Beyond the B'nai Mitzvah

Artwork By Talia Valdez, Tichon Student & Artist
Connecting with Neveh Shalom

From Our Back to Shul Celebration - Photos by Ken Klein
In a Forest of Their Own Making

By Rabbi David Kosak

This edition of the Chronicle examines what Jewish life can look like after the b’ni mitzvah ceremonies. In a year when we have 42 kids stepping up to the bima, this seems an appropriate theme. It unfortunately also dredges up an old Jewish joke.

A rabbi, a priest and a minister are discussing the rodent infestations at each of their houses of worship. The Catholic priest talks of how they’ve addressed the issues by setting out poison throughout the church. The Seventh Day Adventist minister, committed to vegetarianism and animal welfare, mentions that they have used live capture traps. Unfortunately, neither approach worked. They then turn to the rabbi, who shrugs. “Well, we asked Sisterhood to knit tiny kippot and tallitot. Then we gave them all a bar mitzvah. After that, we never saw them again.”

As with most jokes, it is the grain of truth they contain that makes them humorous—and also sad once we look past the humor. We know that participation of Jewish teenagers plummets after their b’nai mitzvah ceremonies. That is a well-documented national phenomenon. We also know that teenage Jewish boys participate at one third the rate of teenage girls. I have not yet seen data on participation of non-binary teens after what our clergy team at CNS like to call their brit mitzvah. We may not have that data yet as a national community.

What has been learned about boys, though, is interesting and instructive. Our relative success in the larger culture has produced a more individualistic and personalized Jewish adolescence, one that tends to be less communal and also less religious. But that doesn’t make that self-directed Jewish identity any less meaningful to those teen boys. The Denver Study, conducted back in 2008, was a well-constructed effort to understand the needs of boys from their own reports and to analyze how the Jewish model of masculinity they embraced was substantially different than that in the larger society. These boys were less concerned with appearing cool, and happily embraced academic achievement. They tended to place and demonstrate a higher value in being nice to younger boys, and were more comfortable being affectionate. They also held their Jewish identity in high regard.

Simultaneously, the study gleaned teen boys’ desire for programming that would allow them to be authentic, have a brotherhood of other Jewish boys, allow them to contribute to the world in some manner, even as they have opportunities for freedom and the moral development necessary for them to move into manhood. What distinguished more successful programming from less successful attempts were those models that allowed these teens to drop in and out, and combined activities. Sports, or the opportunity to be active, even while doing something Jewish, was an important component for many, but not all. Taking that further, play was more uniformly an essential ingredient to keep boys interested and engaged.

While boys, girls and non-binary teens may have specific needs we are still learning to tease out from the sociological data, I suspect that the shared commonality that post-b’nee mitzvah teens crave is the opportunity to exist in a community of their choosing, to engage in a manner that doesn’t feel like school or other structures imposed on them in the rest of their lives and therefore to have a greater degree of autonomy. Freedom is a basic human need, yet if we are honest, teens today have fewer chances to experience its rewards and responsibilities.

My parents’ generation placed an emphasis on teaching us kids self-reliance and independence—often times at the expense of a warm and emotionally available relationship with adults. But we were free to stay out for hours wandering about, learning how to fend for ourselves among our peer group. My closest friends and I would trek once a week or so through the Nature Study

Continued on next page
Everything I Need to Know I Learned in… By Rabbi Eve Posen

Every year when our USY (United Synagogue Youth, the youth group for teens in the Conservative movement) asks for hosts for out-of-town teens at a program or puts on a fundraising event, I receive the following email from Tony and Priscilla Kostiner: “We’d be delighted to support USY. Tony and I met years ago through USY.” Their story is beautiful and yet not unique. While I may not have met Duncan through a youth group, I established many of my deepest friendships through our shared experiences at camp, in youth group, on an Israel trip, or at Hillel in college. Walking through any Jewish conference with me takes forever because of the sheer number of people I know from different stages in my life. I’ve been an engaged Jew since my bat mitzvah, and clearly I have the relationships (and career!) to show for it.

A recent article in *eJewish Philanthropy* picked up on this idea of long-term engagement and used a specific youth group as a case study in Jewish teen engagement. The article notes that many leaders of industry and in the Jewish community trace their engagement and commitment to Jewish community back to a post-bar or bat mitzvah experience. If you read the article, it’s easy to see that the concepts can be expanded out, not just through youth group involvement, but through continued engagement in the Jewish community throughout one’s life.

משלי כְּבֻרָה: 
ponde laner shel mei trope es ci yobi
la josi m’mamah.

“Educate a child according to his way, and even when he is old, he will not depart from it.” This quote from Proverbs 22:6 suggests that the path taken by an adult was likely started on as a youth. Authentic Jewish experiences in the formative years are ones that lead to a deeper sense of Jewish community. No surprise there, right? If your teen is a born leader, USY or BBYO might be an excellent place to receive further hands-on experience in that field. If philanthropy and tzedakah are values for your family, OJCYF (Oregon Jewish Community Youth Foundation) is a unique group that teaches and engages teens in the value of giving through process of learning about various organizations. If working with younger kids interests your teenagers, you can encourage them to be a part of the Madrichim program or work at Jewish summer camp. Food service? Perhaps working in the kitchen of a camp or synagogue might be a next connection.

Bottom line: the experiences we have as teenagers are often the ones that guide us and shape us as we mature. One of our missions as a connected Jewish community is to offer those experiences that lead to the long-term engagement we’re seeking.

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Woods, my town’s 200 acres of wild land. There we spent hours exploring, talking and playing. Those hours were remarkably fruitful for me, filled with freedom and camaraderie, and a connection to the natural environment. As long as I made it back in time for dinner, all was well. But those hours also lacked Jewish content. Having served as the mara d’atra of Camp Solomon Schechter this past summer, I was reminded of those early lessons, and of the position camp has to provide freedom with Jewish content.

Nationwide, Jewish adults often bemoan “why can’t we make religious school more like camp.” I understand the impulse behind that comment, and I am grateful that our school attempts to fold into our program some measure of freedom, social opportunities and the ability for teens to give back on their own terms, such as our madrichim program.

Does it mean we can’t do better? I hope we will never think that. Too many precious souls are at stake.
My Parents Went to Synagogue
By Cantor Eyal Bitton

My parents went to synagogue.

I could end my article with that sentence. You see, that’s the secret to why synagogue life, why prayer and active engagement in the Jewish community, has been an integral part of my life well beyond my Bar Mitzvah.

At thirteen, some time after my Bar Mitzvah, I joined my synagogue choir. There were plenty of kids my age and older on this group. It was fun. It was also empowering to know that I and my peers were an essential part of the service. We weren’t tokens. We weren’t there for optics. I was part of a group that contributed actively and regularly to the quality of the service. It was meaningful and rewarding; I had fun with friends and I had a full, substantive prayer experience as well. So, while many others end their Jewish synagogue experience at their Bar/Bat Mitzvahs, why is it that my engagement increased AFTER my Bar Mitzvah?

Because my parents went to synagogue.

My parents didn’t cajole me into attending. They didn’t force me. They didn’t bribe me. Going to synagogue was just something my parents did. It was something the family did. I wasn’t very familiar with Saturday morning cartoons because I was at synagogue. I was at synagogue with my parents. That being said, I actually didn’t sit with my parents; I sat with my friends.

My parents went to synagogue. My parents went to synagogue for themselves, not just for me and my sister. They weren’t chaperones. They were going to synagogue whether or not we were. On the rare occasion that I didn’t go on a Shabbat morning, I’d stay home with my mother and my father would go to synagogue.

