

High Holy Days 5781



#### A Special Note About This Year's HHD Services

In this exceptional time, we have set out a vision for a meaningful spiritual experience for the High Holy Day period. It is a testament to the resilience of the human spirit and Jewish tradition that we seek to find connection and continuity in the face of unexpected challenges and social distancing.

- **High Holy Days Online** Our HHD experience will largely happen using online platforms with some in-person opportunities. We will utilize a mix of Zoom, video, and live-stream.
- Prayer & Education We will provide prayer and learning opportunities that showcase our clergy, education staff, and leadership team, and will include your voices as well.
- In-Person Events We will be offering a few safe in-person events for those who feel comfortable doing so. Please see page 9 for more information.

#### **IMPORTANT NOTE**

The information in this booklet represents the most accurate information we have at this time about the programs we will be offering throughout the holidays. Some details may change, especially for the proposed inperson events, based on safety guidelines and direction from our Executive Committee and state recommendations. We have never had to do anything like this before, and we appreciate your understanding and patience.

Because many of our services, classes, and events are online, there is always a possibility of technical challenges. Please make sure you review the information about "how to join" (on page 5) and know that there will be someone on hand throughout the holidays to help you join if you are experiencing technical difficulties.

Thank you very much and we look forward to sharing the High Holy Days with you. Shanah Tovah!

The CNS Clergy Team Rabbi Kosak, Rabbi Posen and Cantor Bitton

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# Chazak, Chazak V'Mitchazek

Shalom Kehillah,

When we finish a book of the Torah we say the phrase "Chazak, Chazak v'nitchazek." This phrase is often translated as "may we go from strength to strength" or "be strong and let us strengthen ourselves and each other."

As 5780 ends and 5781 begins this phrase feels even more powerful. 5780 like every year was filled with celebrations and challenges. Unlike most years though, it brought us into life with a pandemic and drastic changes to our entire way of living. For many it has taken significant personal and communal strength to make it to this new beginning in 5781.

As we enter into these exceptionally different High Holy Day moments, we want to mark this difference. We understand that the way we'll move through this is only by strengthening one another and ourselves throughout these days and every day moving forward. We hope that our offerings before and during the High Holy Days will help us to feel the strength of community.

May each of us go from strength to strength and do so together.

#### CONGREGATION NEVEH SHALOM

## HOW TO JOIN US FOR THE HIGH HOLY DAYS:

- 1) Please fill out the registration form. While every member is welcome and will receive access information, it is important to let us know that you will be attending and to share with us all of the information requested. Non-members will need to register to get access.
- 2) We will send all members, and all registered nonmembers, a password which will gain them access to our main Rosh Hashanah and Yom Kippur webpage.
- 3) Once you **log into the webpage** and enter the password, all of our various events and their associated links will be available.

## THE STRUCTURE OF THE HIGH HOLY DAYS

- 1) Our main services will consist of pre-recorded produced videos interspersed with clips of members from our kehillah. You will be able to access them through our live-stream or by clicking on the video at or after the scheduled time.
- 2) Our family services, Erev and Rosh Hashanah Day 2, and other classes, programs, and events will be offered through the **Zoom platform**.
- 3) There will be select in-person events. You are invited to join us for these events to the level of your comfort.

#### **High Holy Day Schedule**

Below is an overview of all scheduled HHD services and programs. For congregational or family services listed by platform (live-stream, Zoom, in-person) please visit pages 9-12.

