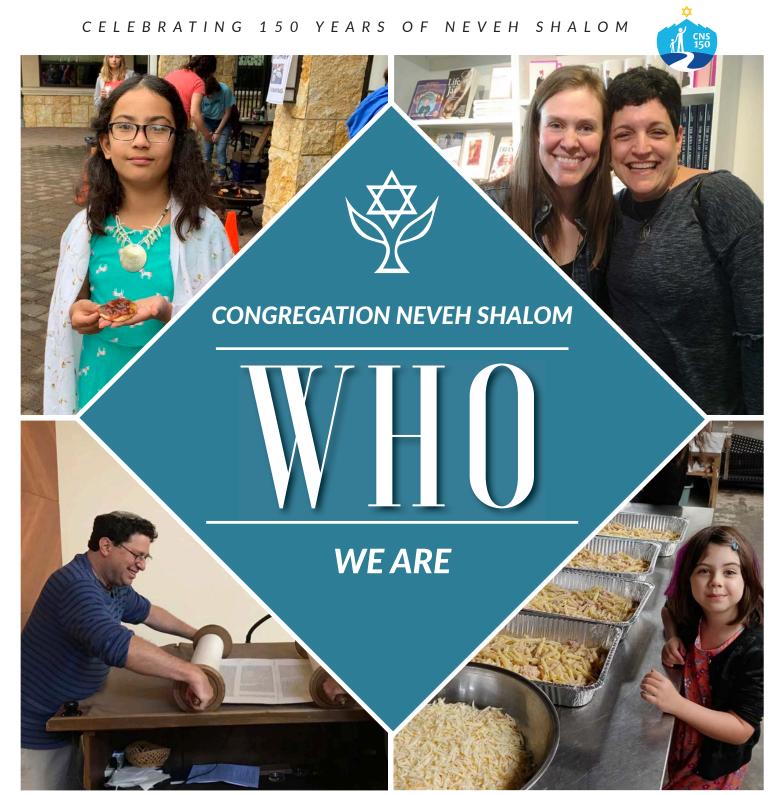
CHRONICLE



Connecting with Neveh Shalom

Israel360: Regarding Israeli Elections Discussion



CNS at the Portland Pride Parade





ALIYAH Lag BaOmer Celebration







This Is Us! Concert





Yesterday's Mensch, Tomorrow's Mensches

By Rabbi David Kosak

wo thousand years ago, Hillel the Elder penned one of Judaism's enduring adages: "If I am not for myself, who will be for me? But if I am only for myself, what am I? And if not now, when?"

Hillel seems to be asking some very deep questions about what our duties to others are and the need to avoid procrastination so that we can accomplish our personal and interpersonal goals. In short, Hillel is asking who we are, and his answer is that how we treat ourselves and others in real time will give us the answer to who we are.

The theme that evolved around this issue of *The Chronicle* is also "who". Because of Judaism's essential emphasis on human dignity and individuality, it shouldn't be surprising how many different "answers" there are—after all, we are a community of some two thousand living souls.

The "who" I have been thinking about is Jake Kryszek, z"I. Jake died in the middle of May, with his family gathered around his bedside. In many ways, he is a profound example of how to apply Hillel's aphorism. His life was his—meaning he labored mightily on behalf of himself and his family. Yet it was also dedicated to a larger circle of people and purpose.

For those who didn't know him, Jake was an old world Jew, who grew up in Poddębice, Poland, near Lodz. The year was 1918, and all of the old forms of Ashkenazic Jewish life that had evolved over a thousand years in Poland were present. That meant he went to cheder, to the traditional school of Eastern and middle European Jews. It meant his world was steeped in remarkable spiritual role models, yiddish music and deep Jewish learning. His father, in fact, was a skillful enough

scholar that his older brothers went to work so that their dad could continue his advanced Jewish studies in the Talmud. It meant that Jake's rich, old world Jewish accent would endure throughout his long years—hinting at the Yiddish in which his childhood was steeped. It meant he grew up surrounded by a tight, loving community.

All of that would be extinguished by the Nazis. His family, his village, his ancient and elevated culture, and the very special sorts of people it

produced. Yet who we are can be remarkably resilient, even in the darkest of nightmares. Jake's large heart endured in the most terrible of places. Not only did he survive the atrocities of the death camps, but he continued to make friends and look out for others when it would have been heroic merely to survive. Hillel's teaching was instilled in a place so deep, even the violence of the Nazis couldn't touch it.

When Jake made it to America, he continued to live the same way. Never given to feelings of self pity or victimhood, he worked incessantly at the most menial of jobs, and slowly made the American dream a reality for himself and his family. He eventually purchased ColumbiaKnit and worked in the textile business he had learned in his youth. Yet that was not sufficient for him. He remained active in transmitting the lessons of the Holocaust. If you have ever visited the Oregon Holocaust Memorial in Washington Park, it is there in large measure because of Jake's indomitable spirit (with design help from another Neveh Shalom congregant, Marianne Zarkin, among others). Jake worked for himself and his family, but his field of



concern was so much larger. In a very true sense, his life is an example of what happens when one is raised in a community of those who follow Hillel's example.

At his funeral, many beautiful testimonials were given. Rabbi Isaak offered some words as to how we are reaching the end of old world Jewry. As the last of these Jews and their culture pass into the long night, he left us with the notion that now we have to be those Jews.

It left me wondering about Hillel's mother. Could she have had any idea who her son would be? Of how enduring his teachings would prove, or the guidance and encouragement they would provide across the generations? It's somewhat inconceivable. What is conceivable is the efforts she exerted to raise a *mensch*—a word that didn't even exist in her day. She did the best she could with the tools she had—and she was wildly successful.

We stand at this unique moment in Jewish history. Rabbi Isaak is correct. That old

Continued on next page

Find Your People

By Rabbi Eve Posen

oving to Portland came with its fair share of scary unknowns. When we lived in Texas, not only did we have an established circle of friends, but we also had family nearby. We lived 20 minutes from Duncan's parents and aunts and cousins. We had a ready-made emergency contact list for school and work. We had familiarity with our surroundings, and we had people who loved us and, most importantly, loved our infant daughter.

When we left it all behind and moved across the country to a city where we had no established community, I was pretty scared. I knew that having a small child would be helpful in finding "mom friends", but I wondered how I'd find someone to be my new emergency contact, or someone to step in to help when there was no school. My biggest concern was how I would find other people to be positive influences for our growing family, specifically older children and adults to love on my children in the absence of their grandparents and aunts and uncles.

All those worries fell aside the minute we were welcomed into the Neveh Sha-

lom community. I immediately found my "mom friends", who have been my lifeline, and now we have plenty of emergency contacts. And beyond that, there have been extraordinary people who have taken my children under their wing and given them special opportunities to feel loved and like family. Given that my children spend more awake hours at CNS than they do in our own home most of the time, it makes sense that their family would be here to nurture and sustain them. as well as Duncan and me.

Hillel famously teaches in *Pirkei Avot*, "In a place where there are no people, strive to be a person." At its core, Hillel is urging all human beings to step up and bring

humanity, justice, and kindness to all those in suffering. But on a communal level, I read this text as a reminder that everyone needs someone. In a place where you see someone without an ally, a friend, a companion, strive to support them and walk with them.

This is what the people of CNS do, and not just for me and my family, but for one another. The people of CNS make



meals for those who've just had a baby or are recovering from surgery. The people of CNS volunteer to edit *The Chronicle*, stuff envelopes, and offer rides, hugs, and love. The people of CNS stand up for injustice and provide meals for the homeless. Simply put, the people of CNS are incredible.