The role models in my life showed me that synagogue engagement and Jewish communal participation and leadership wasn’t just for kids but for all ages. There is much to say about how I - and others - can stay involved beyond the Bar/Bat Mitzvah. But it all starts with the vision that Jewish engagement is for the whole family. The joy of the experience can’t be in seeing one’s children engaged in services and Judaism. Children need to see their parents engaged too. The Bar/Bat Mitzvah marks the end of a child’s journey in Judaism. They look to their parents to understand what their journey as adults is going to look like.
Upcoming B’nai Mitzvah

Bram Goldsmith | November 9
Bram Goldsmith is the son of Steffanie and Steven Goldsmith, brother to Zachary, and grandson to Sheryl and Art Feuerstein (Boynton Beach, FL), Nancy and Alan Goldsmith (Longmeadow, MA), and Rena Goldsmith (z”l). He is an 8th grader at Sylvan Middle School. Bram enjoys playing football and baseball with a new found love for golf. When not at school or practice, Bram likes to cook and he makes a mean mac and cheese.

Freddy Abadie | November 16
Freddy is the son of Bill and Bonnie Abadie, and grandson of Ferne and Fred (z”l) Walpert, Glenda Chadwick, and Erwin (Ike) Abadie (z”l). He is a 7th grader at Lakeridge Middle School. Freddy enjoys Boy Scouts, Camp Schechter, playing the piano and trombone, skiing for fun and competitively, martial arts, reading, playing video games, cuddling with his dog, and spending time with friends and family.

Emma Rubin | November 30
Emma Rubin is the daughter of Betsy and Spencer Rubin and sister to Jack and Molly Rubin. She is the granddaughter of Donna and Richard Ross. Emma is currently a sophomore at Southridge High School where she plays on the Varsity Soccer Team and is the president of her sophomore class. She loves Broadway shows and her two dogs and two cats!

Jordyn Morrow | December 7
Jordyn Morrow is the daughter of Tanya and Jason Morrow, sister to Olivia Morrow, and much loved granddaughter to Addy Cohen (Henderson, NV), Dr. Alan and Agneta Cohen (Cypress, CA) and Lowell and Judy Morrow (Long Beach, CA). Jordyn is a 7th grader at Whitford Middle School, where she is on the yearbook staff. Her greatest passion is ballet, tap, jazz and contemporary dance and competing with her dance team at Westside Dance Academy. When not dancing, Jordyn loves spending her summers at BB Camp, drawing, shopping, volunteering and spending time with her family and friends.

Ellie Malka | December 14
Ellie Malka is the daughter of David & Ronnie Malka, sister to Maayan Malka, and granddaughter to Miri & Shlomo Oren, Judy & Yossi Malka. She is a 7th grader at Robert Grey Middle School. Ellie loves being with her family and friends. She also enjoys basketball and hanging with her dog Toby. Ellie always has a smile on her face. She is a very bright student, a loved friend and a wonderful sister. Ellie sees the positive side in everything. Her warm heart is always inviting and her connection to Israel and Judaism is undeniable strong! We are so proud of her and can’t wait to celebrate her Bat Mitzvah.
Where We Are
By Jason Kaufman, President

I hope that each of you were able to enrich your life, elevate your soul and embrace your Judaism during the High Holidays. My hope is this is the kind of year that brings joy and gladness to your home and contentment to your heart. We thank each of you who completed our survey. It is used by clergy and staff to inform and improve. Thank you to Debbie Plawner and Liza Milliner for leading this effort.

Yehi Ratzon Milfanecha (May it be your will).

This year is special as we celebrate our largest B’nai Mitzvah class with 41 of our best, brightest and most talented members. How do we retain as many as possible. I couldn’t tell you if our daughter Adena, who is a part of this class, will be graduating from our Tichon program. I am proud that our teens find a future path that includes the strong values and traditions that we teach them. Remember, kids fall down a lot learning how to walk. It is part of the process. Our world changes (generally for the better) and our teens have many more activities from which to choose. And even if a year or two passes without them being connected, CNS will always be here for them. So let’s be present for them and celebrate their success - our children are our future. We should also take a Both/And approach and listen to what our teens want and need - not necessarily what we think is best for them. They see the world much differently and this perspective is important.

Process and Communication

Your Board of Directors desires that each committee has a clear mission, defined goals and as much as possible a diverse makeup. In addition, we will define processes for staff, clergy, committees and the Board to guide us in our decision-making. We endeavor to communicate decisions and how they affect our kehillah. Strengthening our governance is critical to success. We invite and encourage your feedback. Having access to diverse opinions will help ensure that we do this in a thoughtful and engaging way.

Finally, I look forward to joining you on December 15th as we wrap up our CNS 150 year-long celebration with a Gala. It is an evening not to be missed and I thank those that are involved in the planning and execution of this event. Thank you to each donor to our capital campaign as we ensure our next 150 years with a strong financial foundation.

Let’s continue the conversation via email (president@nevehshalom.org), text (503-459-3548), or in person. I look forward to hearing from each of you!

Upcoming B’nai Mitzvah

Blaze Rosenfeld | December 28
Blaze is the son of Yoni and Merav Rosenfeld, brother to Alaska and Amit. He is the grandson of Yafim and Yevgeniya Rosenfeld (Haifa) and Ilan and Shulamit Sendowski (California). Blaze is a 7th grader at the International School of Beaverton. He plays the violin, has a Jr. black belt in karate, loves stories and skateboarding.
Three years ago, we turned our popular Teen Madrichim (teaching assistant) program into an Internship program. This shift reinforced the idea that our teens have a much more important role to play in our classrooms than “assistant” work such as cleaning tables or handing out snacks. Instead, they focus on learning on-the-job skills in Jewish education. A key feature of the internship is a monthly learning session led by teen leadership specialist Candace Rothstein, who has taught in ALIYAH as well as Foundation School, and is currently getting her Masters’ in Education to become a full time high school teacher.

“One of the main goals of the Madrichim leadership training is to start creating empathic leaders,” says Candace. “First, I help the teens by guiding them to understand themselves and their own strengths and weaknesses. We then discuss empathy and how it can help us lead others by being compassionate and building relationships.”

Internship also means a different role for our teachers who supervise Madrichim. Teachers spend time during fall training days getting to know the teens who will be working with them, and focus on the teens’ skills, goals, and interests. It’s then up to them to make sure the teens have opportunities to build their skills and reflect on their expanding roles in the classroom. Madrichim might spend time teaching songs or games during a transition period each week, or working with kids who need extra help in Hebrew, or use their time with students helping to conduct assessments. Some madrichim are interested in building skills working with kids with special needs, and others focus on areas of interest such as art or tefilah.

This year there are 24 teens in 8th-12th grades who are part of the Madrichim program. I asked some of our experienced madrichim to tell me one skill they have gained from being a Madrich(ah) so far. They responded:

- Being more direct with the kids. Learning that it’s important to give the kids the “why” of what we’re doing.
- How to be in the moment. I found that you can’t bring stresses from life into the classroom and expect to be effective. You need to focus 100% on the kids and what they need.
- Patience.
- I’ve learned how to help kids without upsetting them.
- I’ve learned how to see the best in everyone, no matter their ability or attitude. It is important to get to know everyone instead of make assumptions about the group you’re working with.

Another theme that Madrichim talk about is how this role connects them to the Jewish community:

“Being a madrich definitely makes me feel closer to the Jewish community. This role is my primary connection to the community as a teen and if I weren’t doing this, I might not be involved at all.”