#### **SELICHOT**

#### **SATURDAY, SEPTEMBER 12**

More info can be found on page 14

#### **ROSH HASHANAH**

#### FRIDAY, SEPTEMBER 18



5:00pm Erev Rosh Hashanah Drive-in or Interactive Program

6:15pm Erev Rosh Hashanah Service

6:55pm CNS Candle Lighting

#### **SATURDAY, SEPTEMBER 19**



8:00am PJs Young Family Service

9:00am Clergy-Led Rosh Hashanah Service

9:00am Rosh Hashanah Zoom Service

10:00am Grade K-6 Family Service

10:45am Grade K-6 Torah Skit and Conversation

11:00am Replay of PJs Young Family Service

12:00pm Parent and Adult Social Time on Zoom

#### **SUNDAY, SEPTEMBER 20**



9:00am Lay-Led Rosh Hashanah 2nd Day Services

10:00am Young Family Rosh Hashanah Zoom Seder & Sing-a-Long

11:30am Prayer in Front of Ark/Cider Pick-Up

**2nd Day Rosh Hashanah Learning Experiences** 

Descriptions can be found on page 13

10:30am Rabbi David Kosak Chadesh Yameinu K'Kedem: Renew Our Days as of Old

11:30am Mel Berwin Chazak, Chazak v'Nitchazek

12:30pm Amy Katz Who Lives, Who Dies, Who Tells Your Story

2:30pm Tashlich (see page 15 for more information)

4:00pm Shofar Across Oregon (see page 15 for more information)

7:00pm Ma'ariv

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#### **High Holy Day Schedule**

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## **KEVER AVOT**SUNDAY, SEPTEMBER 27

Neveh Zedek 9:30-10:00am | Ahavai Shalom 10:30-11:30am

#### **EREV YOM KIPPUR**

**SUNDAY, SEPTEMBER 27** 



Time TBD Teens Praying with our Feet

4:00pm Young Family Kol Nidre Service

6:15pm Kol Nidre Service

#### **YOM KIPPUR**

#### **MONDAY, SEPTEMBER 28**

8:30am Young Family Services

9:00am Clergy-Led Yom Kippur Service / Yizkor Service

9:00am Yom Kippur Zoom Service

10:00am Grade K-6 Family Service

10:45am Grade K-6 Torah Skit and Conversation

11:15am Entering the Holy of Holies: Storytelling and the High Priest

2:30pm Learning Time Discussion

4:00pm Jonah Story

6:30pm Neilah

7:40pm Havdallah

Immediately after Havdallah, Break the Fast

#### **High Holy Day Schedule**

Please see more information about Sukkot / Shemini Atzeret / Simchat Torah on page 16.

#### **SUKKOT**

Friday, October 2

∯ 6:30pm

6:15pm Erev Sukkot Service

Saturday, October 3

が 7:30pm (light from pre-existing flame)

9:30am First Day Sukkot/Shabbat Service

Sunday, October 4

7:29pm (Havdallah - only over wine)

9:30am Second Day Sukkot Service

#### Monday-Thursday, October 5-8

7:00am Morning Minyan Chol HaMoed Sukkot Service

#### Friday, October 9

7:00am Hoshana Rabah Service

6:15pm Kabbalat Shabbat Service

#### SHEMINI ATZERET / SIMCHAT TORAH

Saturday, October 10

7:17pm (light from pre-existing flame)

9:30am Shabbat Shemini Atzeret/Yizkor Service

**Sunday, October 11** 

7:15pm (Havdallah)

9:30am Simchat Torah Morning Service and Celebration



#### **Congregational Services and Events**

This year there are no space-limits in our sanctuaries! Please note that youth and families are welcome at all of the "Congregational" events and services listed here, and likewise, all are welcome at the "Family" services & events listed on pg 10-12.

#### **Live-Stream**

The following pre-recorded services will be offered via livestream. Our clergy team worked together to build and create these services to include all three of their voices as well as the voices of Ilene Safyan, our teens, and other congregants.

- September 19, 9:00am Rosh Hashanah Service
- September 27, 5:50pm Kol Nidre Service
- September 28, 9:00am Yom Kippur Service | 6:30pm Neilah/Havdallah

#### **Zoom Services and Events**

Join us on Zoom to see and interact with your friends and kehillah at these services and additional opportunities for study, song, and storytelling. All Zoom links will be available on the website when the holiday begins.