We still miss having relatives nearby, but we know we're never without family.

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world of Eastern European Jewry is indeed at a close. We are all a bit like newborns. We don't have that thousand years of continuous culture to rely on, to shape us. America is all about reinvention and discarding the old.

What remains, though, is the power of "who". Who do we want to be? What sort of lives will we forge? How can we

find our way to holy living in a supremely secular and profane world? Where will we find the Torah appropriate for our time? What will our legacy be?

Hillel's mother couldn't have known. We can't know. But we can try. As we mark 150 years of our continuous community, we can be encouraged that our efforts matter. And if not now, when?

A Living Culture

By Cantor Eyal Bitton

ome people believe that every synagogue should have the same music. That way, they would feel at home no matter which shul they'd find themselves in. I get it. While part of me wants that as well, I ultimately disagree with that point of view.

I understand the comfort and sense of belonging you get when you travel or visit another synagogue for whatever reason and you know the tunes. The same melody for *Ein K'Eloheinu*. The same *Kedusha*. The same everything. If that were the case, though, we would be the unfortunate inheritors of a meager cultural heritage.

If no "new songs" were permitted, the *Oseh Shalom* everyone knows and loves wouldn't have existed. Israeli composer Nurit Hirsh wrote that one in 1969 for Israel's first Hasidic Song Festival. And what about Sol Zim's *L'dor Vador* (the one with the call and response)? He wrote that in 1978. What about Max Wohlberg's *Mechalkel Chayim* (the

standard one)? Late 1940s. These and so many other melodies were written relatively recently!

A community that seeks universality in the music of the synagogue would never have opened their doors to these composers or their gifts to the Jewish world. They would have robbed themselves and future generations of great musical wealth.

So should everything be new? Should we throw out everything from the past? Of course not. There is room for both.

Nusach (traditional musical modes) is what roots the service in tradition and provides the congregation with familiar sounds; it grants us familiarity but allows for imagination and creativity. This is the framework. It acts as the building blocks.

This is true for Ashkenazi and Sephardic services alike. Step into any Moroccan synagogue on Erev Shabbat and you'll see that the Kabbalat Shabbat service is



virtually identical. The melodies are ancient and utterly beautiful. Then listen to the melodies for *Lecha Dodi, Chatzi Kaddish,* or *Yigdal,* and you will hear huge variations.

So who are we? We are a living culture because we embrace the old and the new. If we only embraced tradition, we would be a museum; we would stagnate. Conversely, if we only embraced the new, we would lose our footing and deny ourselves of a rich legacy. We need both. We are both.

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Eitan Minyan | July 13

Eitan Minyan is the son of Danya and Golan Minyan and brother to Nadav and Lev. He is the grandson of Cheryl, Hanoch, Shuki, and Aliza. Eitan is currently a 7th grader at Conestoga Middle School, and he enjoys football, basketball, snowboarding, and biking.



Ava Silverberg | July 20

Ava Silverberg is the daughter of Anne Johnston and Sam Silverberg and sibling of Benny, Ella, and Ava, and granddaughter of Barbara and Howard Silverberg of San Francisco and Kathleen and Phil Johnston of Huntington Beach, CA. Ava is an incoming 8th grader at Jackson Middle School. She is an animal whisperer, dreamer, artist with a contagious laugh and inspiring wit. She enjoys cycling, lacrosse, and showing her siblings who's in charge by poisoning them with her cooking.



Gabriel Brown | July 27

Gabe Brown is the son of Deborah and Hugh Brown, brother to Raya Brown, Kalin Emerson, and Neil Emerson, and grandson to Carole and Fred Gorin (Sarasota, FL), Greg Smith (Pear Blossom, CA), Elaine Brown (Beaverton, OR), and Delbert (Bus) Brown (z''l). He goes to school at Odyssey Middle School, having just finished the 7th grade. Gabe enjoys adventures with the Boy Scouts, paddle boarding, kayaking, reading, playing with his dog and cats, and playing video games.



Gabriel Orona | August 3

Gabriel Orona is the son of Melissa and Darryl Orona, and grandson of Linda and Sid Alpert. Gabriel is a 7th grader at Conestoga Middle School. He enjoys science. Gabriel loves the Seattle Seahawks and attending the games and likes playing *Fortnite*.



Edward Hodes | August 17

Edward "Eddie" Hodes is the son of Marisa and Spencer Hodes and brother to Walter. He is the grandson of Greg and Chris Hodes of Portland and Dick and Annette Benedetti of Lake Oswego. He is the great-grandson of Shirley and Stan Hodes, also of Portland. Eddie is going into 8th grade as part of the Summa program at Whitford Middle School. He enjoys traveling to such exotic locales as Seaside and Sunriver, OR, as well as Kamloops, BC. Most of all, though, Eddie loves sports, especially baseball, where he plays 2nd base for the Raleigh Hills Little League juniors team.

Where We Are

By Jason Kaufman, President

e face the same challenges as other synagogues. The continuation of Judaism and Jewish culture from one generation to the next has for decades been a serious concern in America, and it is a concern in our kehillah. The board, clergy, and staff, along with our membership committee, continue to do everything we can to find ways to increase our membership, which allows us to ensure we are here for you. My ask this month is for each of us to recruit one individual or family that we know who is not a member. Talk to them about your experiences and provide their name to Michelle Caplan, our membership director. Let's work together to increase our membership and ensure that we don't follow a trend that is becoming all too familiar across the countryattrition. We have survived 150 years as a kehillah because we have always found a way to support the things that matter to us—our members' religious life, education (both for our youth and adults), and wellbeing, among others.

Want to experience the future of Judaism over 40 times? We are getting ready to celebrate the simchas of our largest b'nai mitzvah class ever. Our teens who go through this ritual are our future, and in today's world where we need to see the good, nothing will improve your outlook more than attending services to see the dedication, hard work, and uniqueness that each teen brings. Our teachers, clergy, and office staff have been preparing for this "baby boom" class for quite a while-kol ha'kvod to each of them and to our teens. I look forward to celebrating as many as I can, including our daughter Adena's simcha in early 2020. I was recently able to talk with this class about what it means to be a leader in the Jewish community. They asked excellent questions, and I know our future is bright with each of them in the world working to better it each day.

Finally, I want to say thank you. These are words that we (hopefully) repeat often here at CNS. It is in no small measure that we are successful because of those who give their time, energy, and expertise—you, your friends, your children, clergy, and staff. Serving us many different ways, imparting your knowledge, and providing input. Our lay lead-



ership—the board of directors—is here to listen, understand, and help. I congratulate those board members whose term ended in June and look forward to a productive year with our continuing and new board members. We have many items we will address this upcoming year. We are our best when we receive feedback, so please reach out at anytime—I, along with our board, are happy to answer your call, email, text, or even have a conversation in person.



Shauna Sundberg | August 24

Shauna Sundberg is the daughter of Marian Fireman and Robert Sundberg. She is the granddaughter of Sylvia Fireman. Shauna will be entering 8th grade at Northwest Academy in September. Shauna loves playing soccer and plays for Willamette United FC. Her other hobbies include playing piano and guitar. Her favorite subjects in school are music and science. In her free time, Shauna enjoys watching anime movies, listening to music, playing with her dogs, and helping her dad on the farm.