“Being a madrich allows me to stay connected to the Jewish community because I get the opportunity to pass on my knowledge of Judaism to younger kids.”

“I’ve never felt a strong personal connection to services, but it’s very important to me to stay connected to my community... The ALIYAH program gives me the perfect opportunity to connect with Jews of all different ages: the kids, the other madrichot, the teachers and the parents. Being a madricha lets me connect with the most important aspect of Jewish tradition: education... I’m learning right along with the kids!”

“Being a Madrich has definitely helped me stay a part of the Jewish community at Neveh. It’s not that I wouldn’t participate, but here I feel that I can make a difference in my synagogue.”

“Being a madrichah is currently my only connection with Jewish education. I love getting to re-learn some of what I learned while in the ALIYAH classroom.”
How We Stay Connected

By Eadie Kaltenbacher

The theme of this issue, “Beyond the B’nai Mitzvah”, had us Chroniclers pondering how people stay connected to Judaism after their bar/bat mitzvah and into adulthood. We reached out to a couple of members to learn their stories.

Rick Vagy
Year of Bar Mitzvah: 1961
Synagogue: Temple Sinai (Glendale, CA)

Rick grew up in Glendale, CA in the 1960’s, where Judaism was a rarity at that time: he was one of only two Jewish students in his high school graduating class. After his bar mitzvah, Rick found himself encountering questions and challenges from his classmates about Judaism, and faced many negative perceptions. In order to be prepared for these discussions, Rick made a conscious decision to educate himself about Judaism, as well as other religions more broadly, and describes himself as an "internally motivated" student. After high school, Rick attended UCLA, which had a much larger Jewish population. In this environment, Rick no longer had to defend his religion, and began exploring other aspects of his identity and education.

Rick credits much of his strong connection to Judaism to his involvement with Jewish summer camp. Beginning around age 10, he spent several years as a camper and then counselor at Camp Hess Kramer. He discovered an appreciation of Jewish culture, history, and values, which served as a complement to the more formal religious training of his Bar Mitzvah. Rick finds great value in maintaining relationships with those camp friends he met decades ago.

Rick and his wife Sharyl have been married for 46 years, and have been members of CNS for 32 years. They have one son and one daughter, both of whom are actively involved in Jewish life in their respective communities.

Mara Zellinger
Year of Bat Mitzvah: 1995
Synagogue: Eitz Chaim (Lombard, IL)

Mara grew up in the West suburbs of Chicago, relatively far from the main center of Jewish life on the North side. As a member of Etz Chaim, Mara had her Bat Mitzvah and then stayed connected with her friends from Hebrew school through their youth group. While this group was part of NFTY, they created their own unique approach which involved plenty of leadership opportunities for youth. For example, they would organize and prepare Rosh Hashana baskets, and run the Purim carnival events for the younger children. Mara observed that these responsibilities created an environment where she and the other youth were an integral and necessary part of the community.

Mara also noted that Jewish summer camp made a huge impact on her connection to Judaism. She attended OSRUI (Olin Sang Ruby Union Institute), a Union of Reform Judaism camp near Milwaukee, WI for 8 years beginning at age 10. About her time at summer camp immersed in a Jewish environment, Mara explained, “I truly felt I could be myself”.

As an adult, Mara continued her involvement in Jewish life throughout her professional and personal experiences. Before moving to Portland, she worked at the JCC in Tampa, running their after school childcare program and serving as the assistant summer camp director. Since moving to Portland, Mara spent some time working at the MJCC planning cultural events, and also taught in Neveh Shalom’s Madrichim program and as an assistant in the 7th grade classroom. She also maintains an active Jewish social life for herself and her family. Her oldest child is currently enrolled in the ALIYAH program (2nd grade) and her youngest attends preschool at the Gan.

Mara joined CNS two years ago with her husband Justin, daughter Shoshana (age 7) and son Matan (age 5).
A Look at Jewish Teen Learning

A Conversation with Zach Goldsmith

Zachary Goldsmith walked away from his bar mitzvah a couple years ago and toward greater Jewish learning, a path he continues to tread.

“I very much fell in love with Torah trope and Jewish learning” at the time of his bar mitzvah, said the 17-year-old senior at Lincoln High School and long-time madrich (teacher’s assistant) in ALIYAH.

New to Portland and the Neveh Shalom community at the time, Goldsmith needed the community as an anchor; being able to help lead that community acted as a spiritual buoy. “I really liked learning all of the prayers,” he said, “and now I can be counted on to fill in where needed in a service and to read Torah like a real Jewish adult who has a role in the community.”

His desire for more Jewish learning recently took him beyond our shul, Portland, even this hemisphere.

Mel Berwin, director of congregational learning, last spring told Goldsmith about the Alexander Muss High School in Israel program. It’s a pluralistic program in Hod HaSharon, Israel, and its programs run throughout the year in 6-week to 18-week snippets. Goldsmith applied, was interviewed, got accepted, and – three scholarships in hand – participated as one of 200 American students in the history-focused 6-week program this past summer.

Berwin adds that while price tags for some programs are high, many are well-subsidized, as Goldsmith found.

Goldsmith said that while the social adjustment at first was a big challenge — “Muss is really a South Floridian indoctrination thing,” he half-joked, noting he was the sole participant from the Pacific Northwest — the academic adjustment was automatic.

He recounts two particularly poignant memories from his Muss experience.

“You hear about the Kotel and see pictures of it, but when you’re there the first time you feel the impact of the prayers of the world,” he said.

A trip from the students’ Muss dorm north of Tel Aviv to Jerusalem’s busy and central Ben Yehuda Street also made an impression. Tasked with shopping for his brother Bram’s tallit for his November bar mitzvah, Goldsmith hit on the perfect one for his sibling. He said, “It was emotional for me. How many brothers buy their brother his bar mitzvah tallis?”

Applying for colleges now and inspired by “how I got to learn while on Muss,” Goldsmith said he plans to participate in Hillel and focus his studies on history and Jewish Studies, as well as urban planning and theater.
A Conversation with Orly Meyer

Orly Meyer, 16, also a Lincoln High School senior, participated two summers ago in Great Jewish Books, a Yiddish Book Center program based in Amherst, Mass. And last year she spent a semester in Israel with Tichon Ramah Yerushalayim High School, a program of Camp Ramah.

But last summer’s Maimonides Scholars Program based at Yale University in New Haven, Conn., may have provided the biggest Jewish-learning spark thus far.

Maimonides is an application-based, two-week program whose students select from a bevy of classes. Meyer said the Jewish Ideas class was the most impactful; it was her “first Jewish-text deep dive.”

“We looked at the anthropomorphism of God [via Genesis and philosophers like Aristotle and Plato] and that was something I’d never thought about before,” she said. “It made me want to study the rest of the Tanakh at that level,” as well as Talmud.

Meyer met Jewish teens from all over the U.S. and the world, many of whom “could quote everything off the top of their heads,” she said. Inspired by them and Maimonides, Meyer rearranged her entire schedule to take an International Baccalaureate philosophy class this year and is applying to colleges with Jewish Studies courses.

Kate Rozansky, director of the Maimonides Scholars Program – and Tichon teacher here at CNS – who got to know Orly and is a huge proponent of Jewish youth stretching themselves academically, said, “Immersing yourself in Jewish learning as an older teen can be a transformational experience of self-discovery. One of the things we hope they’re learning is that the learning is never really done. The goal is to set them up to keep learning for a lifetime.”

Said Meyer of her couple weeks at Yale: “I just loved every second of it. I want to continue it at a higher level throughout my life.”