- September 18, 6:15pm Erev Rosh Hashanah Service
- September 19, 9:00am Rosh Hashanah Zoom Service
- September 19, 12:00pm Parent and Adult Social Time on Zoom
- September, 20, 9:00am Lay-Led Rosh Hashanah 2nd Day Services
- September 20, 10:30am 2nd Day Rosh Hashanah Learning Experiences
- September 28, 9:00am Yom Kippur Zoom Service
- September 28, 11:15am Entering the Holy of Holies:

#### **Storytelling and the High Priest**

- September 28, 2:30pm Yom Kippur Learning Time Discussion
- September 28, 6:30pm **Zoom Neilah into Havdallah at 7:40pm**

#### **In-Person Events**

Seeing each other in real life is so rewarding and... these in-person events are contingent on evolving health and safety guidelines. Please watch for updates!

- September 18, 5:00pm Erev Rosh Hashanah Drive-in or Interactive Program
- September 19, 11:30am Prayer in Front of Ark/Cider Pick-Up
- September 19, 2:30pm Neighborhood Tashlich
- September 19, 4:00pm Shofar Across Oregon

#### **Family Services & Events**

**This year there are no space-limits in our sanctuaries!** Please note that youth and families are welcome at all of the "Congregational" events and services listed on pg 9, and likewise, all are welcome at these "Family" services & events!

#### Erev Rosh Hashanah Program - Friday, September 18

Erev Rosh Hashanah Drive-in or Interactive Program 5:00-5:45pm

#### 1st Day Rosh Hashanah - Saturday, September 19

0-5 year olds PJ Young Family Service	8:00am - 8:45am
Grades K-6 Family Service	10:00am - 10:45am
Grade K-6 Torah Skit and Conversation	10:45am - 11:15am
Parent and Adult Social Time on Zoom	12:00pm - 2:00pm

#### 2nd Day Rosh Hashanah - Sunday, September 20

Young Family Rosh Hashanah Zoom Seder & Sing-a-Long	10:00am - 10:45am
Prayer in Front of Ark/Cider Pick-Up	11:30am - 1:30pm
Neighborhood Tashlich Program	2:30pm - 3:00pm
Shofar Across Oregon	4:00pm - 4:30pm

#### Erev Yom Kippur Kol Nidre - Sunday, September 27

Erev Yom Kipur Family Service 4:00pm - 4:45pm Teens Praying with our Feet Time TBA

#### Yom Kippur - Monday, September 28

Young Family Service 8:30am - 9:15am
Grades K-6 Family Service 10:00am - 10:45am
Grade K-6 Torah Skit & Conversation 10:45am - 11:15am
Jonah Story 4:00pm - 4:30pm
Neilah 6:30pm - 7:40pm
Havdallah/Break the Fast 7:40pm

#### **Family Services & Events: On Zoom**

- PJs Young Family Service: Join Morah Leah in your PJs and with your breakfast for a fun and inspiring High Holy Day service. Saturday, September 19, 8:00am
- Parent and Adult Social Time on Zoom: Join other adults and parents for time to shmooze and catch up. We will create breakout rooms so you can visit with your old friends or meet new ones! Saturday, September 19, 12:00-2:00pm
- K-6 Family Service (RH1 and YK): K-6 families and friends are invited to join Mel Berwin, Deb Freedberg, and Gershon Liberman for an interactive family service that incorporates the tunes and the meaning of the High Holy Days in a participatory experience on Zoom. Saturday, September 19 & Monday, September 28, 10:00am
- K-6 Torah Skit and Conversation (RH1 and YK): K-6 families and friends, join Mel and Deb and a cast of characters for a dramatic telling of the Torah portion and discuss the message from this text through the ages. On Zoom. Saturday, September 19 & Monday, September 28, 10:45am
- ❖ Young Family Rosh Hashanah Zoom Seder & Sing-A-Long: Join Rabbi Eve and Morah Leah for a Rosh Hashanah seder filled with new rituals, familiar songs and lots of fun. Sunday, September 20, 10:00am
- Erev Yom Kippur Family Service: Join Rabbi Eve and Morah Leah to set the intention for Yom Kippur with your family. We'll focus on how we use our words, hearts and thoughts to make change in the world. Sunday, September 27, 4:00pm
- Young Family Yom Kippur Service: Join Morah Leah and Rabbi Eve for a unique and interactive Yom Kippur service geared towards children ages 0-5 years old. Stories, prayers, singing, and more. Monday, September 28, 8:30am
- ❖ Jonah Story: Join Rabbi Eve for the story of Jonah and one more opportunity to gather together as a community as we set intention for the new year. *Monday, September 28, 4:00pm*

#### **Family Services & Events: In-Person**

Seeing each other in real life is so rewarding and... these in-person events are contingent on evolving health and safety guidelines. Please watch for updates!