Alanna Simkin | August 31

Alanna Simkin is the daughter of Isaac Simkin and Susan Rosenzweig and granddaughter of Rose Simkin, Portland, OR, and Israel Simkin (z"l) from Torrance, CA, and Paul & Claire Rosenzweig, Walnut Creek, CA. A 7th grader at Beaumont MS, Alanna dances at Rose City Ballet School. She will be doing dance intensives this summer with Polaris Dance & NW Dance Project, and her 7th summer at BB Camp. Alanna loves to read, bake, and snuggle with the cat, Emmy.

Three Generations at the Yom HaShoah Choir By Mel Berwin

hadn't been involved with organizing the Yom HaShoah commemeration before, but I indicated to Judy Margles at OJMCHE that I wanted the program to be meaningful for our teens, who regularly attend the community event. When I met with Judy and CNS member and Holocaust survivor Eva Aigner, I asked: "What are the elements of the ceremony that are most important to you?" Eva answered: "One is the candle lighting ceremony, and two is that it be more of a ceremony than a service." And then she added, "And the third is that the program be more hopeful than sad." Her words reminded me of an incredible video I had recently seen of a musical group in Israel leading hundreds of families of Holocaust survivors in a beautiful song called "Chai"—the Jewish Israeli version of "I Will Survive". Eva loved it, and I suggested that we, too, could create an intergenerational choir to perform at the Yom HaShoah commemoration at CNS in April. Cantor Bitton agreed to create this choir, which led two songs at the ceremony. After the program, we got a beautiful letter from member Sue Wendel:

Please relay to Cantor Bitton what a meaningful experience it was to partici-

Alice Kern with four daughters (L-R) Evie Oxman, Sue Wendel, Geri Crain, and Debbi Montrose

pate in the Yom HaShoah Choir. Along with my sisters **Debbi Montrose** and **Evie Oxman**, and other Second Generation descendants of Holocaust survivors, we were even joined by Evie's daughter, **Kim Kaholo**, who is 3rd generation, and her daughter **Maylia**, who is 4th generation!

We had taken note of the multigenerational family participating in the choir. They were singing in memory of Sue, Debbi, and Evie's mother, Alice Kern, who survived the Holocaust and went on to teach teens about her experience, write the book Tapestry of Hope, and inspire a documentary, called Journey to Remember. Alice was raised in a Romanian village, spent early years in the death camps of Auschwitz-Birkenau and Bergen-Belsen, and was liberated in 1945, eventually ending up in Portland, OR. Sue is one of the organizers of the Next Generations Group, which is dedicated to serving Portland-area descendants of Holocaust survivors.

I spoke with Evie Oxman, Kim Kaholo, and Maylia, who is a rising 7th grader at Sherwood Middle School and CNS ALI-YAH student, about their experiences in the choir and their family connection to the Holocaust.

Mel: Tell me about your memories of Alice Kern.

Evie: In 1995 she and all four daughters returned to Romania and Poland. She had expressed concern that she was getting older, and her story would be lost. We had her tell her story from the exact places that everything happened.

Kim: She passed away a few years after my twins, Jacob and Maylia, were born. She was so delighted



Maylia Kaholo, Kim Kaholo, and Evie Oxman

to be a great-grandmother. When I was younger, I remember her taking me to college classrooms in California. She would give her talk, and I would color with crayons. Later, when I was in college in Rippon, WI, I was in a leadership class and we brought her out to tell her story. There were not a lot of Jewish kids or faculty. They decided to make her an honorary graduate. She graduated with me!

Mel: What does it mean to you to be the 3rd and 4th generation of this story?

Kim: My grandmother didn't start speaking about her story until after I was born. My mom didn't know what her mother had gone through. Maylia is growing up in a more tolerant and accepting generation.

Evie: Maylia is really committed to fairness and kindness. I can't help but think that that is something that is passed down.

Maylia: This was the first time I came to a Yom HaShoah ceremony. It reminded

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Behind the Scenes with Marg and Dar

By Jenn Director Knudsen

hey finish each other's sentences. They lapse into side conversations about chocolate, homemade savories, and even jokes about sex.

This is the side of Marg Everett and Darlene Arntson rarely seen by congregants who—whether they know it or not—rely heavily on these two long-time staff members. They work behind the scenes on Neveh Shalom's myriad programs, accounts payable, program guides, immaculately kept files, cemetery burial plots, fundraising initiatives, and so much more.

"We do well behind the scenes," Dar said in a joint interview, to which Marg quickly responded, "We are very much about behind the scenes."

Darlene Arntson

Dar, 75, is the sixth eldest of 19 children (yes, you read that correctly) from Shakopee, MN, population roughly 40,000. Growing up, Dar constantly helped with her siblings, around the house and in the garden, with laundry, and as sous-chef, all to support her overly busy parents.

Very active in parish life, Dar left home at 13 to attend a Catholic boarding school with an eye on the nunnery; she joined a convent after high school and was a sister from ages 19 to 23. After five years with the Order of St. Benedict in St. Joseph, MN, she decided it was time to make her own choices and headed west to Portland. Here, she became a licensed practical nurse (LPN) and worked for seven years at Oregon Health & Science University, first on the nursing floor, then as a nurse assisting gastroenterologists.

After a quarter century with OHSU, Dar's friendship with Debbi Villani-Allen, who recently retired as Neveh Shalom's ad-

minstrative director, bore professional fruit. Dar and Debbi had been long-time friends from their church, St. Elizabeth Ann Seton Catholic Parish, and Debbie recruited Dar in 2002. Dar first assisted solely with Debbi's muchneeded filing duties but soon began filing for Executive Director Fred Rothstein.

"She's a major organizer," Marg piped in, mid-story. Marg added that when

Fred vacations, he'll warn his staff, "Now remember, no one can come into my office except Darlene."

"When I worked with Dar, her kindness always shone through," said Jennifer Greenberg, a congregant and CNS's program director from 2011 to 2017. She continued, "As a fellow Minnesotan, it was always enjoyable to reminisce with her about the Land of 10,000 Lakes; she embodies 'Minnesota nice,' and I love that about her." (Dar still speaks with the Midwest's signature long vowels.)

Marg Everett

Also from a very large family, Marg is one of 11 siblings, from Adrian, OR, population less than 200 souls within spitting distance of the Idaho border.

Marg lived for years in Boise. When her son and daughter were 4 and 5, she became hellbent on purchasing their first home. To do so, she spent one and a half years working four jobs, each in accounting and research, her areas of expertise. Her employers were Albertsons, Boise Cascade, Holladay Park Plaza, and a tavern where she worked back office



Dar Arntson and Marg Everett

till midnight. Weekends, with her kids in tow, she installed sheetrock.

"I knew there was an end to it, and I had Sundays off, and so we did things that were special," Marg said, wearing her signature loose-fitting dress and Birkenstocks. "I bought that house," she grinned widely. "I'm still very goal-oriented."

Marg said her Jewish roots in Portland first took hold when doing accounting work for Marsee Baking under Jewish ownership. She then transferred to the MJCC to help it through its funding crisis. She never overlapped with Fred there but did meet **Michelle Caplan** (CNS's new program director), who recommended she apply to the shul. That was back in 2004.

"She is fantastic, and as far as the Rabbi Joshua Stampfer Community Enrichment Award, if it weren't for her, the whole thing wouldn't run because she's the oil that keeps things moving," **Dr. Victor Menashe** said of Marg. He's a retired pediatric cardiologist and long-time member who along with wife **Toinette** received the Stampfer award in 2005.