If you are interested in learning more about Jewish educational opportunities for post-B’nai Mitzvah teens, please be in touch with Director of Congregational Learning, Mel Berwin at: mberwin@nevehshalom.org; 503.293.7306.
Young Adult Books For Jews

By Kaiya Goldhammer, Librarian

As a kid growing up in the 90’s, young adult (YA) literature was not the publishing powerhouse it is today. There was also almost no YA with Jewish content and what there was addressed “big problems” or was historical fiction. Now, we can find Jewish characters and content in every YA genre. These stories feature all kinds of Jews: observant Jews, non-observant Jews, Jews of color, science fiction Jews, dystopian Jews, queer Jews, romantic Jews, disabled Jews, historic Jews. You name it, I can find it.

Educator Rudine Sims Bishop wrote a seminal essay nearly 30 years ago about the importance of mirrors in children’s literature: mirror texts are those in which children can find themselves, their families, and their communities reflected and valued. When students read books where they see characters like themselves who are valued in the world, they feel a sense of belonging. At the age of 36, I am still deeply affected by my own mirrors. That a-ha! moment of seeing your experience and recognizing that it deserves to be written, printed, and read is affirming necessary for readers young and old. These are some fabulous new YA books for teens and adults alike:

**It’s a Whole Spiel (Realistic Fiction)**
By Katherine Locke and Laura Silverman
From stories of confronting their relationships with Judaism to rom-coms, It’s a Whole Spiel features one story after another that says yes, we are Jewish, but we are also queer, and disabled, and creative, and political, and adventurous, and anything we want to be. You will fall in love with this insightful, funny, and romantic Jewish anthology from a collection of diverse Jewish authors.

**The Fever King (Dystopian Fiction)**
By Victoria Lee
In the former United States, sixteen-year-old Noam Álvaro wakes up in a hospital bed, the sole survivor of the viral magic that killed his family and made him a technopath. His ability to control technology attracts the attention of the minister of defense and thrusts him into the magical elite of the nation of Carolinia.

**Hope and Other Punchlines (Realistic Fiction)**
By Julie Buxbaum
On Sept. 11, 2001, Abbi Hope Goldstein was immortalized in a famous photograph taken on her first birthday, in which she was being carried out of her day care while the first World Trade Center tower collapsed in the background. Thereafter known as “Baby Hope,” 17-year-old Abbi is recognized all over her suburban New Jersey town. She is working as a camp counselor a few towns over, and is immediately recognized by her co-worker Noah Stern, who sees in Abbi the potential to answer a life-defining question regarding his own 9/11 tragedy. Together they embark on a mission to talk to the other individuals pictured in the Baby Hope photo.
You’ll Miss Me When I’m Gone (Realistic Fiction)
By Rachel Lynn Solomon

Eighteen-year-old twins Adina and Tovah are each prodigies in their own right: Adina strives to become a violin soloist, while Tovah is into science and plans to become a surgeon. What they have in common besides their ambition is their genetic predisposition to Huntington’s disease and their fear of its ability to steal their body and mind the way it has from their mother, slowly but surely. The test results come in, and one twin tests positive, while the other tests negative.

Little and Lion (Realistic Fiction)
By Brandy Colbert

The main character in this novel, Suzette, is both bisexual and Jewish. She also happens to be black, but the main point of the story is her relationship with Lionel, her brother who’s struggling with bipolar disorder, and her increasing responsibility for him once she moves back from boarding school to LA for the summer. She is also grappling with an attraction to the same girl that he likes, along with a newfound attraction to a childhood bestie. The intersectionality and emotional honesty in this book are unmatched, and anyone looking for a realistic portrayal of mental illness and well-developed characters will enjoy this book.

Anne Frank’s Diary: The Graphic Adaptation (Biography)
By Ari Folman and Anne Frank

Adapted by Ari Folman, illustrated by David Polonsky, and authorized by the Anne Frank Foundation in Basel, this is the first graphic edition of The Diary and includes extensive quotation directly from the definitive edition. It remains faithful to the original, while the stunning illustrations interpret and add layers of visual meaning and immediacy to this classic work of Holocaust literature.

A Cage Without Bars (Historical Fiction)
By Anne Dublin

It is 1492, and Queen Isabella and King Ferdinand of Spain have signed the Edict of Expulsion, giving all Jews three months to leave the country. Joseph Belifonte, a twelve-year-old boy, escapes to Lisbon, Portugal, with his parents and younger sister, Gracia. However, after eight months there, Joseph and Gracia, along with hundreds of other Jewish children, are kidnapped. They are put on a ship and taken to the island of São Tomé, off the coast of West Africa. Now slaves, they are forcibly baptized and made to work on a sugar plantation. Joseph holds to the hope that one day he will be free.

To check out these or any other book, please visit the Feldstein Library at Neveh Shalom. Hours are: Sunday 8:30am-12:30pm; Tuesday 1-7pm and Wednesday 1-8:00pm. Or contact Librarian Kaiya Goldhammer at: kgoldhammer@nevehshalom.org.
On Kol Nidre, many of you probably noticed that Cantor Bitton was joined by a gifted crew of young singers that included high school seniors Zachary Goldsmith, Alyssa Knudsen, Blaze Rosenfeld, and Rivkah Zigman. These inspiring solo voices along with members of the Koleinu Youth Choir (Talia Valdez, Jensen Gilbert, Tali Greenberg, Mila Kaplan, Alyssa Knudsen, and Blaze Rosenfeld), and young prayer leaders heard on Rosh Hashanah and Yom Kippur (Sara Ellis, Sophie Ellis, Zachary Goldsmith, Sasha Lipets, Erika Menashe, Maya Schwartz, Jonah Song, Serena Song, and Josh Weinrobe), were recruited by the cantor to highlight services, the initial crew being taken on board soon after his arrival in August of 2017 — when he had to pretty literally “hit the ground running” to get ready for the Days of Awe.

“There’s a beauty in seeing a young person carrying the torch of our tradition, leading us, and doing it well,” said Cantor Bitton. “I worked with a musical director in Montreal who described music as ‘elevated speech.’ If we’re going to find a way to elevate ourselves spiritually, we sing to elevate our speech. The young people learned so quickly on their own. It’s a testament to their abilities and motivation. They’ve brought a lot of integrity and beauty to services, and they continue to enrich the prayer experience for all, including myself. As a cantor, I’m an emissary of the congregation, and my job is to try to impart meaning through music. As such, I need to be inspired also, and among other things, they do this for me.”

There were many young participants in this year’s services, and because this article was written in advance of the holidays to meet the publication deadline, here are a few tidbits about three Kol Nidre soloists, along with some thoughts that they shared about their experiences contributing to the team effort:

**Alyssa** is a senior at Jesuit High School, where two of her favorite classes are art and comparative government. Outside of school, she’s a competitive swimmer and singer. She’s in the process of applying to colleges now, and hopes to study Political Science and French. "On Rosh Hashanah I will be leading Avot and on Yom Kippur I will be singing Haneshama Lach with Cantor Bitton," she commented. "I have sung these prayers in years past, so it’s an easy way for me to participate and contribute to the service. Doing this helps me feel more connected to the community and puts greater meaning into the celebrations. Every year, I am honored that Cantor asks me to be a part of the services."

**Zachary** is a senior at Lincoln who loves theater and is currently writing a play. He’s now applying to colleges too, and is hoping to pursue a major in Urban Planning. “I will be singing Misod in the Amidah on the first day of Rosh Hashanah and the Ve’al Kulam parts of the Al Cheit and Ki Hinei Kachomer on Kol Nidre,” Zachary reported. “I’ve always loved leading services, and I’ve found High Holy Day music very enchanting. It is more complicated than normal tunes, which is fun for me to do as a singer. I’m grateful for the opportunity to lead services again.”