- Erev Rosh Hashanah Drive-in or Interactive Program: Join Rabbi Eve, Morah Leah, and Mel Berwin for an engaging and interactive program to enter into Rosh Hashanah together. Please watch for details. Friday, September 18, 5:00pm
- Prayer in Front of Ark/Cider Pick-Up: We recognize that a moment for prayer in sacred space is meaningful for many. While we cannot gather together in our building, we are intending to open our three sanctuaries for timed moments of introspection, reflection, and prayer. Be sure to sign up for your spot. We'll also be using our brand new cider press to go sweetly into the new year. Swing by for your jug of fresh-pressed cider. Sunday, September 20, 11:30am
- Neighborhood Tashlich: Join other congregants around our city to engage in Tashlich in a neighborhood near you. More info will come later. Sunday, September 20, 2:30pm
- Shofar Across Oregon: In partnership with the Oregon Board of Rabbis and the Jewish Federation of Greater Portland we invite you to take your Shofar outside and send a message of peace, hope, and healing through the blowing of your shofar. Our hope is that Jews all across Oregon and SW Washington will join together in this moment. Sunday, September 20, 4:00pm
- ❖ Teens Praying With Our Feet: Let's spend the afternoon leading up to Yom Kippur doing something that really counts. RSVP for this in-person, physically-safe social action activity and Mel will give you the details: mberwin@nevehshalom.org. Sunday afternoon, September 27, Time TBD



#### **Special Events**

#### **2nd Day Rosh Hashanah Learning Experiences**

Sunday, September 20

#### 10:30am: Chadesh Yameinu K'Kedem: Renew Our Days as of Old

#### Rabbi David Kosak

There's a haunting line in the High Holiday liturgy we usually sing together—"Return us God, and we will be returned. Renew our days as of old." The notion of renewing us like we were seems a bit paradoxical—and timely. We are in a period of rapid change, and yet many of us long for a return to the "old" ways we used to gather and interact. We will reflect on this line of liturgy, study commentaries and texts, and discuss what renewal might mean for each of us.

#### 11:30am: Chazak, Chazak v'Nitchazek

#### **Mel Berwin**

Let's dive into our theme for the year by looking at new and surprising texts. What does it take to be strong and to strengthen others? How does our approach to the cycle of Torah reading relate to our lives and to the holy days at hand?

#### 12:30pm: Who Lives, Who Dies, Who Tells Your Story

#### **Amy Katz**

The theme song of *Hamilton* asks us to ponder: What have we done with the time that we have been granted? What is the legacy we leave? This theme so closely mirrors the powerful prayer "who shall live and who shall die?" In this interactive workshop, we will consider the stories we've lived and watched during this time of unrest, and use texts from both tradition and the musical to find comfort and inspiration as we consider how to fully engage in the narrative of our lives.

#### **Special Yom Kippur Storytelling Experience**

**Monday September, 28** 

### 11:15am: Entering the Holy of Holies: Storytelling and the High Priest Brian Rohr

Jewish storyteller Brian Rohr shares a dramatic story about the High Priest who, on this day of Yom Kippur only, entered the Holy of Holies, to stand before YHVH on behalf of the people. Brian's story, suitable for teens and adults, will set intention as we enter our own individual "holy of holies" on this most sacred of days.

#### **Special Events**

**Please note:** While we have made all attempts to be as accurate with the information as possible, there are so many unknowns and variables that some information may change over time. This is especially true with the proposed in-person events. Some of this information will be adjusted, changed, cancelled, etc. based on direction from our Executive Committee and state recommendations. We have never had to do anything like this before and we appreciate your understanding and patience. Please visit the website at **nevehshalom.org/hhd5781** and check your emails for the latest information.