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TICHON 12th Grade Graduation

By Mel Berwin

he ALIYAH Tichon graduation at the end of May is a high-light of my year. Anyone who wants to hear first-hand the impact that our community has on our youth should listen to the speeches given by our graduating 12th graders. Here are a few excerpts from our May ceremony:

Elana Siegman, on learning after Bat Mitzvah:

The last time I was standing up here at this bimah was my Bat Mitzvah. As we know, that's really the *start* of your Jewish education. Before that, yes you learn about Hebrew, and the stories of the Torah... But you don't really start to understand what it means to be Jewish, and more importantly, what it means to be Jewish to *you* and to *your future* until you continue on. What Neveh Shalom taught me is what it means to me to be a Jew in the real world in 2019...

A feeling you get that you're home, that you're with a community, that you

are somewhere you fit in: that is what Neveh Shalom and especially these final years have taught me.

Kory Singer, on joining Neveh Shalom right before her Bat Mitzvah:

Tichon here was such an amazing experience. What got me to stay was an elective called "You Be the Judge" with Rabbi Eve Posen. It was Jewish solutions to problems, and I'd never experienced that kind of Jewish critical thinking before, never encountered Jewish philosophy before. When my mom asked me whether I wanted to continue after my Bat Mitzvah, I took a deep breath and said, "yes."

Will Sweek, on joining Neveh Shalom during his teen years:

After growing up going to Portland Jewish Academy, high school was a lonely place at first. Among the people at Neveh, I felt the old familiarity of tradition and felt relaxed and comforted. While here, I found a lot more than a close-knit community and a group of friends. I found an educa-

tion that developed and taught me about my Jewish identity.

The value of these two years of education was immense... no public school can offer anything remotely like it. I felt at Neveh like I could freely explore, question, and enjoy what Judaism means to me alongside people who share in my enthusiasm and curiosity. I've been welcomed here and thrived here, matured and developed and learned a great deal. I'm really glad to have spent time here, only wishing it could have been longer.

Oliver Twain, on why he's grateful he stayed through Tichon:

I had so many extra-curricular activities like sports, volunteering, and studying. But I hung in there [at Tichon] with the encouragement of my parents and teachers. It took me a very long time to understand why they wanted me here. I'm now able to look back and see why. First, I've been able to have a place in the Jewish community. I've made friendships and gotten close with people that I never would have seen again if I didn't stay. These friendships have been very valuable to me, especially in the past few years. I've also learned a lot, not just about Judaism, but about history, Hebrew, singing, social media, cooking, and even how to make ancient Egypt out of clay! I hope everyone here keeps coming back because when you're at the end, like me, you'll be very thankful you did.

Lev Weingrad, on how being a Madrich in the ALIYAH program helped him through depression:

During this time there was one thing in my life that brought me genuine joy, that brought me gratification, and that I sincerely looked forward to: Sunday mornings and Wednesday afternoons



Rabbi Kosak, Oliver Twain, Benny Silverberg, Eli Molloy, Will Sweek, Lev Weingrad, Sammie Weiss, Kory Singer, Elana Siegman, Rabbi Posen, and Mel Berwin

when I got to work with my ALIYAH 6th graders. I've worked with these 44 kids as a Madrich for three consecutive years, starting when they were in 4th grade. In a time of personal darkness, ALIYAH gave me responsibility to people other than myself, an opportunity which I am very thankful for, because it really did help me keep going and led me to a much healthier state of mind.

There are many other things that I could talk about in regard to my experience here at Neveh Shalom... However, none of these things hold a pale to the sincere feelings of joy, honor, and gratitude that I have from working with my 6th graders.

Sammie Weiss, on learning to take risks and building curiosity:



Sammie Weiss

One of the most important things I learned during my 12 years here is that life isn't just about what you learn in school; it's about the experiences you have with the people who are most important to you. In 30 years what I'm going to remember is the fun I've had and the memories I've created with the people here who are so important to me.

I don't know many other Jewish teens, so being able to talk to people of the same religion every week has helped me to stay connected to Judaism. My friends have taught me that it's ok to take risks. I'm one of the quieter people in the group, and being around people who are different from me has allowed me to be a contributor rather than a listener. It's also made me curious about the world in a way that will stay with me as I navigate my own future.

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me of my great-grandmother's journey. It was powerful, and the program was awesome. I think it's wonderful that we remember.

Mel: What is most memorable to you about her story?

Kim: Her strength in wanting to survive. A lot of people around her in the camps seemed to give up. She kept fighting for something; she kept fighting to survive. She felt like there would be an end.

Evie: The idea that anything is survivable. If I think about it, we're not even supposed to be here. The Nazi plan was to wipe out all Jews, and yet, some survived. I celebrate that I am here, and that my daughter is here, and that

my granddaughter is here.

Three generations of CNS members, singing together, in memory of Alice Kern. And as Sue pointed out: "Our mom, Alice Kern, was a member of the Neveh Shalom Choir for many years. I have fond memories of attending services as a child and running up to the 'choir room' that was behind behind the Torahs after services to see her and the other members, before heading over to the Oneg Shabbat table!"

This family demonstrates that even our youngest generation finds it meaningful to show up, lend her voice, and carry on the legacy and the stories. If that's not a message of hope, what is?

Behind the Scenes with Marg & Dar continued from page 9

Dar has one child and two grandchildren and today works three days a week. Marg works four days a week. Both hope to cut back on their work schedules soon but don't say much about retirement. (Marg, however, waxes eloquent about having more time for sipping tea in a coffee shop with her two granddaughters.)

"We just help where we're needed," Dar said of both herself and Marg, who nodded in agreement. Marg added metaphorically, "We don't like dangling participles. We like to finish our work (and not be lauded for it)." (Marg said that in such a way it begged for parentheses.)

Dar said, "I enjoy my job, my work; I love to be with people." But, she added, so much of her work keeps her behind the scenes; she'd love to meet more congregants. "It's nice to see



their faces. I don't meet a lot of them, but when I do, I like it."

Rabbi Stampfer, who has dubbed both Dar and Marg "honorary Jews"—a moniker both women cherish—visits with them every day, giving every staff member a warm hello. It makes their day.

So, fellow congregants: Go give a hello to all staff working behind the scenes. You'll get rewarded with many crinkly-eyed smiles in return.

Meet Your New Board of Directors Members

By Jenn Director Knudsen

ongregation Neveh Shalom's 29-member Board of Directors represents nearly every constituency of the 820 members in our busy building. Our group meets the third Thursday of every month; the 10 Board members on the Executive Committee meet twice monthly. Many on the Board also chair or are active on committees, like finance, education, cemetery, auction, and membership.

Board of Directors meetings are open to the *kehilla*; no CNS voice should go unheard, name be unknown, or face be unfamiliar. That goes for Board members, too. Six new people—and one new executive committee member—have joined the deliberative decision-making body. Here's a quick snapshot of each.



Zachary Horowitz has been a Neveh Shalom member for more than 20 years. Of accepting the nomination to the Board, he said, "It's my time to give back. I'm interested in making a difference, and I'm inspired by the clergy." Zachary is a transportation engineer with ODOT, and he acknowledges having "nerdy hobbies", including astronomy and collecting transit maps from cities around the world. He also loves basketball. "I'm ready to jump in to the Board and related volunteer duties," said Zachary, husband to Sonya and father of two daughters, Avital, 12, and Yael, 9.