**Rivkah**, a senior at Wilson, is involved in theater too. Her goal is to pursue a career in the medical field after completing her college education. It was tough to catch up to busy Rivkah to get her comments directly, but her mother, Aviva Zigman, tells us that Rivkah enjoys singing with the cantor, especially during the High Holy Days. It makes her feel more connected to the spirituality of the prayers and to the congregation.

For the future, Cantor Bitton is planning for an even greater amount of youth engagement in High Holy Day services. If the results come anywhere close to matching the performances we’ve heard so far, the congregation is in for a definite treat. Stay tuned!
During this 150th anniversary of CNS we pay special tribute to its great early rabbi, Edward Sandrow, who served our congregation for four years, 1933-1937.

As a young rabbi, Congregation Neveh Shalom was Rabbi Sandrow’s first congregation. He left to become a world-renowned figure in Jewish life. When I arrived in 1953, congregants spoke of him in the highest terms as a caring, brilliant leader of his flock. Like Rabbi Sandrow, I served four years in my first congregation in Lincoln, Nebraska before moving on to Neveh Shalom. After four years at Neveh Shalom, Rabbi Sandrow went on to Cedarhurst Long Island, NY destined to become one of the great congregations in America, Congregation Beth El. There he flourished.

In addition to his congregation duties, he served as a visiting professor of homiletics and pastoral psychology at the Jewish Theological Seminary. He became president of the Rabbinical Assembly, the national body of conservative rabbis from 1960-1962. He was also President of the New York Board of Rabbis from 1966-1967. He became a member of the board of the Hebrew University. He also joined the boards of the Joint Distribution Committee, the Zionist Organization of America, and the Jewish Welfare Board. He became the chair of the Jewish Chaplains Committee. These were among the world’s major Jewish organizations.

On a personal note, my son Shaul held the "Edward Sandrow Chair in Jewish History" at the Hebrew University in Jerusalem.

There is no doubt in my mind that had Rabbi Sandrow remained in Portland some years longer, he would have accomplished remarkable things for our congregation. As a congregation we should be proud to have “hatched” such an outstanding rabbi.

Rabbi Daniel Isaak recalls:

"While I was in rabbinical school, perhaps my last year, Rabbi Sandrow spoke to our class. Among other experiences Rabbi Sandrow told us of his custom of taking the day before Rosh Hashanah to call every family that had lost a loved one during the previous year and tell them that he had them in mind at this important time of the year. He said he felt it was one of the most appreciated things he did in his rabbinate.

"As a soon-to-become congregational rabbi, that stood out for me as a menschlichkeit thing to do as a rabbi. So from this one talk, I incorporated Rabbi Sandrow’s custom. And in fact expanded on his suggestion: I would call twice a year, before Rosh Hashanah and before Pesach, when congregants would also feel the loss at their Seder tables. I, also on the Sandrow precedent, added those who had been in the hospital and/or were recuperating from illnesses to that list. I think it was a very appreciated reaching out every year to a very specific group of congregants."
The congregation gratefully acknowledges the following contributions:

**Adult Education Fund**
Anonymous:
In appreciation of Rabbi Isaak & Deb Freedberg

Eden Braun:
In memory of Esmond Braun

Mark & Gail Sherman:
for Rachel Adelman

Linda Shivers:
for Rachel Adelman

**ALIYAH Donation**
Bridget Cross & Karen Twain

**Annual Giving Campaign**
Janet Franco:
In memory of Robert and Ilene Franco

Ed Kraus:
In memory of Samuel Kraus

Susan Stone:
In appreciation of Fred Rothstein

Idelle Weinstein & Family:
In memory of Bob Weinstein

**Becky Menashe Bookshelf Fund**
Rick Menashe:
In memory of Solomon E. Menashe

In memory of Rebecca Menashe

In memory of Joya Menashe

In memory of Ezra & Joya Menashe

In memory of Rebecca Menashe

**Cantor Ail Music Fund**
Rob & Emily Ail:
In honor of Raphaël Bitton

Jeff & Sandy Axel:
In honor of Raphaël Bitton

Peter & Rita Bedrick:
In honor of Raphaël Bitton

Cathy Berlant:
In honor of Raphaël Bitton

Alan Blank & Ellyn Sternfield:
In honor of Raphaël Bitton

Judd & Anne Conway:
In honor of Raphaël Bitton

Sylvia Frankel:
In honor of Raphaël Bitton

Ruth Friedel:
In honor of Raphaël Bitton

Mel Hoffman & Trudi Stone:
In honor of Raphaël Bitton

Judith and Garry Kahn:
In honor of Raphaël Bitton

Lisa M Lynch:
In honor of The Bitton Family

Linda & Michael Osherow:
In honor of Raphaël Bitton

Raisa Premysler:
In honor of Raphaël Bitton

Alan & Vicki Rotstein:
In honor of Raphaël Bitton

Susan Schwartz:
In honor of Raphaël Bitton

Sharyl and Rick Vagy:
In honor of Cantor Eyal & Michele Bitton

Bob & Marla Weiner:
In honor of Raphaël Bitton

Peter Wigmore & Randy Katz:
In honor of Raphaël Bitton

**Cantor’s Discretionary Fund**

Ian and Bev Getreu:
In appreciation of Cantor Eyal Bitton

Victo & Toinette Menashe:
In honor of Raphaël Bitton

Sandy & Wendi Menashe:
In honor of Raphaël Bitton

Jeanette Philan:
In honor of Rafael

Julia and Jeffrey Robinson:
In appreciation of Cantor Bitton

**Cemetery Fund**

Floyd Black:
In memory of Malka Caplan

In memory of Morris Bloomenthal

In memory of Esther Bloomenthal

**Charack Kitchen Fund**

Allan & Marjorie Sherman:
In memory of David Sherman

Marjorie Sherman:
In memory of Leo Meyer

**Charity Food Fund**

Renée Holzman:
In memory of Louis Rosenberg

**Elaine & Gloria Schiller Fund**

Thelma Geffen:
In memory of Ben Bleich

**Elevator Fund**

Jacqueline Constantine:
In memory of Stanley Constantine

Chuck & Harriet Saxe:
In memory of Bess Rosenthal

**Feldstein Library Fund**

Elliot & Suzanne Axel:
In memory of Leona Goldberg

Martha and Glenn Decher:
In memory of Paul Weil

Ron & Becky Eiseman:
In honor of Harriet Saxe

Joann Ruden:
In memory of Clara Paige

**Foundation School Fund**

Peter & Maddie Andrews

James Fox:
In memory of Ruth Fox Lutzker

Rhoda Leopold:
In memory of Harry Rodinsky

Irving & Arlene Potter

Jerrie Roth:
In loving memory of Rosalie Ojaldo

Elisa Weger:
In memory of Augusta Raskin

**General Synagogue Fund**

Seth Alford:
In memory of Saul Alford

In memory of Muriel Alford

Jeff & Sandy Axel:
In memory of Samuel Kraus

Arlene Braunstein:
In memory of Joseph Braunstein

Mark Braverman:
In memory of Joseph Brandow

In memory of Joseph Brandow

Tess and Steven Caplan:
In memory of Sigmund Weisser

Margarete Collier:
In memory of Ellen Bursztyn

Howard David:
In memory of Lois David

Richard Dreyfus:
In memory of David Dreyfus

Renee Dubroff:
In memory of Mary Goldeen

Jeff, Lora, Eddie, & Milton Ginsberg:
In loving memory of Bob Ginsberg

Curt & Bev Greenberg:
In honor of Richard Koplan

Victor Gutnik:
In memory of Reveka Gutnik

Inge Hamburger:
In memory of Martin Henner

In memory of Manfred Lindemann

In memory of Louis Lindemann

Jeffrey Hamburger:
In memory of Martin Henner

Gregory Harris:
In memory of Besse Harris

Jason Hornick:
In memory of Jordana Hornick

In memory of Beryle Gay Hornick
The congregation gratefully acknowledges the following contributions:

Richard Jolosky:  
In memory of Max Jolosky
Carol Kane:  
In memory of David Allen
In memory of Ruth S. Allen
Galina Kogan:  
In memory of Peter Segal
Marina Kumar:  
In memory of Vladimir Lurie
Jacob & Rose Lewin:  
In memory of Al Lewin
Jerry & Geri Matin:  
In memory of Harry Lomsky
Richard Matza:  
In memory of Aaron Matza
Alan Melzer:  
In memory of Ruth Melzer
Samuel Miller:  
In memory of Lester Miller
In memory of Rose Adashek
Grigoriy Milman:  
In memory of Roza Milman
Batya Momb:  
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Shirley Pearlman:  
In memory of Don Pearlman
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In memory of Berka Press
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In memory of Berka Press
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In memory of Mona Sherman
Bruce & Phyllis Ritchie:  
In memory of Barbara Mehrwein
Joanne Rogovoy:  
In memory of Anne Seltzer
Fred & Nora Rothstein:  
In memory of Sarah Bedrick’s grandmother
Sulamif Rozenfeld:  
In memory of Sabina Rozenfeld
Jane Schindler:  
In memory of Ruth Cooper
In memory of Gerhard Schindler
Barbara Schwartz:  
In memory of Julius Weinberg
Ellie Schwartz:  
In memory of Lillyan Saibil
Maurice Schwartz:  
In memory of Ernst Schwarz
Robert Shore:  
In memory of Dorothy H. Shore
Ellen Singer:  
In memory of Seymour Singer
Jonathan Singer
Howard Sussman:  
In memory of Sally Sussman
Alla Tolchinsky:  
In memory of Pavel Golberg
In memory of Khaya Golberg
Allan & Judy Weingard:  
In memory of Robert Weingard
Fenyam Zamakhov:  
In memory of Reveka Gutnik
Gladys & Joseph Fendel Camp
Bette Lynn Menashe:  
In memory of Joseph Fendel
Brauna Ritchie:  
In memory of Barbara Mehrwein
Gloria Bacharach Judaica Gift Shop
Ron & Marcy Morris:  
In honor of Gloria Bacharach
Oma
Jeanette Philan:  
In honor of Gloria Bacharach
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In memory of Etta Borg
Honigstock Education Scholarship
Susan Honigstock:  
In memory of David Honigstock
Judith Williams:  
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In memory of Hymie Barde
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In honor of Jerry Barde
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Jeanette Philan:  
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Shawn, Tom, Ami, Ezra & Noam:  
In honor of Lora & Jim Meyer
Jim & Lora Meyer:  
In memory of Honey Meyer
In memory of Laurence Meyer
Mark Ail Campership Fund
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In memory of Estelle Winthrop
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In memory of Barbara Bennett
Milt Horenstein Minyan Fund
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In memory of Julius Rovech
In memory of Traci Lazarus
Sultan
Sandra Oster:  
In memory of Werner Oster
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Get well wishes for Priscilla Kostiner
In honor of Michael & Jaimee Bloom
In memory of Rubin Rein
Susan Schwartz:  
Get well wishes for Priscilla Kostiner
In memory of Rudolph Brand
Mylen & Rosalyn Shenker:  
Get well wishes for Priscilla Kostiner
Rabbi Kosak Discretionary Fund
Harvey Checkman:  
In memory of Bessie Checkman
Ian and Bev Getreu:  
In appreciation of Rabbi David Kosak
Alex & Nadine Menashe:  
In appreciation of Rabbi Kosak
Sandy & Wendi Menashe:  
In appreciation of Rabbi David Kosak
Julia and Jeffrey Robinson:  
In honor of Rabbi Kosak
Frieda Tobin:  
In appreciation of Rabbi David Kosak
Rabbi Posen Discretionary Fund
Ian and Bev Getreu:  
In appreciation of Rabbi Eve Posen
Amy and Alex Kaplan:  
In honor of Rabbi Eve Posen
Beth & Liza Milliner:  
In appreciation of Baby
Julia and Jeffrey Robinson:  
In appreciation of Rabbi Posen
Rosa Wigmore Holocaust Education Fund
Peter Wigmore & Randy Katz:  
In memory of Rosa Wigmore
Safety & Security Tribute Fund
Shirley and Stanley Hodes:  
In memory of Sarah Hodes
Saperstein Chapel Fund
Ronald & Taya Meyer:  
In appreciation of Fred Rothstein
In memory of Leo Meyer
Taya Meyer:  
In memory of Sylvan Saperstein
Member News

Please note that because of the High Holy Days, this issue was published earlier than usual. As such, member news from October is not included and will be mentioned in the Jan/Feb 2020 issue.

Kvell With Us


Mazel Tov to Hailey & Evan Bernstein on the birth of their daughter Pepper Izabel Bernstein born Aug 29. Big brother Jory is overjoyed. Grandparents are Tom and Mary Jane Stern of Lake Oswego, Karen Stern of Tigard and Alan and Josette Bernstein of Seattle.

Mazel tov to teen & ALIYAH Madrich Alex Weiss, son of Vicki and Martin Weiss, who has been invited to join the Portland Youth Philharmonic.

Yihi Zichram Baruch – Our condolences to CNS members who have recently lost loved ones.

Our condolences to Ed (Susan Brenner) Kraus on the passing of his beloved father, Samuel Kraus, z”l. Husband of Joan Kraus, Father of Barbara, Edward, and Russell, Grandfather to Danny and Michael Benesch, and Michael Kraus.

We regret to inform you of the death of Eileen Nancy Goldwyn, z”l, sister to member Michael (Sallie) Goldwyn, and to Joan Goldwyn Green, and aunt to many nieces and nephews. She died in Santa Fe, NM on September 21.

The congregation gratefully acknowledges the following contributions:

Shoreshim Shabbat Sponsor
Rachel & Jason Nelson: In honor of Noa Nelson

Shulman Kiddush Fund
John Barton
Ricardo Berdichevsky: In memory of Adolfo Berdichevsky
Sheri Cordova: In memory of Estelle Reiser Golden
Bridget Cross & Karen Twain
Stuart & Reena Davis: Get well wishes for Priscilla Kostiner
In memory of Marvin Davis

Ian and Bev Getreu: In appreciation of Eddy Shuldman

Stampfer Discretionary Fund
Ivan and Bev Getreu: In appreciation of Rabbi Joshua Stampfer
Alex & Nadine Menashe: In appreciation of Rabbi Stampfer
Sandy & Wendi Menashe: In appreciation of Rabbi Joshua Stampfer
Julia and Jeffrey Robinson: In appreciation of Rabbi Stampfer

Strass Youth Act Fund
Sondra Pearlman: In memory of Irving Mills

Sylvia Pearlman Membership
Sylvia and Gary Pearlman: In memory of Samuel Pearlman

Toinette Menashe Bookshelf Fund
Rosalie Goodman: In honor of Vic Menashe
Toinette Menashe:
In memory of Abraham Rosenberg
Jerrie Roth:
In honor of Dr. Vic Menashe

USY Travel Fund
Bridget Cross & Karen Twain

Weinstein Chapel Fund
Jerrie Roth: In memory of Barney Liebreich
Carolyn and Gary Weinstein: In memory of Sam Kraus

Women’s League Scholarship
Melvin & Cathy Berlant: In memory of Lillian Subotnick
Bob & Marla Weiner: In memory of Lena Weiner
Open Letter
TO THE WORLD

We, the families of the Pittsburgh Synagogue Shooting, want to thank you for your support and love over the past year.