## Hear the Shofar During the Month of Elul August 21-September 18



The month of Elul begins on August 21. It is traditional to come daily for Morning Minyan in preparation for the High Holy Days and hear the shofar being blown, which happens every day of the month except for Shabbat. If you are interested in blowing the shofar during this month, please contact Priscilla Kostiner at: lamalo@comcast.net. To join Morning Minyan,

please visit *nevehshalom.org/virtual-services*. You can also deepen in the month of Elul with the special book included with this High Holy Days mailing.

## Community Selichot Options Saturday, September 12



This year, we are pleased to join with Conservative movement congregations for a national Selichot program of learning, taught by rabbis and leaders from around the country. As USCJ (United Synagogue of Conservative Judaism) publishes the exact times and links, we will share those with you. Additionally, work is underway to create a Portland-area community Selichot program. More details soon.

## Erev Rosh Hashanah Drive-in or Interactive Program Friday, September 18, 5:00pm



Join Rabbi Eve, Morah Leah, and Mel Berwin for an engaging program as we enter into Rosh Hashanah. Please stay tuned for details.

#### **Special Events**

#### Prayer in Front of Ark/Cider Pick-Up Sunday, September 20, 11:30am-2:30pm



We recognize that a moment for prayer in sacred space is meaningful for many. While we cannot gather *together* in our building, we are intending to open our three sanctuaries for timed moments of introspection, reflection, and prayer. Be sure to sign up for your spot. We'll also be using our brand new cider press to go sweetly into the new year. Swing by for your jug of fresh-pressed cider. Sign-up through the registration form.

#### Neighborhood Tashlich Sunday, September 20, 2:30pm



Join other congregants around our city to engage in Tashlich in a neighborhood near you. More info will come later.

## Shofar Across Oregon & SW Washington Sunday, September 20, 4:00pm



In partnership with the Oregon Board of Rabbis and the Jewish Federation of Greater Portland we invite you to take your Shofar outside and send a message of peace, hope, and healing through the blowing of your shofar. Our hope is that Jews all across Oregon and SW Washington will join together in this moment.

#### Kever Avot Graveside Visit Sunday, September 27, Neveh Zedek: 9:30am | Ahavah Shalom 10:30am



Just like most things this year, Kever Avot will also look a bit different. Due to the pandemic there will not be chapel services at the cemeteries. Rather, people are invited to stand by the gravesite of your loved one at the appropriate time and clergy will join you individually to recite graveside prayers.

#### Sukkot | Shemini Atzeret | Simchat Torah

### **Sukkot Happenings October 2-8**



Sukkot is a very special and sacred time for all of us. It is generally a time when we gather together as a community and with friends for food, prayer, study, conversation, and fun. This year will be different. We are working with the clergy, Executive Committee, and staff to try and bring as much of the ruach/spirit of this sacred holiday to our kehillah. More

information will come at a later date. For our online Sukkot services, please see page 8 for times.

## Shemini Atzeret/Yizkor Service Saturday, October 10, 9:30am



Normally during this holiday in between Sukkot and Simchat Torah, we gather and engage in the ritual of thwacking willow branches. While we may not be able to gather in-person for the ritual, we are exploring ways that we can still engage in this meaningful act. Please stay tuned.

## Simchat Torah Morning Service and Celebration Sunday, October 11, 9:30am



Simchat Torah celebrates and marks the conclusion of the annual cycle of our Torah readings, and the beginning of a new cycle. In years past, we gather, listen to great music, share a meal, and most importantly get to dance with our Torahs. We are still working on a celebration that can help us connect and find meaning on this holy and sacred day. Please stay tuned for more information.

#### **Preparing for the High Holy Days**

#### Yes, these Holy Days are different from all others.

While much of this booklet has dealt with the particulars of the HHDs, including the schedule, write-ups, and registration information, it is also important to consider how each of us comes to these sacred days. Because of the pandemic, we are not able to gather together; as such we are challenged to consider how to connect to family and community this year. In other years, we consciously stay away from technology to create sacred time. This year, we are being asked to enter the sacred via our computers, so what happens when we turn our devices off? How do we stay connected with the spirit of these Holy Days? What else do we need in order to experience the holiness of the upcoming season?