Raul Krivoy, originally from Argentina, tells a little-known but poignant story of his maternal grand-father there: Zeide Elek would have been his bar mitzvah tutor, but because of sickness could not do it. He died only weeks before the milestone event, and Raul's party was called off. "As history tends to repeat itself," explained Raul, his own father died weeks before his middle child's bat mitzvah. "But this time we decided to do the planned celebration, although with a slightly subdued tone," he said. "We must honor the memory of our ancestors, but we also must celebrate life." Raul and wife Lidia have stuck to this philosophy at Neveh Shalom during their 30 years here; as Lidia steps off the Board, Raul steps up, saying he is "committed to maintaining Neveh Shalom's vibrancy and helping develop its full potential."



Ben O'Glasser has been a Neveh Shalom member since 2008 and shares in shul life with wife **Avital** and **Noam**, 8, and **Ronan**, 6. Ben said, "After serving on the search committee that brought **Rabbi David Kosak** to Neveh Shalom, I wanted to continue to support the synagogue through a transitional period." A Board member since 2015, Ben now will serve on its executive committee as a vice president. He thanks his wife for pitching in with the kids at home when he's at evening meetings. "There is never enough time to spend with my kids, but it is worthwhile to spend that time away to work on strengthening the community where they are growing up," said Ben, adding the O'Glassers are a second-generation Foundation School family. Professionally, Ben practices labor and employment law for companies; he helps advise organizations on key decisions and also uses this skill set on CNS's Board.



Eric Oslund said "yes" to joining the Board "because everyone has to contribute to organizations to which they belong. It's an honor to be asked to join and a great opportunity to learn." Eric and wife **Rivi Antick** and son **Micah** have been members for 10 years, after being members of Havurah Shalom for eight years. Born and raised in Oregon, Eric recalls, "I grew up in Gresham, where my dad was one of the early people hired to get Mt. Hood Community College launched. My brothers and I spent tons of time there as little kids going to football, basketball and baseball games, track meets, social events, and the like." Today, Eric plays a mean game of ping-pong.



Laurence (Larry) Perrin, M.D. is a retired physician with both exam room and boardroom experience. A recent transplant from Olympia, WA, Larry served for a decade on the Board of the city's only Conservative synagogue, Congregation B'nai Torah. A recent transplant to Portland, he has been with CNS for two years; since day one, he has been active at shul and in Portland's Jewish community. He admits to being wary of overly long meetings where agenda items aren't achieved. Little-known fact: Larry loves spending time shooting handguns.



Marissa Richardson, Neveh Shalom's 2019 auction co-chair along with husband Eric, was part of CNS as a teen and now helms her own young family here with Eric and her son Freddy, 2. "I want to help make a difference at Neveh Shalom by bringing a fresh perspective to the board," she said. "I've been pretty involved as a youth and as an adult, and I'm excited to take my experience in life and help make Neveh Shalom run better than ever." She's off to a terrific start; the Night On Broadway event was the shul's most successful auction. Little known fact: Marissa lived in Canada for eight years pursuing higher ed and, she admits, "was even in a curling league," eh?



Karen Twain recently retired as the Tigard-Tualatin School District's assistant superintendent but did not leave the workforce. In July, she joined the non-profit Children's Institute; her goal is to close opportunity and achievement gaps for young children. Very goal-oriented, Karen is aware of her new position's demands and wanted to add Neveh Shalom's Board to her list of important commitments. "My family has been with Neveh Shalom since I was born," 57 years ago, she said. "Neveh Shalom has given my family and me a lot over the years, and it is time to give back." Karen's children, **Oliver and Marian**, are recent Tichon graduates. Little-known fact: Twain played in an African marimba band for 25 years.

Legislative Assembly Recognition of CNS 150 By Eadie Kaltenbacher

he Oregon State Legislature has officially congratulated Congregation Neveh Shalom on our 150th anniversary.

The process involves three stages: a reading of the resolution in front of the Senate Rules Committee to recommend adoption by the Senate, a vote from the Senate to adopt the resolution, and final signature by the Governor.

The first stage took place on May 15 with a resolution sponsored by CNS member and State Senator **Dr. Elizabeth Steiner Hayward**. **Rabbi Kosak**, CNS Vice President **Glen Coblens**, and **Dena Marshall** (CNS Development Director) accompanied Sen. Steiner Hayward to the public hearing, which included an audience of five senators on the Rules Committee.

Rabbi Kosak had the honor of giving an invocation to open the full senate, in which he asked for support from these leaders to become "healers of democracy" by reaching across the aisle to model connection and cooperation. Rabbi Kosak implored, "As they deliberate on policies and laws to further the noble project of America, guide them to seek not only solutions, but pathways of respect wide enough so that every citizen can follow and find a place to walk."

Later in the day, Sen. Steiner Hayward introduced the resolution, known as State Concurrent Resolution 32, and gave some brief background on the history of CNS and its importance to Oregon. She explained that CNS is 150 years old, only 10 years younger than Oregon itself. In her opinion, CNS has been an integral part of the fabric of the state, and provides strength and spiritual support to members, but also to the greater community. For example, CNS supports environmental and social action causes,

which make Oregon as a whole stronger. For these reasons, Sen. Steiner Hayward encouraged the legislature to honor and recognize the 150th anniversary of CNS. Rabbi Kosak then had the opportunity to speak, and he stated that in addition to "hard goods" such as providing meals to the hungry, CNS also serves as a foundation for civic discourse. In our synagogue, people have many different opinions but still work together for the common good.

Glen Coblens used his time to touch on his family's history at CNS. His grandparents came to Portland from New York in 1948 and joined the congregation right away, and most of his current (large) family are still members. Glen grew up at CNS, including early childhood education and bar mitzvah, and he credits CNS for much of his character today. He added that CNS staff and clergy are quite exceptional and applauded Rabbi Stampfer's many years of service.

At this point, the senators on the Rules Committee asked some questions. One of my favorites was whether debates within the congregation are always peaceful, as might be implied from our name, which translates to "Oasis of Peace". Rabbi Kosak explained that the discussions at CNS are "incredibly civil" and that, in fact, he would welcome more "vociferous discussions" at times. Glen noted that CNS has made some controversial decisions over the years with results that have stood the test of time, such as the implementation of a Judaic Studies program at Portland State University, and the establishment of Camp Solomon Schechter.

Dena Marshall also gave a few words about her positive experience with CNS



Rabbi Kosak, Glen Coblens, and Dr. Elizabeth Steiner Hayward, presenting to the Senate Rules Committee

and included a couple of historical anecdotes. For example, CNS was the site of Robert F. Kennedy's last speech in May 1968 during his presidential campaign, just a few days before his assassination.

The Rules Committee recommended adoption, and the resolution was put to vote in the Senate. On May 21, Sen. Steiner Hayward introduced the resolution by reading some highlights, noting that CNS houses both the largest Jewish library in the Pacific Northwest and the world's largest set of the Ten Commandments, and was one of the earliest Conservative synagogues to offer a bat mitzvah to girls. Sen. Steiner Hayward wrapped up by declaring, "It's really exciting for me to celebrate a place that has so much meaning for me and my family, and has been part of our state for so many years".

The senators voted to approve the measure with no objections. Governor Kate Brown will sign the measure later this summer.

For links to the video recordings, text of the invocation, and the bill itself, please visit: nevehshalom.org/scr32.