Our families lost 11 irreplaceable, beautiful Jewish souls. The sorrow and agony was deeply personal and unending. Through your unwavering support, you showed us that we are all one in our sorrow. You showed that the mindless hate that stole our loved ones has no place in America. Thank you for showing us that we are one Community – one Jewish, one interfaith, one Pittsburgh, one country, and one world. We are truly stronger together.

With love from the families of:

Joyce Fienberg
Richard Gottfried
Rose Mallinger
Jerry Rabinowitz

Cecil Rosenthal
David Rosenthal
Bernice Simon
Sylvan Simon

Daniel Stein
Melvin Wax
Irving Younger

———

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How can a community be defined? For many of us, it is the collective hearts and souls of the past, present, and with blessings, the future. The Neveh Shalom community will be celebrated at 5pm, Dec. 15 at the final anniversary event, the CNS 150 Gala Celebration. Early reservations are strongly recommended.

"Neveh Shalom has been an important part of our family's life. Our connections to friends and our life cycle events have all happened at Neveh Shalom," says Karen Berman, CNS 150 Gala co-chair. Along with Karen, co-chairs Sheila Stern and Marcy Morris have planned a casual gala dinner and musical fun – no fundraising!

Honoring our History Theme

Congregation Neveh Shalom is more than the historic and successful merger of Ahavai Sholom, (founded 1869), and Neveh Zedek, (founded 1892). For 150 years, Neveh Shalom has served Oregon's Jewish Community, hallmarked by blending of all that makes an innovative dynamic congregation relevant to new generations while continuing to honor traditions.

Neveh Shalom, in the past, presently, and for the foreseeable future will continue to offer spiritual, recreational, cultural, social, and educational programs and services for community members, from infants to seniors.

In addition to thanking the volunteers, members, board of directors, and friends, our congregation will be able to dance, clap, and sing to music that celebrates our Oregon Jewish history. Closing out our 150th anniversary year, lively tunes that honor and celebrate our shared history will be performed by the nationally recognized Oregon original, the Cherry Blossom Orchestra.

The jazz, blues and "best of" music performed by the Cherry Blossom Orchestra is inspired by a history of free concerts in 1965 by Louie Armstrong and his All-Stars band on the summertime roof of The Lloyd Center.

Invitations will be mailed out shortly. We look forward to celebrating our history, present and future with you. For more information, please contact: programs@nevehshalom.org.
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<td>For Foundation School schedule, please visit: foundationschoolpdx.org</td>
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Please note that due to space, classes that are a series and not drop in are only mentioned when it begins or if there is no class that day. These classes include: Wednesdays, 6:30pm Siddur Basics, 7:35pm Learning to Leyn; Thursdays, 9:45am R. Isaak Class, 11:00am R. Stampfer Class.
Talmud Class with Rabbi Stampfer
Tuesdays, 5:00pm, R. Stampfer’s home

Bible Class with Rabbi Isaak
Thursdays, 3:15pm, Room 111

Kabbalat Shabbat with Ilene Safyan
Friday, Nov 1, Dec 6, 6:15pm
Join us for this special Kabbalat Shabbat accompanied by Ilene Safyan.

New Member Brunch
Sunday, November 3, 9:30am
Our newest members are invited to a special brunch with the clergy and Board. Contact: programs@nevehshalom.org.

Book Talk: To Learn and to Teach, Lilmod ul’lamed: The Life of Rabbi Joshua Stampfer by David Michael Smith
Sunday, November 3, 4:00pm, Rm 111
Discuss the biography of Rabbi Emeritus Joshua Stampfer. More: kgoldhammer@nevehshalom.org.

Nosh & Drash with Rabbi Eve
Thurs, Nov 14, Dec 12, 11:30am, MJCC
Time for relaxed study & good conversation. More: eposen@nevehshalom.org.

Sisterhood Potluck Gathering
Thursday, November 14, 6:00pm
Join the Sisterhood for a schmooze and potluck dinner. All are welcome.

Men’s Club Brunch
Sunday, November 24, 9:40am
Please join the Men’s club for their popular brunch speaker series with Doctors Charles and Leslie Elder will be discussing their new book, Picture of Health. $5 suggested. Free for Men’s Club members.

Abrahamic Thanksgiving Worship Service
Sunday, November 24, 4:00pm
A special Interfaith Thanksgiving worship service at the Westminster Presbyterian Church w/ Rabbi Eve Posen, Rev. Beth Neel & Imam Abdullah Polovina. RSVP by 11/20 to: abrahamicthanksgiving@gmail.com.

“A Little Night Music” A Night of Music with Ilene Safyan & Barry Lavine
Sunday, November 24, 7:00pm
Join us for a special concert featuring Ilene Safyan and Barry Lavine. It be a beautiful night of music, delicious desserts, and great wine! $36 per person. Space is limited. For tickets, please RSVP to receptionist@nevehshalom.org.

How to Make Your Estate Work for You: An Afternoon with Leonard Duboff
Sunday, December 8, 1:00pm
CNS member Leonard DuBoff was a professor of law at Stanford Law School and Lewis & Clark Law School. He will provide insights into estate planning, wills and trusts, art law, and law for small business owners. Contact: dmarshall@nevehshalom.org.
Mark Your Calendars and Join Congregation Neveh Shalom for These Great Programs!

Film Club: *Fig Tree*
Sunday, December 8, 4:00pm
Join the Feldstein Library Film Club for a special screening of the film *Fig Tree.*

Wondering Jews: Laughter Yoga
Tuesday, December 11, 2:00pm
Join the Wondering Jews (65+) for playful laughter and mindful breathing exercises led by Stephen Rosenstock to stimulate joy and peace. All are welcome! Programs@nevehshalom.org.

Sisterhood Latke & Vodka Party
Thursday, December 12, 7:00pm
Join Sisterhood for a pre-Chanukah celebration. We’ll have latkes to eat, vodka to sample, and we will learn about Chanukah celebrations in other cultures. All are welcome. Contact Sheryl Robert at (503) 349-1090. $18/adults, $12/kids, $54/family max. RSVP for dinner at: tinyurl.com/CNSChanukah2019. *Dinner included with Young Family Shul Pass.*

**Young Family & Youth**

Young Family Tot Shabbat (0-5 years)
1st and 3rd Saturdays, 10:15am
Zidell Chapel

Kiddush Club for K-2nd Graders
1st and 3rd Saturdays, 10:15am
Room 31

Torah Troop for 3rd-5th Graders
1st and 3rd Saturdays, 10:00am
Room 102

Fourth Fridays w/ Rabbi Eve (age 0-6)
Friday, Nov 22 Dec 27, 5:15pm
Welcome Shabbat with music and stories; potluck dinner to follow. Contact Rabbi Eve for location: eposen@nevehshalom.org. Co-sponsored by PJ Library.