These are big questions to consider, and fortunately, our September/October 2020 issue of the Chronicle is on this very theme. In your mailboxes around September 1, you will find articles about:

- Overview: how we created High Holy Day programs this year
- Creating intention: how do we hold the sacred when we turn off the screen this year?
- Hearing the Shofar: what is calling to your soul at this time?
- A look behind the scenes in Stampfer Chapel with Ed Kraus and JoAnn Bezodis
- A special article for young families, written by none other than Shabbos Mouse!
- And much more.



#### Mahzor Lev Shalem – High Holy Day Prayer Books

Neveh Shalom congregants have 3 options to access Mahzor Lev Shalem, the prayer book we use during the High Holy Days.

#### Option 1 - Order Print Edition

Purchase your own copy of the prayer book through Neveh Shalom. Through bulk ordering, we are able to significantly reduce the shipping charge of over the cost of the book itself. To achieve these savings, we will need to receive orders for at least 20 books.

Discounted Cost (book & shipping): \$42.

Following arrival, we will advise you of a distribution / pick-up system. All orders MUST be received w/payment in the CNS office by: Friday, August 14, 2020.



#### Option 2 -- Order Digital Edition

Mahzor Lev Shalem will be available as a digital publication via Issuu, a digital publishing platform that preserves the appearance and pagination of the printed book. Users can access the digital mahzor on their computers or via the free Issuu app for mobile and tablet.

The digital edition of Mahzor Lev Shalem is available for purchase via the Issuu app for \$8.99. Follow link to purchase: tinyurl.com/HHDMahzor.

#### Option 3 - Borrow Mahzor Lev Shalem from Neveh Shalom

Copies of the physical mahzor are available to CNS members, up to 2 per family. It is important to note that our mahzors represent a \$60k investment by the congregation, so care and return of the books is very important. A system for distribution / pick-up of the books will be sent to all who select this option. Books must be returned to Neveh Shalom in undamaged condition by Friday, October 16, 2020. Any congregants not retuning the mahzor will be charged the \$54 cost of each book.

Make your selection on the HHD Registration Form.

#### **Annual Giving Campaign**

#### "Tzedakah outweighs all other commitments" – Talmud

This year more than any other year in recent memory, we are intimately reminded of our vital interconnectedness to be cautious, honest, and altruistic. Reflecting on the past six months of coronavirus awareness, when have we ever felt a greater need to give our patience, time and personal space, in order to receive the same?



Just by being here for High Holy Days, you demonstrate your gracious support of our shul and our efforts to pivot to online learning and virtual worship platforms. You patiently logged on from your living rooms for Zoom prayer services, lending your melodic kitchen-table-voices in worshipful kehillah.

The intention is the foundation of the deed. —M. Ibn Ezra, Shirat Yisrael

Thanks to your persistent, flexible and wholehearted interest in the life of this shul, you have brought synagogue into your homes so that we never closed, we are just in every home.

Thanks to you, the CNS Annual Giving Program continues to grow. Last year, with approximately 50% participation, you raised enough money to provide more families with financial assistance than ever. All of this while also supporting the CNS150 Capital Campaign. Thank you!

This year, we're making it easier for you get involved and keep up your support. We're aiming for 80% participation, we've toned down the inperson Yom Kippur appeal and we have set up a no-nonsense subscription renewal service. We hope you like the changes.

If you have much, give much; if you have little, be not afraid to give according to that little; for you lay up a good treasure for yourself against the day of need.—Apocrypha: Tobit, 4.8-10.

**Every Gift Matters!** Thank you again. Please make your gift today online: **www.neveshalom.org/annual-giving** or contact Dena Marshall, Development Director at dmarshall@nevehshalom.org or call 503-246-8831 x114.

### SWEETNESS COMES IN ALL FORMS; APPLES AND HONEY, TRADITIONS, AND YOUR LEGACY.



## HOW WILL YOU ASSURE JEWISH TOMORROWS?



To create your Jewish legacy contact: Fred Rothstein, Executive Director frothstein@nevehshalom.org • 503.246.883 I • www.nevehshalom.org



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