Member News

Kvell with Us



Mazel tov to proud grandparents Raúl and Lidia Krivoy on the birth of their grandchild Zahava Fe Zisser on April 14. Mom, dad, big sister, and baby are all doing well.

Mazel tov to the Hershberg-Mershon Family, who welcomed new baby boy on April 23, 2019. Mom (Karina), Dad (Sam), and both big sisters are all doing well and enjoying getting to know each other.

Mazel Tov to Nathan Shain and Lindsey Thomsen on their engagement. Nathan is the son of Wendy and Steven Shain and grandson of Frieda and Louis (z"I) Tobin and Harriette (z"I) and Bernard (z"I) Shain. Lindsey is the daughter of Joanie Garvin of Spokane, Washington. She is a nurse practitioner at Children's Hospital in Seattle, where they both live. Plans for a 2020 wedding are being made.

Mazel tov to Nicole Frisch and Casey Maharg on the birth of their baby boy, **Jack Frisch Maharg**, on April 25. Nicole, Casey, and Jack are all doing well.

Mazel tov to Hannah Berg and Daniel Mandel on the birth of their son, Benjamin Saul Mandel, on May 3. Proud grandparents are Gabe and Phyllis Berg. Other grandparents are Eva and Moti Mandel from Long Island, NY.



Mazel tov to Marissa Richardson on receiving the Song of Miriam award at the Jewish Women's Round Table award ceremony. Marissa serves on the Finance Committee, served as this year's co-chair of the CNS Auction, is an active member of Shoreshim, and is a new board member. She was rec-

ognized for her dedication and service to our community!

Double mazel tov to long-standing congregant Randy Grossman and Donna Grossman on the birth of their granddaughter Madeline Grossman on May 10. Proud parents are Aaron and Nghi Grossman. AND on the birth of their grandson Leo James Grossman, born on May 20. Excited parents are Nathan and Morgan Grossman.

Mazel tov to Renée Holzman who has received the Lifetime Achievement Award from the Board of the Oregon Symphony, the 4th person to have achieved this distinction and the only woman.

Mazel tov to Eli Molloy for graduating from Wilson HS as valedictorian with the highest GPA.

Mazel tov to Rabbi Eve Posen for being named the new chair of the Oregon Board of Rabbis.

Yihi Zichram Baruch – Our condolences to CNS members who have recently lost loved ones.

We regret to inform you of the passing of:

Irene Harrowitz, z"l, at the age of 94. Her beloved husband Irwin Harrowitz,z"l, predeceased her by 17 years. She is survived by her two daughters, Nancy (August Watters) Harrowitz and Sharon Harrowitz, and many beloved nieces.

Alice Elaine Coleman, z"l, beloved mother of Kathleen Krall, mother-in-law of Dr. Michael Krall, and grandmother of Shoshanna and Jacob Krall. She passed away in Sacramento, California, on Friday, May 3.

Hy Jackson, z"I, husband of Myra Jackson. Predeceased by siblings Nat Jackson and Sadie Hayden. Survived by Suzi Fiore (Bob), Shelli Stern, Abby (Rick) Menashe, Todd Coblens, Ross (z"I) (Sarah) Coblens, and Glen Coblens (Mia Birk). Eight grandchildren and two great grandchildren. Predeceased by one grandchild.

Isaak Mad, z"I, husband of Ninel Mad and father of Rita (Mark) Shmulevksy and Sophia Burshieyn.

Jakob Kryszek, z"l, husband of Sala, z"l, and Chell, z"l, father of Jerry (Joanne) Kryszek, Albert (Sophia) Kryszek, grandfather of Raphael (Nikkie) Kryszek and Samuel Kryszek, and great-grandfather of Ava Kryszek. As a 100-years-old survivor of the Holocaust and a member of the Portland Jewish community for over 65 years, Jakob dedicated his life to preserving the memory of the Holocaust for generations to come.

Justin Peck, z"I, beloved son of Gary and Teri Peck and brother to Isabella Peck.

Henrietta Bernstein, z"I, dear mother of Ellen (Mark) Notbohm and Dan (Sheldia) Bernstein and daughter-inlaw Hilary Bernstein.

Manya Govshiyevich, z"l, beloved mother of Laura Vilderman and Roman Govshiyevich.

Jana Ruvensky, z"l, beloved daughter of Irene Ruvensky and sister of Kara Rosenthal.

Hal Stein, z"I, beloved father of Levia (Todd) Friedman and grandfather to Maya and Naomi Friedman.

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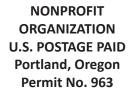
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Need a space for a meeting or event? Neveh Shalom has facilities and equipment available to rent at special member rates. Contact Lisa Richmond, Irichmond@nevehshalom.org, (503) 293-7317.

Shabbat in the Park Friday, July 26, 5:30pm ~ Director's Park, PDX



ummer is upon us and there is no better way to celebrate than with a Shabbat in the Park with our whole community and friends.

This particular Shabbat in the Park, however, will be unlike others we have put on before.

Organized as part of our year-long CNS 150 celebration, the planners—CNS 150 chairs, Erika & Rich Meyer—are bringing us Israeli dancing, singing and special walking tours sharing Neveh Shalom's history in Downtown PDX.

Drinks, challah, and dessert will be provided and everyone is invited to bring their own picnic dinner.

There is no charge for this event, but RSVP is required to help us with the purchasing of supplies. Please note that this is the last CNS 150 event before our big Gala in December, so let's gather together and celebrate.

RSVP: tinyurl.com/ShabbatParkCNS. Stay tuned for more information on how to sign up for the limited-spaced tours.



sivan tamuz



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNE S M T W T F S	28 sivan	29 sivan	30 sivan	4 1 tamuz	5 2 tamuz 3 8:43pm	3 tamuz 9:43pm
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	7:15am Morning Minyan	7:15am Morning Minyan 5:00pm Talmud Class	7:00am Morning Minyan	OFFICE CLOSED 9:00am Morning Minyan	OFFICE CLOSED 7:15am Morning Minyan	9:00am Shabbat Services 10:15am Tot Shabbat
16 17 18 19 20 21 22 ²³ ₃₀ 24 25 26 27 28 29	CANADA DAY		ROSH CHODESH	INDEPENDENCE DAY ROSH CHODESH	6:15pm Kabbalat Shabbat with Ilene Safyan	Korach
7 4 tamuz	8 5 tamuz	9 6 tamuz	10 7 tamuz	8 tamuz	12 9 tamuz 🔌 8:40pm	13 10 tamuz 9:39pm
9:00am Morning Minyan	7:15am Morning Minyan	7:15am Morning Minyan 5:00pm Talmud Class 7:00pm Executive Committee	7:15am Morning Minyan	7:15am Morning Minyan 11:00am Building & Grounds 11:00am R. Stampfer Feminism in the Bible Class 3:00pm Nosh & Drash 3:15pm Bible Class R. Isaak	7:15am Morning Minyan 6:15pm Kabbalat Shabbat	Eitan Minyan Bar Mitzvah 9:00am Shabbat Services 9:30am Downstairs Minyan 12:30pm Women's Torah Study
14 11 tamuz	15 12 tamuz	16 13 tamuz	17 14 tamuz	18 15 tamuz	19 16 tamuz 34 8:34pm	20 17 tamuz 9:33pm
9:00am Morning Minyan 2:00pm Shroud Crowd	7:15am Morning Minyan	7:15am Morning Minyan 5:00pm Talmud Class	7:15am Morning Minyan	7:15am Morning Minyan 11:00am R. Stampfer Feminism in the Bible Class 3:15pm Bible Class R. Isaak	7:15am Morning Minyan 6:15pm Kabbalat Shabbat	Ava Silverberg Bat Mitzvah 9:00am Shabbat Services 10:15am Tot Shabbat
						Balak
21 18 tamuz	22 19 tamuz	23 20 tamuz	24 21 tamuz	25 22 tamuz	26 23 tamuz 8:27pm	27 24 tamuz 9:26pm
9:00am Morning Minyan 10:30am Young Family Berry Picking	7:15am Morning Minyan	7:15am Morning Minyan 10:00am Cemetery Meeting 5:00pm Talmud Class	7:15am Morning Minyan	7:15am Morning Minyan 11:00am R. Stampfer Feminism in the Bible Class 12:00pm Unveiling of Esther Wayne, z"l, AS	7:15am Morning Minyan 5:30pm CNS 150: Shabbat in the Park	Gabriel Brown Bar Mitzvah 9:00am Shabbat Services 9:30am Downstairs Minyan 12:30pm Women's Torah Study
FAST OF TAMUZ				3:15pm Bible Class R. Isaak 7:00pm Board of Directors	6:15pm Kabbalat Shabbat services at CNS	Pinchas
25 tamuz 9:00am Morning Minyan 10:00am Unveiling of Charles Wolfe, z"l, NZ 10:00am Men's Club Meeting	29 26 tamuz 7:15am Morning Minyan	30 7:15am Morning Minyan 5:00pm Talmud Class	31 7:15am Morning Minyan	AUGUST S M T W T F S	For ALIYAH/TICHON schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/aliyah-7-12	For Foundation School schedule, please visit: foundationschoolpdx.org