K-6th Grade Led Kabbalat Shabbat
Friday, November 22, 6:15pm
Join the ALIYAH K-6th graders as they lead a special Kabbalat Shabbat.

Kadima Pre-Chanukah Fun
Sunday, Dec 1, 12:00pm

Jr. Kadima Pre-Chanukah Fun
Sunday, Dec 1, 3:00pm

USY Event - IC Pump up and fun @CNS
Sunday, December 8, 5:00pm

Young Family PJ Havdallah
Saturday, December 14, 5:15pm
Young families say goodbye to Shabbat in our PJs with dinner, stories, art & fun. $30/family or included with the Shul Pass. RSVP: nevehshalom.org/pjhavdallah.

CELEBRATE Chanukah! A Family Festival
Sunday, December 15
9am-12pm: ALIYAH & K-6 families
9:30am-11am: Young Families
Join the community for Chanukah themed art projects, music & stories, dreidel-playing, and Chanukah treats! Free and open to all CNS, Foundation School, and Shoreshim families. More info: jbezodis@nevehshalom.org

**Lend a Hand**

Never Again Coalition Monthly Meeting
Mon, Nov 4, Dec 2, 7:00pm, Kol Shalom

Habitat for Humanity Build
Sunday, November 10, 9am-4pm
CNS members join the Bilal Mosque for a Habitat for Humanity build! No building skills required; Habitat trains you on the site. RSVP to Steve Sirkin stevejew18@frontier.com or 503-680-7006.

Outside In Cooking
Sunday, Nov 10, Dec 8, 12:00pm
Meet in the CNS Kitchen to do a mitzvah and help feed homeless teens. Info: Rick Botney, 8888octopus8888@gmail.com.

Soup to the Streets
Monday, Nov 11, Dec 9, 6:00pm
Congregants come together at Rabbi Kosak’s home to prepare a hot meal and go to the streets to directly feed those that need it the most. To RSVP for address and to donate food supplies, contact: lrichmond@nevehshalom.org.

Shroud Crowd
Sun, Nov 24, Dec 8, 2:00pm, Rm 102
Help create traditional burial clothing which will then be used by the Chevra Kavod haMet for their work. Contact Sandy Axel: sandyaxel@msn.com.

Please note: Programs are subject to change; please contact the office for more information: 503.246.8831 or visit the website at: www.nevehshalom.org.

**CNS 150 Gala Celebration**
Sunday, Dec 15, 2019, 6:00pm
Mark your calendars for the final CNS 150 Anniversary program of our celebratory year: a fun and casual gala dinner. Entertainment by the Cherry Blossom Orchestra. RSVP: https://tinyurl.com/cns150gala.
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<td>9:00am Morning Minyan</td>
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<td>9:00am Morning Minyan</td>
<td>11:00am Unveiling for Harvey Carp, z’t</td>
<td>7:15am Morning Minyan</td>
<td>3:00pm: Rosh Chodesh</td>
<td>10:00am Shabbat Services</td>
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**SUNDAY**:
- **1st Tevet**: Erev Hanukkah
- **2nd Tevet**: Hanukkah
- **3rd Tevet**: Hanukkah
- **4th Tevet**: For Aliyah/Tichon schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/aliyah-7-12

**TUESDAY**:
- **1st Tevet**: For Aliyah/Tichon schedule, please visit: nevehshalom.org/aliyah-k-6 or nevehshalom.org/aliyah-7-12

**THURSDAY**:
- **6th Tevet**: 7:15am Morning Minyan
- **7th Tevet**: 7:15am Morning Minyan

**FRIDAY**:
- **8th Tevet**: 4:09pm

**SATURDAY**:
- **9th Tevet**: 5:09pm

**WINTER BEGINS**

**ALL CLASSES CANCELLED**

**JANUARY**

Please note that due to space, classes that are a series and not drop in are only mentioned when it begins or if there is no class that day. These classes include: Wednesdays, 6:30pm Siddur Basics, 7:35pm Learning to Leyn; Thursdays, 9:45am R. Isaac Class, 11:00am R. Stampfer Class.
Congregation Neveh Shalom and the Suher Family Present

THE 4TH ANNUAL SCHOLAR-IN-RESIDENCE

RABBI ELANA ZAIMAN

Author of The Forever Letters

N O V E M B E R 6 - 10, 2019

Wed, Nov 6, 6pm Dinner, 7pm Talk
Navigating the Teen Years: Opening the Door to Conversation and Connection

Fri, Nov 8, 7:15pm Dinner and Talk
Connecting in These Times of Political and Social Unrest

Sat, Nov 9, 12:15pm Lunch and Study
What Makes a Forever Letter Resonate

Sun, Nov 10, 9am Brunch and Talk
The Forever Letter Writing Experience

Complimentary meals are provided at each talk with RSVP. Seating is limited.

RSVP at:
nevehshalom.org/scholar-in-residence

Contact:
receptionist@nevehshalom.org
503.246.8831

In memory of Yoni Suher, z"l
Get your tickets now for the final program of our celebratory year: a fun and casual gala dinner.

Entertainment by the Cherry Blossom Orchestra.

For more information, please contact Michelle Caplan at: programs@nevehshalom.org
Tickets at: [https://tinyurl.com/cns150gala](https://tinyurl.com/cns150gala)
Please join Israel360 for an evening with Rabbi Hanan Schlesinger and Shadi Abu Awwad of Shorashim/ Judur/ Roots.

Rabbi Hanan Schlesinger is an Orthodox rabbi and teacher, and a passionate Zionist settler who has been profoundly transformed by his friendship with Ali Abu Awwad, a leading Palestinian nonviolence activist. The two of them were part of the core group that founded Roots in the beginning of 2014.

Shadi Abu Awwad created the Roots youth program and was its first director. Local Palestinian and Israeli teenagers, who would otherwise never met each other, learn to acknowledge each other's humanity and become a new type of leader who can work together with the other side – and not against it – to create a better future for their peoples.

Please visit www.friendsofroots.net for more information on the inspiring grassroots projects being done by these Israelis and Palestinians who share the conviction that human understanding and trust are the prerequisites for lasting justice, freedom and peace on that tiny sliver of land that they both call home.
NEVEH SHALOM PRESENTS

DR. RACHEL ADELMAN
Feminist Jewish Writer and Teacher

SATURDAY | NOVEMBER 23
AT SERVICES AND AT 1PM

HANUKKAH HEROINES
OF YORE

Join us for a special presentation with feminist Jewish writer and teacher, Dr. Rachel Adelman. She will offer the D’var Torah during Shabbat morning services and will be guest teaching on the topic “Hanukkah Heroines of Yore” in the afternoon. Dr. Adelman teaches Hebrew Bible in the rabbinical program at Hebrew College in Boston. Her most recent book is *The Female Ruse — Women’s Deception and Divine Sanction in the Hebrew Bible.*
CNS COMMUNITY
CHANUKAH PARTY

Celebrate the festival of lights with your Neveh Shalom Family. Remember to bring your own chanukiah to light with the community.

Sunday, December 22, 5:00pm

Latke dinner: $18/adults, $12/kids, $54/family max. Dinner included with Young Family Shul Pass.

RSVP for dinner at: tinyurl.com/CNSChanukah2019

2900 SW Peaceful Lane | Portland | OR | 97239 | 503.246.8831
Join Sisterhood for a pre-Chanukah celebration. We’ll have latkes to eat, vodka to sample, and we will learn about Chanukah celebrations in other cultures.

All are welcome. $18/person; $30/couple. RSVP by 12/3/19. Contact Sheryl Robert at (503) 349-1090.