Mark Your Calendars and Join Congregation



Shabbat on the Plaza Friday night's through the summer 6:15pm on the Upper Plaza

Through the end of summer, when weather permits, we will be having our weekly Shabbat service outdoors on the upper plaza. We look forward to you joining us!

On evenings where the weather requires, we will meet in the Stampfer Chapel.

Talmud Class with Rabbi Stampfer Tuesdays, 5:00pm, R. Stampfer's home

Bible Class with Rabbi Isaak Thursdays, 3:15pm, Room 111

Feminism in the Bible Class with Rabbi Stampfer - Thursdays, July 11 - Aug 8, 11:00am, Stampfer Chapel In response to many requests, Rabbi Stampfer will be offering a 5-week summer course on Feminism in the Bible. There is no charge for the course, but registration is required. RSVP to: receptionist@nevehshalom. org; 503.246.8831.

Women's Torah Study
Sat, July 13 & 27, 12:30pm, Rm 111
Join Mel Berwin for uplifting learning
& conversation – all levels welcome!

Kabbalat Shabbat with Ilene Safyan Friday, July 5, August 2, 6:15pmJoin us for this special Kabbalat Shabbat accompanied by Ilene Safyan.

Erev Tisha B'Av Service
Sat, Aug 10, 9:15pm, Zidell Chapel
Please join us for our Erev Tisha
B'Av service. This year, because of
Shabbat, Tisha B'Av observance is
delayed till the 10th of Av. We will
begin with Havdallah, followed by
Ma'ariv and the chanting of Eicha
[Lamentations].

Tisha B'Av Service Sun, Aug 11, 9:00am, Zidell Chapel Please join us for our Tisha B'Av service. Tallit/tefillin are not worn that morning. For more information about Tisha B'Av, please visit: en.wikipedia.org/wiki/Tisha_B'Av.

Men's Club Bike Ride Sunday, August 18, 9:15am

Jonathan Levy is leading a bike ride on Puget Island, WA. The ride will be about 20 miles along flat roads along bucolic countryside. To reach Puget Island, drive to Westport, OR, and take the ferry to Puget Island. Puget Island has less traffic than Sauvie Island and is often much cooler than Portland in the summer. Contact Jonathan Levy at jal@wysekadish. com to sign up.

Back to Shul Celebration Sunday, September 8, 12:30pm

When summer comes to a close, we come back together as a community for music, food and fun at our annual BBQ on the plaza! All ages and stages are welcome, whether you are a long-time member or new to the community. It is a time to reconnect with friends and opportunities for students to meet their ALIYAH K-6 teachers! Free but please RSVP so we'll know how much food to prepare: www.tinyurl.com/backtoshul2019

CNS 150 Shabbat in the Park

Friday, July 26, 5:30pm | Tour: 4:00pm

Director Park

Join us in celebration of our 150th anniversary with a Shabbat in the Park. Israeli dancing, singing and a special walking tour sharing Neveh Shalom's history in Downtown PDX (limited space for tour). Drinks, challah, and dessert will be provided. BYO picnic dinner or RSVP to pre-order from Elephants Deli.

While the event is free, RSVP is required: www.tinyurl.com/ShabbatParkCNS



Neveh Shalom for These Great Programs!

Young Family & Youth

Young Family Tot Shabbat (0-5 years) - 1st and 3rd Saturdays, 10:15am, Zidell Chapel
Join other young families for singing, dancing, stories, lunch, and a

Please note that Kiddush Club and Torah Troop are on pause for the summer. See you in September!

Young Family Berry Picking Sunday, July 21, 10:30am Smith Berry Barn

whole lot of Shabbat fun.

Join together with your friends for delicious berry picking and storytime at Smith Berry Barn. RSVP to Rabbi Eve at: eposen@nevehshalom.org.

Storytime with Rabbi Eve at Hillsdale Farmer's Market Sunday, Aug 4, 10:00am, Rieke Playground

Join Rabbi Eve at Rieke Playground for a special story. Fun for all ages! Co-sponsored by PJ Library.

Shoreshim Young Family Messy Art Thursday, Aug 22, 10:00am

Join the fun and get messy with our Young Family Messy Art! Ages 0-5. All children must be accompanied by an adult. For more info, contact: eposen@nevehshalom.org.

Fourth Fridays w/ Rabbi Eve (age 0-6) Friday, August 23, 5:15pm

Welcome Shabbat with music and stories; potluck dinner to follow. Contact Rabbi Eve for location: eposen@nevehshalom.org.

Co-sponsored by PJ Library. Please note that for the July Fourth Friday, we will not be meeting at Rabbi Eve's home. We instead encourage all young families to join us for the community-wide Shabbat in the Park.

Lend a Hand

Never Again Coalition Monthly Meeting - Mon, July 1, Aug 5, 7:00pm, Kol Shalom

Shroud Crowd Sun, July 14, Aug 4, 2:00pm, Rm 102 Help create traditional burial clothing which will then be used by the *Chevra*Kavod haMet for their work. Contact

Sandy Axel: sandyaxel@msn.com.

Habitat for Humanity Build Sunday, August 4, 9:00am

No building skills required...they'll show you how to do it! Join other volunteers for a great opportunity to do a good deed for our community. Please RSVP to: Steve Sirkin: stevejew18@frontier.com.

Looking For Menches To Help As Greeters Each Shabbat there is a need for folks to assist in welcoming those attending services. Greeting them, providing them with a *Chumash* and/or a *Siddur*, and answering any questions them might have. If that's something that interests you, or you have questions, you can contact Michelle Caplan at *programs@nevehshalom.org*.

Unveilings

Unveiling for Esther Wayne, z"l Thursday, July 25, 12:00pm Ahavai Shalom Cemetery

Unveiling for Charles Wolfe, z"l Sunday, July 28, 10:00am Neveh Zedek Cemetery

Unveiling for Terrye Rudolph, z"l Thursday, Aug 15, 10:00am Neveh Zedek Cemetery



High Holiday Ushers Needed!

We know that the High Holidays seem far away, but we are already deep in the planning stages. To that end, we are actively seeking High Holiday ushers for Rosh Hashana and Yom Kippur. This is a great way to meet your fellow congregants and pitch in!

College Outreach Time!

Do you have a student in college that would like to receive an awesome package from Neveh Shalom for the High Holidays? If the answer is yes, then please sign up! It is a great way to keep our students in touch with our community.

For more info on the above and to sign up, please contact Membership and Engagement Director, Michelle Caplan: programs@nevehshalom.org, 503.293.7313

5779 2019 August

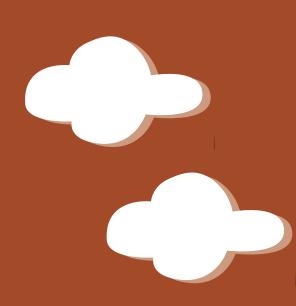
tamuz av



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	For ALIYAH/TICHON schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/ aliyah-7-12	For Foundation School schedule, please visit: foundationschoolpdx.org	7:15am Morning Minyan 11:00am R. Stampfer Feminism in the Bible Class 3:15pm Bible Class R. Isaak 7:00pm Executive Committee	1 av 8:18pm 7:00am Morning Minyan 6:15pm Kabbalat Shabbat with llene Safyan ROSH CHODESH	3 9:17pm 9:17pm Gabriel Orona Bar Mitzvah 9:00am Shabbat Services 10:15am Tot Shabbat
9:00am Morning Minyan 9:00am Habitat for Humanity 10:00am Storytime w/ R. Eve at Hillsdale Farmer's Market 2:00pm Shroud Crowd	5 7:15am Morning Minyan	5 av 7:15am Morning Minyan 5:00pm Talmud Class	7 7:15am Morning Minyan	7 av 7:15am Morning Minyan 11:00am Building & Grounds 11:00am R. Stampfer Feminism in the Bible Class 3:00pm Nosh & Drash 3:15pm Bible Class R. Isaak	8 av 8:08pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	9:00am Combined Shabbat Services 9:15pm Erev Tisha B'av Service Devarim SHABBAT CHAZON EREV TISHA B'AV
10 av 9:00am Tisha B'Av Services	12 11 av 7:15am Morning Minyan	13 7:15am Morning Minyan 5:00pm Talmud Class 7:00pm Sisterhood Board	14 13 av 7:15am Morning Minyan	7:15am Morning Minyan 10:00am Unveiling for Terrye Rudolph, z"l, NZ 3:15pm Bible Class R. Isaak 7:00pm Board of Directors	15 av 7:57pm 7:15am Morning Minyan 6:15pm Kabbalat Shabbat	17 8:56pm 16 av 8:56pm 16 av 8:56pm 16 av 8:56pm 16 av 8:56pm 17 av 8:
18 9:00am Morning Minyan 9:15am Men's Club Bike Ride	19 18 av 7:15am Morning Minyan	20 7:15am Morning Minyan 5:00pm Talmud Class	21 20 av 7:15am Morning Minyan	7:15am Morning Minyan 10:00am Shoreshim Young Family Messy Art 3:15pm Bible Class R. Isaak 4:30pm Ivrit Israelit	22 av 7:45pm 7:45pm 7:15am Morning Minyan 5:15pm 4th Friday w/ R. Eve 6:15pm Kabbalat Shabbat	23 av 8:44pm Shauna Sundberg Bat Mitzvah 9:00am Shabbat Services 9:30am Downstairs Minyan
25 9:00am Morning Minyan 10:00am Foundation School Ice Cream Social	26 7:15am Morning Minyan	27 26 av 7:15am Morning Minyan 10:00am Cemetery Meeting 5:00pm Talmud Class	28 27 av First Day of Foundation School 7:15am Morning Minyan	29 28 av 7:15am Morning Minyan 3:15pm Bible Class R. Isaak	7:15am Morning Minyan 6:15pm Kabbalat Shabbat	30 av 8:31pm (1) Alanna Simkin Bat Mitzvah 9:00am Shabbat Services 9:30am Downstairs Minyan Re'eh

CONGREGATION NEVEH SHALOM

CNS 150 SHABBAT IN THE PARK



Friday, July 26, 5:30pm | Walking Tour at 4:00pm at Director Park (815 SW Park Ave)



Join us in celebration of our 150th anniversary with a Shabbat in the Park.

Israeli dancing, singing, and a special walking tour sharing Neveh Shalom's history in Downtown PDX. (limited space for tour) Drinks, challah, and dessert will be provided. BYO picnic dinner or RSVP to pre-order from Elephants Deli.

While the event is free, RSVP is required: tinyurl.com/ShabbatParkCNS



Shoreshim

YOUNG FAMILIES

SUMMER HAPPENINGS

7/6: Tot Shabbat (10:15am)

7/20: Tot Shabbat (10:15am)

7/21: Berry Picking at Smith Berry

Barn (10:30am)

7/26: Fourth Fridays at Shabbat in

the Park, Director Park (5:30pm)

8/3: Tot Shabbat (10:15am)

8/4: Story at the Farmer's Market

(10:30am)

8/17: Tot Shabbat (10:15am)

8/22: Messy Art at CNS (10:00am)

8/23: Fourth Friday at Rabbi Eve's

(5:15pm)

9/7: Tot Shabbat (10:15am)

9/8: Back to Shul (12:30pm)

9/21: Tot Shabbat (10:15am)

9/22: Apple Picking with Shoreshim

and Anafim



We hope you will join us for all of our summer activities!

TOT SHABBAT
BERRY PICKING
SHABBAT IN THE PARK
STORYTIMES
MESSY ART
& MORE





WISE AGING

There are no set instructions for getting older. Our social and support networks shift, our identities change, and our relationships take surprising turns.

Wise Aging is designed for people aged 55+ who want to learn and discuss new ways to enhance this stage of life with learning, growth, spirit, resilience and wisdom.

Based on the national program developed by the Institute of Jewish Spirituality. Students should purchase or borrow the book *Wise Aging* by Rabbi Rachel Cowan and Dr. Linda Thal. Limited space! Please register now.

FOUR THURSDAYS IN SEPTEMBER: 5, 12, 19, 26 10:15AM-12:15PM

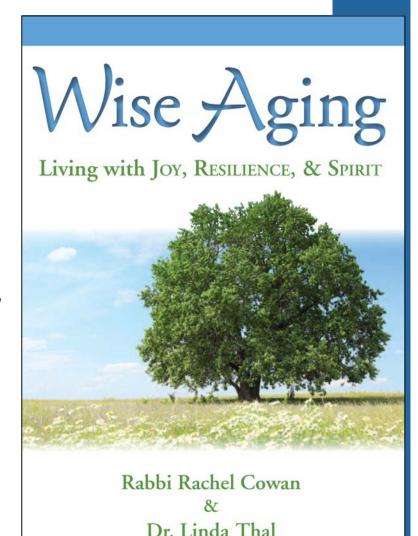
\$154 for the series.

Taught by Deb Freedberg and Barb Schwartz

12 Students max

To register, contact
deborah.freedberg@gmail.com or
barbschw@gmail.com and use

"Wise Aging Inquiry" in the subject line.





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